

Minnesota's Olmstead Plan

A New Day in Minnesota



I am Olmstead



Our agenda today

- Common misperceptions about Olmstead
- Olmstead History
- A new day in Minnesota
 - Minnesota's Olmstead Plan
 - How do we get there?
 - Our challenges
 - Our opportunities
 - What you can do
- Questions



Common Misperceptions

- Fear of the unknown is a powerful force
- Many families worry about loss of choices or forced change
- Many providers fear loss of business
- Many fear a one-sized-fits-all approach



What is Minnesota's Olmstead Plan?

Olmstead is about providing **more** choices for people with disabilities, **not** eliminating them.



History

2009



Jensen v. DHS settlement agreement: "the State and the Department shall develop and implement a comprehensive Olmstead Plan..."

January 2013



Governor Dayton established Olmstead Subcabinet

September 29, 2015

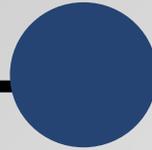


Court approves the plan



A New Day in Minnesota

September 29, 2015



Court approves plan, charting a course that will change how state government provides services and supports for Minnesotans with disabilities.

The Plan is both a **proclamation** of our commitment to integration and inclusion and a vital, dynamic **roadmap** for making our vision a reality.



A New Day in Minnesota's Support

We are firmly committed to building a future where people with disabilities experience lives of inclusion and integration in the community – just like people without disabilities.

- Minnesota's Olmstead Subcabinet

"The Court applauds the parties for their collaboration in developing this landmark Olmstead Plan. Simply put, this revision of the Olmstead Plan is unlike any other version submitted to the Court."

- U.S. District Judge Donovan Frank



Vision

People with disabilities are
**living, learning, working,
and enjoying life**
in the most integrated setting.



Minnesota's Olmstead Plan



- **Comprehensive** plan to improve how we provide services for people with disabilities in the most integrated settings of their choosing
- **Increase choices** about where people:
 - Live
 - Work
 - Learn
 - Enjoy life



First Cornerstone of Minnesota's Olmstead Plan

Person Centered Planning



How Do We Get There From Here?



- Addressing the **whole person**.
- What is important “for” the person (to ensure health and safety).
- What is important “to” the person (focus to quality of life).
- Changes to person being supported; organizations who support person and the system (policies, structure and system).



Person Centered Planning



- Focus on **gifts, strengths** and **capacity** of individuals
- Personal preferences and **whole-life context**
- Government and service providers **listen** to individuals about what is important



Five Principles of Person-Centered Practice



- Control centers on the person.
- Intent to improve quality of life.
- Options not limited by the system.
- Expectations for community membership.
- Respect for all that shapes the individual.



The Push for Person-Centered System

- Federal and state requirements
- Outcome measures
- Policy, regulations, systems, program and service design
- Funding
- Legislative possibilities
- Minnesota's Olmstead Plan



Second Cornerstone of Minnesota's Olmstead Plan

Quality of Life



Quality of Life



- Measure progress
- Celebrate change
- Inform future decisions



Quality of Life Measurements

- **Increase choice in decisions**
 - **Current state: 79%** of respondents report input into everyday decisions
 - **Goal is 84-86%**

- **Increase choice in services**
 - **65%** of respondents report always being in charge of services
 - **Goal is 70-80%**

*National Core Indicators – Adults Only



A Better Minnesota for All of Us

- Civil rights
- Honors choices
- Treated as individuals

Between 10-20% of Minnesotans have identified as having a disability. That total is expected to grow as a large portion of our population ages.



Thirteen Topic Areas

**Whole
Person**

- Person Centered Planning
- Housing and Services
- Transportation
- Healthcare and Healthy Living
- Transition
- Positive Supports
- Community Engagement
- Waiting List
- Crisis Services
- Employment
- Education and Lifelong Learning
- Assistive Technology
- Preventing Abuse and Neglect



Person-Centered Planning

Person Centered
Planning



Whole
Person

Addressing the **whole person**.

People with disabilities will decide for themselves where they will **live, learn, work,** and **conduct their lives.**



Employment

Employment

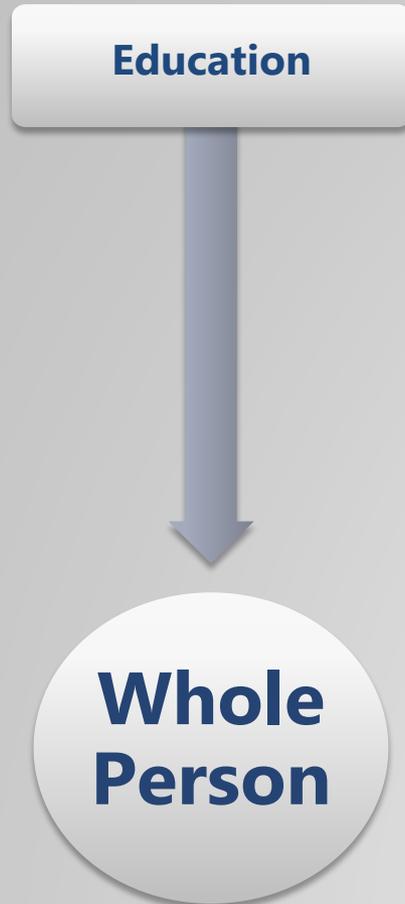


Whole
Person

People with disabilities will have **choices for competitive, meaningful, and sustained employment** in the most integrated setting.



Education



People with disabilities will experience an **inclusive education** system and **lifelong learning** opportunities.



Housing and Services

Housing and
Services



Whole
Person

People with disabilities will choose **where** they live, **with whom**, and in **what type of housing**.



Transportation

Transportation

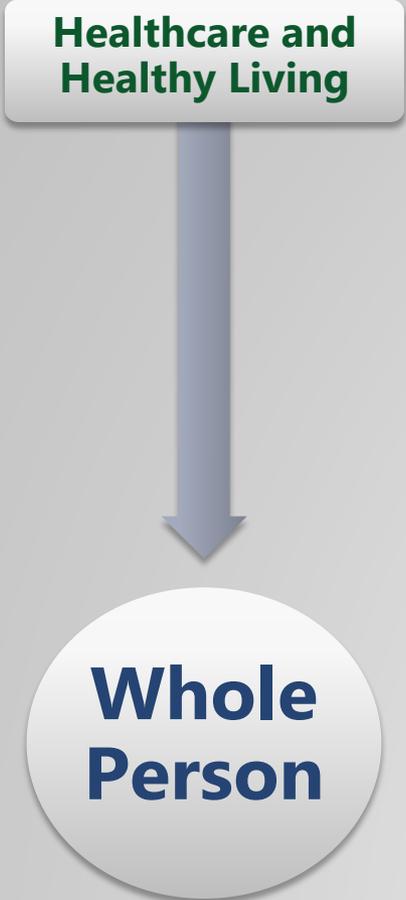


Whole
Person

People with disabilities will have **access to reliable, cost-effective, and accessible transportation** choices



Healthcare and Healthy Living



People with disabilities will have access to a **coordinated system of health services** that meets individual needs and ensures the opportunity for a satisfying and meaningful life.



Transition Services

Transition Services



Whole
Person

We will provide services in a way that helps **achieve life goals.**



Positive Supports

Positive Supports



Whole
Person

People with disabilities will be treated with **respect and dignity**.



What do we have in place to make this happen?

The Olmstead Subcabinet:

- Minnesota Housing
- Education
- Employment and Economic Development
- Health
- Human Rights
- Human Services
- Corrections
- Transportation
- Representatives of Governor's Council on Developmental Disabilities and the Ombudsman for Mental Health



Accountable and Effective

Goals were created to be **specific, measureable and timely** with overall goals of:

- Moving from segregated to integrated opportunities
- Getting rid of waiting lists for services, or making sure the lists move at a reasonable pace
- Improving overall quality of life for people with disabilities
- Hold public entities accountable



Olmstead Implementation Office

Mission: To drive the Olmstead vision by supporting timely and effective implementation of Minnesota's Olmstead Plan.

How?

- Engage with the community
- Quality assurance and accountability
- Manage the Quality of Life survey
- Route and monitor dispute resolution
- Ensure communications consistency



Our Challenges

- This plan is **BIG** and complex, with many moving parts
- **Change** – especially cultural – is hard
 - Thousands of people must embrace change
- Thousands of Minnesotans without disabilities also face critical challenges finding affordable housing, transportation, healthcare and employment



Our Opportunities

- **Focus** on priority items and commit to moving the needle
- **Identify** key opinion leaders
- **Craft** and align messages and use them to recruit key opinion leaders
- **Make** common cause on shared issues
- **Articulate** compelling and motivating reasons to change



What Can You Do?

- **Understand** Minnesota's Olmstead Plan
- Get **involved**
- **Speak up** and share your story
- **Contact** Legislators
- **Educate** others about how important change is
- **Sign up** for Olmstead updates



Community Engagement

Community
Engagement



Whole
Person

People with disabilities will have the opportunity to **fully engage in their community** and connect with others in ways that are meaningful and aligned with their **personal choices and desires**.



Two Cornerstones of Minnesota's Olmstead Plan



Minnesota's Legacy

- National leadership
- Progress slowed
- Historic leadership



Questions?



Thank You!

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