

2024 – 2025 LMFT Approved CE Program Titles (Universal Board approval #L-CE:2025-9999): All programs listed below are approved for use in meeting the 2024-2025 Continuing Education requirements for LMFT license renewal. The program must have been completed between 1/1/2024 – 12/31/2025. Program titles on the list are searchable using the “FIND” tool (Control+F on most systems). If course is listed, do NOT file the LMFT CE Application with the MN Board of MFT. Use approval #L-CE:2025-9999.	Hours approved for Supervision, Ethics, Cultural Competency (CC) if any
10th Annual Virtual Conference of the International Society of Accelerated Resolution Therapy (IS-ART)	
1-2-3 Magic: 3-Step Discipline for Calm, Effective, Happy Parenting	
15 Must-have Mindfulness Techniques for Clinicians - Skills to Transform your Treatment Plans for Stress, Depression, Anxiety, Anger, Trauma, Guilt and Shame	
2024 ADHD Conference - New Strategies to Navigate Complexities, Controversies and Emerging Research	
2024 Annual Conference on Advancing School Mental Health	
2024 Annual PSI Conference	1 Supervision; 4 CC
2024 Autism Symposium	
2024 Minnesota Family Law Institute	
2024 Paperwork Requirements and Changes - Maintaining Ethical Paperwork Compliance	1.5 Ethics; 1.5 Supervision
2024 Suicide Prevention Summit	2 CC
2025 American Mental Health Counseling Association (AMHCA) Annual Conference	
2025 Annual Minnesota Mobile Mental Health Crisis Response Summit	1.5 CC
2025 Child & School Counseling Summit	
2025 Co-Occurring Conference: Addressing Complexities in Co-Occurring Care	3.5 Ethics; 3 CC
2025 EMDRIA Summit	
2025 Grief Summit: The World’s Largest Virtual Professional Grief Conference	1 Ethics; 1 CC
2025 Men's Pelvic Health Summit	
2025 Minnesota Family Law Institute	
2025 Paperwork Requirements and Changes: Maintaining Ethical Paperwork Compliance	1.5 Ethics
2025 Play Therapy Conference: Bridging a Transformative Pathway from Trauma to Healing with Children and Families	2 CC
2025 Psychotherapy Networker Conference	
2025 Spring Recovery Conference: Creating a Community of Recovery	
2025 Summit for Perinatal Excellence	
2025 Western Regional Joint Threat Assessment Training	
21st Century Cannabis Use Disorders: Navigating Potency, Policies & Clinical Realities for Treatment	
2-Day Advanced Workshop: Clinical Applications of Internal Family Systems with Frank Anderson, MD	
2-Day Certification Conference: Alzheimer's, Dementias and Geriatric Mental Health Conditions	
2-Day Intensive Course: Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues and Managing Risk	3 Ethics; 4 Supervision; 3 CC

2-Day Trauma & Memory Workshop: Clinical Strategies to Resolve Traumatic Memories & Help Clients Reclaim their Lives	
2-Day Workshop: A Polyvagal Theory in Action Creating Safety & Connection with Trauma Clients	
2-Day: Polyvagal Theory for Embodied Trauma Recovery: Certified Clinical Trauma Professional (CCTP) Certification Training	
30-hour General Civil Mediation Skills Training	3 Ethics
34th Annual Conference 2025: Clinical Perspective on Autism and ADHD; Whole Health Solutions; Ther Art of Letting Go...	
3-Day Advanced Grief Counseling Certification Course: Interventions to Move Clients Toward Healthy Grieving, Growth and Meaning After Loss	2 CC
3-Day Dialectical Behavioral Therapy Certification Training	
3-Day Mental Health & Nutrition Course	
40th Annual Conference for Professionals in Brain Injury	
4-Day Intensive Workshop: Exposure and Response Prevention Therapy for OCD	
6-Day Internal Family Systems (IFS) Therapy Retreat: Step-by-step Strategies for Treating Trauma, Anxiety, Depression and Addiction	
8 Things Every Therapist Needs to Know About Family Estrangement	
8th Annual Minnesota Adlerian Conference: Helping Clients Change: Building Resilience in the Face of Global Threats and Anxiety	2.5 Ethics; 3 CC
A Child Shall Lead Them: A Somatic Experiential Play Therapy Journey	
A Complete Guide to Ethical and Legal Technology Challenges for Mental Health Professionals	3 Ethics
A Decolonial and Racial-Justice Approach to Therapy	2 CC
A Fat Liberation Look at GLP-1 Weight Loss Medications	
A Parts Approach to Preverbal Attachment Trauma	
A Practice-Based Study of Relational Virtues and Alliance Correspondence in Psychodynamic Psychotherapy	
A Return to Our Roots: Decolonizing Arab Identity	2 CC
A Review of Common Ethical Issues for Mental Health Professionals	1.5 Ethics
A Trauma-Informed Approach for Cultural Intelligence and Healing	1.5 CC
A Wounded Healer Heals: Dr. Yalom on Life, Loss and Therapy	
AAMFT Advocacy Accelerator	
AAMFT Federal and State Advocacy Updates	
AAMFT Supervisor Refresher Course (in person, virtual)	2 Ethics; 6 Supervision; 1 CC
AAPN in Collaboration with Coalition of Allies Present - Black History Month Keynote Speaker: Dr. Nathan Chomilo	1 CC
AASECT Virtual Institute: Menopause 360: A Whole-Person Approach to Wellness	3 CC
Accelerated Resolution Therapy	
Acceptance and Commitment Therapy (ACT) Intensive	
Accessing Disability Services in Minnesota	CC
ACES: Traumatic Brain Injuries and the Justice-Involved	

ACRC (The Association of Children's Residential & Community Services) Annual Conference	
ACT for Beginners	
Adapting to the Law Enforcement Culture and Identity Internal Diversity. Family Impact of Occupational Stressors	4 CC
Addressing Historical and Ending Contemporary Racial Inequities in Marginalized Communities	3 CC
Addressing the Elephant & the Donkey in the Room: Systemic Perspective on Addressing Political Anxiety in Client Systems	
ADHD - Certified Clinical Services Provider	
ADHD Assessment for Adults: Overcome Treatment Obstacles, Identify Co-Morbidities and Resolve Diagnostic Dilemmas	
ADHD at Work: Strategies to Help Clients Survive & Thrive in their Careers	
ADHD Certification Course: Advanced Strategies to Customize Treatment for Every Client	
ADHD Clinical Services Provider Certification Course	
ADHD in Children and Adolescents Advances in Diagnosis, Treatment and Management	
ADHD, Relationships, and Sex: Strategies to Overcome the Over/Under-Functioned Dynamic	
ADOS - 2 Introductory Training	
ADOS - 2 Toddler Module Introductory Training	
Adult ADHD Assessment and Treatment	
Adult ADHD: Targeting Executive Skills to Manage ADHD in Adults	
Adult Mental Health First Aid	1 CC
Adult Protection Mandated Reporting	Ethics
Advanced Accelerated Resolution Training	
Advanced Dialectical Behavior Therapy (DBT) Skills Training Course	
Advanced Flash Technique	
Advanced Group Crisis Intervention	
Advanced Issues for Family Law and Dispute Resolution Professionals online Training	2 Ethics
Advanced Nutritional and Integrative Medicine for Mental Health Professionals	1 Ethics
Advanced Perinatal Mental Health Psychotherapy Training	
Advanced Resolution Therapy (ART)	
Advanced Training: DC: 0-5 and Treatment Planning	1.5 Ethics
Advances in Treatment of ADHD Across the Lifespan	
Advancing Trauma Treatment in Play Therapy	
Advocacy Efforts for Affirmative Therapists	1 CC
AEDP Immersion: The Dyadic Repair of Attachment Trauma	
Affirmative Counseling for Transgender and Gender Diverse Clients	8 CC
Affirming Approaches to treating Ongoing Cultural Trauma in Queer and Trans Clients	2 CC
Aging and Long-term Care Part 1 and/or 2	
Ain't Nobody's Fool: Chain, Chain, Chain Analysis Like A Pro	
AIR Network Supervision Training and EMDR Advanced Protocols	

Alarming Findings of Psycho-Spiritual Interventions on Physical, Mental, and Social Health for Children with Cancer and their Families in Low and Middle-income Countries	2 CC
All-Inclusive Supervision & Leadership Training	1 Ethics; 3.5 CC
Alzheimer's and the Family	
Alzheimer's Disease & Other Dementias Certification Training	
American Association of Christian Counselors 2025 World Conference	
American Counseling Association Annual Conference 2024	1.5 Ethics; 3.5 Supervision; 3 CC
AMFTRB Annual Meeting	
AMFTRB Test Construction	3 Ethics; 4 Supervision
AMFTRB's 2025 Role Delineation Study	3 Ethics
An Anti-Inflammatory Lifestyle	
An Integrated Approach to Unusual, Challenging Dilemmas	
An Integrative Approach to Menopause	
An Introduction to Acceptance and Commitment Therapy & Christian Integration	
An Introduction to Adoption	
An Overview of Medical and Medicinal Food	
An Overview of Psychological First Aid: A Mental Health Response in the Aftermath of Disasters/Mass Violence	
Ancestral Healing Code	
Anchored Relational CPTSD and Dissociation Case Consultation	4 CC
Annual Association for Play Therapy International Conference	2 CC
Anti-Racist Therapy: Clinical Tools for Cultural Responsiveness, Equity and Healing	4 CC
Anxiety and Stress in the Digital Era: Understanding Mental Health and Screen-time	
Anxiety Disorder	
Anxiety Disorders Best Practice Treatments for Adults	
Applying Holistic Leadership to Create Healthier Workplace Cultures	3 Supervision; 4 CC
ARCH Conference	
ARCH Foundation Course	
ART, Trauma & Beyond	3 CC
Artificial Intelligence in Behavioral Health: Top Ethical and Risk Management	3.25 Ethics
Ask Suicide-Screening Questions Toolkit Part II	
Assessing and Addressing Intimate Partner Violence, Legally and Ethically	1 Ethics
Assessment of Obsessive-Compulsive Disorder (OCD) and Introduction to Exposure and Response Prevention	
Association for the Treatment and Prevention of Sexual Abuse 43rd Annual Research and Treatment Conference	
Association of Threat Assessment Professionals (ATAP) Winter Conference 2025	

Attachment and Relational Resilience Across the Lifespan	
Attachment Bio-Behavioral Catch-Up-Newborn	
Attachment, Trauma & Family Systems	
Attachment: Make Every Session a Safe Adventure for you and your Client	
AuSM Workshop: Maximizing Your Disability Services	
Authentic Clinical & Theoretical Decision Making in EMDR Therapy Across the Life Spam	
Authentic Restoration Workshop	
Autism and Comorbid Conditions	
Awareness of Trauma Activation in Ourselves and Clients and Interventions to Move Trauma Responses	
Balancing Growth & Connection by Revisiting Stress & Trauma Responses in Counseling Practice	
Basic Discernment Counseling Workshop	
Become a Clinician Advocate	
Becoming a Trauma-Informed Organization: Best Practices for 2024	
Behavioral Health Conference (South Dakota)	
Behavioral Treatment Interventions for Clients Coping with Medical Illness	
Behind the Badge: What Clinicians Need to Know About First Responder Families	
Best Practices in Suicide Assessment and Screening	
Beyond Baby Blues: Recognizing and Addressing Depressive in Pregnancy and Postpartum	
Beyond Burnout: Building Resilience Through Holistic, Lifelong Wellness	1 Ethics
Beyond CC: Helping Play Therapists Practice Cultural Humility	2 CC
Beyond Self-Care: Addressing Secondary Traumatic Stress as A Professional Skill-Set for Trauma-Informed Professionals and Organizations	
Beyond Sleep Hygiene: CBT Solutions to Improve Outcomes and Resolve Insomnia	
Bite-Size Ethics: A Foundational Course in Approaching Ethical Dilemmas in the Treatment of Eating Disorders	1.5 Ethics
Black Women, Body Image, and Eating Disorders: The Missing Links in Research and Treatment	1 CC
Blindsided By Kratom: The Accessible Opioid	
Body Dysmorphic Disorder	
Booster for the Early Childhood Intensity Instrument for Infants, Toddlers and Preschool aged	
Boundaries and Self-Disclosure in the Digital Age: Top Ethical Challenges	2 Ethics
Boundaries in Case Management	1 Ethics
Boundary Issues and Multiple Relationships in the Real World: A Relational Approach	3 Ethics
Brain Energy: The Metabolic Theory of Mental Health	
Brainspotting 2-Day Workshop with David Grand: Integrating the Neuroexperiential Model for Rapid Trauma Healing	
Brainspotting 3-day Training: Phase 2	
Brainspotting Digging Roots 2.0: Digging Deeper	
Brainspotting Phase 1 - 2 - 3 - 4 - 5	
Brainspotting Spirituality & Intuition (BSI)	

Brainspotting to Heal Shame, Self-Esteem & Imposter Syndrome	
Brainspotting with Children and Adolescents	
Brainspotting with David Grand: The Brain-Body Based Therapy for Treating Trauma	
Brainspotting with Narrative Therapy: For Use with Addictions and Other Unwanted Behaviors	
Brainspotting: Expansion Specialty Workshop	
Brainspotting: Integrating Neuroexperiential Model for Rapid Trauma Healing	
Breaking the Chains for the Negative Cycle	
Bridging Chaos and Care: Empathetic Crisis Assessment and De-Escalation for Sever and Persistent Mental Illness	
Bridging Chaos and Care: Helping Kids when the World Feels Scary, Helping Young Children When Their Parents Cannot	
Bridging Cultural Gaps	1 CC
Bridging the Divide: The Realities for Jewish and Arab Clients During a Time of Heightened Discrimination	1 CC
Brief Intervention Therapy: Exploring Single-Session, Crisis Response	
Brighter Day Grief Conference, "All Things Grief"	
Bringing Baby Home Educator Training	
Building Secure Attachment Through an IFS Lens-with Richard Schwartz PhD	
Bullying & Mental Health in Children & Adults	
Burnout and Wellness in Social Workers, Psychologists and Counselors	Ethics; 4 Supervision
CALM Conversations on Lethal Means	
CAMS Foundational Online Video Course	
CAMS Role-Play Training	
CAMS-4 Teens Interactive Training for Assessing and Treatment Suicide Risk	
Cannabis Use & Mental Health Risk	
Care for Clinicians: Addressing Burnout in High Stress Health Care	
Caregiver Conference - Journey of a Caregiver	3 Ethics
CBT for Adult ADHD: Helping Clients Turn Intention Into Action	
CBT for Anxiety and OCD	
CBT Strategies for Kids and Adolescents: Supporting Students with ADHD and Anxiety	
CBT: Overview, Strategies and Interventions for Common Clinical Presentations/Problems	
CentraCare 12th Annual Diversity Conference: Diverse Minds - Exploring Mental Health and Neurodiversity	3.5 Supervision; 3.5 CC
Certificate Course in Autism through the Spectrum	
Certificate in Child-Centered Play Therapy	
Certification Training for Compassion Fatigue Professionals	
Certified ADHD Professional Intensive Training Course	
Certified Autism Spectrum Disorder Clinical Specialist Intensive Training (ASDCS) 2nd Edition Affirming Neurodiversity with Strengths and Abilities Interventions	1 Ethics; 3.5 CC

Certified Civil Mediation Training: The Transformative Approach	3 Ethics
Certified Clinical Anxiety Treatment Professional (CCATP) Training Course: Applied Neuroscience for Treating Anxiety, Panic, and Worry	
Certified Complex Trauma Treatment Professional (CCTP/CCTPII)	
Certified Dialectical Behavior Therapy Professional Training	
Certified Employee Assistance Professional Certification Program	3 Ethics
Certified Gottman Therapist Level 1, 2 and 3	
Challenging Situations for Supervisors	1.25 Supervision
Chicken or the Egg: The Cannabis and Psychosis Debate	
Child Abuse Summit	
Child Diagnostic Assessment: From Clinical Considerations in Diagnosing to Complain..	
Childhood Attachment & Trauma	
Childhood Bereavement: Tools and Understanding for Supporting Children Through Grief	
Christian Counseling 101	
Circle of Security Parenting Facilitator Training	
Circle of Security Parenting Program (COSP)	
Clean, Count, and Check: A Family-Based Approach to OCD	
Clinical and Ethical Implications of Antisemitism	3 Ethics; 3 CC
Clinical Application of Internal Family Systems Therapy: Step by Step Procedures for Healing Traumatic Wounds and Alleviating Anxiety, Depression and Trauma	
Clinical Applications of Polyvagal Theory in Trauma Treatment: Integrating the Science of Safety, Trust, Self-Regulation and Attachment	3 Ethics
Clinical Applications of the Mind-Body Connection	
Clinical Assessment in MFT	
Clinical Hypnosis to Improve Sleep	
Clinical Issues in Couple and Family Therapy Series: Ethics & Boundaries: Wait, I'm Not Prepared for This!, Hot Topics in Couples Counseling	4 Ethics
Clinical Supervision & Telehealth	1 Supervision
Clinical Supervision Bundle - Clinical Supervision: Using Reflection in Supervision - Trauma Informed Care Delivery for Clinicians & Peer Support Specialists	1.5 Supervision
Clinical Supervision Certificate Course	3 Ethics; 2 CC
Clinical Supervision Certification Training Program	3 Ethics; 4 Supervision; 4 CC
Clinical Supervision Foundations	4 Supervision
Clinical Supervision Step-by-Step: A Complete Supervisory Plan for Developing Skilled, Skilled, Ethical, and Compassionate Therapists	2 Ethics; 4 Supervision

Clinical Supervision Training Course	3 Ethics; 4 Supervision
Clinical Supervision: A Person-Centered Approach	3 Supervision
Clinical Work with Female Torture Survivors: An Exploration of Service Providers View	4 Cultural Competence
Clinically Responsive Clinical Supervision: Ethical & Trauma-Informed Multicultural Supervision Strategies	3 CC
Closing the Gap: Presidents of Three Major Health Organizations Prioritize Perinatal Mental Health	
Co-Creating Narratives of Hope: Honoring Our Roots to Support Innovation for the Future of Mental Health	
Cognitive Behavioral Therapy Case Illustrations: Demonstration of Key Interventions for Common Clinical Presentations and Problems	
Cognitive Behavioral Therapy for Eating Disorders	
Cognitive Processing Therapy (CPT) Mastery Course A Session-by-session Instructional Training for Treating PTSD and Trauma	
Collaborative Assessment & Management of Suicidality Foundational Video Course	
Collaborative Divorce Counseling	
Collecting Minimal Facts for Mandated Reporters	4 Ethics
Communication Theories and Strategies for Therapists	
Compassion Fatigue in Helping Professions	
Compassion Focused Group Psychotherapy for People with Complex Needs	
Complete IFS Therapy Immersion: Integrating the Internal Family System (IFS) Model Across Clinical Applications	4 CC
Complete Transgender Clinical Care	4 CC
Complex PTSD Clinical Workshop: A Comprehensive Approach to Accurately Assess and Effectively Treat Clients with Chronic Repeated Developmental Trauma	
Complex Trauma Certification Training Level 1 & 2 (CCTP/CCTP-II) Course with Janina Fisher	
Complex Trauma Certification Training: Interventions from EMDR, Parts Work, CPT and Polyvagal Theory	
Comprehensive DSM-5-TR Updates	2 CC
Comprehensive Internal Family Systems Therapy Course: a Step-by-Step Guide Through Clinical Applications of the IFS Model	
Concepts and Actions in an Equitable Youth Work Practice	1 CC
Conducting Cultural Assessment: Engaging and Providing Treatment for Justice Involved Individuals from BIPOC and LGBTQIA+ Communities	1.5 CC
Conducting Global Research: Cross-Cultural Collaboration and Translating Research Measures	2 CC
Confidentiality: The HIPPA Privacy Rule - Part 2	Ethics
Conflict and Compassion: Navigating Countertransference in a Post-Election Climate	
Conquering IPV (Intimate Partner Violence) Disparities for the LGBTGEQIAP+ Community	1.5 CC
Conscious Discipline-Building Resilient Schools and Homes	1 Ethics; 4 Supervision; 1 CC

Conscious Parents, Self-Fulfilled Children	
Consultant Day 2024	4 Supervision
Co-Parenting Plan Mediator Certificate Course: Create A Peaceful Effective Co-Parenting Strategy for Divorcing or Separating Clients	3 Ethics, 3 CC
Could it be Grief? Strategies for Helping Children and Adolescents Cope with Non-Death Losses	
Counseling Interventions and Evidence-Based Treatment of BIPOC Children & Youth	1 CC
Counseling with a Special Focus on Anxiety and Depression	
Counselor Malpractice Data Trend Update: Newley Released Data, Cases, and Recommendations	1 Ethics
Couples and Addiction Recovery	
Couples Techniques for Digital Infidelity: Tools for handling Disconnection, Jealous, Pornography and More	
Couples Therapy Conference 2024	
Couples Therapy Conference 2025	
Court Testimony for Clinicians	
Crafting Purpose and Values through ACT	
Created for Connection: A Weekend Marriage Workshop	
Creating a Neurodivergent-Affirming Private Practice	
Creating Inclusive 2SLGBTQIA+ Space	1.5 CC
Creating Safe Spaces for Culturally Diverse Clients to Grieve	1 CC
Creating the Antidepressant Family: What Families and the MFT's Who Work with them - Can di to Treat and Even Prevent Depression	
Creativity and the Pre-Teen/Adolescent Brain	
Crisis Response Planning for Suicidal Patients: An Introduction	1.5 Supervision
Crisis Specialist Training and Certificate Course	1 Ethics
Cross-Culturally Responsive Supervision: A Practical Developmental Overview for Furthering Growth in Supervisees	1 Supervision; 1 CC
CSAT Module 1 Training	2 Ethics
Cultural and Equity Considerations	1.5 Ethics; 1.5 CC
Cultural Awareness in Clinical Practice	3 CC
Cultural Clinical Psychology & PTSD	
Cultural Competence and Skills for Supporting Hmong Youth and Families	2 CC
CC & Diversity: Powerful Strategies to Improve Client Rapport & Multicultural Awareness	4 CC
CC & Trauma-Informed Care for Working with Trans & Trans BIPOC Clients: Creating a Welcoming Gender Affirming Safe Trusting Environment	1.5 CC
CC as Suicide Prevention for Autistic Adults: Clinical Solutions to Help Clients Feel Heard, Visible and Validated	2 CC
Cultural Diversity / Cross Cultural Practices: Breaking Barriers, Widening Perspectives	4 CC
Cultural Humbleness & Inclusivity: Creating Better Outcomes for LGBTQIA 25+ Clients	2 CC
Cultural Humility, Competence, and Awareness	4 CC

Culturally Responsive Care and Treatment of Racial Stress in Blended Care Therapy	1.5 CC
Culturally Responsive Mental Health Care: Supporting Members of the Black, Asian, Latino/Latina, and LGBTQI+ Communities	4 CC
Culturally Responsive Practices for Help Professionals Supporting Diverse Youth	1 Supervision; 2 CC
Culturally Responsive Supervision: Techniques and Strategies for Relational, Supervisee-Centered Practices	4 Supervision, 4 CC
Culturally-Sensitive Play Therapy Supervision	1.5 Supervision
Culture and the Psychosocial Implications of Socioeconomical Position Parts 1 - 2 - 3	4 CC
Culture Responsiveness in Autism Spectrum Disorder Services	3 CC
DBT in Action: Practical Techniques for Your Practice	
DBT Skills Group: A Closer Look at One Mode of Treatment	
DBT, CBT, and ACT Training Bundle	
DC: 0-5: Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood	
Decision Points Facilitator Training	
De-Escalation: Core Skills	
DEI: An Introduction to Multicultural Care	1 CC
Demystifying "The Sex Talk"	
Demystifying Addiction: Applied Skill to Enhance your Practice	
Demystifying and Thriving: Understanding MAPs and Fostering Fulfilling Lives	
Demystifying Misophonia: A Holistic Approach to Finding Freedom Book	
Developing a Healthy Relationship with Digital Technology and Dealing with Those Challenging Ethical Situations	3 Ethics
Developing Healthy Personalities: Relationships that Succeed	
DHS Adult Mental Health Crisis Modules 1-6	
DHS Training - Assess Conceptualize & Diagnose Mental Health Disorders in Young Children	
Diagnosing Mental Illness and Substance Use in Teens	
Diagnosis and Treatment of Male Sexual Dysfunction	
Diagnosis Paraphilias: Strategies and Considerations for Assessing Those Who Have Committed Sexual Offenses	
Dialectical Behavior Therapy (DBT): 4-Day Intensive Certification Training Course: An Advanced Online Skills Training	
Dick Schwartz Answers Your Questions about IFS	
Dietary-Related Mental Health Symptoms and Interventions	
Differential Diagnosis Challenges	
Digging Roots 1.0: Fundamentals of Brainspotting	
Digital Dilemmas: Ethical Use of Technology in Mental Health	3 Ethics
Dimensions of Diversity Awareness in Supervision	4 CC
DIR203: Coaching Caregivers, Teachers, and/or Other Providers to Support Functional Emotional Development	
Disability Awareness and Person Centered Care	

Disability Justice & Understanding and Challenging Ableism in Healthcare	3 CC
Discernment Counseling Basic Training	
Discuss Books: The Happiness Trap; The Book of Alchemy; The Wild Edge of Sorrow; When the Heart Waits	
Dismantling White Saviorism: Knowing Your Role in Anti-Racism, Equity & Inclusion	3 CC
Dissociation as a Key to the Treatment of Sever Eating Disorder	
Distracted and Disordered: Understanding the Overlap Between ADHD and ED's	
Diversity Equity and Engagement DEE and Historical Trauma	2 CC
Diversity Made Simple: A Positive & Shame-Free Approach to Reducing Offenses & Repairing Cross-Cultural Relationships	2 Ethics; 4 CC
Divorce Busting	
Documentation & Differential Diagnosing - Canopy Mental Health and Consulting	
Domestic Violence and the Inhered	
Don't Become a Case Study	
Dr. David Burns: Real Therapy. Real Change. Real Time	
Dr. Laurel Parnell's Master Class in Attachment-Focused EMDR: A Step-by-step: Clinicians Guide to Healing Trauma, Anxiety, Grief and Loss	
Dr. Sue Johnson's Intensive Course in Emotionally Focused Therapy	
Dreams, Imagination & Transformation	
Dropping the Baby and Other Scary Thoughts	
DSM Differential Diagnosis for Client with Trauma	
DSM-5-TR: A Comprehensive Overview	
Dynamic Group Therapy Delivery	
Early Childhood Mental Health Affinity Groups for BIPOC Clinicians	4 CC
Early Childhood Mental Health Training and Consultation on Working with Incarcerated	2 CC
Early EMDR Intervention Protocols: Recent Traumatic Episode Protocol and Group Traumatic Episode Protocol (RTEP / GTEP)	
Eating Disorders and the Family System: Implications for Adolescents	
Effective Communication Strategies for Difficult Conversations - A Supervision Training	3 Supervision
EFT Training: Unleash the Power of Sexuality in EFT Therapy	
Embodied & Alive Somatic Consultation Group: A 12-Month Experiential Learning Group	
Embracing Body Compassion: Reframing Movement in Eating Disorder Recovery	
EMDR - CSA Survivors & Complex PTSD - Dealing with Intense Disgust & Neg. Self-Concept	
EMDR & Emotional Dysregulation	
EMDR & Play Therapy: A Multimodal Approach for Children	
EMDR + Internal Family Systems PARTS Protocol: An IFS-Informed Approach to EMDR	
EMDR Basic Training for School Therapists	
EMDR Basic Training Refresher	
EMDR Canada Annual Conference 2025	3 Ethics; 4 CC

EMDR for Kids and Teens	
EMDR for Serving Military Personnel & Veterans	2 CC
EMDR From Start to Finish: The Complete Foundational Training for Treating PTSD and Complex Trauma	
EMDR Hap Virtual Part II	
EMDR level 1 and 2	
EMDR Refresher-Shore Up Your Skills!	
EMDR Training -EMDRIA	
EMDR Treatment of Grief and Mourning	
EMDR: Basics to Special Protocols	3 Ethics; 4 CC
EMDRIA Virtual Summit 2025	3 CC
Emotional and Disordered Eating: Trauma Informed Clinical Tools to Heal Your Clients' Relationships with Food and Body	
Emotional Eating, Chronic Dieting, Binging, and Body Image	
Emotional Focused Individual Therapy and EFT for Traumatized Individuals	
Emotional Freedom Techniques (EFT) and Tapping, Evidence Based, Mind-Body Treatment Approach for Anxiety, Trauma and More	
Emotional Support Animals: Ethical, Legal & Practical Issues to Consider Before Providing an ESA Letter	
Emotionally Focused Individual Therapy Level 1 Certificate Course	
Emotionally Focused Therapy (EFT)	
Emotionally Focused Therapy with Couples of Color	1.25 CC
Empathizing with the Suicidal Wish: Improving Your Understanding, Assessment, and Treatment of Suicidal Behaviors	
Empathy in the Therapeutic Relationship	
Empowering 3E Clients: Strategies for Supporting Neurodivergent LGBTQ+ Youth	1.5 CC
Empowering Caregivers with Finial Play Therapy Through a Culturally Sensitive Lens	1.5 CC
Empowering Children Facing Cultural Trauma	
End of Trauma Course Professional Skills	
Enhancing Trauma Recovery in BiPOC Communities with EMDR Therapy	3 CC
Ensuring High-quality Care for Individuals with Limited English Proficiency	
Environmental Assessments	
Epigenetic Echoes of the Past: Addressing Intergeneration and Historical Race Based Trauma	1 CC
Ester Perel's Transformative Approach to Couples Therapy	
Esther Perel on Intimacy & Infidelity in Couples Therapy	
Ethical AI: Emerging Use of Artificial Intelligence for Documentation and Practice Management	1 Ethics
Ethical and Clinical Considerations of Writing About Patients in Case Reports and Other Psychological Writing	3 Ethics
Ethical and Legal Issues in Supervision	1 Ethics; 1 Supervision
Ethical Considerations of Self-Determination in Medical Settings	3 Ethics
Ethical Considerations When Working with Older Clients	

Ethical Decision Making in Couples Therapy: A Three part Lunch & Learn Series	3 Ethics
Ethical Guidance to Play Therapy	3 Supervision
Ethical Issues and Client Expectations in Non-Ordinary States of Consciousness-Assisted Psychotherapies	3 Ethics
Ethical Issues for MFT Practice	3 Ethics
Ethical Issues in Case Management and Counseling	3 Ethics
Ethical Issues in Play Therapy	3 Ethics
Ethical Self - Compassion Practices: Managing Trauma-Related Stress for Clinicians	3 Ethics
Ethical Standards for Culturally Competency Practice	1 CC
Ethical, Logistical and Practical Considerations for Outdoor Therapy	1 Ethics
Ethical, Legal, and Professional Issues for the Advanced Practice Clinician Strategies for Reducing Risk in Clinical Practice	4 Ethics
Ethics - Part I & Part II - Evolution Psychotherapy	3 Ethics; 4 Supervision
Ethics & Telemental Health	3 Ethics
Ethics and Best Practices in Clinical Licensure Supervision	2 Supervision
Ethics and Boundaries Training for Ministers	3 Ethics
Ethics and Boundary Issues	3 Ethics
Ethics and Complex Clinical Decisions	
Ethics and CC Bundle	3 Ethics; 4 CC
Ethics and Cultural Humility: When Standards Collide with Beliefs	3 CC
Ethics and Insights: Monthly Q & A for Mental Health Professionals	1 Ethics
Ethics and Professionalism in Counseling	3 Ethics
Ethics and Risk Management in Behavioral Health	3 Ethics
Ethics and Risk Management in the Digital Age	3 Ethics
Ethics and Telehealth	3 Ethics
Ethics and Telemental Health	3 Ethics
Ethics at the Intersection: Discussing End of Life Choices with American Indian and Alaska Native Patients	1 Ethics; 1 CC
Ethics for Behavioral Health Professionals in Rural Areas 2025	1.5 Ethics ; 1.5 CC
Ethics for Counselors	3 Ethics
Ethics in the New World: An Overview of Ethical Decision Making and application to New Proposed Practices, Artificial Intelligence	3 Ethics
Ethics of AI in Counseling	1 Ethics
Ethics of Artificial Intelligence and Chatbot Therapy	2 Ethics
Ethics of Multicultural Supervision: What Every Supervisor and Supervisee Should Know	1.5 Ethics; 1.5 Supervision; 1.5 CC
Ethics Play Therapy	3 Ethics
Ethics Refresh: Self Care, Boundaries and Use of Supervision	3 Ethics

Ethics with Minors for Minnesota Mental Health Professionals: How To Navigate the Most Challenging Issues	3 Ethics
Ethics with Minors: An Essential Guide for Mental Health Professionals	3 Ethics
Ethics, Boundaries of Competence, Avoiding Harm, and Risk Management: Working Well with the Suicidal Patient	3 Ethics
Evidence and Action to Support and Affirm LGBTQI+ Youth (E291)	3 CC
Evidence-Based Treatments for Eating Disorders	
Evidence-Based Treatments for Youth Affected by School Shootings	
Evolution of Consciousness Workshop	
Examining Grief and Loss: Beyond DSM Criteria and Prolonged Grief Disorder	
Exigent Sadism: A Psychoanalytic political Concept	
Exploring Experiences of Diversity and Multiculturalism in the Therapeutic Process: Clinical and Ethical Considerations	1 Ethics; 4 CC
Exploring Identity, Celebrating Relationships, and Building Belonging	1.5 CC
Exposure Therapy	
Eye Movement Desensitization and Reprocessing Basic Training	
Eye on Ethics: General Ethical Guidelines for Excellent Practice	3 Ethics
Facilitating Attuned Interactions (FAN) Level I Consultant Training	
Families as Catalysts: How to Engage Families Who Just Want You to "Fix" Their Loved One	
Family Play Therapy	4 CC
Family Systems, Parental Anxiety, and Clinical Practice: Tools for Supporting Families in Crisis	
Family Therapy with Children	3 Ethics; 4 CC
Feelings Not Food: Experiential Therapy in Eating Disorders	
Fetal Alcohol Spectrum Disorder Assessment and Intervention	
Fetal Alcohol Syndrome: Identification, Prevention, and Intervention	
Fifth Annual Minnesota Mobile Mental Health Crisis Response Summit	
Finding Your Unique Balance of Self, Family, and Work	1.5 Ethics
Fire Service Mental Wellness and Suicide Prevention Symposium	2 Ethics; 2 CC
Fireside Chat: Jennifer Lundblad, PhD, President and CEO of Stratis Health	
First Aid, Adult, Child, and Infant CPR & AED	
First Episode Psychosis Sponsored by Hennepin County Behavioral Health	
FIT Supervision/Consultation Intensive Training	4 Supervision
Fostering a Legal-Ethical Supervision Environment: Ethical Considerations of Hosting Interns and Supervisees	1 Ethics; 1 Supervision
Foundations of Logotherapy	
Foundations of Perinatal Mental Health (APA)	
Foundations of Substance Use	
Foundations of TF-CBT	
Frank Anderson's Internal Family Systems Trauma Tx Program: A 4-Month Online Intensive	
Freedom From Chronic Pain: Practitioner LIVE Training	

From Binary to Spectrum: A Workshop on LGBTQIA- Affirming Therapy	3.5 CC
From Freeze to Thaw: Unlocking Trauma in the Body with Brainspotting	
From Rule Bound to Relational Ethics	1.5 Ethics
From Safeguarding Tendencies to Perceptual Change	
Fundamentals of Attachment Based Family Therapy	
Fundamentals of Food and Assessment Tools	
Gabor Mate's Compassionate Inquiry in Action: An Experiential Course for the Healing of Deep Traumatic Wounds	
Gambling Disorder 101	
Gender Affirming Care	1 CC
Gender Identity Development and Gender-Affirming Care: Basics and Beyond with Meg Manthos, PhD and Guests	CC
Gender Transition Competency	4 CC
Getting Started with Couples Therapy Intensives: A New Approach for ...	
Getting Therapy Unstuck, Helping Change Stick	
Global Perspectives on Sex & Relationships: Cross-Cultural Lessons for Sexuality	1.5 CC
GLP-1 s and the Necropolitics of Hunger: Reclaiming Food Noise as a Fat Woman of Color	CC
Good Sex: Sexual Liberation as Ritual, Research, & Resistance	1.5 CC
Gottman Method Couples Therapy Level 1 & 2	
Gottman's Seven Principles for Making Marriage Work-Leader Training	
Grief and Loss Training	.5 Ethics; .5 CC
Grief Counseling and Treatment Certification Training: Assessments and Interventions to Support Health...	
Grief Literacy: Understanding and Supporting the Grief Process	
Grief Therapy Advanced Certification Course: The Latest in Neuroscience, Somatics Unresolved Grief, and Identity Reclamation	3 CC
Group Therapy for Substance Use	
Growing Out of the Playroom: Teens and Tweens in Play Therapy	
Guardianship and Mental Illness/Chemical Dependency Commitments	Ethics
Guiding Our Clients Who are Dating: The Great Social Experiment of Coupling in the 21st Century	
Handle with Care. Early Childhood Verbal, Escape and Blocking Techniques	
Has Neuroscience Lived up to its Promise?	
Havening Techniques Practitioner Training; Better Living Through Neuroscience	1 Ethics
Healing Cultural Trauma with IFS Therapy: A Cultural Sensitivity Approach	2 CC
Healing in Connection: Ther Power of Relational Presence in Trauma Recovery	
Healing Invisible Wounds: Working Through Past Sexual Trauma in Relationships	
Healing Our Core Issues - Level 1	
Healing the Wounds of Attachment and Rebuilding Self	
Healing, Trauma, Connection Brainspotting, & The Expressive Arts	
Health & Human Services Conference	3 Ethics; 3 CC

Health and Safety for Relationship Counseling from a Clinical Supervision Perspective	
Health Anxiety: Strategies for Handling the Fears and Realities	
Healthy Relationships and the Most High Road	
Help Adult ADHD Clients Cope with Weak Executive Skills: Proven Strategies for Work Home & Relationships	
Help Women with ADHD Embrace Neurodiversity, Live Boldly and Break Through Barriers: Five Things Clinicians Need to Know	
Helping Kids when the World Feels Like A Scary Place	
Helping the Whole Child: The Greenspan Floortime Approach	
High Achieving Couples: When Love & Work Collide	
High Acuity Care - Brainspotting Training	
Hip Hop Therapy: A Culturally Responsive Approach to Trauma Treatment	4 CC
Holiday Stress & Seasonal Anxiety: A Winter Wellness Primer	
Holistic Healing: Indigenous Approaches to Mental Health	1 CC
Home Team Parenting & Marriage Conference 2025	
Hope for Treatment-Resistant Depression: A Sensorimotor Approach	
How it All Began	
How the Psychedelic Ibogaine Can Help Clients with Trauma & Addiction	
How to do a Brainspotting Intensive	
How to Heal for Trauma Using Internal Family Systems	
How to Help Reduce Chronic Pain	
How to Include Social Justice Advocacy in you Supervision Practice	2 Ethics; 2 Supervision
How to Know a Person by David Brooks	
How to Use Artificial Intelligence in Healthcare: Benefits and Ethical Challenges	
How to Work with Emerging Defense Responses to Trauma (Beyond the Fight/Flight/Freeze Model)	
Human Sexuality: Across the Lifespan	
Human Trafficking	
I Am Safe Training: Trauma Responsive Practices to Support Mental Health	
Identifying and Treating 1 in 5 Students with ADHD and Learning DX Who Are Returning to School Misdiagnosed and Misunderstood	
Identifying and Treating Anxiety Disorders	
Identifying Systems of Power for Clinicians	
IFS and Eating - A 3-Day Intensive Retreat	
IFS in Action Master Class	
IFS Informed Sex and Couples Therapy	
IFS Level 1	
IFS Online Circle / Foundations of the IFS Model	

IFS Therapy for Couples Course	
IFSCA Internal Family Systems Counseling Association; Stepping Deeper: Deepen Your IFS Practice: IFSCA Follow-Up-Course Level 2	
Illness Anxiety and Somatic Symptom Disorders	
Illuminating the Dark Shadows of Cyberaggression	
IMHCA s 18th Annual Conference From Emerging to Expert: Joining Counselors Across the State	4 CC
Impact of Migration on the Mental Health of Immigrant Populations	1.5 CC
Implementing The Resiliency Focused Supervision Model	2 Supervision
Implicit Bias and the Impact on Clinical Practice	1 CC
Implicit Bias: Awareness and Management for Mental Health Professionals	3 CC
Improving CC for Behavioral Health Professionals	4 CC
Incorporating Multicultural Components into Assessment and Therapy	2 CC
Indigenous Tools for Living	4 CC
Infertility and Mental Health	
Informing Perception, Imagination, and Creativity Through Art Therapy for Cumulative Trauma Repair	
Innovations in Mental Health Conference	2 Ethics
Institute to Transform Child Protection: Mandated Reporter Training	2 Ethics; 2 CC
Integrated Developmental Trauma Treatment Model	
Integrating ACT	
Integrating Family Therapy into Substance Abuse Treatment	
Integrating Harm Reduction into Treatment	
Integrating Polyvagal Theory in Clinical Practice	
Integrating Religion and Spirituality into Counseling	
Integrating the Attachment System and AIP Model for Chronic Health Syndrome	
Integrating Three Somatic Healing Modalities	
Integrative Sex and Couples Certification Training with Tammy Nelson	
Integrative Somatic Psychotherapy Master Class: Step-by-Step Embodied Healing	
Intensive Clinical Supervision Training to Accelerate Your Career: DSM-5-TR Changes, Ethics, Diversity, and More Best Practices	3 Ethics; 4 Supervision; 4 CC
Intensive Trauma-Focused Therapy	
Intentional Divorce	
Intercultural Competence and Patient-Centered Care	
Interdisciplinary Supervision: Fostering Collaborative Practice and Professional Growth	1.5 Supervision
Intergenerational Healing in Play Therapy	
Intermediate Workshop 2 on Ketamine-Assisted Psychotherapy	1 Ethics
Intermediate Workshop I on Ketamine-Assisted Psychotherapy	1 CC
Internal Family Systems Level One	

Internal Family Systems Step By Step	
Internal Family Systems: A Revolutionary & Transformative Treatment	
International Cultic Studies Conference - Montreal, Canada	
Interpersonal Psychological Theory of Suicide: School Engagement	
Interpreting Children's Play: A Jungian Perspective and Method	
Intersection of Culture and Queer Identity Presentation	1 Ethics; 1 CC
Intimacy from the Inside Out - IFS Institute	
Intimacy: A Task for Two	3 Ethics
Intimate Partner Violence in Culturally Diverse Groups & Special Populations	4 CC
Intro to Enhanced Illness Management & Recovery	
Intro to IFS for EMDR Therapists: 2-day Experiential	
Intro to: From Race to Culture	4 Supervision; 4 CC
Intro Training: Family Navigation to Prevention and Early Intervention Services	
Introduction to Autoplay	4 CC
Introduction to Chronic Pain & Chronic Pain Education	
Introduction to Eating Disorders	
Introduction to Mindfulness, Movement, and Social Emotional Learning	
Introduction to Pathological Demand Avoidance	
Introduction to Reflective Play Supervision	3 Supervision
Introduction to Trauma for MFT's	
Introduction to Using the MMPI-3 in Psychological Practice	
Introductory Coherence Therapy Workshop	
Irreverence and Psychoanalysis	3 Ethics; 3 CC
Is it Just Me or is Everyone on the Verge of Burnout? Navigating the Dual Impact of Clinician and Client Burnout	
IS-ART 2025 Conference - ART, Trauma and Beyond	2 CC
IS-ART Conference: The Life Saving Impact of ART: Healing and Innovation	
Issues Impacting American Indian and Alaska Native Populations Across the Lifespan	3 CC
It's More than Just Techniques: Clinical Considerations Underlying Directive Play Therapy	
Janina Fisher's Shame Certificate Training: Integrative Somatic, Sensimotor, Mindfulness, & Neurobiological Strategies to Transform Self Loathing	
Jones Infertility Conference	2 Ethics; 1 CC
Journal Article Review for Journal of Marital and Family Therapy	
Joys and Considerations of Working with LGBTQIA+ Clients	3 CC
Keeping the Spirit Alive: The Conference for Caregivers and Those Supporting A Loved One with Dementia	1 Ethics
Keeping Their Spirit Strong: Understanding Trauma in Indigenous Children in Foster Care	2 CC
Ketamine Assisted Psychotherapy Training - Approved 14 hours	1.5 Ethics

Key Issues in Screening & Assessment of Co-Occurring Disorders in the Justice System	
Key to Effective Supervision	1 Supervision
Law & Ethics of Clinical Documentation for a Post Roe World	1 Ethics
Law & Ethics of Clinical Use of Artificial Intelligence: Implications in Clinical Practice	3 Ethics
Legacy of Love: EMDR Therapy for (Wounded) Parents of Wounded Children	
Legal and Ethical Practice with the Deadly Thoughts and Godly Virtues	3 Ethics
Legal and Practical Considerations when Working with Minors	2 CC
Legislation, Funding and Government Affairs: Advancing Empath's Future	
Let's Talk about Autism, ADHD, Alexithymia, Learning Disabilities and Sensory Profiles Through an Affirmative Lens	3 CC
Let's Talk About Substance Use and Youth: Strategies and Approaches to Navigate Difficult Conversations	
Level 1 Animal Assisted Play Therapy	3 Ethics
Level 1 Clinical Training: Gottman Method Couples Therapy, Bridging the Couple Chasm	
Leveraging Developmental Resilience Science for Effective Mental Health Assessment & Intervention with Immigrants and Refugees	1 CC
LGBT: Psychological Realities and Culturally Competent Therapy with LGBT Clients and Their Families - LGBT 400	3 CC
LGBTQIA+ Growth and Resilience Through DBT	1.5 CC
Life After Stroke: Treatment and Recovery Strategies	
Life Changing Tools for the Whole Brain	
Life Under Pressure: The Social Roots of Youth Suicide and what to Do About Them	1 CC
Listening to the Body: Understanding the Language of Stress Related Symptoms	
Live Legacy Interview with Patrick Casement, Psychoanalyst	
Live Legacy Interview with Professor Alan Sroufe	
Love it, Hate It, Treat it: What Every Therapist Needs to Know about Borderline Personality	
Low Country Mental Health Conference	2 CC
Lunch & Learn: Questions and Answers with a Sex Therapist	
Lunch & Learn: Understanding Minnesota's Medical Debt Law: What Providers Need to Know	
Lunch and Learn: From Apps to Laps: Developmentally Appropriate Uses of Technology	
Making the Connection: Maximizing the Use of Warmlines to Reduce Loneliness, Isolation and Mental Health Crisis	
Maltreatment Trauma, PTSD and Childbearing: Mobilizing a Trauma-Informed Continuum of Care	
MAMFT Annual Conference: The Joy of Connection	2 Ethics; 2 Supervision; 2 CC
Managing Challenging Behaviors	
Managing Suicide Risk: An Introduction to the CAMS Framework	1.5 Supervision
Mandated Reporting 101	2 Ethics; 1 CC
Mandated Reporting of Human Trafficking: The Basics for Mandated Reporters	
Mandatory Abuse Reporting	1 Ethics
Marce of North America Bi-Annual Conference (2025)	1.25 CC

Marriage Rekindled Training	
Mastering Differential Diagnosis with DSM-5-TR A Systemic Based Approach	
Mastering DSM-5-TR Differential Diagnosis, Mental Health Documentation	
Mastering Mindfulness: Applying Powerful Practices to Help with Anxiety, Trauma, Depression & more	
Maternal Health Disparities	4 CC
Maternal Mental Health and Pregnancy: Can Mood Disorders be Prevented	
Maternal Mental Health Certificate Course	1 CC
Mating in the Metacrisis: Connection, Polarization, and Eroticism in a World on Edge	1 Ethics; 1 CC
Medication for Opioid Use Disorder Treatment and Management	
Meeting the Challenge as of Todays World - Understanding Neurobiology to Utilize EMDR Mor Efficiently	
Mending Broken Hearts: Healing From Unresolved Grief & Intergenerational Trauma	4 CC
Mental Health and Mandated Reporting: Supporting Student Mental Health: Suicide Prevention & Mandated Reporting	
Mental Health and Missions Conference 2024	2 CC
Mental Health Documentation and Medical Necessity: Simple, Clear Guidelines that Maintain Quality of Care and Protect Your Practice	3 Ethics
Mental Health First Aid	
Mental Health in Menopause	
Mental Health in the Midst of Life's Challenges	
Mental Health Professionals and the Law: Navigating Ethical and Risk Management Challenges	
Mental Health Training Day - 2024 and 2025	
Metabolic Psychiatry for Non-Prescribers	1 Ethics
Metacognitive Therapy	
Milton Erickson Intensive Online Training, Level A Hypnosis	
Mind over Matter: A Cultural and Scientific Exploration of Consciousness	3 CC
Mindful Sex - How it Can Help your Clients Have Better Sex	
Mindfulness Interventions in Clinical Practice	
Mindfulness: The Art of Living in the Now	
Mindfulness-Based Cognitive Therapy	
Mindfulness-Based Stress Reduction	
Minnesota Ethical and Legal Considerations for Play Therapy	3 Ethics
Minnesota School Behavioral Health Conference	1.5 CC
Minnesota State University Counselors' Association Annual Conference	4 CC
Mission: Possible Advancing Action Against Substance Use Together 2025	3 CC
Mitigating the Impact: Building Resources from Within the Firehouse	
MN Association for Play Therapy - Annual Conference: Trauma, Dissociation, and Parts in Play Therapy	2 CC
Module Three IMAGO Clinical Training	
Module Two IMAGO Clinical Training	

More than a Buzzword: Incorporating Trauma-Informed Practice into Play Therapy Supervision	2 Supervision
Motivational Interviewing and the Benefits of Therapeutic Affirmations	
Motivational Interviewing for Group Therapy: Clinical Skills that Drive Collaboration and Change	
Motivational Interviewing with Difficult Clients	
Movement and Dance in Psychotherapy	
Moving Beyond Change Efforts: Evidence & Action to Support and Affirm LBTGQI+ Youth	
Multicultural Awareness & Diversity: Powerful Strategies to Advance Client Rapport & Cultural Competence	4 CC
Narcissistic Abuse and Gaslighting Treatment Course: Help Clients End Emotional Manipulation and Reclaim their Lives from Toxic Relationships	
Narcissistic Relationships, Emotional Abuse & Gaslighting	
National Update on Behavioral Emergencies Conference	
Navigating Boundaries, Counter Transference, & Self Disclosure: Top Ethical Challenges in Clinical Practice	3 Ethics
Navigating Clinical Care and Ethics for Trans/Gender - Expansive Clients in Behavioral Health	3 Ethics; 3 CC
Navigating Open Relationships, Polyamory, and Swinging in Therapy Co-Creating Relationship Agreements	
Navigating Substance Use Concerns and Recovery Pathways	
Navigating the Political Minefield in Psychotherapy: The Ethics of Self Disclosure, Managing Counter Transference and More	3 Ethics
Navigating Unhealthy Family Dynamics, Emotionally Immature Parents, and Estrangements	1 Ethics
Navigating Work-Life Balance	Ethics
Neuro Emotional Technique (NET)	
Neurobiology of Attachment	
Neurodiversity Specialist Training: Affirming Practices for Autism, ADHD, AuDHD, Dyslexia, OCD and More	
Neurotherapy: The Foundation for Self-Regulation	
New Techniques of Grief Therapy: Bereavement and Beyond	
Non-Social Self-Injury: Clinical Insights and Intervention Strategies with Vivian Swerdlow, LSW	
Nonviolent Crisis Intervention	
North Dakota Family Based Services Conference -	2 Supervision
Nothing Left Out: Creating Inclusive, Comprehensive Sexuality and Sexual Health Services	1 CC
Nourishing the Mind and Body: Affordable Nutrition Approaches for Diabetes and Depression	
Nutrition Strategies for the Inpatient Treatment of ARFID	
Obsessing After Infidelity: When one Partner Can't Move Forward	
Obsessive Compulsive Disorder and Exposure and Response Prevention	
Obsessive Compulsive Disorder: Elements, History, Treatment and Research	
OCD and Eating Disorders: Assessment and Treatment Strategies	
OMG - Eating Disorders and the Rise of Glucagon-Like Peptide - 1 Receptor Agonist	
One Size Doesn't Fit All: Integrating Guidelines for Practice when Working with A Diverse Clientele	3 CC
One Year In: Lessons, Challenges, and Successes from Launching an EmPATH Unit	

Online Clinical Supervision: Best Practices for Every Clinician	1 Supervision
Oppressive Trauma-Informed Care	
Oral Sex: A Primer for Mental Health as Allied Providers	
Organizing is the Antidote to Despair	3 CC
PACC (Permanency and Adoption Competency Certificate)	3 Ethics; 4 CC
Pain Reprocessing Therapy Training	
Paradigm Shift Program	
Parasomnias: Trauma Associated Sleep Disorder as Distinct from REM Sleep Behavior Disorder and why it is Clinically	
Parent Child Relational Repair Training	3 Ethics
Parents and Play: Mastering How to Integrate Parent into Play	
Part 1: Gut-Brain Axis Dysfunction	
Parts of a Whole: Bridging Parts Work, Cultural Healing, and Earth Connection	
Pediatric Psychopharmacology: Essential Information for Mental Health Professionals	
Perinatal Loss: An Attachment-Informed Treatment Framework for Helping Clients Process and Heal from Pregnancy Loss	
Perinatal Mental Health 101	
Perinatal Mood Disorders: Components of Care (Days 1 and 2) & Advanced Perinatal Mental Health Psychotherapy	2 Ethics; 3 CC
Perinatal Mood Disorders: Components of Care by Postpartum Support International	2 Ethics; 2.25 CC
Personality Styles in Psychotherapy	
Peter Levine's Trauma Masterclass - Working with what the Body Knows: Introduction to Somatic Experiencing	
Pioneers in Counseling: The Life and Work of Clemmont Vontress	
Play Themes: What does it all Mean? Does it Mean Anything?	
Play Therapy and Family Assessments	
Play Therapy for Adoptive Children and Families	2 CC
Play Therapy Intervention to Address the Needs of Autistic and Neurodivergent Children	2 CC
Play Therapy Training: Innovative Interventions to Meet the Needs of Young Clients	
Play Therapy with the Modern Family	2 s CC
Play Therapy Workshop: Body Centered Play Therapy with Traumatized Clients	
Play Therapy: Innovative Attachment-Centered Interventions to Treat Trauma, Emotional Dysregulation, and Behavioral Challenges	
Playful Curiosity for Building Resilience	
Playful EMDR Summit	1.5 CC
Playing Our Way to Healing with EMDR, Play Therapy, and Internal Family Systems	
Politicization in Mental Health Care: Outlining the Problem and Showing Ways Forward	
Polypharmacy in Psychiatric Care	
Polyvagal Meets Attachment-Centered Play Therapy	
Polyvagal Theory in Clinical Practice	

Polyvagal Theory Informed Trauma Assessment & Interventions: An Autonomic Roadmap to Safety, Connection, and Healing	
Polyvagal Theory: Hacking the Stress Response	
Postpartum Support International - Perinatal Mood Disorders: Components of Care	2 CC
Postpartum Support International Annual Conference, Plus Advanced Psychotherapy Training	
Post-Traumatic Growth for Loss, Grief, and Related Trauma	
Post-Traumatic Stress Disorder in Children	
Practicing What We Preach: Mitigating Burnout and Compassion Fatigue through Conventional Wisdom and Innovative Technologies	2 Ethics
Preparedness Practicum Plus	
Prescriptive Play Therapy	
Presence Psychotherapy Level 1 Training	
Preventing Sexual Violence through Assessment, Treatment and Safe Management	1.5 CC
Pride ED: Clinical Education Series for LGBTQ+ Inclusion in Behavioral Health	1.5 CC
Primal Trust Practitioner Training Summary	
Privacy and Ethical Implications of AI in SUD Treatment 2025	1.5 Ethics; 1.5 CC
Private Practice Under Pressure: Ethics, AI, and the Fight to Keep Therapy Human	1 Ethics
Processing Traumatic Memories: Integrating the Body & Mind in Trauma Treatment	
Professional Advocacy for MFT's: A Certificate Program for Impact	
Professional Resilience: Ethics and Self-Care	3 Ethics
Prolonged Grief	
Protecting Your License	
Protector Overwatch Individuals and Group Interventions	
Providing Affirming Clinical Supervision for LGBTQIA+ Clinicians	1.5 Supervision
Providing Culturally Responsive Care to Protectors & Their Families	.75 Ethics; 4 CC
PRTC - Pain Recovery Therapies: A New Class of Treatments for Chronic Pain	
PSI Teletherapy for Perinatal Mental Health	2 Ethics
Psychedelic Integration Therapy and More	
Psychodynamic Consultation Group: An Integrative Model	
Psychogastroenterology - A Review for Mental Health Clinicians and Other Related Professionals	
Psychological First Aid	
Psychopharmacology Essential Updates for Mental Health Professionals	3 Ethics
Psychopharmacology for Mental Health Professionals	
Psychotherapy Networker (2024) Bringing your Authentic Self to Work	3 Ethics
Psychotherapy Networker (2024) Decolonizing Mental Health	2 CC
Putting Attachment Theory into Practice	
Queens and Crones: Embodied Approaches to Perimenopause and Menopause in Mental Health	

Quinquennial (5 Year) Celebration of BIPOC Brainspotting 3-Day Masterclass	4 CC
Racial Disparities in Schizophrenia	
Racial Justice Group - Ongoing with Other Therapists - Approved for 2024 sessions only -	4 CC
Racial Trauma: Assessment and Treatment Techniques for Trauma Rooted in Racism	3 CC
Radical Mental Health First Aid Intensive	
Rapport and Relationships in Crisis Response: Classic Methods and New Innovative Practice	
Recovery-Oriented Cognitive Therapy for Delusions	
Recreational Marijuana & Mental Health: Psychoeducation, Assessment, & Sociocultural Considerations	
Red Flag Gun Law and The Duty to Warn and Duty to Prevent Suicide	1 Ethics
Reflective Journey Part 2: Creating Safe and Brave Spaces	3 Supervision
Reflective Play Supervision	2 Supervision
Reflective Practice	1 Ethics
Reflective Supervision: Enhancing Professional Practice and Mental Well-Being	1.5 Supervision
Refractory Mood and Psychosis	
Reframing ADHD: What Clients with ADHD Really Need from Therapy	
Refresher Hybrid Course	1 Ethics; 4 Supervision
Regulating Racial Reactivity and Defensiveness	2 CC
Reimaging Demeter: A Somatic Movement and Expressive Arts Exploration of the Journey Back to Self	
Reimaging Rural Health Equity: Understanding Disparities and Advancing Rural Policy, Practice, and Research	1 Ethics; 1 CC
Relationship (Re)Programing: Understanding & Addressing the Role of Attachment Styles on Romantic Relationships	
Relationship Counseling - requesting 30 CE hours	3 Ethics; 3 CC
Religious Trauma, Spiritual Abuse and Cult Recovery: Treating the Trauma Caused by Adverse Religious Experiences	
Repetition and the Thirst Trap of Trauma in Carolina Bianchi's The Birde & the Goodnight Cinderella	
Reporting to Third Parties: Risk Recommendation	1 Ethics
Resilience in Action: Why Some Bounce Back from Trauma - and How to Help Others	
Responding to Disaster and Trauma: Bridging MFT and Medicine through Interdisciplinary Fieldwork	1 Ethics
Responding to Domestic Violence as a Mental Health Professional	
Responding to Requests for Disability, FMLA, & Accommodations	
Restructuring Personality and Attachment Patterns: PAC and EMDR Therapy	
Rethinking ADHD: A New Treatment Approach	
Reunification Family Therapy - A Treatment Manual	
Reunification Therapy - The Process of Mending Attachment Wounds, and Increasing Parental Effectiveness	
Reveal Their Story: Using the MIGDA-2 Sensory-Based System with Children and Younger Adolescents	
Reveal Their Story: Using the MIGDA-2 Strength-Based System when Assessing Verbally Fluent Older Adolescents and Adults Across the life Span	
Riding Out the Storm: Managing Emotional Intensity in Gifted Students	

RIOS 2: Advanced Reflective supervision Using the RIOS Framework	4 Supervision
RISE25	1.25 CC
Risk Management	1 Ethics
RO DBT for Overcontrol, Perfectionism, Rigid Behaviors	
ROME Foundation GastroPsych: Hypnosis Techniques in Psychogastroenterology	
ROME Foundation GastroPsych: Psychogastroenterology Basic Skills Workshop	
Root Causes: Applying the Offense Drivers Model to EMDR Therapy and Compulsive Sexual Behavior Disorder	
Rooted 2025 Conference - Natural Lifemanship	
Rural-Informed Behavioral Health Interventions Training	3 CC
School Linked Mental Health Conference	3.5 CC
School Shootings Ethical & Confidentiality Boundary Issues	3 Ethics
Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Schools	
Secondary Trauma & EMDR Implications for Clinicians	3 Ethics
Seen Through Horses Workshop	
Self of the Grieving Therapist Training	
Self-Care and Burnout	
Self-Care and Time Management: Cultural Considerations	1 CC
Self-Trust and Integrated Resilience A Framework for Synthesizing Therapy Level 1: Working Experimentally with Clients	
Seminar in Transference and Countertransference:	3 Ethics; 4 Supervision
Seminar: Advance your AEDP Work with Deliberate Practice	
Sensory Processing Disorders (SPDs)	
Separation Counseling: Brief Interventions For Divorcing Couples	
Serving First and Second Generation Latino Clients: Considerations for Culturally Responsive Mental Healthcare Presentation	1 Ethics; 1 CC
Setting Clear and Ethical Boundaries with Clients	3 Ethics
Sex, Desire, and Attachment	
Sexual Health After Cancer: Who's Job is it Anyway? Provider Practices and Communication Barriers	
Sexual Health Certificate Program Weekend 2025	4 CC
Sexual Intimacy and Aging: an Integrative Framework to Promote Intimacy Resilience in Couple Therapy	
Sexuality and Pleasure of Cisgender Women	
Shaping a Secure Sense of Self Using EFIT	
Shifting Our Language for Children in Moments of Distress	
Silent Struggles: Traumatic Brain Injuries and Mental Health Law Enforcement	
Sixth Annual Minnesota Mobile Mental Health Crisis Response Summit	4 CC
Slaying Your Demons: The Use of Tabletop Role-Playing Games in Therapy	
Sleep Disorders Part 1: Children and Adults	

Sleep Disorders: Adults	
Sleep Health & Sleep Disorders Across the Lifespan	
Social Justice, Ethics and Multicultural Issues for Mental Health Professionals Clinical Strategies for Inclusivity, Empowerment and Improved	2 Ethics; 4 CC
Social Media and Teens: Tools for the Wasp Nest	
SOGIE 101 & Inclusion from A to Z	2 CC
Solution Focused Brief Therapy: An Evidence-Based Approach to Create Rapid, Sustainable Change with Any Client	
Somali Perceptions and Expectations Concerning Mental Health and Illness	2.25 CC
Somatic Experiencing-Advanced I	
Somatic Experiencing-Advanced II	
Somatic Experiential Play Therapy	
Somatic Trauma Healing Foundations Certification	
Sound Healing Training Retreat	
South Dakota Adoption Conference	
Southeastern School Behavioral Health Conference	
Special Topics in Play Therapy: Grief & Adult Inner Child	
Spirituality and Ethics in Clinical Practice	1.5 Ethics
Spirituality in Psychotherapy: Empowering Clients through Becoming Spiritually Competent Therapists	1.5 CC
Spotting ADHD for Providers	
Spousal Abuse Assessment & Reporting	
St. David's Center Annual Training	3 Ethics
Start to Finish Internal Family Systems Therapy Training: A Step-by-Step Guide to Bring IFS Therapy into your Treatment of Trauma, Anxiety and More	
Staying Mentally Healthy in Turbulent Times: Fostering Self Care and Compassion	
Stepfamilies: Understanding Unique System Dynamics & Fostering Client Resilience	
Storytelling for Impact and Influence	
Strategies for Integrating Behavioral Health with Primary Care to Enhance Patient Care	
Strategies to Help Clients Heal from Patterns of Gaslighting and Manipulation	
Strategies to Help Clients Navigate Rapture and Build Skills of Repair	
Substance Induced Psychosis	
Substance Use Assessment - MHAR	
Sued for Care: Understanding Legal Risks in Mental Health Practice	1 Ethics
Suicidality in Older Adults	
Suicide Assessment and Interventions: Today's Top Challenges for Mental Health Professionals	
Suicide Assessment and Prevention	
Suicide Assessment, Treatment and Management	
Suicide Risk Assessment & Intervention: A Review of Best Practices	1.5 Supervision

Supervising Via Distance Technology	4 Supervision
Supervision Beyond Technique: Cultivating the Use of Self to Navigate Presence Power and Growth	1.5 Supervision
Supervision Can Be Playful: Techniques for Child and Play Therapist Supervisors	4 Supervision
Supervision Essentials for the Practice of Competency-Based Supervision	4 Supervision
Supervision: A Guide for Mental Health Professional	4 Supervision
Supervision: Enhancing Supervisees Clinical Skills	4 Supervision
Supervisor, Supervisor: How Does Your Garden Grow?	1.5 Supervision
Supporting Belonging for Indigenous Youth	1 CC
Supporting Clients Coming Out in Midlife and Beyond	2 CC
Supporting Emotional Regulation in Kids: Being a Calming Presence & Making Emend	
Supporting Evidence-Based Parenting: Strategies to Help Families Reduce Stress and Build Resilience	
Supporting Families of Transgender Youth	
Supporting Jewish Clients Through Antisemitism and Creating Safe Spaces	1 CC
Supporting the LGBTQ+ Experience - Family Connection as a Protective Factor in LGBTQ+ Youth Suicide Risk	1 CC
Supporting Transitions: Executive Functioning, Understanding Diagnosis, and Strategies to Manage Challenging Situations	
Systemic Relational Training Institute Dec 2024 Supervisor Educational Training Group.	
Taming your Amygdala: Brain-based Strategies to Quiet the Anxious Mind	
Taming Your Imposter Monster	
Teaching Narrative Therapy in a Cross-Cultural Context - Approved for 20 hours	4 CC
Telehealth 101: Utilizing Telehealth for Therapy and Supervision	1.5 Supervision
Telehealth for Mental Health Professionals: 2-Day Therapy Training	3 Ethics
Telehealth: Overview of Law & Ethics	3 Ethics
Telesupervision Nuts and Bolts: Best Practices and Ethical Considerations	3 Ethics; 3 Supervision
Terry Real: A Couples Experiential Journey	
Texas Human Trafficking Resources Center HEART Training	1.5 Ethics
TF-CBT Web 2.0 - A Course for Trauma-Focused Cognitive Behavioral Therapy	1 CC
The 10 Principles of Effective Couples Therapy: What Science Tells Us and Beyond	
The 2022 Hormone Therapy Position Statement of the North Menopause Society	
The 2-hour CAMS Foundational Online Video Course for Assessing and Treating Suicide	
The 4-D Wheel Experiential In BOCA, MX	
The Aging Brain: Assessments, Treatments & Interventions for Alzheimer's Disease & other Dementias	
The Anthropogenic Drivers of Mental Health	4 CC
The Border in Here: A Family Preparedness Plan in the Face of Imminent Separation and Ambiguous Loss	2.25 CC
The Codependency Treatment Guide: CBT, Somatic Strategies and More	
The Complete IFS Therapy for Couples Course: Parts Work Approaches for Reconnection, Deeper Intimacy, Better Sex & More	

The Complete Internal Family Systems Therapy Competency Course	
The Complete Self-Care Toolbox: Practical Strategies to Reduce Stress, Regulate Emotion, and Enhance Resilience in Clients & Therapist	
The Connection Between Substance Use Disorders and Mental Illness	
The Cure for Trauma in Intimacy	
The Dance of Attachment: An Introduction to Relational EMDR Therapy	
The Developmental Journey: Student Growth and Supervision	2 Supervision
The DSM-5 for Clinicians: Accurate Diagnosis and Effective Treatment Planning	
The Effects of Trauma	
The Enneagram Blueprint for Professionals	
The Epidemic of Loneliness: It's Adverse Effects on Health and How to Enhance Meaningful Connections	
The Ethical Imperative: Promoting Client Wellness and Counselor Self-Care	
The Ethical Lives of Clients: What Therapists Can Offer	
The Ethics of Countertransference: Race, Gender, Religious and Political Beliefs	3 Ethics; 3 CC
The Ethics of Self-Care Exploring Resilience Through Expressive Arts	3 Ethics
The Ethics of Self-Care: An Art-Based Approach	3 Ethics
The Future (and Past) of Sexual Liberation in Neuroqueer, Disabled, Mad, & Deviant	1 CC
The Ideal Progress Note: Myths, Methods & Best Practices	
The Impact of Burnout on Ethical Decision Making and Mindfulness Practice as an Antidote to Burnout, Plus other Ethical Issues	3 Ethics
The Impact of Technology and Social Media on Children and Adolescents	
The Internal Family Systems Model - Level 1	
The Intersection of Pain and Culture	
The Intersection of Sexual Trauma and Play Therapy	
The Intersection of Transracial Adoption & Racial (in) Justice - Parts #1, 2 and 3	4 CC
The Introject Decathexis Protocol: An EMDR-based Approach to Unbind Perpetrator Parts	
The Invitation to Change Approach: Using Science and Kindness to Help People Change	
The Law of Attraction	
The Many Faces of Recovery: Using Personal Experience to Help Others	
The National LGBTQ+ Curriculum: Part I	4 CC
The Neurobiology of Safety in an Unsafe World	
The Neurodiversity Paradigm and the Play Therapist	
The New Rules of Love and Commitment	
The New Rules of Therapy: Ethics in the Modern World	3 Ethics
The Opioid Crisis	
The Other AI: The Rise of & Influence of Artificial Intimacy	
The Parenting Playbook with Emily Kircher-Morris	

The Power of Ethical Humility in Working with Adolescents	3 Ethics
The Power of Parents in Play Therapy	
The Power of Relational Therapy	
The Practice of Tele-Mental Health: Ethical, Legal, and Clinical Issues for Practitioners	2 Ethics
The Recent Traumatic Episode Protocol (R-TEP): Offering Relief and Stability When Recent Trauma Hits	
The Relationship Between GLP-1 Medications and Mental Health	
The Role of Psychologists and Social Justice in the Workplace	
The Spectrum of Self Harm in Adolescents	
The Spotting ADHD Workshop for Providers	
The Treatment of Alcohol, Cocaine and Methamphetamine Use Disorders	
The Ultimate Grief Treatment Toolbox	
The Ultimate Trauma Treatment Certification Course	
The Use of Self in Enhancing the Therapeutic Process	
The Vagus Nerve Program	
The Way of Play Therapy	2 Ethics
The Way of the Arrows: Using the Inner Dynamism of the Enneagram Symbol as a Path for Growth	
Theories of Directive Play Therapy	
Theory in Action!	2.75 CC
Therapeutic Mattering: Healing Through AIR Network Trauma Therapy	3 Ethics; 3 CC
Therapist AI & ChatGPT: How to Use Legally & Ethically	2.5 Ethics
Therapist and Coach: An Ethical Path to Adding Coaching Services to Your Path	3 Ethics
Therapists and PDA Masterclass	
Therapy in the Ashes	
Therapy with Autistic Clients: Empowering Teens and Adults through ACT, CFT, DBT, and Self-Compassion	
This Didn't Go as Planned: Practical Approaches to Validate and Process Reproductive Grief	
This Girl is on Fire - Menopause Sexceptional Weekend	
Tier One: Introduction to Military Culture and the Military-Connected Experience	4 CC
Tier One: Introduction to Military Culture, Families and Deployment	3 CC
Tier Two: Overview of Military Service-Related Behavioral Health Challenges	
Time Management & Executive Functioning Strategies for Adults with ADHD	
To Grief Theory and Beyond: Understanding the History and Present of Grief to Serve the Bereaved	2 CC
To Stay or Go: An Introduction to Discernment Counseling	
Together Facing the Challenge	2 CC
Transcending Trauma	
Transformative Care for Neurodivergent Individuals: State-of-the-art Therapies to Optimize Health, Development and Wellbeing	3 Ethics; 4 CC
Transforming Fragmented Parts through Play Therapy for Dissociative Children & Youth	

Transgender and Non-Binary Youth Advanced Practice Gender-Affirming Interventions to Help Clients Live an Authentic Life	4 CC
Trauma Awareness	
Trauma Focused CBT Treatment for Veterans and Military Members with PTSD	3 Ethics; 3 CC
Trauma Informed Resilience Yoga	
Trauma Informed Skills to Respond to Trauma in Patients and Ourselves	
Trauma is Broken Connection: Healing Strategies for Attachment Injury and Relational Trauma	
Trauma Reaction and Post Traumatic Growth in Children and Youth	1.5 CC
Trauma Related Issues	
Trauma Summit 2024	2 Ethics; 6 CC
Trauma, Dissociation and Parts in Play Therapy	
Trauma-Informed Care	3 Ethics; 3 CC
Trauma-Informed Culturally Competent Care, Ethical Considerations for Treatment	1 Ethics; 1 CC
Trauma-Informed Leadership, Conflict Management of Law Enforcement Relationships Live Better, Sleep Better with iRest Meditation for Inner Ease	4 CC
Trauma-Informed Screening Assessment and Treatment	
Treat Pre-Menstrual Dysphoric Disorder, Premenstrual Syndrome & Emotion Dysregulation with SBT and CBT	
Treating Affairs and Trauma	
Treating Clients with Obsessive Compulsive Disorder: Improve Psychological Flexibility Through Acceptance & Commitment Therapy Exposure & Ritual Prevention	
Treating Clients with OCD: Improve Cognitive Flexibility Through CT & ERP	
Treating Complex Trauma with IFS	
Treating Emerging Anxieties in the Post COVID World	
Treating Shootings and Gun-Related Violence	
Treating Six Forms of Anxiety	
Treating Trauma in Neurodiverse Clients: Affirming and Culturally Inclusive Healing for Clients with Autism, ADHD and More	1.5 CC
Treating Trauma, Stress and Addictions	
Treatment Approach for Anxiety, Trauma, and More	
Treatment Court New Member Training	
Treatment Plan Writing for Social Workers and Mental Health Professionals	
Trying to Carry Water in a Colander: Supporting Executive Functioning Skills in Neurodivergent Clients	
Turning Anxiety into Creativity	
Ukeru: The Least Resistance Approach to Crisis Management	
Unconscious Bias in Medicine	1 CC
Uncoupling a Good Divorce: Is it Possible? An Attorney and A Therapist Chime In!	
Uncoupling and Recoupling After 50	

Uncovering the Connections: Mapping the Nervous System through the Lens of Polyvagal Theory	
Understanding & Treating Taboo Themes in OCD	
Understanding and Addressing Microaggressions in the Workplace	1.5 CC
Understanding and Overcoming Resentment: Brain-Based Strategies to Reframe Cognitive Distortions, Calm Anger Arousal, Defuse Conflict and Find Solutions	
Understanding and Working with Conflicted Family Systems	
Understanding Antisemitism: Impacts and Approaches for Mental Health Providers	3 CC
Understanding Compassion Fatigue and Burnout	1 Ethics
Understanding Compulsive Sexual Behaviors	
Understanding Emotion Dysregulation in Complex Clinical Cases	
Understanding Late Impacts of Trauma: PTSD ad Later-Adulthood Trauma Reengagement	
Understanding Orthorexia - When Healthy Eating Become Unhealthy	
Understanding Stress Responses: Effects on Your Body and Behavior	
Understanding Substance-Related and Addictive Disorders: Diagnosis, Treatment, and Prevention	
Understanding the Gut Brain: Stress, Appetite, Digestion and Mood	
Understanding the Impact of Childhood Trauma, Adversity, and Toxic Stress on the Body and Mind: The Role of Integrated Healthcare	
Understanding the Impact of Early Development Across a Lifetime: Infant & Early Childhood Mental Health for ALL Helping Professionals	
Understanding the Impact of Trauma	
Understanding the Link Between Psychiatric Conditions and Insomnia: A Stepped Care Approach for CBT-I	
Understanding the Relationship Between Loneliness and Health Outcomes in Older Adults	
Understanding Yoga from Neuroscience to Practice	
Undue Police Violence Toward African Americans	1 CC
Unpacking the In-Law Baggage: Tools for Couples Therapists Working with South Asian Clientele	1.5 CC
Using Artificial Intelligence (AI) as a Mental Health Clinician: Managing Risk, Ethics ...	3 Ethics
Using EMDR to Treat Teens with Attachment Wounds & Dissociation	
Using Fairy Tales in Psychotherapy	
Using Play and Family Play Therapy to Help Children and Families Heal from Substance Use Disorders	
Usui/Holy Fire III Reiki Ryoho First & Second Degree	
Utilizing Clinicians at Dispatch	
Utilizing the Integrative Development Model (IDM) of Supervision to Supervise Play Therapy	1.5 Supervision
Validating Self-Other Differentiation in a Psychodynamic Psychotherapy Context: Virtues, Emotion Regulation, and Well-Being	
Veterans and Mental Health Conditions	2 CC
Virtual Discussion - Mental Health: Black Wellness Support	1 CC
Virtual EMDR Basic Training	

Virtual EMDR: Safe, Simple and Straight Forward Approaches to Adopting EMDR to Telehealth	
Walking the Path: The Way to Develop Calm Abiding	
Wellness Techniques for Clinicians and Clients	
What Every Therapist Needs to Know About Working with Clients Involved in Family Court	
What you Client Isn't Telling You About their Eating Habits & Gastrointestinal Problems	
When Eating Disorder Comes to Dinner: Assessment, Intervention and Treatment	
When is Enough Enough	
When it's not Autism or ADHD, Sensory Processing Disorders as a Common Ground	
When One Partner Doesn't Want to Attend Couples Therapy	
When One Partner has ADHD: A guide for Couples Therapy	
When One Partner is "Kinky": Mixed Erotic Orientations	
Where Does EmPATH Fit Within Overall Behavioral Health and Healthcare Systems?	
Whose Job is it Anyway? The Ethics and Management of Hospital Efforts on Social Determinants of Health	1 Ethics; 1 CC
Why are Men so Afraid of Women? How Understanding This Can Help Create Relationships and Healthier Men	
Why Does Everything Have to Matter SO MUCH? Cognitive Rigidity and Emotional Intensity in the Neurodivergent Brain	
Why Treatment Works: Psychological and Physiological Mechanisms in the Treatment of Pediatric Mood Disorders	
Wisconsin Mental Health and the Law	3 Ethics
Women and Justice	
Women with Trauma and Serious Mental Health Disorders: A Gender-Sensitive Treatment Guide for PTSD, Severe Depression and More	4 CC
Women, Trauma and Mental Health: Empowering Women with the Skills and Insight to Thrive	2 CC
Women's Mental Health Specialist Certificate	3 Ethics; 4 CC
Work Stress and Burnout	Ethics
Working Effectively with LGBTQ+ Identities in Couples Therapy	1.5 CC
Working the Somatics of Shame	
Working with Clients who are Differently Abled	3 Ethics
Working with Infidelity: After An Affair, Who Owns the Relationship	
Working with Sensitive Clients	
Working with Somatics, Embodied Attachment Styles, and Relationship Empowerment Skills	
Working with the Pain of Abandonment	
World Sexual Health Day 2024: Positive Relationships	
Written Exposure Therapy (WET) for PTSD: A Brief Evidence-Based Treatment for Reduced Dropouts and Improved Outcomes in Fewer Sessions	
You Belong Here: Annual PD for Mental Health Support Teams	1 CC
You Matter Too: 3 Steps to Reclaim Your Peace	
Your Bias is in My Provider's Office - The Hidden Ways Anti Fatness Impacts Disability and Neurodivergence	
Youth Level of Service/Case Management Inventory 2.0 (YLS/CMI) Refresher Training	