

BEFORE THE MINNESOTA
BOARD OF EXECUTIVES FOR LONG-TERM SERVICES AND SUPPORTS

In the Matter of
Trista Barstow
Permit No. 1901

**STIPULATION AND
CONSENT ORDER**

IT IS HEREBY STIPULATED AND AGREED by Trista Barstow ("Permittee"), and the Minnesota Board of Executives for Long-Term Services and Supports ("Board") Standards of Practice Committee ("Committee") as follows:

I.

JURISDICTION

1. The Board is authorized pursuant to Minnesota Statutes chapter 144A to permit and regulate assisted living directors and to take disciplinary action as appropriate.

2. Permittee holds a permit from the Board to practice as an assisted living director in the State of Minnesota and is subject to the jurisdiction of the Board with respect to the matters referred to in this Stipulation and Consent Order.

II.

BACKGROUND

3. The Committee is represented by Alex Mountain, Assistant Attorney General. Permittee is self-represented in this matter.

4. After a thorough review of all of the information contained in the file, the Committee determined that this matter could be resolved by mail via a Stipulation and Consent Order for Voluntary Surrender of Permittee's Permit.

III.

FACTS

For the purpose of this Stipulation and Consent Order only, the Board finds the following:

5. On March 31, 2025, the Board granted Permittee an Assisted Living Director Residency Permit.

6. Since March 31, 2025, Permittee has been the Residency Permit Director Covered Bridge, LLC (HFID #: 28686) ("Facility"). Permittee owns the Facility.

7. On May 7, 2025, the Minnesota Department of Health ("MDH") completed an survey at Facility issued numerous correction orders. The enforcement letter was issued on July 10, 2025, and the longest time for correction was seven days from the date of the letter.

8. On August 7, 2025, the MDH investigator requested Permittee's plan of correction for the orders received on July 10, 2025. As Permittee's plan of correction, Permittee gave the MDH investigator a single sheet of paper indicating that policies had been reviewed. Permittee stated that she was confused about what was requested for a plan of correction.

9. On August 7, 2025, MDH investigators also noted that staff were not properly trained to monitor a resident for infection following his discharge from the hospital in July 2025. The staff failed to obtain hospital discharge orders. The MDH issued a 02310 tag for the Facility's failure to render appropriate care and services for the resident's needs.

10. On September 17, 2025, MDH conducted a follow-up visit at Facility. MDH determined the following had occurred at Facility:

a. Permittee failed to immediately file a report with the Minnesota Adult Abuse Reporting Center ("MAARC") for suspected maltreatment of four residents based upon two different resident to resident interactions.

i. On August 29, 2025, two residents hit each other during an altercation. One of the resident's records lacked any documentation regarding the incident.

ii. On September 3, 2025, a resident-to-resident altercation occurred whereby a resident threw a drink at and pushed another resident. Again, one of the resident's records lacked any documentation regarding the incident.

b. Facility failed to update an individual abuse prevention plan for any of the involved residents.

c. MDH investigators interviewed staff regarding the residents. Staff indicated that they had not been properly trained on the documentation requirements once an altercation occurred between residents. Additionally, staff reported that they needed to "break up" resident fights which sometimes included fist fights between residents.

d. Permittee told MDH investigators that she was not aware that training needed to occur on-site for unlicensed personnel that had been hired from a staffing agency.

IV.

REGULATIONS

11. Permittee acknowledges the conduct described in section III. above constitutes a violation of Minnesota Rules 6400.7095, subpart 1.I. (unprofessional conduct) and 1.J. (failed to take good faith efforts to protect the safety, health, or life of a resident) and justifies the disciplinary action described in section V. below.

V.

DISCIPLINARY ACTION

12. Upon this stipulation and all the files, records, and proceedings herein, and without further notice or hearing, Permittee agrees the Board may make and enter an order as follows:

A. Voluntary Surrender

13. The Board accepts Permittee's **VOLUNTARY SURRENDER** of her Minnesota assisted living director residency permit.

14. Permittee shall not practice, attempt to practice, offer to practice, or advertise or hold herself out as authorized to practice as an assisted living director in residence in Minnesota and shall not use the title "assisted living director in residence," "ALDIR," or any other designation which indicates that she holds a permit to practice as an assisted living director in residence.

15. In the event the Board in its discretion does not approve this settlement or a lesser remedy than indicated in this settlement, then, and in that event, this Stipulation is withdrawn and shall be of no evidentiary value and shall not be relied upon nor introduced by either party to this Stipulation, except that Permittee agrees that should the Board reject this Stipulation and this case proceeds to hearing, Permittee will assert no claim that the Board was prejudiced by its review and discussion of this Stipulation or of any records relating to this matter.

16. Any appropriate court may, upon application of the Board, enter its decree enforcing this order of the Board.

17. Permittee waives all formal hearings on this matter and all other procedures before the Board to which Permittee may be entitled under the Minnesota or United States constitutions,

statutes, or rules and agrees that the order to be entered pursuant to the Stipulation shall be the final order herein.

18. Permittee hereby knowingly and voluntarily waives any and all claims against the Board, the Minnesota Attorney General, and the State of Minnesota and their agents, employees, and representatives which may otherwise be available to Permittee relative to the action taken or authorized against Permittee's permit to practice as an assisted living director in residence under this Stipulation.

19. Permittee hereby acknowledges that she has read, understands, and agrees to the Stipulation and has freely and voluntarily signed the Stipulation without threat or promise by the Board or any of its members, employees, or agents. When signing the Stipulation, Permittee acknowledges she is fully aware the Stipulation is not binding unless and until it is approved by the Board. The Board may either approve the Stipulation and Consent Order as proposed, approve the Stipulation and Consent Order subject to specified change, or reject it. If the changes are acceptable to Permittee, the Stipulation will then take effect and the order as modified will be issued. If the changes are unacceptable to Permittee or the Board rejects the Stipulation, it will be of no effect except as specified herein. Permittee shall submit the signed Stipulation and Consent Order to the Minnesota Board of Executives for Long-Term Services and Supports, c/o Stephen Jobe, Executive Director, 335 Randolph Avenue, Suite 210-B, St. Paul, Minnesota 55102.

20. This Stipulation and Consent Order contains the entire agreement between the parties there being no other agreement of any kind, verbal or otherwise, which varies this stipulation.

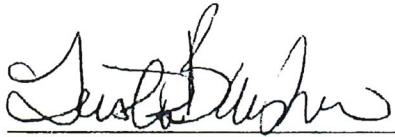
VI.

DATA PRACTICES NOTICES

21. This Stipulation and Consent Order constitutes disciplinary action by the Board and is classified as public data pursuant to Minnesota Statutes section 13.41, subdivision 5. This Stipulation and Consent Order is a public document and will be sent to all appropriate data banks and entities consistent with Board policy.

CONSENT:

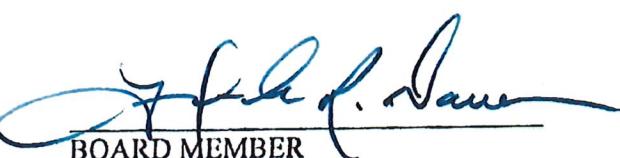
PERMITTEE



TRISTA BARSTOW

Dated: 1-14-26

FOR THE STANDARDS OF
PRACTICE COMMITTEE



BOARD MEMBER

Dated: 1/15/2026

ORDER

Upon consideration of the Stipulation and all the files, records, and proceedings herein,
IT IS HEREBY ORDERED that Permittee's permit is hereby **SURRENDERED**, and all other
terms of this stipulation are adopted and implemented by the Board this 28 day of
January, 2026.

MINNESOTA BOARD OF EXECUTIVES FOR
LONG-TERM SERVICES AND SUPPORTS



STEPHEN JOBE
Executive Director