

# Health Professionals Services Program (HPSP)

*Our mission is protecting the public by providing monitoring services to regulated health care professionals whose illnesses may impact their ability to practice safely.*

**What is HPSP?** The stigma associated with certain illnesses such as substance abuse and mental health disorders can make health care practitioners hesitant to seek treatment. Confidential monitoring increases the likelihood that practitioners will seek treatment early – before clinical skills are compromised. And monitoring improves treatment compliance and successful outcomes. The Minnesota Health Professionals Services Program (HPSP) is charged with protecting the public by promoting early intervention, diagnosis, treatment, and monitoring for health professionals with potentially impairing conditions. Monitoring services are available to over 300,000 health care professionals regulated or licensed by one of the Health Licensing Boards or the Department of Health.

**Who is eligible for HPSP?** HPSP serves all of the Health-Related Licensing Boards, the Office of Emergency Medical Services, and the Department of Health. Actively licensed healthcare professionals who are regulated by the state of Minnesota qualify for HPSP. Individuals do not need to be practicing in the field to qualify. A list can be found at <https://mn.gov/boards/hpsp/about-us/eligible-professions.jsp>.

## **What does promoting early intervention, diagnosis, treatment, and monitoring look like?**

HPSP relies upon other licensed professionals to evaluate or assess for diagnoses, medical necessary treatment, and continuing care recommendations. As a treating professional who may be treating another professional, HPSP asks that you do the following for best practice:

Complete full, ethical, and reliable assessments or evaluations within the scope of your practice

Give detailed and specific recommendations, including, but not limited to requirements for treatment and/or continuing care.

Seek collateral from HPSP, support system individuals, and other providers prior to completion of an assessment/evaluation.

Support the importance of the mission to protect the public and uphold the ethical responsibility to safely practice and care for Minnesotans.

**Who does HPSP serve?** HPSP has anywhere from 500–600 individual healthcare professionals enrolled or monitored at any given time. HPSP has connected with over 10,000 individual healthcare professionals over the 30 years it has been in statute. The successful completion rate for HPSP is 64%.

**How is a professional referred to HPSP?** There are four ways HPSP can receive a referral. An individual, licensed professional can self-report. Anyone can complete a 3rd Party report, which is an anonymous report to HPSP, in lieu of the Board. The Board can refer someone for eligibility without discipline. And finally, the Board can refer by an order through discipline. Most of HPSP referrals are self-reports or Board eligibility without discipline or order.

## **Resources:**

<https://mn.gov/boards/hpsp/>  
<https://www.revisor.mn.gov/statutes/cite/214.32>