

# Keep Work on Track: Reach Out Early

If you're experiencing vision challenges at work, you don't have to face it alone. Reaching out early for support can prevent small problems from growing into bigger ones.

## Why Reach Out Early?

- ✓ **Stay confident and productive at work**
- ✓ **Prevent stress before it builds up**
- ✓ **Get practical solutions quickly**
- ✓ **Protect your income and career goals**

What Might Happen	Early Signs You Might Notice	How We Can Help
New software or technology changes at work	You can't find accessibility features, or tasks take longer	Provide training and adaptive tools so you can work efficiently
Change in supervisor	Your new manager doesn't know about your accommodations, or seems dismissive when you ask	Help you understand your rights, explain your needs with management, and ensure supports continue
Changes in your vision	Struggling to read, move around safely, or complete tasks	Give strategies, devices, or workspace adjustments
Workload stress	Feeling overwhelmed, making more mistakes, or falling behind due to vision loss	Offer resources unique to your needs to save time, adjust tasks, and reduce stress
Change in physical workspace or organization	Difficulty navigating workspace, finding materials, or safety issues on site	Share ideas to adjust your current accommodations or request new ones
Communication issues	Missing details in meetings or instructions; conflict or miscommunication with your colleagues or supervisor	Assist with training on accessible tools; help you navigate disclosure conversations

The earlier you seek support, the sooner we can assist—making it easier for you to excel.

**Get help now!** Call the Hotline: 651-259-7162



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