

# VRS Student Career Services

## TWO TYPES OF SERVICES FOR STUDENTS



Vocational Rehabilitation Services (VRS), in close collaboration with schools, offers two types of services for students (age 14 up until 22) with IEPs, 504 plans or other medical/mental health documentation.

### Introductory Career Services (ICS)

Help students with disabilities get an early start in career planning, and is typically geared toward youth in 9th, 10th and 11th grade.

### Full Career Services (FCS)

May serve as a “next step” for students with disabilities who are typically in 11th and 12th grade (or 18-22 transition programming) to receive more individualized career services.

## What are the services?

Free online courses for students to learn and explore within the five Pre-Employment Transition Services (Pre-ETS) as needed:

- ☒ Job exploration
- ☒ Work-based learning
- ☒ Training and college exploration
- ☒ Workplace readiness
- ☒ Self-advocacy

Based on each student’s needs, services may include any of the five Pre-ETS, plus other services and supports during high school and after graduation to help with:

- ☒ Postsecondary education or training
- ☒ Finding a job
- ☒ Keeping a job

## How long can a student receive services?

Available ONLY while enrolled in school.

As long as needed, until they reach their employment goal. People can apply or re-apply for services at any age.

## How does a student access services?

School staff help students apply for ICS and then register for and complete courses that address unmet career development needs.

School staff interested in helping high school students access FCS can contact the VRS counselor assigned to their school to discuss the application process.



Visit [mn.gov/deed/vrs-student](https://mn.gov/deed/vrs-student) for more information about how to get an ICS application packet and to see the list of VRS counselors by school.