



# Influencing Through Advocacy: Building a Minnesota Respite Coalition

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# Agenda

- Introduction
- Practice polling
- Identify opportunities for collaboration

# Learning Objectives

Participants will be able to...

- Identify three opportunities for collaboration between your organization and another
- Analyze the structure of a Minnesota Respite Coalition
- Identify next steps for a Minnesota Respite Coalition

# What is Respite?

Services that offer temporary, substitute care, supervision, support or living arrangements in order to provide relief or rest for informal caregivers. Can include:

- In-home
- Out-of-home
- Facility-based

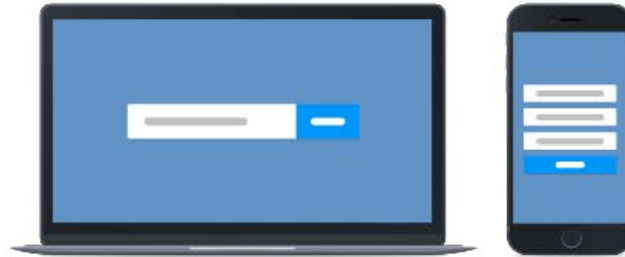
# What is a Coalition?

A combination or alliance, between persons, states, etc. who have come together for the purpose of accomplishing a goal that is common to all parties involved.

The focus of the work can be short-term and narrow, or long-term and broad.

# How to join

## Web



- 1
- 2

# What organization are you from?

# Minnesota





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Minnesota

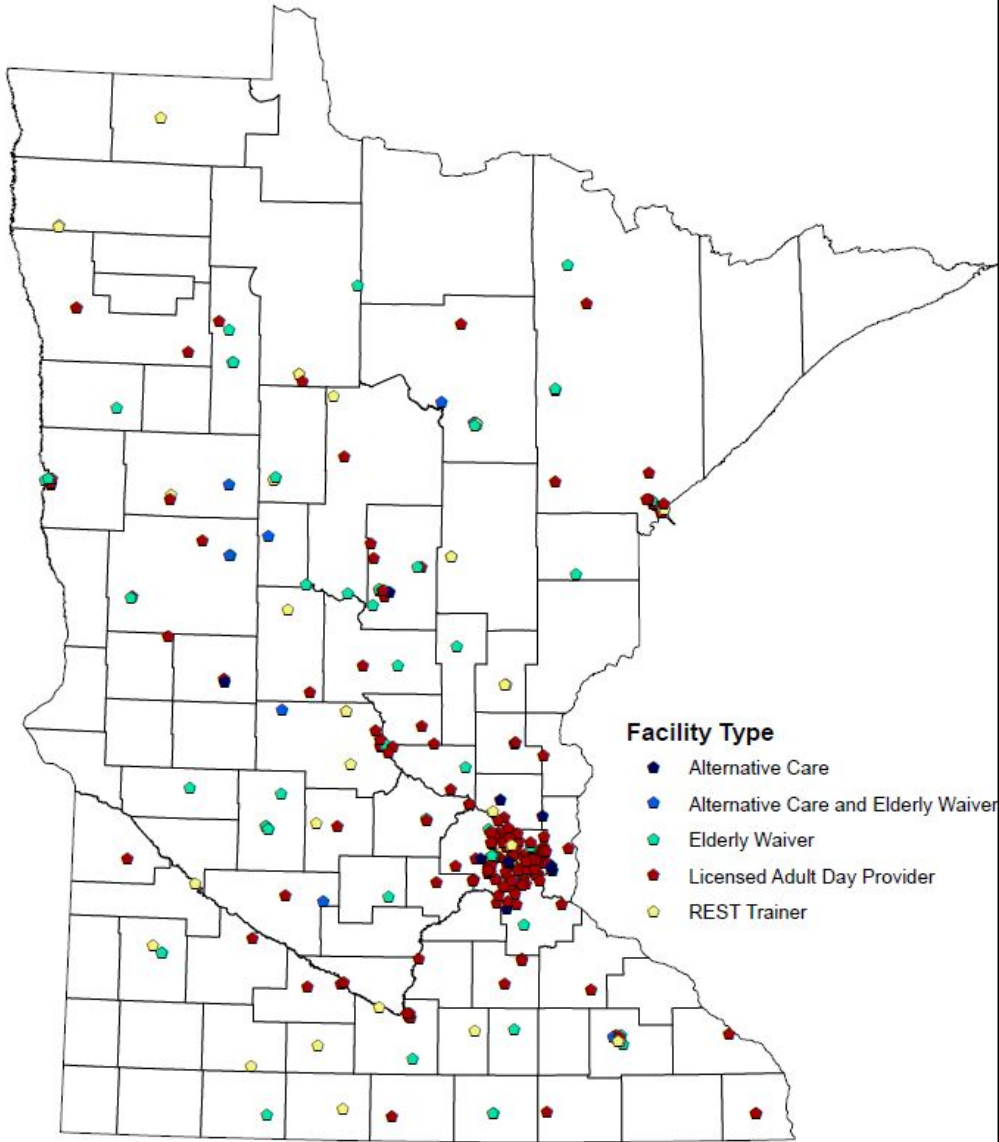


# 2015 -2016 Gaps Analysis

## Older adults

|                              |   |
|------------------------------|---|
| Transportation               | 9 |
| Workforce                    | 7 |
| Housing                      | 3 |
| Companion/homemaker services | 2 |
| Personal Care Assistant      | 2 |
| Respite care                 | 2 |

## Coverage of Respite Service Providers



## Minnesota



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# Respite in Minnesota

389 REST Companions

46 REST Trainers

4 REST Master Trainers

1 REST Regional Trainer



# What's in it for consumers?

- Availability of new and improved services to more individuals
- Enhance access to information and referral services
- Ability to participate in the improvement of services
- Power to take action
- Support networks or groups

# What's in it for organizations?

- Promotion and growth of their programs
- Increased community awareness
- Improved cooperative service delivery
- Development of new partnerships
- Increased revenue and saved resources

# What's in it for the coalition?

- Development of tools and services with pooled resources
- Effective strategic planning
- Enhanced influence in advocacy and legislative process
- Improved communication and understanding among partner organizations
- Enhanced respect for the common mission

# What will success look like?

- Process Evaluation – What has been accomplished?
  - Surveys, questionnaires, records & reports
- Impact Evaluation – Were goals reached?
  - Surveys, interviews, focus groups & structured observation
- Outcome Evaluation – Have health outcomes have been impacted?
  - Surveys, interviews & document review

Resource: [Fact Sheet](#)





# Next Steps

- Fill out and return interest form
- Next meeting: Monday, August 26
- Topics to discuss:
  - Coalition Structure
  - Leadership Committees
  - Membership Organization & Structures
  - Coalition Priorities & Goals



# Thank you!

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