## 2025 NEWSLETTER



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## Differentiating Between the Minnesota Chapter of the APTA and the Minnesota Board of Physical Therapy

Two key organizations that play crucial roles in the field of physical therapy in Minnesota: the Minnesota Chapter of the American Physical Therapy Association (APTA Minnesota) and the Minnesota Board of Physical Therapy (MN Board of PT). While both entities are integral to the profession, it's important to recognize that they serve distinct purposes and functions.

## APTA Minnesota: Advocacy and Professional Development

**Mission and Vision**: APTA Minnesota is dedicated to advancing the profession of physical therapy through advocacy, education, and community engagement. Their mission is to empower physical therapists and physical therapist assistants to improve the health and quality of life for individuals in Minnesota.

- Advocacy: APTA Minnesota actively engages in legislative and regulatory advocacy to influence policies that impact the profession and patient care. They work on issues such as reimbursement, scope of practice, and public health initiatives.
- Education: The organization provides continuing education opportunities through online courses, in-person events, and an annual conference. These programs are designed to help practitioners stay current with the latest advancements and maintain their licensure requirements.
- **Community and Networking**: APTA Minnesota fosters a sense of community among its members by offering networking opportunities, volunteer activities, and recognition programs. This support system is vital for professional growth and collaboration.

## Minnesota Board of Physical Therapy: Regulation and Public Protection

**Mission and Vision**: The MN Board of PT's primary mission is to protect the public by ensuring that physical therapists and physical therapist assistants are competent and adhere to professional standards. Their vision is to maintain high standards of practice and provide timely resolution of complaints.

- Licensure: The Board is responsible for licensing physical therapists and physical therapist assistants in Minnesota. This includes processing applications, conducting examinations, and ensuring that all practitioners meet the required educational and professional standards.
- **Regulation and Enforcement**: The Board enforces the laws and regulations governing the practice of physical therapy. This includes investigating complaints, conducting disciplinary actions, and ensuring compliance with continuing education requirements.

• **Public Information**: The Board provides resources and information to the public about physical therapy services, licensure status of practitioners, and how to file complaints. This transparency helps maintain trust and accountability in the profession.

While APTA Minnesota and the MN Board of PT both support the field of physical therapy, they do so in complementary yet distinct ways. Together, they ensure that physical therapy in Minnesota is both progressive and accountable, benefiting practitioners and the public alike.

For more information, you can visit <u>APTA Minnesota</u> and the <u>Minnesota Board of Physical Therapy</u>.