MINNESOTA BOARD OF DIETETICS AND NUTRITION PRACTICE

Draft Meeting Minutes

February 10, 2026 - 12:00/Noon
Minnehaha Falls Conference Room
335 Randolph Ave, #210, St. Paul, MN 55102

Board Members Present: Chair Donna Gjesvold, Karen Holtmeier, Sue Estes, Marge Humbert, Susan Landwehr Marshall, Marcie Vaske, Christine Rice.

Also Attending: Ruth Grendahl, ED; Caroline Hlas, Office Admin Specialist, Sr. (OASS); Hans Anderson, AAG; Claire Prendergast, MAND Liaison; Rebecca Fliszar; Stacey Hoffman; Kim Navarre, HPSP Program Director; Kaitlyn Bison MAND, Compact Rep.

Quorum - The meeting was called to order by Chair Gjesvold at noon in the Minnehaha Falls Conference Room, 335 Randolph Ave, St. Paul, MN. A quorum was declared.

Agenda – Motion was made and seconded to approve the agenda; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

Election of Officers – Donna Gjesvold was nominated to continue as Chair and Marcie Vaske was nominated to continue as Vice Chair. Motion was made and seconded to approve the nominations; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

Minutes - Motion was made and seconded to approve the October 14, 2025, meeting minutes; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

Licenses Issued – Grendahl and Hlas presented the recently approved applicants, granting dietitian and nutritionist licensure from October 14, 2025 – February 9, 2026. Licenses issued include 126 Dietitians, 8 Reinstatements, and 4 Nutritionists. All applicants provided fully completed applications, appropriate fees, and required documentation. Based on review of the applications, Grendahl directed licenses be issued as authorized by the full board. Motion was made and seconded to accept the licensure report; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

Grendahl and Hlas presented that database invoices have recently been introduced and utilized as an additional form of payment for license reinstatements. The invoices allow applicants the option to pay for fees with a credit/debit card through their Board online portal in addition to payment with personal checks.

Dietitians (126)

5751	Ordonez	Carmen	10/15/2025
5752	Vitanza	Alexandra	10/16/2025
5755	Doster	Lilah	10/22/2025
5756	Borup	Gabrielle	10/22/2025
5757	Frank	Joanna	10/22/2025
5758	Jeppesen	Brooke	10/23/2025
5753	Kennedy	Kate	11/1/2025
5754	McGrew	Tina	11/1/2025
5759	Schleper	Amy	11/1/2025
5760	FitzGerald	Madeleine	11/1/2025
5761	Machado	Heather	11/1/2025
5762	Burington	Michelle	11/1/2025
5763	Barbetta	Gina	11/1/2025
5764	Rozeveld-Dearman	Jocelyn	11/1/2025
5765	Wittnebel	Amy	11/1/2025
5766	Czarnecki	Erin	11/1/2025
5767	Rush	Brooke	11/1/2025
5768	GORGES	PAIGE	11/1/2025
5769	Acchote	Rachel	11/1/2025
5770	Aschliman	Mara	11/1/2025
5771	Dingeldein	Amanda	11/1/2025
5772	Johnson	Diane	11/1/2025
5773	McGivern	Syrah	11/1/2025
5774	Oukrop	Arissa	11/1/2025

5775	Schmitz	Christina	11/1/2025
5776	Shidler	Elizabeth	11/1/2025
5777	Sundt	Kati	11/1/2025
5778	Wu	Cindy	11/1/2025
5781	Huber	Jessica	11/1/2025
5779	Obry	Anna	11/3/2025
5780	Thiemann	Emma	11/3/2025
5782	Ahmed	Shahreen	11/4/2025
5783	Shuster	Isabelle	11/4/2025
5784	Eidson-White	Riley	11/5/2025
5785	Sosa	Lauren	11/5/2025
5786	Stockero	Shannon	11/5/2025
5787	Webb	Jessica	11/5/2025
5788	Baldwin	Carey	11/5/2025
5789	Glynn	Breanna	11/5/2025
5790	Murphy	Kailah	11/5/2025
5791	Patricca	Jennifer	11/5/2025
5792	Eddingsaas	Kathryn	11/7/2025
5793	Kintz	Sabrina	11/8/2025
5794	Gelineau	Abigail	11/8/2025
5795	Bruckmueller	Kate	11/8/2025
5796	Scognamiglio	Maretta	11/8/2025
5797	DiFabbio	Annaliese	11/10/2025
5798	Fried	Hannah	11/10/2025
5799	Ramirez	Amara	11/12/2025
5800	Horsch	Anna	11/13/2025
5801	Gagne	Victoria	11/14/2025
5802	Bode	Cortney	11/14/2025
5803	Michels	Kirsten	11/17/2025
5804	Grubb	Lyndsay	11/17/2025
5805	Cozad	Molly	11/17/2025
5806	Soerensen	Tamara	11/21/2025
5807	Woods	Jamie	11/21/2025
5808	Wanner	BriAnna	11/21/2025
5809	Reid	Kasandra	11/25/2025
5810	Hyak	Rose	11/26/2025
5811	Farnsworth	Nicole	11/26/2025
5812	Kopp	Emily	11/26/2025
5813	McGowan	Jennifer	11/26/2025
5814	Nill	Cameron	11/26/2025
5815	Tennies	Sydney	12/1/2025
5816	Egolf	Alina	12/1/2025
5817	Osman	Amna	12/1/2025
5818	Harris	Stephanie	12/2/2025
5819	Scudder	Jenna	12/3/2025
5820	Spence	Madison	12/3/2025
5821	Bramble	Casey	12/3/2025
5822	Goncher	Patricia	12/3/2025
5823	Wilcox	Caroline	12/3/2025
5824	Panks	Cam'ryn	12/5/2025
5825	Marek	Samantha	12/8/2025
5826	Bryan	Breanna	12/9/2025
5827	Campbell	Michaela	12/10/2025
5828	Fatheree	Bobbie	12/11/2025
5829	Drain	Bryan	12/12/2025
5830	Kakar	Aima	12/16/2025
5831	Basak	Jamie	12/16/2025
5832	Rosa	Shawna	12/17/2025
5833	Torain	Shandy	12/18/2025
5834	Both	Nyahon	12/18/2025
5835	Composto	Wendy	12/22/2025
5836	Goforth	Abigail	12/22/2025
5837	Israel	Robin	12/22/2025
5838	O'Donnell	Benjamin	12/24/2025
5839	Reuwsaat	Nicole	12/24/2025
5840	Satov	Tracy	12/24/2025
5841	Throntveit	Maija	12/24/2025
5842	Stewart	Maura	12/29/2025
5843	Whitson	Lara	12/29/2025
5844	Thomas	Stephanie	12/29/2025
5845	Coblentz	Debra	12/29/2025
5846	Morgan	Elisabeth	12/30/2025
5847	Platanitis	Katherine	12/30/2025
5848	robles	jacie	1/2/2026
5849	Grauman	Lindsey	1/5/2026
5850	Diaz	Isaac	1/6/2026
5851	Halaweh	Zena	1/6/2026
5853	Kerker	Abby	1/7/2026
5854	Bonin	Codi	1/7/2026
5852	Foremsky	Audra	1/8/2026
5855	Eaton	Cara	1/9/2026
5856	Prill	Sarah	1/9/2026
5857	Young	Madison	1/9/2026
5858	Baedor	Melannie	1/12/2026
5859	Koopman	Alyssa	1/12/2026
5860	Reith	Morgan	1/14/2026
5861	Hutchings	Melanie	1/15/2026
5862	Chapman	Larissa	1/20/2026
5863	Stahlfeld	Jenna	1/21/2026
5864	Freeman	Aurora	1/21/2026
5865	Brown	Bracha	1/23/2026
5866	Elmir	Aya	1/23/2026
5867	McNeilly	Jordanne	1/23/2026
5868	Young	Monica	1/23/2026
5869	Ghafil	Jalal	1/28/2026
5870	Payne	Elizabeth	1/28/2026
5871	Bates	Rachel	1/30/2026
5872	Rodriguez	Celesthe	1/30/2026
5873	Moquist	Haley	2/2/2026
5874	Thompson	Michelle	2/5/2026
5875	Crouch	Nicole	2/5/2026

5876	Ho	Emily	2/5/2026

Nutritionist (4)

261	Champion	Jennifer	11/1/2025
262	van der Linden	Vanessa	1/2/2026
263	Hanson	Tammy	1/8/2026
264	Phillips	Amanda	1/30/2026

Reinstatements (8)

LD	4146	Suzanne	Boyer
LD	3561	Erin	Van Hon
LD	3589	Amy	Goblirsch
LD	2743	Katherine	Helzer
LD	2401	Laura	Nordine
LD	4332	Anne	Janzen
LD	3985	Lauren	Stille
LD	2803	Michelle	Draxten

Renewal Report – License renewals were opened on September 2nd, 2025. The 2025 renewal cycle started with 2,701 licenses to be renewed. This cycle had 2,467 licenses Renewed, 108 Voluntary Terminations, 55 Administrative Terminations with 100% Online Renewals. Motion to approve the Renewal Report was made and seconded; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

Administrative Terminations (55) effective 2/1/26 – Grendahl reported on licensees that did not renew their licenses and had received proper notification before recommending administrative terminations for non-renewal. Motion to approve the administrative termination licensure report was made and seconded; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

LD	5135	Olivia	Alexander
LD	5574	Alexis	Allen
LD	5647	Priscilla	Alvarez
LD	4501	Julie	Arndt
LD	1866	Maryam	Ashtiani
LD	5044	Jessica	Bastian
LD	5652	Samantha	Becker
LD	4128	Linda	Ber
LD	5247	Isabelle	Birdsall
LD	5288	Brigitta	Bly
LD	5374	Lais Maria	Botelho
LD	4757	Christa	Brown
LD	4775	Taylor	Cain
LD	5435	Denise	Chan
LD	5068	Sheri	Chen
LD	4942	Jessica	Colon
LD	3816	Linda	Crandall
LD	5441	Margaret	Dugan
LD	5489	Denaya	Elkins-Torres
LD	5062	Yarely	Euan Lopez
LD	3834	Ellen	Fuechtmann
LD	5437	Heather	Goldbeck
LD	4979	Quiara	Gordon
LD	5174	Natalie	Greco
LD	5204	Ashley	Hardage
LD	5208	Jessica	Harris
LD	5396	Maria	Herrera Naranjo
LD	4390	Hanna	Hindt
LD	5314	Dekeira	Horne
LD	5491	Naomi	Kolovich
LD	4579	Catherine	Lamberton
LD	4952	Amber	Layton
LD	1675	Lynette	LeDuc
LD	5629	Jennifer	Lee
LD	3476	Heidie	Lish
LD	4197	Megan	McLean
LD	5330	Katherine	Middleton
LD	5042	Samantha	Mikula
LD	3566	Amanda	Moder
LD	5318	Rachel	Murphy
LD	4637	Paige	Myers
LD	4300	Natalie	Olsen

LD	1727	Jean	Olson
LD	5343	Avi	Pelly
LD	5355	Jena	Peppercorn
LD	4765	Shannon	Pieronek
LD	3662	Linda	Roberts
LD	5138	Carrie	Schimmelpfennig
LD	5594	Amethyst	Scolnick
LD	4741	Rachel	Stuck
LD	5507	Torehn	Thompson
LD	5427	Bethany	Transue
LD	3330	Margaret	Vargo
LD	3534	Teresa	Westmoreland
LD	5716	Kayla	Wolanzyk

HPSP Report – Estes addressed the maltreatment reports; a survey was sent out that asked if people were happy in their work and what are the reasons. Reponses showed that rural MN is in dire need of dietitians.

Health Professional Services Program Annual Review – Kim Navarre, HPSP Program Director, presented on the annual review of HPSP operations. The Program committee has a representative from each of the MN health licensing boards in which they participate in a quarterly meeting. A presentation was held February 10th by Terry (MN Dept of Health), intending to collect information through a survey to gauge satisfaction in their job, Dietetics and Nutrition is not one of the boards that participates in the survey.

HPSP has 3 Administrative staff, 1 office manager, and 6 case managers with an average case load of 85 cases. The intention for HPSP is to be more proactive and preventative than reactive. The HPSP process includes (1) Describe the program/answer questions, (2) Provide and read Tennessen warning, (3) Obtain background info on social, vocational, medical/mental/substance history, (4) Determine initial plan (referrals for evaluations or assessments), and (5) Determine if monitoring is warranted. The HPSP determination process consists of HPSP team consulting every week, medical consultant with Dr. Sheila Specker, follow-up with treating providers, and follow-up with enrollee.

- FY25 Substance Use Disorders Monitored (3 most common)
  - Alcohol (190)
  - Cannibis (38)
  - Opiate (24)
- FY25 Mental Health Diagnoses Monitored (3 most common)
  - Anxiety (101)
  - Depression (96)
  - PTSD (65)

- Medical conditions monitored, such as chronic pain, diabetes, migraines, pulmonary, cardiac, neurology
  - Psychiatric disorder (47%)
  - Substance Use Disorder (44%)
  - Medical Disorder (9%)

- Dietetics participation/enrollment
  - Number regulated: 2200
  - Number active in HPSP: 1
  - Number active in HPSP per 1000 regulated: 0.5%
- DNP Discharges all time
  - Board Total: 12
  - Completion % (all time) = 71%
  - All boards FY25 completion = 60%
- DNP total cost for FY25 is $2,177.21

Grendahl asked Navarre how many states have an HPSP program. Every state in the USA has some sort of physician program, but the states that have an HPSP type program like Minnesota are Michigan and Ohio.

CEU Committee Report – Presented by Grendahl and Hlas. Motion to approve the CEU committee report was made and seconded; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

- CEU Denial - 2026 Health Summit: Rooted in Wellness – Advancing Rural Youth Health, March 25, 2026.

Budget Report – FY25/FY26 Revenues/Expenditures – Grendahl presented the budget report and stated the current appropriation amount is at $330,000 instead of the standard $277,000 due to appropriations rolling over into this fiscal year from the previous year. Motion to approve the Budget Report was made and seconded; a roll call vote was conducted with no Nays or Abstentions of above-mentioned members.

Cancelled/Expired Applications – Grendahl reiterated that license applications not processed within one year of the submission date will automatically be cancelled/expired in the database, but that some flexibility had been afforded during the COVIV pandemic.

Unlicensed Practice Complaint Discussion – The Board has noticed a trend of receiving more unlicensed practice complaints. Per Hans Anderson, AAG, there is not currently a statute that lays out a process for the Board to follow. The referrals of unlicensed practice do not get closed out within the board but will continue to check back on the status of the concerning practice. Grendahl will work with Anderson and the CRC to determine guidance regarding a process for these matters.

Office Space – Grendahl discussed the Board office space and states the future goal is to have our own office space. Grendahl has discussed this with Bridgett Anderson, Executive Director of the Board of Dentistry, to possibly lease the conference room within their suite in order to build out an office.

Payroll Review – Grendahl stated that there is conflicting information from state entities regarding the role of Board chair being involved in the Board payroll review with more to come regarding this process.

Dietitian Licensure Compact Discussion – Discussion took place with Kaitlyn Bison, The Council of State Governments Senior Analyst, regarding current licensure compact information. Bison presented the shared data base start-up costs are covered by the Compact but onboarding costs depends on the existing board systems. Our Board has already received an estimate of $30,000 - $50,000 for database costs to interact with the national system if we choose to participate. There are currently 15 states that have opted into the Compact and the first inaugural meeting was held this past fall.

Vaske raised a question relating to a response from Compact representatives stating Nutritionists lack a current uniform licensure standard across the country. Vaske stated that CNS should be and is the licensure standard for Nutritionists as CDR is for Dietitians. Board discussion also indicated that due to fixed costs our fees would remain the same. Discussion also took place on our licensure and renewal processes that are all online and efficient, so would not anticipate any staff savings by joining the Compact. The Board will continue to monitor the compact.

MAND Report – The annual MAND Conference is scheduled for April 20th this year.

Old Business – N/A

New Business – N/A

Executive Director Annual Review (Closed Session) – Chair Gjesvold

2026 Meeting Schedule: June 9, October 13