Some Basic Energy-Saving Tips for the Heating and Cooling Seasons





WINTER

Have heating equipment inspected before the heating season.

Replace furnace filters as recommended.

Keep doors and windows shut to keep the warm air in.

Check to make sure CO detectors and smoke alarms are working; replace batteries each year.

Apply interior plastic film ("shrink wrap") around windows to decrease air leakage.

Apply new weather-stripping to doors and windows, if needed, to prevent air infiltration.

Set your thermostat to coolest temps allowed when at home during heating season; set it about 8-10 degrees lower when not at home.

Turn down the temperature setting on your water heater to 120°F.

Open curtains and blinds on south-facing windows to let the sun in during the day to naturally heat your home, and close them at night to reduce the chill from cold windows.

Take short showers—with low-flow showerheads—instead of baths to reduce hot water use.

Use light-emitting diode—or LED—holiday light strings to reduce the expense to decorate your home for the holidays.

Look for the ENERGY STAR® label when purchasing new household products.







