



Some Basic Energy-Saving Tips for the Heating and Cooling Seasons

S U M M E R

Move lamps, TVs, and other appliances away from your thermostat.

Keep doors and windows shut when running your air conditioner, to keep the cool air in.

Have your AC system inspected annually.

Replace AC filters as recommended.

Keep the area around the outside AC unit clear of foliage or anything that can block airflow.

Keep coils of the outside AC unit clear of leaves, dust and other debris; spray with a hose to keep clean.

Window AC units require filters to be cleaned, drain lines to be clear and held away from siding, and proper sealing between the window and the unit.

Turn off lights and fans when not in rooms.

Use natural ventilation when possible. Open windows and turn off your cooling system if it's cool at night and in the mornings.

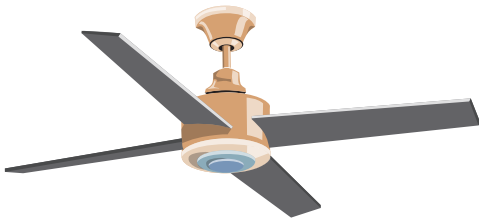
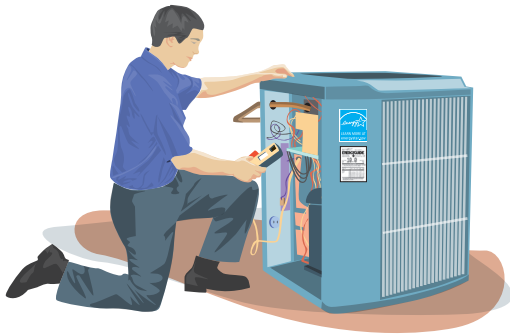
Use energy-efficient window treatments such as awnings, blinds and draperies and close them during the day to block sunlight and radiated heat from the outdoors.

Use ceiling fans when you're in a room. Turn off fans when you leave the room; fans cool people, not rooms, by creating a wind chill effect.

Limit the heat from your indoor appliances. Cook outside on a grill, and try not to use the washer, dryer, or dishwasher during the peak heat of the day.

Use an exhaust fan when showering and cooking to remove heat and humidity from your home.

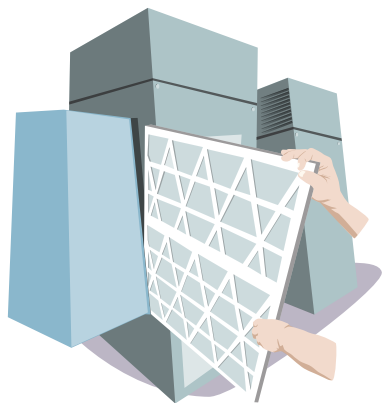
Set your thermostat to the warmest comfortable setting (about 78°F) while you're at home; set it 10 degrees higher when you're away.



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W I N T E R



Have heating equipment inspected before the heating season.

Replace furnace filters as recommended.

Keep doors and windows shut to keep the warm air in.

Check to make sure CO detectors and smoke alarms are working; replace batteries each year.

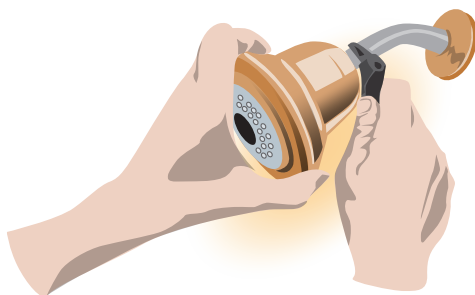


Apply interior plastic film (“shrink wrap”) around windows to decrease air leakage.

Apply new weather-stripping to doors and windows, if needed, to prevent air infiltration.

Set your thermostat to coolest temps allowed when at home during heating season; set it about 8-10 degrees lower when not at home.

Turn down the temperature setting on your water heater to 120°F.



Open curtains and blinds on south-facing windows to let the sun in during the day to naturally heat your home, and close them at night to reduce the chill from cold windows.

Take short showers—with low-flow showerheads—instead of baths to reduce hot water use.

Use light-emitting diode—or LED—holiday light strings to reduce the expense to decorate your home for the holidays.

Look for the ENERGY STAR® label when purchasing new household products.

