

**Updated: July 31, 2025**

## **Approved Continuing Education Programs**

The following is a list of continuing education programs approved for use in meeting continuing education requirements for MN LMFT licensure. The programs are listed in alphabetical order by sponsor organization name. Each program approval remains active for one year. Please refer to sponsor organizations directly for upcoming program dates.

- ✚ CE activities that are not Board-approved require licensee submission of a "Licensee Application for CE Course Approval." This application may be found under the "[Continuing Education](#)" page of the Board's website.
- ✚ Programs approved for use in meeting either ETHICS, CULTURAL COMPETENCY or SUPERVISION continuing education requirements are highlighted in **YELLOW**. (SUPERVISION CE is required only of LMFTs holding Board-approved supervisor status.)
- ✚ Programs approved for use in meeting the 30-hour training requirement found in [Minn. Rule 5300.0160](#) and required of anyone seeking to request LMFT Board-approved supervisor status are highlighted in **GREEN**.

### **Adler Academy**

(763) 464-4783

- Helping Clients Change: Building Resilience in the Face of Global Threats and Anxiety / 7 hours / CE:2024-201  
2.5 hours of this program can be used to satisfy the Ethics continuing education requirement. 3 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Helping Clients Change: Finding Courage, with Hope, Humor, and Happiness / 6.5 hours / CE:2023-345 This program can be used to satisfy the Ethics continuing education requirement. 2 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Specialty Training for Counseling Law Enforcement and their Families / 36 hours / CE:2023-424 1 hour of this program can be used to satisfy the Ethics continuing education requirement. 2 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.

### **Adler Graduate School**

(612) 396-3052

[www.alfredadler.edu](http://www.alfredadler.edu)

- Cultural Competency – Diversity Equity and Inclusion / 4 hours / CE:2024-167 This program can be used to satisfy the Cultural Competency continuing education requirement.
- Encouragement, Hope & Resilience in the Midst of Climate Crisis / 2 hours / CE:2023-273
- Ethics Refresher Course for Marriage and Family Therapists / 3 hours each offering / CE:2023-088 This program can be used to satisfy the Ethics continuing education requirement.
- Expressive Arts Therapy Summer Series / 24 hours (6 per day) / CE:2023-289
- How to Market Yourself / 2 hours / CE:2023-125 One hour of this program can be used to satisfy the Ethics continuing education requirement.
- Insurance and Credentialing / 2 hours / CE:2023-151 One hour of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Private Practice 101 / 2 hours / CE:2023-150 One hour of this program can be used to satisfy the Ethics continuing education requirement.

## AEDP Minnesota

651-235-4396

[AEDP Minnesota \(aedpmn.com\)](http://aedpmn.com)

- Authentic Presence: Becoming a True Other for Our LGBTQ+ Clients / 3 hours / CE:2024-265  
3 hours of this program can be used toward the Cultural Competency continuing education requirement.

## Affinity Psychological Services

612-504-7104

[www.affinitypsych.com](http://www.affinitypsych.com)

- Bringing Playfulness into Therapy / 1.5 hours / CE:2025-050
- Writing Gender-Affirming Surgery Letters: Best Practices and Ethical Considerations for Therapists

## AIR Network Institute

(612) 309-7902

<https://www.airnetworkinstitute.com/upcoming-trainings>

- Active Hope: Grounding the Self of Therapist, Cultivating Embodied Engagement / 5 hours / CE:2025-166
- Adaptive Internal Relational (AIR) Network - Fall / 50 hours / CE:2023-144 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Adaptive Internal Relational (AIR) Network – Spring / 50 hours / CE:2023-143 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Advanced AIR Network Level 2 Training / 36 hours / CE:2024 This program may be used to satisfy the Ethics continuing education requirement. Portions of this course may also be used to satisfy the Supervision continuing education requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- AIR Network Anchors Resourcing Workshop / 15 hours / CE:2024-115
- Open AIR Friday Forums / 16 hours / CE:2024-202 Portions of this program may be used to satisfy the Ethics continuing education requirement. Portions of this course may also be used to satisfy the Supervision continuing education requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. Portions of this program may be used to satisfy the Cultural Competency CE requirement.

## AFCC-MN

[www.AFCCMN.org](http://www.AFCCMN.org)

- 40-hour Family Mediation Training / 40 hours / CE:2023-084 / CE:2024-011 / CE:2025-072 /  
3.5 hours of this program may be used to satisfy the Ethics continuing education requirement. 1.75 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Advanced ENE Training / 13.75 hours / CE:2023-352
- AFCC-MN Annual Conference – Teens: Current Challenges in Family Law Cases / 5.5 hours / CE:2024-206
- AFCC-MN Spring Half Day Conference – Creative Approaches for ADR in Diverse Communities / 3 hours / CE:2023-100 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Basic ENE Training – SENE / 14.75 hours / CE:2024-041 Portions of this program may be used to satisfy the Ethics continuing education requirement.
- Basic ENE Training – SENE and FENE (with live webcast) / 20 hours / CE:2024-423 1.5 hours of this program may be used to satisfy the Ethics continuing education requirement.
- Fall ½ day Conference – Concepts Creep: The Meaning of Crucial Terms Getting Lost in Family Courts / 2.25 hours / CE:2023-375 2.25 hours of this program may be used to satisfy the Ethics continuing education requirement.
- Parenting Consultant (PC Training) / 21.25 hours / CE:2023-416

- Social Early Neutral Evaluation (SENE) Training / 14 hours / CE:2023-067
- Spring ½ Day Conference – Working Together Effectively: The Intersection Between Systemic Therapists and Family Law Professionals / 3.75 hours / CE:2024-090
- Spring Conference: Practical Multicultural Skills and Competency: Yes, It's Still Important – With Live Webcast / 6 hours / CE:2025-113 **This program may be used to satisfy the Cultural Competency continuing education requirement.**

## Affinity Psychological Services

(612) 504-7104

[www.affinitypsych.com](http://www.affinitypsych.com)

- Addressing Religious Harm in Clinical Practice / 1 hour / CE:2024-233
- Demystifying the ADHD Testing Process: Integrating Test Results into Your Therapeutic Work / 1 hour / CE:2024-014
- Eating Disorders: Understanding the Basics / 1 hour / CE:2023-082
- Identifying and Treating Perinatal Mood Disorders in Birthing and Non-Birthing Parents / 1 hour / CE:2023-290
- Intro to PDA (No, Not Public Displays of Attention) / 1 hour / CE:2025-123
- Spiritual Curiosity: Engaging Religious and Spiritual Diversity in Clinical Practice / 1 hour / CE:2024-170
- Stimulants: A Psychiatric Provider's Perspective / 1 hour / CE:2023-378
- The Art and Science of Healing Trauma: Importance of Psychoeducation / 1 hour / CE:2024-089
- Understanding Neurodivergence and Neurodiversity Affirming Care / 2 hours / CE:2024-197

## Alabama Association of Marriage and Family Therapy

256-541-4414

<https://networks.aamft.org/alabama/events/calendar/2024-annual-conference>

- ALMFT's 2024 Annual Conference / 14 hours / CE:2024-047

## Alexis Anttila

612-481-5533

[www.universe.com/silverlining](http://www.universe.com/silverlining)

- Silver Linings: Using the Gifts We Never Asked for: How Addressing our Childhood Wounds Makes us Exceptional Therapists / 4 hours / CE:2024-166 **This program may be used to satisfy the Ethics continuing education requirement.**

## All IN Therapy Clinic

651-271-165

[www.allinatherapyclinic.com](http://www.allinatherapyclinic.com)

- Applications of Dialectical Behavioral Therapy in Individual, Family, and Couples / 1 hour / CE:2025-018
- Clinical Work with Men: A Balanced Approach / 1 hour / CE:2023-355 **This program may be used to satisfy the Cultural Competency CE requirement.**
- Core Principles of Neurotherapy and Neuromodulation for Treating ADHD, Anxiety, and Trauma / 1 hour / CE:2024-455
- Demystifying Sex Therapy / 1 hour / CE:2023-407
- Divorce Decision Making & Couple Therapy / 1 hour / CE:2023-511
- Eating Disorders and Disordered Eating / 1 hour / CE:2023-229
- Embracing Nature, Embracing Death: An Alternative Way to Engage with Life's Inevitability / 1 hour / CE:2024-110
- Enhancing Therapy with Therapeutic Assessment / 1 hour / CE:2025-010
- Handling Attraction in Therapy / 1 hour / CE:2024-293
- Healing the Effects of Developmental Trauma / 15 hours / CE:2023-127
- Listening for Traumatic Resilience / 1 hour / CE:2023-433
- MN Civil Commitment Process / 1 hour / CE:2025-009

- Moving With Our Clients Towards Earned Secure Attachment / 4 hours / CE:2025-159  
1 hour of this program may be used to satisfy the Ethics continuing education requirement.  
1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- OCPD: The Other Compulsive Disorder / 1 hour / CE:2025-073
- Polyvagal Theory and Therapy / 1 hour / CE:2024-037
- Porn Addiction 101 / 1 hour / CE:2023-180
- Self of the Therapist / 4 hours / CE:2024-183
- The Basics of OCD / 1 hour / CE:2024-377
- What is Coercive Control? / 1 hour / CE:2025-164
- Working with Personality Disorders: BPD, NPD & HPD / 2 hours / CE:2023-163
- Working with the Body to Reduce Trauma / 1 hour / CE:2024-196

## Allina Health

(612) 262-5936

<https://www.eventbrite.com/d/united-states-minnesota/conferences/>

- Comprehensive Assessment & Management of Suicidality (CAMS) / 3.5 hours / CE:2023-291
- Mental Health & Addiction Clinical Education Series / 12 hours / CE:2024-036 / Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement. Portions of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Mental Health & Addiction Clinical Education Series / 11 hours (monthly, 1 hour per session) / CE:2025-111  
1 hour of this program can be used to satisfy the Ethics CE requirement. 1 hour of this program can be used to satisfy the Cultural Competency CE requirement.

## Alliance For Healing

651-470-4671

- Becoming Congruent: The Ethical Art of Self-Care, Cultural Humility & Competency / 4 hours / CE:2023-411  
Portions of this program can be used to satisfy the Ethics CE requirement. Portions of this program can be used to satisfy the Cultural Competency CE requirement.
- Cultural Competency & Humility: Understanding Privilege, Boundaries that Build Respect and Relationship Growth – **Part 1** / CE:2024-228 / 2.5 hours / 2.5 hours of this program can be used to satisfy the Cultural Competency CE requirement.
- Cultural Competency & Humility: Understanding Privilege, Boundaries that Build Respect and Relationship Growth – **Part 2** / CE:2024-229 / 2 hours / 2 hours of this program can be used to satisfy the Cultural Competency CE requirement.

## American Academy of Matrimonial Lawyers – Minnesota Chapter

612-294-2205

[www.aamlmn.org/divorce-camp-2024/](http://www.aamlmn.org/divorce-camp-2024/)

- The Problems Not the Problem, Except When it is. Pick Your Path: Kids or Money / 12 hours / CE:2024-429

## American Association of Marriage & Family Therapy (AAMFT)

(703) 253-0481

[www.aamft.org](http://www.aamft.org)

- **Fundamentals of Supervision Course / 30 hours / CE:2024-444** This program may be used to meet the 30-hour supervision training requirement to become a MFT Board-Approved Supervisor, found in Minn. Rule 5300.0160. This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.
- **AAMFT 2024 SFTC / 22 hours / CE:2024-375**  
Portions of this program can be used to satisfy the Cultural Competency continuing education requirement.  
Portions of this program may be used to satisfy the Ethics continuing education requirement.  
Portions of this program may be used to satisfy Supervision continuing education requirement for Board-Approved Supervisors.
- **Global Systemic Therapy Summit / 19.5 hours / CE:2025-287**  
4 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.  
2 hours of this program can be used to satisfy the Ethics continuing education requirement.
- **Institutes for Advanced Systemic Family Therapy / 18 hours / CE:2024-220**  
*Supervision training* – for 6 hours Supervision CE, 6 hours Ethics CE and 4 hours Cultural Competency CE.  
*Healing Wounds That Never Close: Exploring the Impact of Racial Injustice on Client and Clinician Experiences of Empathic Distress and Compassion Fatigue* – for 5 hours; approval includes 5 hours of Cultural Competency CE.  
*Unintentional Cultural Offenses* – for 5 hours; approval includes 5 hours of Cultural Competency CE.
- **Leadership Symposium 2025 / 17.5 hours / CE:2025-189**  
**Ethics: 6 hours**  
**Supervision: 12 hours**  
*Supervision Refresher*  
**Cultural Competency: 4 hours**  
*Leadership Through an Ancestral Lens: Wisdom from the Elders*  
*Emerging Methods for Implementation Science in LGBTQ+ Youth Families*  
*MFTs Forging New Paths: Collaborative Leadership in a Gender-Diverse World*  
*Leading Together: Diversity, Equity, and Inclusion within AAMFT Governance Policy and Beyond*
- **Systemic Family Therapy Conference 2023/ 14.5 hours / CE:2023-435**  
**Cultural Competency: 14.5 hours**  
*Margins to Center Network: From the Margin of Therapy to the Center (1.5)*  
*QTAN NETWORK: Affirming Supervision via the AAMFT LGBTQIA Affirming Guidelines (1.5)*  
*Bringing Family Therapy to Trans Youth (1.5)*  
*QTAN NETWORK: Bisexual + Intimacies (1.5)*  
*Diversity Made Simple: A Shame-Free Approach to Reducing Unintentional Cultural Offenses (1.0)*  
*Equitable Approaches to Eating Disorders Detection & Treatment with BIPOC Clients (1.0)*  
*Supporting Trans and Non-Binary Clients (1.0)*  
*Racism's Impact on Black Intimacy (1.0)*  
*EFT with LGBTQ+ Relationships (1.0)*  
*Mental Health in Urban Schools (1.0)*  
*Navigating Media Literacy & Anti-Trans Misinformation with Clients (1.0)*  
*Where do we go from here: How MFTs Can shape the future of mental health (1.5)*  
**Ethics: 10.5 hours**  
*Get Yourself Together: A Practical Approach to Personal Development for Therapists (1.5)*  
*ACES and Protective Factors: An Ethical and Systemic Lens (1.5)*

Healing the Healer: Therapists seeking mental health services (1.5)

Teletherapy Training and Education in Systemic Practices (1.5)

Building Trust in A Broken System: Collaborative Decision-Making for MFTs working with Foster Kids (1.0)

Are we benefiting from a broken system? Ethical responsibilities of systemic professionals (1.0)

Factors that Influence passing the MFT licensure exam (1.0)

Where do we go from here: How MFTs Can shape the future of mental health (1.5)

**Supervision: 4.0 hours**

QTAN NETWORK: Affirming Supervision via the AAMFT LGBTQIA Affirming Guidelines (1.5)

Teletherapy Training and Education in Systemic Practices (1.5)

Discovering Supervisee's Therapeutic Voice (1.0)

## American Group Psychotherapy Association (AGPA)

(651) 789-3730

[www.agpa.org](http://www.agpa.org)

- AGPA Connect 2025: Being Seen: The Many Faces of Groups / 39 hours / CE:2025-041
- AGPA Connect 2023: Group as a Catalyst for Reimagining and Embracing our Future / 40.50 hours / CE:2023-091
- AGPA Connect 2024 – Turbulent Times: Using Groups to Overcome Divisions and Foster Engagement / 39 hours / CE:2024-015

**Cultural Competency – up to 22.75**

Social Connection as an Underappreciated Determinant of Health and Wellbeing

How could you think that? Understanding our Varied Responses to Incidents of Racism

The Struggle is Real, The Time is Now, and our Work is Mandatory

Racism on the Couch

Thinking and Talking about Race in Interracial Relationships

Attachment and DBT: Culturally Responsive Mindfulness Groups for Struggling Families with Children

Improvisation for Decolonization

Beyond Recovery – Using Group to Build Resilience in face of ongoing trauma and Race-Based Medical Inequities

Inclusions' Imperative: Understanding the Root Causes of Health Inequities and their Antidotes

Therapist as Racial Beings Leading Groups with People of Color Across the Lifespan

Examining Social Injustice using the Oneness Framework

**Ethics – 2.5 hours**

The Ethical and Clinical Pros and Cons of Dual Relationship in Group Therapy

## American Institute for the Advancement of Forensic Studies (AIAFS)

(651) 734-5517

<https://www.aiafs.com/>

- Forensic Assessment and interviewing of Fetal Alcohol Spectrum Disorder (FASD) / 3 hours / CE:2023-156
- Homicidal Necrophilia: Patterns, Profiles, & case Studies / 3 hours / CE:2023-230
- Prenatal and Postnatal Neurobiopsychosocial Factors Associated with Problematic Behaviors / 3 hours / CE:2023-010

## American Lung Association

651-268-7612

- Treating Tobacco Use Disorder in Behavioral Health Treatment Settings / 1.5 hours / CE:2023-014

## Amherst H. Wilder Foundation

(651)280-2093

[www.wilder.org](http://www.wilder.org)

- Understanding Autism: Autism, Cultural Differences, and Integrated Care / 3 hours / CE:2023-455

## Anchored Relational Therapy Institute (Formerly Air Network)

612-812-7857

[www.anchoredrelationaltraininginstitute.com](http://www.anchoredrelationaltraininginstitute.com)

- Domestic Abuse and Coercive Control in Couples, Families, and Organizational Systems / 15 hours / CE:2025-262  
3 hours of this program can be used to satisfy the Ethics continuing education requirement.  
4 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Fall 2024 Anchored Relational Therapy Model Foundational Training / 50 hours / CE:2024-361  
4 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.

## Anoka County

763-324-1267

- Breaking Free – Sexually Exploited and Sexually Trafficked Youth / 5 hours / CE:2025-144
- Cultivating Safety & Connection: Inside, Outside & In-between / 8 hours / CE:2023-385
- Cultivating Safety & Connection: The Stories We Tell / 6 hours / CE:2025-100
- Engaging Parents for Real Change: 3 Essential Tools to Calm Families and Navigate Sensitive Conversations / 2 hours / CE:2025-101

## Antioch University

612-208-2831

- Antioch University Relational Therapy Division's 4<sup>th</sup> Annual Virtual Conference / 7.25 hours / CE:2025-107  
4/24/2025 – Keynote – 1.5 hours can be used to satisfy the Cultural Competency requirement.  
4/24/2025 – p.m. sessions – 1.5 hours can be used to satisfy the Ethics requirement.  
4/23/2025 – Keynote – 1.5 hours can be used to satisfy the Ethics requirement.

## Arden Woods Psychological Services

763-242-8069

[www.ardenwoodpsych.com](http://www.ardenwoodpsych.com)

- Family Therapy Specialists – Advanced Training / 4 hours / CE:2024-264 / CE:2025-313

## Art(s) Therapy Hub & BrainSpark.Art

612-205-1687

- Native American Indigenous Historical Trauma: An Art(s) Based Workshop / 6 hours / CE:2023-438 This program can be used to satisfy the Cultural Competency Requirement.

## ASC Psychological Services

507-345-1194

- EMDR & Law Enforcement Officers / 13 hours / CE:2024-222
- EMDR Therapy Training / 50 hours / CE:2024-074
- Ethics Training / 2 hours / CE:2024-091 This program can be used to satisfy the Ethics Requirement.

## Aspire MN

- Youth Work Leadership Summits / 8 hours / CE:2023-384 for Cultural Competency: 1 hour -Conscious Conversations: Building Community and Fostering Connections, 1 hour – The journey of Healing, Cultivating Post-Traumatic Growth (two-part session)
- 2024 Aspire MN Innovation Summit / 7.75 hours / CE:2024-352  
3.75 hours of this program can be used to satisfy the Ethics continuing education requirement.  
3.75 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.

## Assessment and Therapy Associates of Grand Forks, PLLC

701-780-6821

<https://courses.haugenperformance.com>

- EFT Boot Camp / 10.5 hours / CE:2023-272

## Assessment and Therapy Associates of Grand Forks, PLLC

(701) 780-6821

[www.grandforkstherapy.com/our-trainings](http://www.grandforkstherapy.com/our-trainings)

- Deconstructing Tango Move 1: Setting Up Your EFT with Couples Sessions for Success / 6 hours / CE:2023-149

## Associated Clinic of Psychology

612-455-8667

[Acp-mn.com](http://Acp-mn.com)

- Weekly Education and Consultation Trainings / 52 hours (1 hr. week) / CE:2023-439
- Weekly Consultation Meetings / 1 hour per meeting/ CE:2024-409

## Association for Play Therapy

(763) 229-3100

[www.playtherapymn.com](http://www.playtherapymn.com)

- MNAPT Annual Conference / 8 hours / CE:2024-042 Portions of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

## Association of Family and Conciliation Courts – MN Chapter

(320) 309-9735

- Unlocking your Implicit Biases: What are you Really Bringing to the Table? / 5 hour / CE:2023-312

## Attachment & Biobehavioral Catch-Up Parenting Institute (ABCPI)

410-458-0632

[www.abcparenting.org](http://www.abcparenting.org)

- Attachment & Biobehavioral Catch-up (ABC) Booster Training / 3 hours / CE:2025-258

## Autism Society of MN

(651) 647-1038 ext. 28

[www.ausm.org](http://www.ausm.org)

- 28<sup>th</sup> Annual Minnesota Autism Conference / 28.5 hours / CE:2023-080
- 29<sup>th</sup> Annual Minnesota State Autism Conference / 23.5 hours / CE:2024-061
- 30<sup>th</sup> Annual Minnesota State Autism Conference / 22 hours / CE:2025-070

## Being Balanced, LLC

931-223-4648

[www.beingbalanced.org](http://www.beingbalanced.org)

- Being Balanced 2025 Cruise to CEU / 9 hours / CE:2024-273 / This program may be used to satisfy the Ethics CE requirement.
- Fall into Rejuvenation / 6 hours / CE:2024-274

## Birch Lake Relational Therapy

612-810-1287

[www.birchlaketherapy.com/alternative-relationship-structures](http://www.birchlaketherapy.com/alternative-relationship-structures)

- Contracting for Polyamory: Ethically going From Mono to Poly / 6 hours / CE:2024-421/ 1 hour of this program may be used to satisfy the Ethics CE requirement. 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Supervising Through Broken Systems / 7 hours / CE:2024-422 / 2 hours of this program may be used to satisfy the Ethics CE requirement. 2 hours of this program may be used to satisfy the Cultural Competency CE requirement. 4 hours of this program may be used to satisfy the Supervision CE requirement.

## Blue Peak Consulting

703-447-8428

[www.bluepeak.one](http://www.bluepeak.one)

- First Responder 101: Clinician Awareness Course / 6.5 hours / CE:2024-040

## Breaking Limitations Therapy & Consultation, LLC

507-456-4703

[www.breaking-limitations.com](http://www.breaking-limitations.com)

- Breaking through Barriers: EMDR Therapy & Stabilization Techniques for Highly Dissociative Clients / 3 hours / CE:2024-400
- From Novice to Expert: Enhance Your Therapeutic Practice with 6 Confidence-Building Secrets and 7 Key Knowledge Areas / 2 hours / CE:2025-083
- Is Body Positivity the Right Lens? Validating Client Experiences in Body Image, Self-Esteem, & Weight Loss Goals / 2 hours / CE:2025-084
- Unmasking Disgust: Navigating Trapped Emotions in Trauma Therapy / 2 hours / CE:2025-085

## Calvin Hauer Therapy

(612) 272-3175

[www.Smittenkittenonline.com](http://www.Smittenkittenonline.com)

- The Sex Shop for Medical Providers / 1.75 hours / CE:2023-059

## Caspersen Therapy and Training Center

612-558-2705

[www.caspersentrainingcenter.com](http://www.caspersentrainingcenter.com)

- Caspersen Narrative Therapy Certificate Program Level 1, 2 and Advanced / Up to 70 hours / CE:2024-359
- 4 Workshop Series - I Can't See, Making Meaning in the Aftermath of Loss, Role of Connections in the Therapeutic Process, Walking Alongside Communities / Up to 14 hours / CE:2024-360

## Clear Harbor Counseling

(715) 342-9002

[www.betsybyler.com/course](http://www.betsybyler.com/course)

- Charting the Course / 12 hours / CE:2023-036
- Charting the Course / 16 hours / CE:2024-027

## Canopy Mental Health & Consulting

612-757-3333

- Culturally Responsive Approaches to Perinatal Mental Health Screening and Treatment & Ethical Care Coordination: Navigating Boundaries, Bias and Interpersonal Collaboration This program may be used to satisfy the Ethics CE requirement. 3 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Coordination: Navigating Boundaries, Bias and Interpersonal Collaboration / 6 hours / CE:2025-211
- Power and Culture in Sexuality: Intimacy and Infidelity / 4 hours / CE:2023-483 This program may be used to satisfy the Cultural Competency CE requirement.

## Canvas Health

(651) 251-5078

[www.canvashealth.org](http://www.canvashealth.org)

- Culturally Responsive Approaches to Perinatal Mental Health Screening and Treatment & Ethical Care Coordination: Navigating Boundaries, Bias and Interpersonal Collaboration / 6 hours / CE:2025-211
- Moving Toward Gender Competency / 5.75 hours / CE:2024-376 This program can be used to satisfy the Cultural Competency continuing education requirement.
  - The Redleaf Way: Integrating Reproductive Psychiatry, Infant and Early Childhood Mental Health and Reproductive Justice / 6.5 hours / CE:2023-440 Portions of this program may be used to satisfy the Cultural Competency CE requirement.

## CARE Counseling

(612) 223-8898

[www.care-clinics.com](http://www.care-clinics.com)

- CARE Annual Training / 1 hour / CE:2023-019 / CE:2024-029 This program may be used to satisfy the Ethics CE requirement.
- CARE Counseling Supervision Training Program / 50 hour / CE:2024-237 This approval program may be used to satisfy the Ethics continuing education requirement for LMFT's. This program may also be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy the Cultural Competency CE requirement.
- CARE Counseling Supervision Training Program / 50 hour / CE:2023-285 This approval program may be used to satisfy the Ethics continuing education requirement for LMFT's. This program may also be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- CARE Counseling Training Program / 80 hour / CE:2024-230 This approval program may be used to satisfy the Ethics continuing education requirement for LMFT's. This program may be used to satisfy the Cultural Competency CE requirement.

## Catalyst Mental Health

612-298-1835

- (For Catalyst Staff Only) Catalyst Book Club; Anchored: How to Befriend Your Nervous System Using Polyvagal Theory / 22 hours / CE:2024-457 This program may be used to satisfy the Ethics CE requirement. This program can be used to satisfy the Cultural Competency Requirement.
- Catalyst Metal Health Book Club 2024: How Emotions Are Made: The Secret Life of the Brain / 22 hours / CE:2023-496 This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.

This program may also be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

- Introduction to Eco-Anxiety / 1 hour / CE:2024-459
- Ketamine Assisted Psychotherapy Foundational Training / 16.75 hours \*see breakdown below / CE:2025-220  
2.75 hours of this program may be used to satisfy the Ethics CE requirement \* see breakdown below.  
10/16/2025 - Thursday = 5 hours / .75 hours Ethics (2:30 – 3:15)  
10/17/2025 - Friday = 6.25 hours / 1.5 hours Ethics (10:15 – 11:30 and 5:15 – 5:30)  
10/18/2025 - Saturday = 0 hours  
10/23/2025 - Sunday = 4 hours / .5 hours Ethics (12:30 p.m. – 1:00 p.m.)  
Thursday = 1.5 hours

## Cedar Valley Therapy

(651) 688-0186

- Emotionally Focused Therapy: The Power of Attachment & Affect / 6 hours / CE:2025-102

## Center for Practice Transformation (University of Minnesota)

<https://practicetransformation.umn.edu/>

(612) 626-9042

- **Core Supervision Training for use in meeting supervision training requirement to become LMFT Board-Approved Supervisor (Minn. Rule 5300.0160):**
  - Core Competencies in Clinical Supervision: Crucial Concepts and Skills / 12 hours / CE:2023-026
  - Beyond 101: Negotiating and Utilizing “Self” in Supervisory Relationships: Intersections of Culture and Power / 6 hours / CE:2023-029 This program may be used to satisfy the Cultural Competency CE requirement.
  - Ethics and Supervision: Utilizing a Decision-Making Model to Navigate through Rough Waters / 6 hours / CE:2023-031 This program may be used to satisfy the Ethics CE requirement.
  - Intercultural Supervision: Navigating Cultural Difference in the Supervisory Relationship / 6 hours / CE:2023-030 This program may be used to satisfy the Cultural Competency CE requirement.
  - Bearing Witness: Traumatic Stress and its Impact on Staff Performance and Well Being – Individuals and Organizations / 6 hours / CE:2023-032 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
  - Foundations for Socially Just and Ethically Sound Clinical Supervision / 30 hours / CE:2024-049 / CE:2025-110 This program may be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.  
This program may be used to satisfy the Ethics CE requirement.  
This program can be used to satisfy the Cultural Competency Requirement.  
This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors.
- Grasping Fog: The Reflective Use of Self and Its Application in Clinical Supervision / 6 hours / CE:2023-033 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Group Work + Supervision: Fundamentals, Models, & Approached / 6 hours / CE:2023-027 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Incorporating the Ally Model of Social Justice to the Supervision Process / 3 hours / CE:2023-028 This program may be used to satisfy 3 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy 3 hours of the Cultural Competency CE Requirement.
- Intergenerational Evolution of Culturally Relevant Practice / 3 hours / CE:2023-034 This program may be used to satisfy 3 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used

to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy 3 hours of the Cultural Competency CE Requirement.

## Center for Sports and The Mind

(952) 393-6828

[www.centerforsportsandmind.com](http://www.centerforsportsandmind.com)

- Don't Cheat the Athletes – Developing an Effective Framework for Working with Athletes / 6 hours / CE:2023-330

## Central MN Child Advocacy Center

320-229-5105

- Communities in Collaboration / 6.75 hours / CE:2025-130

## Change Inc. (formally known as Guadalupe Alternative Programs)

(612) 581-9811

[www.thechangeinc.org](http://www.thechangeinc.org)

- Applying Mediation Strategies to Therapeutic Work – Deciding When to Bring Parents into the Room Together / 3 hours / CE:2024-297 This program may be used to satisfy the Ethics CE requirement.
- CLAS A-Z: A Practical Guide for Implementing the national Standards for Culturally Appropriate Services (CLAS) in Mental Health Care / 4 hours / CE:2023-426 This program may be used to satisfy the Cultural Competency CE requirement.
- From Race to Culture in the Supervision of Therapeutic Practice / 15 total / CE:2024-426 This program may be used to satisfy the Cultural Competency CE requirement. This program may also be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- From Race to Culture in the Supervision of Therapeutic Practice/3 hours per session (15 total)/CE:2023-491 This program may be used to satisfy the Cultural Competency CE requirement. This program may also be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Fundamentals of Supervision Course / 30 hours / CE:2023-389 This program may be used to meet the 30-hour supervision training requirement to become a MFT Board-Approved Supervisor, found in Minn. Rule 5300.0160. This program may also be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.
- Fundamentals of Supervision Course / 31.5 hours per session / CE:2024-296 This program may be used to meet the 30-hour supervision training requirement to become a MFT Board-Approved Supervisor, found in Minn. Rule 5300.0160. This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.
- Mosaic of Care: Cultural Case Consultations / 7 hours / CE:2025-222 / This program may be used to satisfy the Supervision and Cultural Competency CE requirement.
- Professional Ethics Refresh: Building a Robust Foundation Through Reflective Practice / 3 hours / CE:2023-427 This program may be used to satisfy the Ethics CE requirement.
- Ramsey County School-Based Mental Health Professional Development Series / 4 hours / CE:2024-425
- Ramsey County SBMH Clinician Meeting / 4 hours / CE:2023-115 This program may be used to satisfy the Ethics CE requirement.
- School-Based Mental Health Community of Practice Training / 1.5 hours / CE:2025-223
- School Based Mental Health Skill Sharing / 3.25 hours / CE:2025-004
- Supervision Refresh: Adapting to Developmental and Generational Differences / 4 / CE:2023-425 This program may also be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

## COAST

763-229-3100

[www.caostmft.org](http://www.caostmft.org)

- Advanced Systemic Therapy: Bridging Research & Practice / 6.5 hours / CE:2023-431 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Cultural Competency CE: 1 CE – Multicultural Dynamics in Supervision; 1 CE – Working with African American Families

## College of Saint Benedict and Saint John's University

(320) 363-3236

- Minnesota University and College Counseling Center Directors (MUCCCD) Annual Conference / 6.5 hours / CE:2023-083 / CE:2024-099
- Minnesota University and College Counseling Center Directors (MUCCCD) Annual Conference / 6.5 hours / CE:2025-056

## Collaborative Law Institute of Minnesota

(952) 405-2010

[www.collaborativelaw.org](http://www.collaborativelaw.org)

- Guardianship and Conservatorship – What Are They and How They Can Impact a Divorce? / 2 hours / CE:2023-116
- New Collaborative Experience Training / 19.25 hours / CE:2023-265 / CE:2024-194
- Part I: Improving Outcomes for Families – How Co-Parenting Apps Can Prevent Families from Returning to Court and Keep them on Track for Success, Part II: Risks and Dangers of Social Media / 2 hours / CE:2023-069
- The Impact of Chronic Stress and Trauma / 1.5 hours / CE:2023-415

## Conscious Healing Counseling

612-405-7687

[www.conscioushealingcounseling.com](http://www.conscioushealingcounseling.com)

- Grief Series (parts 1 and 2) / 6 hours / CE:2025-143
- Trauma & the Brain: Shame & the Therapy Hour / 4 hours / CEE:2023-181

## Counseling Services of Southern Minnesota

(507) 931- 8040 [www.counseling-services.org](http://www.counseling-services.org)

- Cultivating Our Awareness into Action / 2 hours / CE:2023-267
- Developing Clinical Competency in Supporting Clients through Gender Transition / 4 hours / CE:2023-295  
Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- Neurodiversity -Affirming Practice / 4 hour / CE:2023-179 This program may be used to satisfy the Cultural Competency CE requirement.
  - Play Therapy Basics / 2 hours / CE:2023-336

## Dandelion Spirit Psychotherapy, LLC

651-212-5104

- Working with Prepubescent Transgender Children / 8 hours / CE:2023-162 This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.

## Down to Earth Therapy

651-442-0294

- Therapist Renewal Workshop: Sustaining the Healer Within / 3 hours / CE:2023-011/ 2025-145 This program can be used to satisfy the Ethics CE requirement.

## Drew Horowitz & Associates/Elite Recovery

[www.drewhorowitzassociates.com/events](http://www.drewhorowitzassociates.com/events)

- Beyond the Basics: How to Connect When Conditions of Disconnect Exist / 1.5 hours / CE:2023-016

## Horowitz Health

651-600-0669

[www.horowitzhealth.com](http://www.horowitzhealth.com)

- Identifying and Supporting Students at Risk: A Comprehensive Approach to Screening for Substance Use Disorders / 1 hour / CE:2025-038

## Edges Wellness Center

612-272-3016

- Documentation for Insurance and Liberation / 4 hours / CE:2025-150
- Edges Wellness Center Training Series 2023 / 44.5 hours / CE:2023-003 Cultural Competency, Ethics and Supervision hours are as indicated:
  - Ethical Use of Self-of-the-therapist in Supervision – for 2 hours of Ethics and 2 hours of Supervision
  - Suicidality: How to Support Someone with Suicidal Ideation – for 1 hour of Ethics
  - Rainbow Crossroads: Intersectionality and LGBTQ+ Identity in Therapy – for 2 hours of Cultural Competency
  - Advanced SAR – for 4 hours of Cultural Competency
  - Sex and Disability – for 4.5 hours of Cultural Competence

## ELEOS Psychology Center

952-444-9744

- Group Consultation / 52 hours (1 hour per week) / CE:2023-284
- Group Consultation / 51 hours (1 hour per week) / CE:2024-379

## Ellie Family Services (now Ellie Mental Health – see additional listings below)

612-986-4495

[www.elliefamilyservices.com](http://www.elliefamilyservices.com)

- Best Practices in Family Therapy / 3 hours / CE:2023-461 - 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Legal Issue Spotting when Working with Families Impacted by Substance and Mental Health / 1.5 hours / CE:2023-460
- Maybe Sometimes Coffee in the Answer (A Nutritional Approach to Mental Health) / 3 hours / CE:2023-013
- Question Reality – VR in Therapy / 3 hours / CE:2023-012
- Trauma-informed Supervision / 3 hours / CE:2023-037 1 hour of this program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy 3 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Uncoupling with a Good Divorce. Is it Possible? An Attorney and Therapist Chime In. / 1.5 hours / CE:2023-269

## Ellie Mental Health (previously known as Ellie Family Services; see additional listings above)

(612) 986-4495

[www.elliementalhealth.com](http://www.elliementalhealth.com)

- **Board-Approved Supervisor Training / 45 hours / CE:2023-383 / CE:2025-104** This program is approved to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program can be used to satisfy the Ethics continuing education requirement. Three hours of this program can be used to satisfy the Cultural Competency continuing education requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-Approved Supervisors.
- Clinical Language and Compliance in Documentation / 3 hours / CE:2023-342 One hour of this program may be used to satisfy the Ethics CE requirement.
- Cultivating Therapist Vitality: Practice Management, Client Retention, & clinical Effectiveness / 1 hour / CE:2023-374 This program may be used to satisfy one hour of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Distress Tolerance for Crisis Coaching in Outpatient Therapy / 3 hours / CE:2023-394
- Ethical Practices and Procedures for Mandating Reporting in Minnesota / 1 hour / CE:2024-032 1 hour of this program can be used to satisfy the Cultural Competency CE requirement.
- Lens / 3 hours / CE:2023-129 Portions of this program may be used to satisfy the Ethics CE requirement.
- Psychotropic Medications in Minors / 3 hours / CE:2023-292
- Risk Factors Affecting Postpartum Sexual Functioning / 3 hours / CE:2023-128
- Treatment Planning / 1 hour / CE:2025-035
- Understanding Complex Trauma and Dissociative Experiences from a Neurobiological, Relational and
- Working with Individuals, Couples & family Members within Protector Culture: An Intentional Approach to Care / 4 hours / CE:2023-495 Portions of this program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.
- Working With Protectors: Providing Culturally Responsive Care / 4 hours / CE:2023-493 Portions of this program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.

## Evergreen Youth & Family Services, Inc.

(218) 441-4562

[www.evergreenyfs.org](http://www.evergreenyfs.org)

- 2023 Evergreen Annual Conference: Building Brighter Futures for the Modern Day Youth / 8.5 hours / CE:2023-401 This program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- 2024 Evergreen Annual Conference: Reconnect. Reignite. Restore / 9.25 hours / CE:2024-346  
2 sessions for 1 hour Ethics: Ethics on the Record (part I); Ethics on the Record (part II) (Day 1)  
3 sessions for 1 hour Cultural Competency: Addressing Oppression-Based Trauma (Day 1); Health Equity Issues and Fundamentals (Day 1); Bringing Indigenous Voice to Behavioral Health (Day 2)

## Evolve Therapy

- Self of the Therapist: Calibrating the Healer / 4 hours / CE:2024-393
- WTF: When to Fold – Understanding the Pitfalls of Working with Conflicted Couples / 1.5 hours / CE:2023-232 This program may be used to satisfy the Ethics CE requirement.

## EVW Consulting, PLLC

(763) 485-8417

[www.adleracademy.org](http://www.adleracademy.org)

- Being a Sane Person in an Insane World / 16 hours / CE:2023-345

## Experiencing Moore P.C.

(763) 464-4783

[www.flintsparks.eventbee.com](http://www.flintsparks.eventbee.com)

- Eating Disorders – Approaches & Techniques for Rural Therapists / 3 hours / CE:2023-353

## Family Therapy Specialists

(651) 482-9361

[www.ardenwoodpsych.com](http://www.ardenwoodpsych.com)

- Family Therapy Specialists – Advanced Training / 4 hours / CE:2023-275

## Fern Counseling, PLLC

612-226-6897

- Psychopharmacology for Psychologists and Psychotherapists / 4 hours / CE:2023-161 Portions of this program may be used to satisfy the Ethics continuing education requirement.

## Fernbrook Family Center

(507) 446-0431 ext. 116

- A Person-Centered Approach to Personality Disorders / 1.5 hours / CE:2023-463
- ABC-Informed Strategies to Support Attachment and Regulation in ECMH / 1 hour / CE:2024-308
- Advancing and Enhancing of Conscious Discipline and its Application for Mental Health Care / 6 hours / CE:2024-103
- Adverse Childhood Experiences (ACEs): What Are They and Why Should You Care? / 1.5 hours / CE:2024-428
- An Introduction to Rejection Sensitivity Dysphoria / 1 hour / CE:2023-507
- Antisemitism and Islamophobia: Implications on Mental Health / 1 hour / CE:2024-050 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Building Confidence and Skills in New Clinicians: An Integrative Approach / 3 hours / CE:2025-132 This program may be used to satisfy 3 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Clinical Trainee Licensure Supervision / 1 hour / CE:2023-160 This program may be used to satisfy 3 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Compassionate Communication with Caregivers / 2 hours / CE:2023-233
- Dying of Depression / 1 hour / CE:2025-015 This program may be used to satisfy the Ethics continuing education requirement.
- Dying for Help: Ethics and the Unintended Effects of the Mental Health System / 2 hours / CE:2025-078 0.75 hours of this program may be used to satisfy the Ethics continuing education requirement.
- Ethics: How to Have Conversations Surrounding Money and How to Appropriately Discharge Client with
- Expanding Our Clinical Toolbox with Neurosequential-Informed Practices that Support Regulation, Relationships, and Reasoning / CE:2025-074
- Finances in Mind / 1.5 hours / CE:2024-476 / This program may be used to satisfy the Cultural Competency continuing education requirement.
- Fentanyl: Fentanyl's Impact on Adolescent and Adults / 1 hour / CE:2023-130
- Fernbrook Family Center Staff Wellness Training Series / 7 hours / CE:2023-343
- Fernbrook Family Center's Clinical Supervision Course / 30 hours / CE:2025-160  
This program may be used to meet the 30-hour supervision training requirement to become a MFT Board-Approved Supervisor, found in Minn. Rule 5300.0160.  
This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.
- Foster Care & Adoption: Uplifting Lived Experience / 4.75 hours / CE:2024-309 This program may be used to

satisfy the Cultural Competency continuing education requirement.

- Historical and intergenerational Trauma: Impact of the Conflict in the Middle East / 1 hour / CE:2023-464 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Intersectionality and Implications in Practice / 1 hour / CE:2024-077 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Internship Supervision / 1 hour / CE:2023-165 This program may be used to satisfy 3 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Intimate Partner Violence: Impacts on Parents and Children / 2 hours / CE:2024-378
- Introduction to Pathological Demand Avoidance / 2 hours / CE:2024-234 / 2 hours of this program may be used to satisfy the Cultural Competency continuing education requirement.
- Relationships and Therapist Self-Disclosure / 1.5 hours / CE:2023-002 This program may be used to satisfy the Ethics continuing education requirement.
- Neurodivergence in a Neurotypical World: The Internet Trauma of ADHD and Autism / 1.5 hours / CE:2023-434
- Neurodiversity Affirming Care / 4.5 hours / CE:2023-147
- Neurodiversity Affirming Paperwork and Reviewing / 1.5 hours / CE:2023-506
- Neurodiversity Great Minds Don't Think Alike / 3.5 hours / CE:2023-097 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Personality Disorders / 2 hours / CE:2023-301
- See You at the House: Ethics and Safety in Home-Based Services / 1.75 hours / CE:2025-133 This program may be used to satisfy the Ethics continuing education requirement.
- Service Recommendation Hours Within Diagnostic Assessments / 1 hour / CE:2025-317
- The "M" Word: Multiracial Identity Development and the Fight to be Included / 1.5 hours / CE:2025-109 1.5 hours of this program be used to satisfy the Cultural Competency continuing education requirement.
- The Ethics of Client Engagement on Finances and Discharge / 2 hours / CE:2023-335 This program may be used to satisfy the Ethics continuing education requirement.
- This is Autism: Noticing What's Behind the Mask / 2 hours / CE:2025-178 2 hours of this program may be used to satisfy the Cultural Competency continuing education requirement.
- Understanding Development and Regulation / 1 hour / CE:2024-310
- Using a Neurosequential Lens to Understand and Support Parenting / 2 hours / CE:2024-311

## **Sarah Frankfurt**

612-662-3355

[www.sarahfrankfurt.com](http://www.sarahfrankfurt.com)

- The Resilient Life Therapy Bootcamp / 12 hours / CE:2024-299

## **Fraser**

(507) 226-4518

[www.fraser.org](http://www.fraser.org)

- 2025 Fraser Clinical Didactic Series / 40 sessions, 1 hour per session / CE:2025-034 / This program may be used to satisfy the Ethics continuing education requirement.
- 2025 Fraser Clinical First Fridays / 12 hours / CE:2024-407
- 2023 Reflective Supervision Consultation and Training Cohort / 12 hours / CE:2023-456 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Child-Parent Psychotherapy Book Club / 30 hours / CE:2023-038
- Clinical First Wednesday – Staff Development Series / 12 hours / CE:2023-041 This program may be used to satisfy the Cultural Competency continuing education requirement.
- FASD: Interventions / 3.75 hours / 3.75 hours / CE:2024-348
- FASD: Medical and Psychosocial Assessment / 3.75 hours / CE:2024-349
- Fraser 2025 Reflective Supervision / 4 hours / CE:2024-436 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour

supervision training requirement found in Minn. Rule 5300.0160.

- Fraser 2025 Specialty Healthcare Conference / 5 hours / CE:2025-219
- Fraser 2025 Reflective Supervision Consultation and Training Cohort / 12 hours (1 hour per session) / CE:2024-461 / This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Fraser 2024 Clinical Didactic / 45 hours / CE:2024-030 This program may be used to satisfy the Ethics CE requirement. Ethics for sessions: 9/12/2024 & 9/26/2024.
- Fraser 2024 Clinical First Wednesdays / 12 hours / CE:2023-515 This program may be used to satisfy the Cultural Competency continuing education requirement. Cultural Competency for sessions: March, May, August, & November 2024
- Fraser Conference / 4.75 hours / CE:2024-278 / 1 hour of this program may be used to satisfy the Cultural Competency continuing education requirement.
- Fraser 2024 Reflective Supervision / 4 hours / CE:2024-010 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Fraser 2024 Reflective Supervision Consultation and Training Cohort / 12 hours / CE:2024-046 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Fraser 2024 Supervisor Cohort / 12 hours / CE:2024-016 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Fraser Conference 2023 / 4.75 hours / CE:2023-369
- Reflective Supervision / 4 hours / CE:2023-040 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Supervisor Cohort Series / 12 hours / CE:2023-039 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

## Lyndsey Fraser, MA, LMFT, Counseling and Consulting PLLC

651-321-4481

[www.lyndseyfraser.com](http://www.lyndseyfraser.com)

- Enneagram & Sexuality for Transformed Relationships / 5.5 hours / CE:2025-052  
1 hour of this program may be used to satisfy the Ethics CE requirement.  
2 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## Greater Minnesota Trauma Center

(406) 763-6287

- **Bridging the Trauma Gap Conference 2024 / 11 hours / CE:2024-210/**
  - 0.75 hours of this program may be used to satisfy the **Ethics CE** requirement.
  - 3.5 hours of this program may be used to satisfy the **Cultural Competency CE** requirement.

## Gusto Integrative Therapies

(612) 799-4516

- Assertive Therapist. Informed Client - How to Talk About Money with Clients Before, During, and After Treatment / 2 hours / CE:2024-060
  - This program may be used to satisfy the **Ethics CE** requirement.

## Horowitz Health

952-240-2018

- Beyond the Basics – Creating Change: What is the Role of the Family / 1.5 hours / CE:2023-121
- Bridging the Gap: Compassionate Engagement with Clients in Chronic Pain and Addiction / 1.5 hours / CE:2023-271
- Progress not Perfection: Creating More Inclusive and Welcoming Spaces for Women in Recovery / 1.5 hours / CE:2024-184
- Today's Client: Navigating the Complexities of Mental Health and Substance Use Disorders / 1 hour / CE:2024-045
- Understanding Chronic Relapse in Addiction Recovery: How Biology and Psychosociology Combine for Better Outcomes / 1.5 hours / CE:2023-231

## Institute for Brain Potential

(650) 387-9252 [www.ibpceu.com](http://www.ibpceu.com)

- An Anti-Inflammatory Lifestyle / 6 hours / CE:2025-163
- Applying Principle of Neuroplasticity to Improve How We Remember, Think and Feel / 6 hours / CE:2024-038
- Calming an Overactive Brain / 6 hours / CE:2023-159
- Changing How We Feel By Changing What We Eat / 6 hours / CE:2023-356

## Intergeneration Dynamics, Inc.

(952) 927-5497

[www.intergeneration@comcast.net](mailto:www.intergeneration@comcast.net)

- "Is What You See, What is? More about the Facts of Family Relationships" / 15 hours / CE:2023-126 This program can be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency continuing education requirement.
- Learning About the Relationship System / 15 hours / CE:2023-062 Portions of this program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency continuing education requirement. This program may be used to satisfy the Ethics CE requirement.
- Understanding the Gut Brain: Appetite, Digestion, and Mood / 6 hours / CE:2024-316

## Introspect Mental Health

(763) 465-6707

[www.Introspectmn.com](http://www.Introspectmn.com)

- Attachment & Attunement: A Therapist's Guide to Building Connection / 1 hour / CE:2025-212
- Talking with Clients about Sex and Gender / 1 hour / CE:2025-240 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.

## Invigorate Life Counseling

(651) 983-3879

- Adult ADHD: Myths & Facts / 2 hours / CE:2024-043 This program may be used to satisfy the Cultural Competency CE requirement.
- Body Image: What is and How to Help / 3.5 hours / CE:2023-170
- Changes in Estrogen, Progesterone, Testosterone, Cortisol, Serotonin, Dopamine & Oxytocin – OH MY! / 3 Hours / CE:2025-318
- Collaborative Assessment – Theories, Concepts and Skills for Therapists / 4 hours / CE:2025-138
- Exploring Neurodiversity in Psychotherapy / 2 hours / CE:2024-285 0.5 hours of this program may be used to satisfy the Ethics CE requirement.
- Healing Historical and Intergenerational Trauma Through an Art Therapy Lens / 6 hours / CE:2023-329 This program may be used to satisfy the Cultural Competency CE requirement.
- Healing Together: A Systemic Approach to Treating OCD in the Perinatal Period with the Couple Dyad / 3 hours / CE:2025-244

- How to Recognize and Work with Clients with Dissociative Identity Disorder / 3.5 hours / CE:2024-354  
1 hour of this program may be used to satisfy the Ethics continuing education requirement.  
2 hours of this program may be used to satisfy the Cultural Competency continuing education requirement.
- Human Trafficking and The Mental Health World / 2 hours / CE:2024-078 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Mastering Effective Parenting Tools: Techniques to Calm Big Emotions and Improve Challenging Behavior/ 2 hours / CE:2024-284 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Safe to Engage: Trauma-Responsive Mind-Body Practices / 2 hours / CE:2024-356  
1 hour of this program may be used to satisfy the Cultural Competency continuing education requirement.
- Sensory Processing Issues & Their Hidden Effects in Mental Health / 2 hours / CE:2023-382
- Therapists Skills Enhancement / 2 hours per session / CE:2024-113 / CE:2025-105
- Unlocking the Power of the Vagus Nerve: Its Crucial Role in Mental Health / 2 hours / CE:2024-312
- Understanding Implicit Bias from a Neurological and Trauma History Perspective – Part 1 / 5.75 hours / CE:2023-305  
This program may be used to satisfy the Cultural Competency continuing education requirement.
- Understanding Implicit Bias from a Neurological and Trauma History Perspective – Part 2 / 5.75 hours / CE:2023-304 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Understanding Personality Disorders: Nuances, Interventions and the Role We Play as Therapists / 2 hours / CE:2024-044
- Part 2: Understanding Personality Disorders: Nuances, Interventions, and the Role We Play as Therapists/ 2 hours / CE:2024-313
- Using the Enneagram for Self of the Therapist and Client Work / 6 hours / CE:2023-076
- Working with Fusion & Self Differentiation Through a Somatic and Attachment Lens / 5 hours / CE:2024-017 Portions of this program may be used to satisfy the Cultural Competency continuing education requirement.

## Intuitive Therapy & Consulting, LLC

651-387-5312

[www.intuitivetherapyclinic.com](http://www.intuitivetherapyclinic.com)

- Use of Intuition in Therapy: A Holistic for Mental Health Professions / 10 hours (2/9-11/2024) 3 hours (12/8/2023) / CE:2023-409

## Jane McCampbell Stuart

612-414-0383

[www.therapyjane.com](http://www.therapyjane.com)

- Healing Bad Stuff, Trauma & PTSD: An Introduction to Treating Trauma in your Practice / 12 hours / CE:2023-381
- Healing the Parts I and II: A Framework for Understanding, Healing, and Integrating Traumatized Aspects the Self/ 20 hours / CE:2025-312
- Too Many Cooks? Sharing Care with Coaches and Other Non-Licensed Providers / 2 hours / CE:2024-033 This program may be used to satisfy the Ethics CE requirement.
- Understanding Bad Stuff, Trauma & PTSD: An Introduction to Meeting Trauma in Your Practice / 2 hours / CE:2023-380

## Jay Callahan Therapy and Consulting

612-562-7988

[www.jaycallahantherapy.com](http://www.jaycallahantherapy.com)

- Board Supervisor Training / 45 hours / CE:2023-471 / CE:2025-003 This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy the Cultural Competency continuing education requirement.

## The Jonas Center

### Journeys Toward Healing Counseling Center

507-386-7121 ext. 107

- An Experiential Approach with Children and Families / 21.5 hours / CE:2023-297
- Doing Play Therapy: Interventions for the Playroom / 6.5 hours / CE:300
- Healing in the Sand: skills for Play Therapy / 18.5 hours / CE:2023-339
- Practicing Cultural Humility Through Personal Examination of Implicit Bias / 2.25 hours / CE:2023-299 This program may be used to satisfy the Cultural Competency CE requirement.
- Top Boundary Challenges in Clinical Practice and Play Therapy / 3 hours / CE:2023-482 This program may be used to satisfy the Ethics CE requirement.
- Using the Integrative Development Model of Supervision in Play Therapy Supervision / 2.5 hours / CE:2023-298 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

### Justin Center for Transformation

763-229-3110

- Exhausted to the Max Wellness Weekend / 12 hours / CE:2025-076
- Justin Center 2025 Training Series / 41.5 hours / CE:2025-11
  - This program may be used to satisfy the Ethics continuing education requirement.
  - This program may be used to satisfy the Cultural Competency requirement.
  - This program may be used only to satisfy the supervision CE requirement for individuals who are already Board-approved supervisors. It may not be used to meet the 30-hour training requirement found in Minn. Rule 5300.0160
- Putting the "You" in Supervision / 6 hours / CE:2023-413 This program can be used to satisfy the Ethics continuing education requirement. This course may be used only to satisfy the supervision CE requirement for individuals who are already Board-approved supervisors. It may not be used to meet the 30-hour training requirement found in Minn. Rule 5300.0160

### Kaleidoscope Coaching & Counseling

612-930-3903

- ADHD Education for Helping Professionals & Parents / 7 hours / CE:2023-418

### Kente Circle Training Institute

(612) 508-3457

- Calming My Joy – A Black Conference / 3 hours / CE:2023-065 This program may be used to satisfy the Cultural Competency CE requirement.
- Culturally Enhanced Trauma-Focused Cognitive Behavioral Therapy for African-American Youth / 27.25 hours / CE:2023-015 / CE:2024-026 This program may be used to satisfy the Cultural Competency CE requirement.
- From Race to Culture in the Supervision of Therapeutic Practice / 15 hours / CE:2023-466 / CE:2024-448 This course may be used only to satisfy the supervision CE requirement for individuals who are already Board-approved supervisors. It may not be used to meet the 30-hour training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy the Cultural Competency continuing education requirement.
- Fundamentals of Supervision / 30 hours / CE:2023-278/ CE:2025-147
  - This course may be used to satisfy the 30-hour supervision training requirement found in Minn. Rule 5300.0160 required to become a MN Board-Approved LMFT Supervisor.
  - This course may be used to satisfy the Ethics continuing education requirement.
  - This course may be used to satisfy the Cultural Competency continuing education requirement.
  - This course may be used to satisfy the Supervision CE requirement for LMFT Board-Approved Supervisors.

- Going Deeper to Grow Stronger: Exploring the Racial and Cultural Impact on Identity / 14 hours / CE:2024-172 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Race & Identity: Going Deeper to Grow Stronger / 13 hours / CE:2023-385 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Trauma Focused Cognitive Behavioral Therapy for Mental Health Professionals / 27.25 hours / CE:2025-146

### Kevin Lally, PhD.

(651) 808-8325

- Whiteness and Antiracism / 6 hours / CE:2023-337 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Whiteness and Antiracism / 6 hours / CE:2024-369 This program may be used to satisfy the Cultural Competency continuing education requirement.

### Lambers Fisher Counseling

651-321-8203 [www.DiversityMadeSimple.com](http://www.DiversityMadeSimple.com)

- Diversity Made Simple / 6.5 hours / CE:2023-157 Portions of this program can be used to satisfy the Ethics continuing education requirement. This program may be used to satisfy the Cultural Competency CE requirement.

### Laska Therapy and Education, LLC

651-235-4396

- Authentic Presence: Becoming A True Other for Our LGBTQ+ Clients / 3 hours / CE:2024-265 3 hours of this program may be used toward the Cultural Competency CE requirement.
- Healing From the Get-Go with AEDP / 3 hours / CE:2023-153

### Legal Assistance of Olmstead (LOAC)

507-287-2036

- You've Lost that Lovin' Feeling-All About HRO's and OFP's / 7.25 hours / CE:2023-261 Portions of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Impact of Substance Use Disorders on the Family Law Profession / 6 hours / CE:2024-227 Portions of this program can be used to satisfy the Ethics continuing education requirement.

### Life Development Resources

(952) 898-1133 <http://www.lifedrs.com>

- A Hands-On Approach: Understanding & Implementing Directive & Non-Directive Play Therapy Approaches / 12 hours / CE:2023-282
- Back To School / 4 hours / CE:2023-388 Portions of this program can be used to satisfy the Ethics continuing education requirement. This program may be used to satisfy the Cultural Competency continuing education requirement.
- Culture Talk / 8 hours / CE:2024-414 / This program may be used to satisfy the Cultural Competency continuing education requirement.
- EMDR Therapy Protocols Book Study / 24 hours / CE:2023-499  
EMDR Therapy Training / 50 hours / CE:2024-292 - 1 hour of this program may be used toward the Ethics CE requirement / 2 hours of this program may be used toward the Cultural Competency CE requirement.
- EMDR Treatment Methods Book Study / up to 24 hours (1 hour per session) / CE:2024-469
- Reconciling All Things: The Practical Approach to Engaging in Peace / 4 hours / CE:2023-473 This program can be used to satisfy the Ethics continuing CE. This program may be used to satisfy the Cultural Competency continuing education requirement.

- Treating Trauma - Related Dissociation / up to 24 hours / CE:2023-500
- Using DBT to Reduce Risk of Future Sexual Harm / 2 hours / CE:2024-063
- Why do People Hurt the People They Love? / 10 hours / CE:2024-212

## LynLake Centers for Wellbeing

612-804-2422

- 2024 LynLake Staff Training / up to 24 hours / CE:2024-028 December 6, 2024 session is for 2 hours of Ethics, may be used to satisfy the Ethics CE requirement.
- 2025 LynLake Staff Training / up to 28 hours / CE:2025-086 This program may be used to satisfy the Cultural Competency continuing education requirement for sessions 3/7/2025 & 6/6/2025.
- Monthly 2-hour CE Workshop and 1 – 6 hour Workshop / 18 hour / CE:2023-338

## Lorenz Clinic of Family Psychology

(952) 443-4600 [www.lorenzclinic.com/continuing-education](http://www.lorenzclinic.com/continuing-education)

- 2023 Annual Conference: Respective Supervision Primer / 4 hours / CE:2023-110 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved Supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Annual Conference – Invited Practitioner Series: A Competency-Based Approach to Supervision / 7 hours / CE:2024-406 / This program may be used to satisfy the Supervision CE requirement. 1.5 hours of this program may be used to satisfy the Cultural Competency CE requirement. 1.5 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Case Consultation / 52 hours / CE:2024-125
- Grand Rounds / 4 hours (1 hour over 4 sessions) / CE:2024-381
- Grand Rounds 2025 / 12 hours (1 hour 12 times) / CE:2025-012
- Lorenz Clinic Case Consultation / 1 hour per session (52 total) / CE:2023-009
- Invited Practitioner Series / 10 hours (2 hours over 5 sessions) / CE:2024-380
- Lorenz Clinic Grand Rounds / 2 hours per session (24 total) / CE:2023-007 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Lorenz Clinic Case Consultation 2025 / 48 hours (2 hours twice monthly) / CE:2025-013
- Lorenz Clinic Supervision Consultation / 2 hours per session (24 total) / CE:2023-008 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved Supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Supervision Consultation / 52 hours / CE:2024-126 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved Supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Supervision Consultation / 52 hours (up to 1 hour per session) / CE:2025-014 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved Supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

## Lupine Social Work & Therapy

612-293-7241

- WPATH Letters for Trans Clients / 8 hours / CE:2024-451 This program may be used to satisfy the Cultural Competency CE requirement.

## Madelyn Steen, LLC

612-568-8119

- Book Discussion: Adult Children of Emotionally Immature Parents / 8 hours / CE:2024-347

- **Book Discussion: What My Bones Know / 8 hours / CE:2025-149** 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Create & Renew / 14 hours / CE:2025-042

## **Mankato Marriage and Family Therapy Center**

507-625-4884

- (Available in-house only) Addressing Infidelity in Couples Therapy / 7 hours / CE:2025-161
- (Available in-house only) Clinical Application of Internal Family Systems Theory: Treating Trauma / 6.5 hours / CE:2024-382
- (Available in-house only) Clinical Application of Narrative Family Therapy / 6.5 hours / CE:2024-305
- (Available in-house only) Clinical Application of Acceptance and Commitment Therapy (ACT) /6.5 hours/ CE:2024-314

## **Maria Moua Therapy, LLC**

(651) 314-1812

<https://mariamouatherapy.com/>

- AN In-Depth Approach into Understanding and Treating Hmong Mental Health / 4 hours / CE:2023-228 This program may be used to satisfy the Cultural Competency continuing education requirement.

## **Masa Consulting**

(952) 922-0422

[www.meteorhealthready.org](http://www.meteorhealthready.org)

- Footprint of Disaster Building Equity in Response / 6.5 hours / CE:2024-121 Portions of this program may be used to satisfy the Cultural Competency continuing education requirement.

## **Hector Matascastillo & ASC Psychological Services**

507-345-1194 [www.ascpsychological.com](http://www.ascpsychological.com)

- EMDR Basic Training / 50 hours / CE:2025-051
- EMDR & Law Enforcement Officers / 13 hours / CE:2024-222
- EMDR Therapy Training / 50 hours / CE:2023-066

## **Mediation Center**

651-802-9951

[www.Mediationcentermn.org/training](http://www.Mediationcentermn.org/training)

- 40-Hour Family Mediation Training / 40.75 hours / CE:2025-129  
This program may be used to satisfy the Ethics CE requirement.  
1.25 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## **Mental Health Systems, Inc. (MHS)**

(952) 460-9058 [www.mhs-dbt.com](http://www.mhs-dbt.com)

- 1-Day Intensive DBT Training / 6.5 hours / CE:
- 2-Day Intensive Training on Dialectical Behavior Therapy / 12 hours / CE:2024-272
- Adolescent Suicidal Ideation and Self-Injurious Behaviors / 3 hours / CE:2023-498
- CBT: Evidence-Based Strategies for Multiple Symptom Sets / 7 hours / CE:2024-168
- DBT Interventions for Dual Disorder Diagnoses / 3 hours / CE:2023-497
- DBT Skills to Support Adoptee Clients / 3 hours / CE:2024-073
- Diary Card and Behavioral Analysis Training / 3 hours / CE:2025-019
- Eating Disorders: A Team Approach / 1 hour / CE:2024-081

- Fundamentals in Clinical Supervision / 6.5 hours / CE:2024-306
  - \* 2 hours of this program may be used to satisfy the Ethics CE requirement.
  - \* 3 hours of this program may be used to satisfy the Supervision CE requirement.
  - \* 1.5 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Helping Clients Achieve Meaning and Purpose / 2.5 hours / CE:2025-238
- Helping Clients Find Motivation and Foster Sustainable Change / 2.5 hours / CE:2025-257
- Helping Clients Increase Functionality & Satisfaction / 2.5 hours / CE:2025-239
- Helping Clients with Values and Identity / 2.5 hours / CE:2025-237
- Integrated Ethical Practice in the Modern Clinical Environment / 3.25 hours / CE:2024-226
  - \* 3 hours of this program may be used to satisfy the Ethics continuing education requirement.
- Motivational Interviewing / 6.5 hours / CE:2023-462
- Understanding Adolescent Psychosis / 6.5 hours / CE:2024-105 Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- Understanding the Basics of Trauma / 7 hours / CE:2024-116

## Meridian Behavioral Health

(612) 326-7605

- Risk Screening, Assessment, and Mitigation in Co-Occurring Care/ 2 hours / CE:2024-430
- 2023 8-hour Co-Occurring Training Program / 8 hours / CE:2023-303 for 1 hour of Ethics: "Belief Systems and Mental Health in Treating Co-Occurring Disorders".  
Approved for 1 hour each of Cultural Competency "Providing Culturally Sensitive Co-Occurring Services for the LGBTQIA+ Community", "Understanding Autism and Working with Individuals with Co-Occurring Disorders of Autism, Addiction, and Mental Illness"

## Metanoia Therapy

612-467-9212

- EMDR Therapy Basic Training / 57 hours / CE:2025-087 1 hour of this program may be used to satisfy the Ethics CE requirement. 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## Metro Healthcare Coalition

952-922-0422

- Footprints of Disaster / 6 hours / CE:2023-172

## Midwest Association of Christian Counselors

(202) 719-9765

[www.yourmacc.com](http://www.yourmacc.com)

- Best Practices in Christian Supervision / 4 hours / CE:2024-058 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Celebrating 10 Years of Ethical and Culturally Sound Service and Training / 6 hours / CE:2023-359 3 hours of this program may be used to satisfy the Ethics CE requirement. 3 hours of this program may be used to satisfy the cultural Competency CE requirement.
- Clinical Supervision: Raising the Next Generation / 4 hours / CE:2023-061 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Complex Trauma Dissociation & EMDR Therapy / 12 hours / CE:2024-182
- Digital Tech Intentionality / 3 hours / CE:2025-017
- Diversity made Simple / 2 hours / CE:2024-013 This program may be used to satisfy the Cultural Competency CE requirement.
- February 10, 2023 Workshop: Embracing and Immanuel Lifestyle: Soul Care for More Joy Capacity & Less

Overwhelm in Therapy and Ministry Life / May 19, 2023 Workshop: Diving Deeper into an Immanuel Lifestyle: Expanded Tools to Transform Traumatic Memories Through Life-Giving, Interactive Connection with God / 6.5 hours per day / CE:2023-018

- Navigating Identity from a Biblical Perspective / 7 hours / CE:2024-209 / 1.5 hours of this program may be used to satisfy the Ethics CE requirement.

## Midwest Center for EMDR

612-481-2104

[midwestcenterEMDR.com](http://midwestcenterEMDR.com)

- EMDR Basic Training / EMDRIA Approved / 50 hours / CE:2024-445 This program may be used to satisfy the Cultural Competency CE requirement.
- Virtual EMDR Basic Training – Fall 2023 / 50 hours / CE:2023-119
- Virtual EMDR Basic Training – Spring 2023 / 50 hours / CE:2023-118

## Midwest Center for Personal & Family Development

612-759-2671

[www.midwestcenter4u.com](http://www.midwestcenter4u.com)

- ADHD Beyond DSM-5: More Tools for Screening, Diagnosis & Therapy / 5 hours / CE:2023-377

## Midwest Mental Health Solutions

507-215-1118

[www.midwestmentalhealthsolutions.com](http://www.midwestmentalhealthsolutions.com)

- Stop Pathologizing Me: Normalizing Adolescent Distress / 2 hours / CE:2025-193
- Together Yet Alone: How the Most Connected Generation is the Loneliest One / 2 hours / CE:2025-194
- When they Can't Unplug: Understanding Video Game Addiction / 2 hours / CE:2025-195
- Prevention in Action: Evidence-Based Strategies for Combating Adolescent Substance Abuse / 2 hours / CE:2025-196
- With Great Power Comes Great Responsibility: An Ethics Review / 2 hours / CE:2025-197  
2 hours of this program may be used to satisfy the Ethics CE requirement.
- Uppers, Downers, and All-Arounders: An Overview of Adolescent Substance Use / 4 hours / CE:2025-198
- Compassionate Accountability in Clinical Supervision: Our Ethical Responsibility to Push Supervisees Forward / 3 hours / CE:2025-199  
3 hours of this program may be used to satisfy the Ethics CE requirement.  
3 hours of this program may be used to satisfy the Supervision CE requirement.
- Foundations of Motivational Interviewing / 2 hours / CE:2025-200
- Compassionate Accountability in Mental Health: Supporting People to Help Themselves / 2 hours / CE:2025-201

## Mindfulness In Real Life

763-234-0692

- Mindfulness – Based Stress Reduction (MBSR) / 24 hours / CE:2023-122
- Mindfulness Stress Reduction / up to 24 hours / CE:2024-109

## Minnesota Adult and Teen Challenge

(612) 238-6455

[www.mntc.org](http://www.mntc.org)

- Accelerated Resolution Therapy Presentation / 1 hour / CE:2025-232
- Family Recovery Matters-Clinical Interventions to Nurture Healing to Family Members Impacted by Addiction Trauma / 2 hours / CE:2023-089 / CE:2023-089
- From Screening to Interventions in the New Era of Co-Occurring Disorders / 2 hours / CE:2023-386

- Integration of Spirituality/Christianity and Counseling / 1 hour / CE:2025-233 1 hour of this program may be used to satisfy the Ethics and Cultural Competency CE requirement.
- Medical Marijuana & Addiction Treatment – Can They Co-Exist? / 1.5 hours / CE:2024-307
- Nature/Purpose of Testing/Assessment; Referral Process at MN Adult & Teen Challenge / 1 hour / CE:2025-234 / CE:2025-260 1 hour of this program may be used to satisfy the Ethics CE requirement.
- Peer Support Best Practices: Navigating the Role of a Peer Recovery Support Specialist / 2 hours / CE:2024-408
- Supervision – Panel Discussion / 1 hour / CE:2025-235 1 hour of this program may be used to satisfy the Supervision CE requirement.
- The Intersection of Substance Abuse and Psychosis: Evidenced-based Interventions / 2 hours / CE:2023-368
- The Ripple Effect: Examining The impact of 2023 MN Legislative Decisions on the Substance Use Disorder and Recovery Field / 2 hours / CE:2023-367
- Trauma Informed Modalities used for Substance Use Disorders / 2 hours / CE:2023-441
- Trauma Informed Modalities used for Substance Use Disorders / 2 hours / CE:2024-367
- Treating Opioid Dependence – One Person at a Time / 1 hour / CE:2023-117

## Minnesota Alliance on Problem Gambling (formally Northstar Problem Gambling Alliance)

(612) 424-8595

[www.northstarproblemgambling.org](http://www.northstarproblemgambling.org)

- 2024 Minnesota Conference on Problem Gambling / 7 hours / CE:2024-263 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- 2023 Minnesota Conference on Problem gambling / 7 hours / CE:2023-351 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.

## Minnesota Association for Children's Mental Health (MACMH)

(651) 644-7333

[www.macmh.org](http://www.macmh.org)

- 29<sup>th</sup> Annual Child & Adolescent Mental Health Conference / 15.5 hours / CE:2025-068  
This program may be used to satisfy the Ethics CE requirement.  
This program may be used to satisfy the Cultural Competency CE requirement.  
This program may be used to satisfy the Supervision CE LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- 27<sup>th</sup> Annual MACMH Child and Adolescent Mental Health Conference / 18 hours / CE:2023-085 This program may be used to satisfy the Ethics CE requirement. for Supervision CE for LMFT Board-approved supervisors This program may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy the Cultural Competency continuing education requirement.
- 2023 Infant and Early Childhood Conference / 18.5 hours / CE:2023-402 Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program can be used to satisfy the Cultural Competency continuing education requirement.
- Deepening Our Supervision and Early Childhood Work Through the Reflective Practice of Healing Justice, Sankofa, and Community / 5.5 hours / CE:2024-424 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- MACMH Summer Training Series / 12 hours / CE:2024-117 Cultural Competency for June 19, 2024, = 2 hours, August 16, 2024 = 1 hour
- MACMH Supervision Series Cohort 1 / 45 hours / CE:2024-268

- This program may be used to satisfy the 30-hour supervision training requirement found in Minn. Rule 5300.0160 required to become a MN-Board LMFT Supervisor.
- This program may be used to satisfy the Cultural Competency CE requirement.
- This program may be used to satisfy the Ethics CE requirement.
- MACMH Training Series 2025 / 21 hours / CE:2025-139 /  
1 hour of this program may be used to satisfy the Ethics CE requirement.  
This program may be used to satisfy the Cultural Competency CE requirement.  
This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- MACMH Training Series / 27 hours / CE:2024-281 / 7 Cultural Competency hours. Cultural Competency hours denied for courses on: 8/26/24, 9/16/24, 10/18/24, 11/15/24 – Neurodiversity/Autism/ADHD are not included in the “Cultural Competency” statutory definitions.
- MACMH Training Series / 14 hours / CE:2023-505 This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.  
**Ethics CE for:**  
A Personal and Professional Perspective on Transitions: Supporting Queer and Trans Youth – 1 hour  
DSM-5-TR Updates for Child and Adolescent Assessment: Application and Future Directions - .25 hours  
**Cultural Competency CE for:**  
Building Cultural Competency for Understanding and Treating Mental Health for the Hmong in America – 4 hours  
A Personal and Professional Perspective on Transitions: Supporting Queer and Trans Youth – 1.5 hours  
Healing-Centered Engagement: Compassion, Connection, Community, Curiosity, and Ceremony – 2 hours
- MACMH Training Series 2023 / 30 hours / CE:2023-387 This program may be used to satisfy the Ethics continuing education requirement.
- MACMH’s Child and Adolescent Conference 2024 / up to 19 hours / CE:2024-051 This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Supervision CE LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program may be used to satisfy the Cultural Competency CE requirement.
- 2023 MACMH Training Series / 27 hours / CE:2023-174 Application is for 27 hours with Ethics and CC hours as follows:
  - 6/13/2023 – Affirming LGBTQ Youth: Tools for Supportive Adults – for 1 hour Ethics, 2 hours Cultural Competency
  - 7/13/2023 – Gender Identity in Youth Children: Questions, Answers and Group Insights – 2 hours cultural Competency
  - 7/27/2023 – Karen Culture Presentation – 2 hours Cultural Competency
  - 8/2/2023 – Adoptive Youth and Parents in Therapy: Wisdom and Skills for Respectful Practice – 1 hours Cultural Competency
  - 8/4/2023 – Providing Mental Health Services to Sub-Saharan African Families & Refugee Families in the United States of America – 2 hours Ethics, 2 hours Cultural Competency
  - Pediatric Medical Traumatic Stress Webinars / 4.5 hours / CE:2024-286
- Infant & Early Childhood Multidisciplinary / 19 hours / CE:2024-389 / Ethics and Cultural Competency sessions listed below:  
**Ethics CE: (1.5 hours)**
- Healing Justice & Reflective Consultation: Attuning to Inner Work to Transform our World (1.5 hours)
- Cultural Competency CE: (14 hours)**
- Child-Parent Psychotherapy Booster (2 hours)
- Healing Justice & Reflective Consultation: Attuning to Inner Work to Transform our World (1.5 hours)
- Preventing the Development of Bias in Early Childhood: Helping Very Young Children Thrive in an Increasingly Diverse World (1.5 hours)
- Antiracist Caregivers Talk the Talk and Walk the Walk (1.5 hours)
- Power of Black Fatherhood in Pre and Post Natal Birthing’s (1.5 hours )

- Reflective Practice: A Pathway to Professional Growth and Organizational Success (1.5 hours)
- A Focus on Mindfulness: Using Affirmations and Medications for Personal and Family Wellbeing (1.5 hours)
- Medicine Wheel Wisdom to Return to Thriving (1.5 hours)
- Embodying Medicine Wheel Wisdom for Thriving (1.5 hours)
- MACMH Training Series / 9 hours / CE:2025-026 / 3.5 hours can be used to satisfy the Cultural Competency continuing education requirement.

## Minnesota Association of Community Mental Health Programs

(651) 571-0515

[www.macmhp.org](http://www.macmhp.org)

- Community Mental Health Practice in Minnesota: Professionalism, Boundaries and Ethics / 3 hours / CE:2025-020

## Minnesota Association for Marriage and Family Therapy (MAMFT)

(612) 278-8463

[www.mamft.net](http://www.mamft.net)

- MAMFT 2025 Book Club (2-part Series) / 10 hours (5 hours X 2 Sessions) / CE:2025-192 This approved program may be used to satisfy the Cultural Competency CE requirement for LMFT's.
- MAMFT 2025 Virtual Training Series / up to 52 hours / CE:2025-001  
This program can be used to satisfy the Ethics CE requirement.  
This program can be used to satisfy the Cultural Competency CE requirement.  
This program can be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors, but may NOT be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- MAMFT 2023 Training Series / 17.5 hours / CE:2023-058 Certain sessions may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors but may NOT be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. Certain sessions can be used to satisfy the Cultural Competency continuing education requirement.  
*Sessions Supervision CE credit:*  
The Business Side of Providing Supervision (2.0)  
*Sessions for Cultural Competency CE credit:*  
Cultural Humility in Relationships (1.0)  
Antiracism Facilitation Training (3.0)
- MAMFT 2024 Training Series / 9.5 hours / CE:2024-034
- MAMFT 2023 Annual Conference / up to 12.5 hours / CE:2023-393 Refer to documentation issued by MAMFT for reference to conference sessions as Ethics CE, Supervision CE and Cultural Competency CE. Sessions as Supervision CE may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors but may NOT be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- **MAMFT 2024 Annual Conference** / up to 10 hours / CE:2024-295 / Ethics, Supervision and Cultural Competency sessions listed below:  
**Ethics CE: (14 hours)**
  - Understanding the Pitfalls of Working with Children in Conflicted Families (1 hour)
  - Building Resilient Stepfamilies (1 hour)
  - Supervision Best Practices (1 hour)
  - The Many Faces of Intimacy (1 hour)
  - I Didn't Sign up for This: Being the Therapist in a High Conflict Divorce or Legal Matter (2 hours)
  - Beyond Setting Limits: Establishing Boundaries that build respect and relationship growth (2 hours)
  - Decoloniality, Cultural Humility & Relational Ethics (2 hours)
  - The Joy of Reconnecting with Earth (2 hours)

- Election Anxiety (2 hours)  
**Supervision CE: (3 hours)**
- We are Human Too (1 hour)
- Culturally Responsive Supervision (1 hour)
- Supervision Best Practices (1 hour)  
**Cultural Competency CE: (11 hours)**
- Culturally Responsive Supervision (1 hour)
- Mapping Identity (1 hour)
- Navigating Therapeutic Rupture & Repair with Cultural Humility (1 hour)
- MAMFT Book Club / 15 hours (5 for each event) / CE:2024-062
- When to Fold – Understanding the Pitfalls of Working with Conflicted Couples and Families: Subpoena's, Court Orders, and Board Complaints, OH MY! / 1.5 hours / CE:2024-392 **This program can be used to satisfy the Ethics CE requirement.**

## Minnesota Association for the Treatment of Sexual Abusers (MnATSA)

(218) 485-4445

[www.mnatsa.org](http://www.mnatsa.org)

- 27<sup>th</sup> Annual MnATSA Conference / 22.75 / CE:2024-079 **This program may be used to satisfy the Cultural Competency continuing education requirement.**
- 2023 MnATSA Annual Conference / 15.75 hours / CE:2023-120 **Portions of this program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. Portions of this program may be used to satisfy the Ethics CE requirement.**
- Annual MN Association for the Treatment of Sexual Abusers (MNATSA) / 16 hours / CE:2025-043 **This program may be used to satisfy the Ethics continuing education requirement. 3 hours of this program may be used to satisfy the Cultural Competency continuing education requirement. 1.5 hours of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.**
- Kink Knowledge / 8 hours / CE:2024-317
- Navigating an Ethical Practice While Working to Prevent Sexual Harm / 6 hours / CE:2024-394 **This program may be used to satisfy the Ethics CE requirement.**
- Risk Assessment with Child Sexual Exploitation Material / 3.25 hours / CE:2025-047

## Minnesota Association of Resources for Recovery and Chemical Health (MARRCH)

(651) 265-7856

[www.marrch.org](http://www.marrch.org)

- 2025 MARRCH Spring Conference / 12 hours / CE:2025-106 /  
**This program can be used to satisfy the Ethics and Cultural Competency CE requirements**  
**This program can be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.**
- 2023 MARRCH Annual Conference / 75 hours / CE:403  
**Ethics CE hours: 10.5**  
**An Overview of Ethical Clinical Supervision (1.5 hours)**  
**Self-Care of Community Care (1.5 hours)**  
**Ethical Considerations in the Practice of Harm Reduction (1 hour)**  
**Cultural Competence – An Ethical Requirement (1 hour)**  
**Ethics & Boundaries Update (1.5 hours)**  
**Hard Rains a Coming (1.5 hours)**  
**Advanced Ethics in Leadership and Clinical Supervision (1.5 hours)**

Substance Use Disorder Treatment for Individuals with a History of Sexual Offending: Considerations and Evidence-Based Practices (1 hour)

**Supervision CE hours: 4.5**

An Overview of Ethical Clinical Supervision (1.5 hours)

Advanced Ethics in Leadership and Clinical Supervision (1.5 hours)

Critical Issues in Counselor Supervision (1.5 hours)

**Cultural Competency CE hours: 14.5**

Solidarity and Recovery within Unsheltered Communities (1.5 hours)

Understanding East African Clients (1.5 hours)

Increasing Access to 12 Step Recovery: A Bold Call to Action (1 hour)

Street Outreach: Breaking Barriers and Meeting People Where They Are (1 hour)

Diversity and Inclusion in Substance Use Treatment Centers (1.5 hours)

Diagnosis and Treatment of ADHD in Black Communities (1.5 hours)

Lessons Learned: Advancing BIPOC Students and Employees in the Behavioral Health Field (1 hour)

Cultural Competence – An Ethical Requirement (1 hour)

Cultural Appetite for Community Mental Health Education (1 hour)

Cultural Humility: Navigating within Clinical and Professional Relationships (1 hour)

A Personal and Professional Look at the Transitioning Process (1.5 hours)

Providing Culturally Sensitive Co-Occurring Services to the LGBTQIA+ Community (1 hour)

- 2024 Legislative Overview / 1 hour / CE:2024-294
- 2024 MARRCH Spring Conference / up to 14 hours / CE:2024-094

**Ethics CE hours:1.5**

Leaders Create Toxic or Health Work Culture (1.5 hours)

**Cultural Competence CE hours: 2**

Becoming an Authentic Leader (1 hour)

Seven Teachings for Holistic Recovery (1 hour)

- MARRCH 2023 Spring Conference / 7 hours / CE:2023-146 Portions of this program listed below may be used to satisfy the Ethics CE requirement:

Ethics as:

- 4/20/2023 – Breakout #1 = 1 hour
- 4/20/2023 – Breakout #2 = 1 hour
- 4/21/2023 – Breakout #3 = 1 hour

Supervision as:

- 4/20/2023 – Breakout #3 = 1.5 hours

Cultural Competency as:

- 4/20/2023 – Breakout #2 = 1 hour

- 2024 MARRCH Annual Conference & Expo / 18 hours / CE:2024-365

**Approved Ethics Sessions:**

- Part 1- Clinician Wellness According to the Research / Part 2 – Helping the Helpers = 1.5 hours

- Ethics & Boundaries Update: 2024 & Beyond = 1.5 hours

- Advocacy and Counseling: What You Need to Know! = 1 hour

- It's Not Selfishness – It's Keeping Yourself Healthy = 1 hour

- Grief and the Addiction Professional = 1.5 hours

- Primum non nocere = 1.5 hours

- Bridging Traditions: The Ethics of Integrating the Twelve Steps and Harm Reduction in Substance Use Disorder Counseling = 1 hour

- Current Ethical Issues in the Substance Use Disorder Treatment Field = 1.5 hours

- Supervisory Ethics: The Ethical Imperative to Consider Supervisees Peers = 1 hour

- Healthy vs. Unhealthy Workplaces, Professional Conduct & Selfcare = 1 hour

**Approved Supervision Sessions:**

- Leadership versus Management in Substance Abuse Disorder Treatment Settings = 1 hour

- Multigenerational Clinical Supervision: Working Across the Ages = 1 hour
- Supervisory Ethics: The Ethical Imperative to Consider Supervisees Peers = 1 hour

#### **Approved Cultural Competency Sessions:**

- Addressing Implicit Bias with Cultural Humility = 1.5 hours
- Integrative Care Strategies for Older Adults (55+) Experiencing Co-Occurring Substance Use and Mental Health Disorders = 1.5 hours
- Keynote Session – Bringing Land, Spirit, & Indigenous Wisdoms to the Frontlines in Addictions Work = 1.5 hours
- Pathfinder Solutions: Empowering Diverse Communities and Inspiring Change = 1 hour
- Spirituality and Recovery = 1 hour
- Two Bears in a Canoe = 1.5 hours
- Integrating an Equity-Focused Lens into Addiction Treatment = 1.5 hours
- Culturally Competent Treatments for Asian Americans with Mental Health Concerns or Substance Use Disorder = 1 hour
- Utilizing LGBTQ + Resilience in SUD Treatment = 1 hour
- Understanding East African Clients – 1.5 hours
- Beyond Pronouns: Care Recommendations for Gender Diverse Clients = 1.5 hours
- Addressing the Disproportionality in Karen Youth Impacted by Fentanyl Learning Cultural Adaptations and Advocacy to Serve the Community = 1.5 hours
- Women in Long Term Recovery, Living Two Worlds = 1.5 hours
- The Hero's Journey: A Narrative and Inclusive Approach to Chemical Health Recovery = 1 hour
- Multigenerational Clinical Supervision: Working Across the Ages = 1 hour

- Legislative Advocacy for SUD Employees / 1 hour / CE:2024-420
- Outpatient SUD Treatment and Recovery Housing / 1 hour / CE:2024-383

## **Minnesota Autism Center**

(612) 488-9022

[www.mnautism.org](http://www.mnautism.org)

- QSP Symposium / 4.5 hours / CE:2023-408

## **Minnesota Center for EFT**

651-216-5309

[www.mnceft.org/event/](http://www.mnceft.org/event/)

- Basic Externship in Emotionally Focused Couple Therapy / 24 hours / CE:2024-300 / CE2025-210 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Core Skills in Emotionally Focused Couple Therapy / 48 hours / CE:2024-301 4 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Core Skills of Emotionally Focused Couple Therapy: Advanced Training / 12 hours for each 2-day training (48 hours total) / CE:2023-396
- Emotionally Focused Family Therapy - Level Two / 12 hours / CE:2023-523
- Emotionally Focused Therapy Training – Level 1/ 12 hours / CE:2023-186 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Externship in Emotional Focused Couple Therapy / 28 hours / CE:2023-185 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Supervisor Training / 4 hours / CE:2024-446 1 hour of this program may be used to satisfy the Ethics CE requirement. 1 hour of this program may be used to satisfy the Cultural Competency CE requirement. 4 hours of this program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30- hour supervision training requirement found in Minn. Rule 5300.0160.
- The Leading Edge Retreat / 18 hours / CE:2024-447 This program may be used to satisfy the Cultural Competency CE requirement.
- Working with Neurodiversity in Emotional Focused Couple Therapy / 12 hours / CE:2025-296 3 hours of this

program may be used to satisfy the Ethics CE requirement. 4 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## Minnesota Clinic for Health and Wellness

612-706-9630

[www.mnclinicforhealth.com](http://www.mnclinicforhealth.com)

- Whole Person Approaches for Addressing Stress and Anxiety / 4.5 hours / CE:2024-266

## Minnesota Coalition for Death Education & Support (MCDES)

(218) 310-1340

[www.mcdes.org](http://www.mcdes.org)

- Attachment Informed Grief Therapy: Interventions to Create Safety, Strengthen Self Capacities, and Promote Re-engagement / 6 hours / CE:2023-123
- Dignity in End of Life Care / 6 hours / CE:2024-277
- Suicide & Overdose Loss as a Crisis of Meaning: Assessment and Intervention in Traumatic Bereavement / 6 hours / CE:2025-108
- The Neuroscience of Grief: How We Learn From Love & Loss / 6 hours / CE:2023-372
- Understanding & Supporting Grieving Children & Families / 6 hours / CE:2024-083

## Minnesota Community Care

651-778-2891

- End Adultification of Black Children / 2 hours / CE:2023-017 This program may be used to satisfy the Cultural Competency CE requirement.
- Karen Culture Presentation / 2 hours / CE:2023-350 Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- Moral Injury in the Social Services / 3 hours / CE:2023-096 This program may be used to satisfy the Ethics requirement.
- Youth and Cannabis / 3 hours / CE:2023-344

## Minnesota Department of Health

651-201-5707

- Empowering First and Secondary Responders to Combat Traumatic Experiences / 6 hours / CE:2025-086

## Minnesota Department of Human Services

651-431-2333

- An Approach to Group Facilitation in IECMH Consultation / 3 hours / CE:2025-148 3 hours of this program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30- hour supervision training requirement found in Minn. Rule 5300.0160.
- Attachment and Bio-behavioral Catch-up (ABC) Booster Training / 3 hours / CE:2024-084
- DHS Mental Health Consultation Gathering / 5.25 hours / CE:2025-162  
3 hours of this program may be used to satisfy the Ethics CE requirement.  
4 hours of this program may be used to satisfy the Cultural Competency CE requirement.  
4 hours of this program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30- hour supervision training requirement found in Minn. Rule 5300.0160.
- Early Childhood Mental Health Affinity Groups for BIPOC Clinicians / 2 hours per month, up to 24 hours / CE:2025-263 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.

- Early Childhood Mental Health Training and Consultation on Working with Incarcerated Parents / 2 hours per presentation, up to 14 hours/ CE:2025-264 **This program may be used to satisfy the Cultural Competency CE requirement.**

## Minnesota Mental Health Clinics

651-395-5786

- ADHD: Current Theories, Assessment, and Treatment / 1 hour / CE:2025-121
- Anxiety & OCD Consultation and Education / 1 hour per session, up to 12 hours per attendee / CE:2024-269 / CE:2025-308
- Beyond Guilt and Shame: Treating Moral Injury in Clinical Practice / 1 hour / CE:2025-309
- Bipolar Disorder Therapy in a Three-Phase Approach / 2 hours / CE:2023-277
- Couples Therapy Consultation and Education / up to 12 hours per attendee / CE:2025-311
- De-traumatizing Trauma Treatment, Creating Safe and Supportive Healing Spaces / 1 hour / CE:2025-225
- Eating Disorders 101 / 1 hour / CE:2025-224
- Introduction to Sex Positive Therapy: How to Be Cool About Sex / 1 hour / CE:2025-158
- Providing Gender Affirming Care / 1 hour / CE:2025-044 / **1 hour of this program may be used to satisfy the Cultural Competency continuing education requirement.**
- The Importance of Context in Recovery from Substance Use Disorder / 1 hour / CE:2024-473
- Safety Planning and Suicide Prevention Using the CAMS Framework / 1 hour per attendee / CE:2024-343
- Substance Use Disorder (SUD) Consultation Group / up to 12 hours per attendee / CE:2025-310
- Trauma Sensitive Care / 1 hour / CE:2024-437
- Uncovering OCD: Hidden Symptoms and Misconceptions / 1 hour / CE:2024-384

## Minnesota Social Services Association (MSSA)

(651) 644-0556

[www.mssaconference.org](http://www.mssaconference.org)

- **2025 Annual Conference Expo / 2025 Virtual Conference / Up to 68 hours / CE:2025-016**

**Portions of this program may be used to satisfy the Cultural Competency CE requirement (see below).**

**Portions of this program may be used to satisfy the Ethics CE requirement (see below).**

**Portions of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors (see below). They may not be used to meet the 30- hour supervision training requirement found in Minn. Rule 5300.0160.**

### **CULTURAL COMPETENCY CE Sessions Approved:**

- Fostering Cultural Humility in Addressing Sexual Violence and Sex Trafficking among Youth
- Enhancing Inclusion for Social Workers & Case Managers with Disabilities
- How to Ace Aces and Aros
- Intergenerational Stories of Embodying Gender
- Homeless Veteran Registry: A Tool for Collaboration to Identify, Address, & End Veteran Homelessness
- Understanding the MN Black American experience to amplify clinical support
- Addressing ACEs in Native American Communities
- Working With Somali Clients: Cultural Responsiveness in Mental Health and Substance Use Treatment
- The Racialized History of Child Care
- Navigating Cultural Altitude: Supporting Supervisors with the Intercultural Development Inventory
- Assessing Culture: The Importance of Culturally Responsive Assessments
- Cultural Resilience and Ethical Emotional Practices: Integrating Chakras and Neurochemicals in SEL
- Being a Savior Saves Nobody
- Culture as the key

- The Psychological Effects of Rejection and Shame on Marginalized Groups
- Immersion Into the World of Hearing Loss: Experience a role reversal at "Martha's Vineyard"
- From Performative to Transformative: Reimagining DEI
- From Ally to Accomplice: Leveling Up How You Support the LGBTQ+ Community
- A New Generation: A Successful, Gender Diverse Healthy Relationships Pilot Group for Adolescents
- Helping Servicemembers be Seen in World of Human Services
- ISLAMIC FAITH AND WELLBEING AND OUR HEALTHCARE SYSTEMS
- Let Black Boys Lead: From Surviving to Thriving in School
- From Vulnerability to Empowerment: Supporting Foreign-Born Survivors of Human Trafficking
- The Human Library as an ADEI Experiential Learning Opportunity
- Seeing the U.S. through a Cultural Lens: How is our Collective Health and Wellbeing?
- Sexual Health and Wellness for Marginalized Patients
- Decentering whiteness and healing racialized workplace trauma in Social Services
- Culturally Responsive Approaches to Perinatal Mental Health Screening and Treatment
- Special Immigrant Juvenile Status (SIJS) & Other Immigration Issues for Youth in MN Juvenile Courts
- BEYOND POLARIZED LENSES: Navigating DEIA with Core Values
- Working in the LGBTQ+ Community

#### **SUPERVISION CE Sessions Approved:**

- Best. Supervisor. Ever: How to Create the Team of Your Dreams!
- Leading Intergenerational Teams
- Leading for the Long Haul: Achieving Longevity in Social Services Leadership
- Give them a hand up- supporting the next generation of practitioners in your agency
- Centering the Voices and Experiences of Service Recipients through Program Evaluation
- Performance Management Strategies for the Discerning Supervisor
- Finding Your True North: Navigating the Transition from Peer to Supervisor
- Shake It Off: Letting Go of Ineffective Training Methods
- Supervision Strategies for Promoting Critical Thinking
- Commit, Collaborate, Change: The Future of Leadership in Action
- Supervision for Licensure: Why it Matters

#### **ETHICS CE Sessions Approved:**

- What's an Ombudsman and what do they do anyway?
- Surviving and Thriving at Work: Care for yourself and competently care for your clients
- Minnesota's Guardians ad Litem: Experiences from GAL clinicians across rural Minnesota
- Minnesota Adult Abuse Reporting Center (MAARC) and Making Effective Online Reports
- Successful Practice Management, with an Emphasis on Billing and Insurance
- Understanding Types of Protective Orders and the Intersection of Civil and Criminal Remedies
- Teaming with the Guardian ad Litem in Child Protection Work
- The Missing Link: Authenticity and Clear Connection for Self-Care
- Therapist, Know Thyself: Skillful Navigation of Self with Clients
- A Mindful Approach to Burnout and Compassion Fatigue
- Employee Wellness Redefined: A Multi-Dimensional Approach to Health and Wellbeing
- Healthy Teams Build Boundaries Together

- **2024 Annual Conference & Expo / 80 + hour / CE:2023-514** Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30- hour supervision training requirement found in Minn. Rule 5300.0160. Portions of this program can be used to satisfy the Cultural Competency continuing education requirement.

#### **Sessions for Supervision CE:**

Reflective Leadership

Fostering a Supportive Environment for Queer and Trans Staff

Supportive supervision: How to empower an emerging multicultural social work workforce

Supervision Strategies for Promoting Critical Thinking

Adaptive Leadership in a Complex World: Reassuring the Reassurers

Social Worker's Roles in Treatment Court: An Intersection of Law and Advocacy

The Power of Civility in the Social Service Workplace: Change the Conversation

Safety in Social Service

Supervision: Using empathy for a constructive, accountable, and supportive team

Giving Effective Feedback: Stop Talking about the Past

**Sessions for Ethics CE:**

Telehealth: Bridging the gap between diversity and inclusion in Latino communities

Disrupting the Cycle of Frequent Hospitalizations and Criminal Justice Encounters

Providing Trauma-Informed, Gender-Inclusive Treatment With the 1115 SUD System Reform Demonstration

**Cultural Competency CE sessions are listed in the MSSA program (too many to list).**

- 130<sup>th</sup> Annual Training Conference & Expo / up to 60 hours (in person, webinar, on demand) / CE:2023-063  
Portions of this program may be used to satisfy the Ethics CE requirement (see below). Portions of this program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors (see below). It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. Portions of this program may be used to satisfy the Cultural Competency CE requirement (see below).

**ETHICS:**

Ethics and Dying: Getting into the Weeds of Care and Capacity

Battling Burnout from the Top Down

Ethical Applications in Family Service Agencies

Beyond the Basics of Self-Care: Promoting True Wellness in the Workplace

Social Work Practice: Ethical and Legal Considerations for Professional Boundaries

Ethics is a Team Sport

Taking Control of Well-being: Practical Tools to Bring Balance and Resilience into Your Life and Work

ICPC: Interstate Compact on the Placement of Children

Moral injury's impact on the helping profession

Building your Ethics Toolbox: Applying Regulations to Social Work Practice.

Addressing Chronic Stress and Burnout: How to Build Psychological Fitness

Public Perceptions of Child Protection: Implications for Practice

Organizations and Conceptualizing Self-Care for Employee Wellness and Retention

Ethical Competence Via Narrative Ethics & Provider-Client Solidarity Grows Food Justice

Leading Resilient Teams: Shifting the Burden from Self-Care to Team-Care

The State of Research on Interprofessional Education related to Intellectual and Developmental Disabilities

Mandated Reporting: Using a decision tree to practice ethical responsibility using an equity lens

**SUPERVISION:**

The Rumor of Effective and Meaningful Supervision: What every supervisor hopes their staff are saying.

Communication Diversity Skills- Understanding the Four Personality Styles

Support our supervisees before they are gone: How to help young human service workers in the field

The Youth Care Worker Burnout Prevention Model: Strategies for Leaders to Implement

Difficult Conversations with Staff: Get Ready and Grow

Retaining the Direct Support Workforce through Training of Frontline Supervisors

**CULTURAL COMPETENCY:**

Culturally Responsive Behavioral Crisis Response Teams: Crisis Intervention for a Whole Community

Raising the Bar: Fostering 21st Century Diverse, Equitable & Inclusive Mental Health Care for Minorities

Understanding East African Clients: Yussuf Shafie, MSW, LICSW, LADC

Recognizing Personal Biases Towards Clients with Disabilities and Chronic Illness

Child Welfare and Social Work Education:  
 From a Pedagogy of Oppression to a Pedagogy of Resistance  
 Child Welfare and Social Work Education:  
 From a Pedagogy of Oppression to a Pedagogy of Resistance  
 The Experiences of MN CPS Workers Working with Refugee Families: Challenges and Solutions  
 Listening Lessons from Listening Sessions  
 Determinants of Family Separation Stress among Refugees and Immigrants in New Homelands  
 Combating Educational trauma, in Black children through self -actualization  
 Creating the culture for reflective consultation in high stress fields  
 Making Equity more than a Buzzword  
 Being a Savior Saves Nobody  
 Communication Diversity Skills- Understanding the Four Personality Styles  
 Addressing ACEs in Native American Communities  
 Human Trafficking Prevention Methods  
 Addressing the Mental Health of Afghan Evacuees in MN: Adapting Screening and Referral for Disaster Response  
 Interviewing and Unconscious Bias  
 Cultural Therapy A Way Out for Working with African Immigrants with Mental Health Issues  
 Time to Get it Right: Making Changes to Meet the Needs of LGBTQ people who utilize HCBS  
 Collaborative Practices to Implement in Sex Trafficking Investigations  
 Writing the Letter: How to assess and recommend gender affirming treatments  
 Male Identified Youth - Unpacking Sexual Exploitation  
 Aging Out: A Youth's Perspective (Panel)  
 Implementing a Multidisciplinary Response Through the Creation of Human Trafficking Protocol  
 Stopping the School to Prison Pipeline  
 Crime of Passion and Mental Health Implications in African Immigrant Families  
 Ethical Competence Via Narrative Ethics & Provider-Client Solidarity Grows Food Justice  
 Voices of Experience: MYVoice Youth Panel  
 It Starts by Saying HI! Including people supported in the DEIA conversation.  
 What is and What Should Never Be

## Minnesota Society of Clinical Hypnosis

(612) 803-3018 [www.mschn.us](http://www.mschn.us)

- Fundamentals: Level 1 Training in Hypnosis / 21 hours / CE:2024-454 .5 hours of this program can be used to satisfy the Ethics continuing education requirement.
- Hypnosis: State of the Science (with Clinical Implications) / 6 hours / CE:2025-236
- MN Society of Clinical Hypnosis 50<sup>th</sup> Annual Workshops in Clinical Hypnosis / 1=21.5 hours, II=15 hours / CE:2023-164
- MN Society of Clinical Hypnosis 50<sup>th</sup> Annual Workshops in Clinical Hypnosis / 1=21.5 hours, II=16.5 hours / CE:2023-164 /
- Transformation: Neurobiology, Clinical Applications and Dissemination of Hypnosis / 12 hours / CE:2024-123

## Minnesota State University (Mankato)

(507) 389-5709 <https://www.mnsu.edu>

- Clinical Supervision Training - Foundational / 30 hours / CE:2023-006 This program is to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program can be used to satisfy the Ethics continuing education requirement. This program can be used to satisfy the Cultural Competency continuing education requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-Approved Supervisors.
- Clinical Supervision Training / 6 hours / CE:2024-092 / CE2025-188 This program may be used to satisfy the

Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program can be used to satisfy the Cultural Competency continuing education requirement.

- Clinical Training Day / 6 hours / C:2024-093 2 hours of this program may be used to satisfy the Ethics CE requirement. 4 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Clinical Training Day 2023 / 6 hours / CE:2023-376 This program may be used to satisfy the Ethics CE requirement. 3 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Diversity Made Simple: A Positive & Shame-Free Guide to Reducing Cultural Offenses and Repairing Cross-Cultural Relationships / 6 hours / CE:2025-122 2 hours of this program may be used to satisfy the Ethics CE requirement. 4 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Fundamentals of Adlerian Play Therapy/Sand Tray Play Therapy Fundamentals / 15.5 hours / CE:2024-291
- Maternal Mental Health Training / 6 hours / CE2025-030
- Neurodiversity: A Training for Mental Health Professionals / 6 hours / CE:2024-452 This program can be used to satisfy the Cultural Competency continuing education requirement.
- Rural Mental Health Training / 6 hours / 1.5 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Your Brain on Food: The Connection Between Nutrition & Mental Health / 1.5 hours / CE:2024-025
- Youth Mental Health Training Day 2024 / 6 hours / CE:2024-319 / 3 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.

## Minnesota Women in Psychology

760-484-8993

- Navigating the Therapist Lifespan: Insight from Minnesota Women in Psychology / 1 hour / CE:2024-195 Portions of this program can be used to satisfy the Ethics continuing education requirement.
- Therapist Well-Being: An Ethical Consideration for Therapists / 1.75 hours / CE:2023-184 This program can be used to satisfy the Ethics continuing education requirement.

## MN Association for Play Therapy (MNAPT)

763-229-3100

- MN Ethical & Legal Considerations for Play Therapy / 2 hours / CE:2023-417 This program can be used to satisfy the Ethics continuing education requirement.
- MNAPT Annual Conference / 8 hours CE:2023-086 Portions of this Program may be used to satisfy the Supervision CE requirement for LMFT Board-Approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

## Moody Octopus Collective

(612) 502-8926

<https://moodyoctopus.com/about/>

- Penis Problems: Navigating Male Sexual Functioning / 4 hours / CE:2025-209  
2 hours of this program can be used to satisfy the Ethics continuing education requirement.  
2 hours of this program may be used to satisfy the Cultural Competency continuing education requirement.
- Radical Goodbyes: Redefining Termination Sessions by Practicing Healthy Goodbyes / 4 hours / CE:2025-048  
This program may be used to satisfy the Ethics continuing education requirement.  
1 hour of this program can be used to satisfy the Cultural Competency continuing education requirement.

## NAMI Minnesota

(651) 645-2948

[www.namihelps.org](http://www.namihelps.org)

- 2024 NAMI Minnesota State Conference: Every Mind Matters / 4.5 hours / CE:2024-395
- Assessment and Beyond: Best Practices for Suicide Risk Stratification, Intervention, Safety Planning, and Postvention / 1 hour / CE:2025-241
- Beyond the Baby Blues / 2.5 hours / CE:2023-173
- Beyond the Baby Blues Conference / 5.5 hours / CE:2024-193 1 hour of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Mobile Crisis Team Training / 1.5 hours / CE:2025-075
- NAMI Minnesota 2023 State Conference: Mind and Body Connection / 4.5 hours / CE:2023-419
- Smoking Cessation Strategies for Mental Health Providers: Addressing Smoking Stigma, Encouraging Change / 3 hours / CE:2025-049

## Nathalie Mahood

651-331-9599

- Fatphobia: The Socially Acceptable Bias / 1 hour / CE:2024-120

## Neither/Both LLC

612-568-6520

[www.neitherboth.com](http://www.neitherboth.com)

- Identity Exploration and Development for the Therapist / 4 hours / CE:2023-412 This program may be used to satisfy the Cultural Competency continuing education requirement.

## NetCE

800-232-4238

[www.NetCE.com](http://www.NetCE.com)

- An Introduction to EMDR and Related Approaches in Psychotherapy / 6 hours / CE:2024-257
- Clinical Supervision: A Person-Centered Approach / 10 hours / CE:2024-259 / This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Cultural Competence: An Overview / 2 hours / CE:2024-261 2 hours of this program may be used toward the Cultural Competency continuing education requirement.
- Ethics for Counselors / 6 hours / CE:2024-255 This program may be used to satisfy the Ethics CE requirement.
- Implicit Bias in Health Care / 2 hours / CE:2024-256 3 hours of this program may be used to satisfy the Ethics CE requirement.
- Maternal Health Disparities / 4 hours / CE:2024-253 This program may be used to satisfy the Cultural Competency continuing education requirement.
- Movement and Dance in Psychotherapy / 10 hours / CE:2024-258 1 hour of this program may be used toward the Cultural Competency continuing education requirement.
- Psychedelic Medicine and Interventional Psychiatry / 10 hours / CE:2024-262
- Suicide Assessment and Prevention / 6 hours / CE:2024-254
- Vicarious Trauma and Resilience / 15 hours / CE:2024-260

## New Beginnings Minnesota

(612) 703-1174 [www.nbminnesota.com/our-legacy/workshops](http://www.nbminnesota.com/our-legacy/workshops)

- Cultural Attunement vs Cultural Diversity / 6 hours / CE:2024-405 This program may be used to satisfy the Cultural Competency CE requirement.

- Ethics and Boundaries / 6 hours / CE:2023-187 / CE:2024-006  
This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.
- Grief & Addiction-Diversity-Equity-Inclusivity / 4 hours / CE:2023-070  
This program may be used to satisfy 1 hour of the Cultural Competency continuing education requirement.
- Motivational Interviewing / 6 hours / CE:2023-410
- Trauma Informed Versus Trauma Reactive Care in a Co-Occurring Environment / 6 hours / CE:2024-231  
This program may be used to satisfy the Ethics CE requirement.

## New Leaf Wellness Institute

507-469-9044

- Supervising Gen Z Clinicians / 3 hours / CE:2025-242 3 hours of this course may be used to satisfy the Supervision continuing education requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- The Ethical Imperative: Promoting Client Wellness and Counselor Self-Care / 8 hours / CE:2024-318 / This program may be used to satisfy the Ethics CE requirement.

## NewPath Mental Health Services FKA Christian Recovery Center

[www.newpathmhs.com](http://www.newpathmhs.com)

- 2025 Monthly CE Trainings/ 12 hours / CE:2024-456 / Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- 2024 Monthly CE Trainings / 12 hours / CE:2024-112 Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- Monthly Training Series 2024 – Jan-May / 10 hours / CE:2023-489 Ethics for 3 hours: January – Professional Ethics & Diversity = 2 hours, April – Therapy with Older Adults = 1 hour, May – Suicide Assessment & Intervention – 1 hour, Cultural Competency for 3 hours; January – Professional Ethics & Diversity = 2 hours, April – Therapy with Older Adults = 1 hour, March – The Clubhouse Model = 1 hour
- Monthly Training Series – Summer/Fall 2023 / 10 hours (2 hours per Session) / CE:2023-276 Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.
- Monthly Training Series – July-November 2025 / 10 hours (2 hours per month) / CE:2025-261  
2 hours may be used to satisfy the Cultural Competency CE requirement.  
2 hours may be used to satisfy the Supervision CE Requirement. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160

## North Country Counseling

(320) 428-0744

- Working with Rural Populations: An Ethical and Cultural Application to Personal and Professional Practices / 4 hours / CE:2024-072 Portions of this program may be used to satisfy the Ethics CE requirement. Portions of this program may be used to satisfy the Cultural Competency CE requirement.

## Northlight Mental Health, PLLC

651-212-2094

[www.Northlightmentalhealth.com](http://www.Northlightmentalhealth.com)

- “What Happened to You? Conversations on Trauma, Resilience and Healing” Book Study / 10 hours / CE:2025-221

## NorthPoint Health and Wellness Center

612-543-2737

- Trauma Institute / 20 hours / CE:2023-442

## Novo Behavioral Health

(612) 324-8702

- Team Training and Consultation Group – 2024 / 40 hours / CE:2024-005
- Oppressive Trauma Informed Care / 2 hours / CE:2024-181
- Novo Team Training and Consultation Group (in-house only) / 40 hours / CE:2025-006

## Nystrom & Associates, Ltd.

(651) 628-9566

<https://www.nystromcounseling.com/events/>

- **Advanced Evidenced Based Practice of Clinical Supervision / 45 hours / CE:2023-513** This program is to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160 required to become a MN Board-Approved LMFT Supervisor. This program can be used to satisfy the Ethics continuing education requirement. This program can be used to satisfy the Cultural Competency continuing education requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-Approved Supervisors.
- **Advanced Evidenced Based Practice of Clinical Supervision / 45 hours / CE:2024-398** This program meets the 30-hour supervision training requirement found in Minn. Rule 5300.0160 required to become a MN Board-Approved LMFT Supervisor. This program can be used to satisfy the Ethics continuing education requirement. This program can be used to satisfy the Cultural Competency continuing education requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-Approved Supervisors.
- Advanced Sand Tray / 12 hours / CE:2024-471
- Advanced Sand Tray Therapy / 13 hours / CE:2023-486
- Basic Accelerated Resolution (ART) Training / 21 hours / CE:2023-484
- Behavioral Activation: Effective Strategies for Depression and Beyond / 6.5 hours / CE:2024-175
- Brief Behavioral Therapy for Insomnia: A Two In-Person, Two Phone Call Intervention for Adult Insomnia / 40 hours / CE:2023-154
- Clarifying the Confusing Truth about BPD and Depression / 6.5 hours / CE:2025-059
- Cognitive Behavioral Therapy for the Pregnancy and Postpartum Period / 12 hours / CE:2023-294
- Complex Trauma, Post Traumatic Stress, Dissociation and EMDR Therapy / 12 hours / CE:2023-025
- DBT Life-Skills Remote Training for the Non-DBT Clinician / 12 hours / CE:2024-100 / CE:2025-103
- DBT Life-Skills to Regulate Strong Emotions / 3.75 hours / CE:2023-420
- The DBT Prolonged Exposure Protocol Training / 19.5 hours / CE:2025-058
- DC:0-5 (Diagnostic Classifications of Mental Health and Developmental Disorders of Infancy and Early Childhood) / 12 hours / CE:2023-293
- DC: 05 (Diagnostic Classifications of Mental Health and Developmental Disorders of Infancy and Early Childhood) / 12 hours / CE:2024-315
- DC: 0-5 (Diagnostic Classifications of Mental Health and Developmental Disorders of Infancy and Early Childhood) / 12 hours / CE:2025-060
- Essential Topics in Early Childhood Mental Health / 6.5 hours / CE:2023-522
- Exposure and Response Prevention for the OCD and Hoarding / 6.5 hours / CE:2024-067
- Exposure and Response Prevention for the Treatment of OCD and Hoarding / 6.5 hours / CE:2024-374
- Eye Movement Desensitization and Reprocessing (EMDR) Therapy Refresher Course: Shore Up Your Skills / 6.5 hours / CE:2023-024
- First Responder and Military/Veteran Mental Health / 4 hours / CE:2024-399 / This program can be used to satisfy the Cultural Competency continuing education requirement.
- Intensive Workshop in Prolonged Exposure Therapy for PTSD / 25 hours / CE:2023-077 / 2024-174
- Internal Family Systems: An Introduction / 6.5 hours / CE:2025-061
- Intro to Sand Tray Therapy / 6.5 hours / CE:2024-470

- Introduction to Sand Tray Therapy / 6.5 hours / CE:2023-021 / CE:2023-485
- Make and Take it for Child Providers / 4 hours / CE:2024-070
- Mental Health Impacts of Social Media and Ethics in Telehealth and Social Media / 6.5 hours / CE:2025-214 **This program may be used to satisfy the Ethics continuing education requirement.**
- Mental Health Informed Birthing & Perinatal Education / 6 hours / CE:2023-023
- Motivational Interviewing: Helping People Change & Grow / 13 hours / CE:2024-173
- Nystrom & Associates Staff Training Program 2023 / Session hours vary by location / CE:2023-492 **This program may be used to satisfy the Ethics continuing education requirement. This program may be used to satisfy the Ethics continuing education requirement. This program may be used to satisfy the Cultural Competency continuing education requirement. This program can be used to satisfy the Cultural Competency continuing education requirement.**
- Postpartum and Psychosis / 6 hours / CE:2024-176
- Powerful Gottman Method Couples Therapy Tools for the Clinician / 6.5 hours / C:2023-487
- Quarterly Review for Updated Practice Foundations in DBT / 7.5 hours per training / CE:2024-280
- Quarterly Review for Updated Practice Foundations in DBT (2-Day) / 12 hours / CE:2023-078
- Reproductive Trauma: Essential Tools for Infertility, Pregnancy Loss, Birth Trauma, and Perinatal Mental Health Disorders / 6.25 hours / CE:2024-219
- Suicide Screening, Assessment, and Intervention / 3.75 hours / CE:2024-198
- The DBT Prolonged Exposure Protocol Training / 19.5 hours / CE:2024-159
- The Ethics of Digital Practice: An Essential Guide to Providing Quality Care, Navigating Ethical Issues and Managing Legal Risk / 6.25 hours / CE:2024-218 **This program may be used to satisfy the Ethics continuing education requirement.**
- The Ethics of Therapist Self-Disclosure: Boundaries, Countertransference and Self-of-Therapist in our Digital World / 6.25 hours / CE:2024-069 **This program may be used to satisfy the Ethics continuing education requirement.**
- The Future of Neurodiversity and Neurodivergence / 3.75 hours / CE:2024-068
- Treating Trauma with Integrative Relationship Therapy: A 2 Day Virtual Training Featuring Tammy Nelson / 12.5 hours / CE:2024-223
- Understanding and Assessing Suicidal and Self-Injurious Patients in Therapy / 6 hours / CE:2023-488
- Working with Clients in Family Court / 6.5 hours / CE:2024-472 **This program may be used to satisfy the Ethics continuing education requirement.**

## **NuVyb Consulting, LLC**

651-295-1925

- The Essence of Trusting Relationships / 12 hours / CE:2024-279
- Personal NuVybs – The Essence of Trusting Relationships / 12 hours / CE:2023-175

## **OCD & Anxiety Center of Minnesota**

612-730-5209

[www.ocdmn.com](http://www.ocdmn.com)

- Intensive OCD Training: From Diagnosis to Multimodal Treatment / 12 hours / CE:2-24-464

## **Parker Collins Family Mental Health, PLLC**

763-400-8000

[www.parkerCollins.com](http://www.parkerCollins.com)

- Assessment of Trauma and Dissociative Spectrum Disorders / 12 hours / CE:2023-358
- Dialectical and Behavioral Therapy Training / 20 hours (5 training hours per day) / CE:2023-340

## Paula Coyne & Sarah Bowman

651-925-6925

- NOW (Nature of Wholeness), Module 1: Foundations of Awareness and Connection / 26 hours / CE:2024-19

## People Incorporated Training Institute

651-288-3534

- Everyday Strategies for Calming Anxiety in Uncertain Times / 1 hour / CE:2025-208

## PESI, Inc.

800-647-8079

[www.pesi.com](http://www.pesi.com)

- 2-Day: Advanced CBT Training: Evidence-Based Interventions for Chronic Anxiety, OCD, Depression, Trauma and PTSD / 12.5 hours / CE:2023-114
- 2-Day: Advanced CBT Training: Evidence-Based Interventions for Chronic Anxiety, OCD, Depression, Trauma and PTSD / 12.5 hours / CE:2024-449
- 2-Day Anxiety Certificate Course: Integrate CBT and Exposure & Response & Prevention for Treatment of GAD, Panic Disorder, OCD, Social Anxiety, & Phobia / 12.5 hours / CE:2023-477 / CE:2025-021
- 2-Day Certification Training: Growing Up Anxious: Treating Anxiety Disorders in a Generation Hyper-Focused on Achievement, Technology & Safety / 12.5 hours / CE:2024-434
- 2-Day: Certified Clinical Trauma Professional Training / 12.5 hours / CE:2023-189 / CE:2024-180 / CE:2024-189
- 2-Day Certified Family Trauma Professional Training: Clinical Tools for Treating Intergenerational Trauma in Children, Adolescents, and Families / 12.5 hours / CE:2024-251
- 2-Day Conference: Play Therapy: Engaging Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma / 12.5 hours / CE:2023-490
- 2-Day Couples Therapy Crash Course: Top Integrative Techniques from the Gottman Method, Imago Therapy, EFT & More Leading Approaches / 12.5 hours / CE:2025-251
- 2-Day Creative & Playful Pathways to Treat Acute, Complex & Attachment Trauma: A Certified Child & Adolescent Trauma Professional Training Course / 12.5 hours / CE:2023-361
- 2-Day Dr. Dan Siegel on How Attachment, Trauma & Temperament Shape Personality: Applications from Interpersonal Neurobiology to Inspire Your Clinical Work / 9 hours / CE:2025-066
- 2-Day Embodied Practices for Trauma Recovery: 30 + Healing Practices to Empower Lasting Change / 12.5 hours / CE:2024-385
- 2-Day Emotional Freedom Techniques and Tapping: A Comprehensive Guide for Treating Anxiety, Trauma, and More / 12.5 hours / CE:2024-031
- 2-Day Grief Treatment Certification Course: Evidence-Based Strategies for Helping Clients Make Meaning After Loss / 12.5 hours / CE:2023-131
- 2-Day Grief Treatment Certification Course: Clinical Tools for Building Resiliency and Moving Toward Post-Traumatic Growth / 12.5 hours / CE:2025-157
- 2-Day Intensive ACT Training: Acceptance & Commitment Therapy / 12.5 hours / CE:2023-288 / CE:2025-153
- 2-Day Intensive Anger Management Certification Training: Mindfulness-Based Tools for Impulse Control, Reduced Emotional Reactivity and Long-Lasting Change / 12.5 hours / CE:2024-056 / CE:2025-141
- 2-Day Intensive Course: Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues and Managing Risk / 12.5 hours / CE:2023-167 / CE:2024-207 / CE:2025-128 / CE:2025-172 **This program may be used to satisfy the Ethics CE Requirement. This program may be used to satisfy the Supervision CE Requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160**
- 2-Day Intensive Training: Cognitive Processing Therapy: An Evidence Based Approach to Treat PTSD and Related Conditions / 12.5 hours / CE:2023-113 / CE:2023-307 / CE:2024-118 / CE:2024-163 / CE:2025-136 / CE:2025-179

- 2-Day Intensive Training: Mindfulness Certification Course / 12.5 hours / CE:2023-132 / 2023-509/ CE:2025-140
- 2-Day Intensive Trauma Treatment Certification Workshop: EMDR, CBT and Somatic Based Interventions to Move Clients from Surviving to Thriving / 12.5 hours / CE:2023-148
- 2-Day Intensive Workshop: Treating Complex Trauma with Internal Family Systems (IFS) Therapy / 12.5 hours / CE:2025-204
- 2-Day Janina Fischer's Trauma Treatment Certification Training (CCTP): The Latest Advances and Proven Techniques to Resolve Deeply Held Trauma / 12.5 hours / CE:2024-085
- 2-Day Ketamine and Mental Health Free Online Workshop: Foundations of Ketamine Assisted Therapy / 12 hours / CE:2023-264
- 2-Day Mindfulness for Emotional Eating: Weight-Neutral Strategies for Managing Triggers, Cravings, and the Diet-Binge Cycle / 12.5 hours / CE:2025-173
- 2-Day Mindful Hypnosis Certification Training: Revolutionize Your Approach to ADHA, Anxiety, Trauma, and More / 12.5 hours / CE:2025-053
- 2-Day Mindfulness-Based Cognitive Therapy (MBCT): An 8-Session Protocol for Lasting Change in Treating Trauma, Anxiety, Depression & More / 12.5 hours / CE:2025-226
- 2-Day Neuroscience Masterclass for Clinicians: Brain-Body Interventions for Trauma, Anxiety, Substance Use and More / 12.5 hours / CE:2025-087
- 2-Day Perfectionism & Anxiety Certification Training: Effective Tools to Navigate High Standards, Self-Criticism, and Unrealistic Expectations / 12.5 hours / CE:2024-208 / CE:2025-181
- 2-Day Polyvagal Theory for Embodied Trauma Recovery: Certified Clinical Trauma Professional (CCTP) Certification Training / 12.5 hours / CE:2025-152
- 2 Day Prolonged Exposure Therapy for PTSD: Move Clients from Fear to Freedom with Safe, Evidence-Based Trauma Treatment / 12.5 hours / CE:2025-155
- 2-Day Telehealth Certification Training for Mental Health Professionals / 12.5 hours / CE:2025-205  
This program may be used to satisfy the Ethics continuing education requirement.
- 2-Day: The "Not Good Enough" Treatment Plan: A Certified Shame-Informed Treatment Specialist Training / 12.5 hours / CE:2024-412
- 2-Day Training: The Clinical Supervision Toolkit: Over 25 Proven Strategies for Feedback, Evaluation, Skill Building More / 12.5 hours / CE:2025-325 This course may be used to satisfy the Supervision continuing education requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- 2-Day Transforming Traumatic Grief: New Strategies for Meaningful Healing from Traumatic Loss / 12.5 hours / CE:2024-404
- 2-Day Transcending Trauma: Treating Complex PTSD with Internal Family Systems (IFS) Presented by Frank Anderson / 12.5 hours / CE:2023-259
- 2 -Day: Trauma Conference: The Body Keeps Score – Trauma Healing with Bessel van der Kolk, MD/ 10.5 hours / CE:2023-414
- 2-Day Trauma Conference: Trauma Conference: The Body Keeps Score – Trauma Healing Through the Senses with Bessel van der Kolk, MD / 10.5 hours / CE:2024-402
- 2-Day Treating Adult Survivors of Childhood Abuse and Neglect: Clinical Tools from CBT, Ego States, EMDR, and Somatic Therapy / 12.5 hours / CE:2024-340
- 2-Day Transforming Traumatic Grief: New Strategies for Meaningful Healing from Traumatic Loss /12.5 hours / CE:2025-332
- 2-Day Trauma Treatment Certification Training: Safe and Stable Trauma Processing and Resolution with CPT, PE, AMDR and IFS / 12.5 hours / CE:2024-158
- 2-Day Traumatic Memory Processing Workshop: Over 20 Clinical Techniques from Brainspotting, EMDR, IFS Therapy, and More / 12.5 hours / CE:2025-180
- 2-Day Workshop: Polyvagal Theory in Action: Creating Safety & Connection with Trauma Clients / 12.5 hours / CE:2024-466
- 2-Day Workshop: Polyvagal Theory in Action: Creating Safety & Connection with Trauma Clients/12.5 hours /

CE:2023-444

- 2-Day Workshop: Polyvagal Theory in Action: Creating Safety & Connection with Trauma Clients / 12.5 hours / CE:2024-397
- 3-Day: DBT Certification Training from Start to Finish: Integrative & Customizable Treatment Strategies for Every Client / 21 hours / CE:2025-134
- 3-Day Certification Training in Dialectical Behavior Therapy: The Complete A to Z Course on Using DBT to Treat a Wide Range of Clinical Challenges / 21 hours / CE:2023-362 / CE:2025-255
- 3-Day: Dialectical Behavior Therapy Certification Training / 21 hours / CE:2023-370 / CE:2024-086 / CE:2024-162 / CE:2024-186 / CE:2025-040
- 3-Day Integrative Medicine and Nutrition for PTSD and Complex Trauma CIMHP Certification / 19 hours / CE:2023-428
- 3-Day Intensive Training on EMDR for Trauma: The Complete Guide to Assessment, Resource Development and Treatment / 19 hours / C:2023-093
- 3-Day Intensive Trauma Treatment Certification Retreat: EMDR, CBT and Somatic-Based Interventions to Move Clients from Surviving to Thriving / 15.25 hours / CE:2025-064
- 3-Day Intensive Trauma Therapist Certification Training: Safe and Effective Stabilization and Treatment Techniques for PTSD and Complex Trauma / 19 hours / CE:2025-092
- 3-Day: Mental Health & Nutrition Certification Course / 19 hours / CE:2023-475 / CE:2025-125
- 3-Day Retreat: Treating Complex PTSD with Internal Family Systems (IFS) Retreat – Transcending Trauma with Frank Anderson, MD / 14.25 hours / CE:2023-406
- 3-Day Workshop on Using Internal Family Systems Therapy: Applying the IFS Model in the Treatment of PTSD, Complex Trauma and More / 19 hours / CE:2024-065
- 3-Day Workshop on Acceptance and Commitment Therapy (ACT): The Complete A to Z Training Program for Treatment Professionals / CE:2024-364
- 3-Day Workshop on Using Internal Family Systems Therapy: Applying the IFS Model in the Treatment of PTSD, Complex Trauma and More / 19 hours / CE:2025-094
- 4-Dy IMMERSIVE Cognitive Behavioral Therapy Certification Training to Treat Children and Adolescents: Master the Art of Integrating the Three Waves of CBT / 25.25 hours / CE:2023-516
- 5-Day Grief Retreat for Healing Professionals: An Immersion Workshop on Restoring Hope and Facilitating Healthy Grief Processing / 18 hours / CE:2024-217
- 5-Day Polyvagal Theory in Clinical Work Retreat: Practical Applications to Improve Clinical Outcomes / 21.5 hours / CE:2024-289
- 6-Day: Internal Family Systems Immersion Retreat: IFS Step-by-Step for Healing Trauma and Alleviating Anxiety, Depression, Addiction and More / 24 hours / CE:2025-039
- 7-Day Retreat: EMDR Intensive Clinical Training / 33.25 hours / CE:2023-341 / CE:2023-348 / CE:2024-021
- Abandonment Trauma: Treatment Strategies to Heal Inner Child Wounds and Restore Healthy Attachment / 6.25 hours / CE:2025-118
- Acceptance & Commitment Therapy Made Easy: ACT for PTSD, Anxiety, Depression & Personality Disorders / 6.25 hours / CE:2023-280 / CE:2025-089
- Advanced Clinical Dementia Certification Training: Neuropsychiatric Symptom Control, Dysphagia Challenges, Prescriptive Decisions & More / 6.25 hours / CE:2024-467
- ACT BootCamp: Premier 4-Day Training in Acceptance & Commitment Therapy / 30 hours / CE:2025-137
- ACT for Anxiety-Driven Perfectionism: Acceptance and Commitment Therapy Tools to Decrease Worry, Fear of Failure, and More / 6.25 hours / CE:2025-126
- ACT for Behavioral Addictions: A Shame-Free Approach for Helping Clients Understand Their Triggers, Break Compulsive Patterns, and Embrace Pain with Purpose / 6 hours / CE:2024-124
- Advanced Experiential CBT Techniques: Enhanced Conceptualization & Body-Based Techniques / 6.25 hours / CE:2023-094
- Advanced Telemental Health Training: Updated Laws, Ethical Guidelines & Innovative Technology for Best Practice / 6.25 hours / CE:2024-087 This program can be used to satisfy the Ethics continuing education

**requirement.**

- Advanced Training in Cognitive Processing Therapy: The Official Level II Training for Managing Complex Trauma & Related Conditions / 6.25 hours / CE:2025-127
- Adoption an Mental Health: Must-Have Strategies for Navigating Trauma, Loss, and More with Clients of All Ages / 6.25 hours / CE:2025-156
- AEDP for Trauma and Attachment Wounds: A Proven Approach for Transformation Healing with Diana Fosha / 6.25 hours / CE:2024-101
- Alzheimer's Disease & Other Dementias Certification Training / 6.25 hours / CE:2024-474
- An EMDR Super Resourcing Strategy for Treating Attachment Trauma / 6.25 hours / CE:2023-480
- Anger Management Crash Course: Top ACT & CBT Techniques for Transforming Conflict / 6.25 hours / CE:2025-231
- Animal-Assisted Therapy: Meeting Client's Therapeutic Goals One Paw at a Time / 6.25 hours / CE:2025-117
- Anxious Grief: Strategies for Working with the Missing Stage of Grief / 3 hours / CE:2023-510
- Art Therapy: Creative Interventions for Kids with Trauma, Anxiety, ADHD and More! / 6.25 hours / CE:2024-303
- Assessment, Intervention, and Critical Response to Violence on Campus: What we Know and What We've Experienced / 3 hours / CE:2025-031
- Attachment-Focused EMDR Workshop and Consultation with Dr. Laurel Parnell: Healing Relational Trauma and Adults Abused in Childhood / 15.25 hours / CE:2025-202
- Autism: De-Escalate Meltdowns and Diffuse Explosive Behaviors in Children and Adolescents / 6.25 hours / CE:2024-417
- Big Behaviors in Small Containers: 50 Trauma-Informed Play Therapy Interventions for Disorders of Dysregulation / 6.25 hours / CE:2024-341
- Borderline, Narcissistic, Antisocial and Histrionic Personality Disorder: Effective Treatments for Challenging Clients / 6.25 hours / CE:2023-001 / CE:2023-479
- Boundaries and Dual Relationships in Clinical Practice: Ethical and Risk Management Challenges / 6.25 hours / CE:2024-187 **This program can be used to satisfy the Ethics continuing education requirement.**
- Boundaries in Clinical Practice: Top Ethical Challenges / 6.25 hours / CE:2023-469
- Boundary Setting in Clinical Practice: The Best Ethical Practices / 6.25 hours / CE:2024-276 **This program can be used to satisfy the Ethics continuing education requirement.**
- Brainspotting Workshop with David Grand: Integrating the Neuroexperiential Model for Rapid Trauma Healing / 11.25 hours / CE:2025-203
- Breaking the Cycle of Unhealthy Family Relationships: Top Tools for Better Boundaries / 6.25 hours / CE:2023-068
- Breaking the Hunger Habit: Jud Bower's Comprehensive Training for Mental Health Professionals / 3 hours / CE:2024-019
- Calming the Anxious Mind & Body: Create New Neural Pathways for Regulation with Integrative CBT / 3 hours / CE:2024-337
- Changing the ADHD Brain: Moving Beyond Medication / 6.25 / CE:2023-363 / CE:2025-154
- Changing the ADHD Brain: Moving Beyond Medication / 6.5 / CE:2024-205
- Chronic Medical Illness: ACT, CBT, and MI to Improve Anxiety, Grief, Pain, and Functioning / 6.25 hours / CE:2025-098
- Clinical Applications of Internal Family Systems Therapy: Step-by-Step Procedures for Healing Traumatic Wounds and Alleviating Anxiety, Depression, Trauma, Addiction and More / 6.25 hours / CE:2024-164 / CE:2025-095
- Compassion Fatigue Certificate Training for Healthcare, Mental Health and Caring Professionals / 6.25 hours / CE:2023-459
- Complex Developmental Trauma: Attachment, Neurobiological and Cognitive-Behavioral Interventions to Heal the Traumatized Child / 6.25 hours / CE:2024-275
- Complex Trauma Treatment Fundamentals: Over 50 Must-Have Skills and Interventions from EMDR, IFS Therapy, Somatic Approaches and More / 6.25 hours / CE:2025-119 / CE:2025-182
- Couples Techniques for Digital Infidelity: Tools for Handling Disconnection, Jealousy, Pornography and More / 6.25 hours / CE:2025-250

- Culturally Responsive Clinical Supervision: Ethical and Trauma-Informed Multicultural Supervision Strategies / 6.25 hours / CE:2023-468 This program can be used to satisfy the Ethics continuing education requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160. This program can be used to satisfy the Cultural Competency continuing education requirement.
- David Kessler's Grief Techniques for Helping Clients Release Pain and Create Meaning / 3 hours / CE:2024-283
- DBT Crash Course for Clinicians: 15 Core Techniques in Improve Emotional Regulation, Manage Distress and More / 6.25 hours / CE:2024-157 / CE:2024-188 / CE:2025-114 / CE:2025-183
- DBT Strategies for the Use with Individuals and Couples to Reduce Toxic Dynamics / 6.25 hours / CE:2024-053
- Dissociative Identity Disorder: Best Practices for Working with Complex Trauma, Attachment Wounds, and Multiplicity / 6.25 hours / CE:2024-468
- Documentation and Risk Management in Behavioral Health: Top Ethical Challenges / 6.25 hours / CE:2024-413 This program can be used to satisfy the Ethics continuing education requirement.
- Domestic & Intimate Partner Violence: The Complete Guide to Identification, Documentation, Reporting and Trauma-Informed Responses / 6.25 hours / CE:2024-290
- EMDR: A Rapid, Safe, and Proven Treatment for Trauma / 12.5 hours / CE:2024-161
- EMDR Therapy Crash Course: A Step-by-Step Review of Fundamental Techniques and Clinical Applications / 6/25 hours / CE:2025-252
- EMDR & Internal Family Systems (IFS) Therapy: Integration Techniques to Resolve Inner Conflicts for Enhanced Trauma Processing / 6.25 hours / CE:2025-120
- EMDR & Parts Work for Treating Trauma: Somatic Techniques to Decrease Defensiveness and Facilitate Trauma Processing / 6.25 hours / CE:2024-298
- EMDR for Kids: Trauma-Informed Strategies for Young Clients and Their Grownups / 3 hours / CE:2023-095
- EMDR Interventions for Recent Trauma Recovery with Dr. Laurel Parnell: Proven Techniques for the Immediate Aftermath of Traumatic Events / 3.75 hours / CE:2024-334
- Emotional and Disordered Eating: Trauma-Informed Clinical Tools to Heal Your Clients Relationship with Food and Body / 6.25 hours / CE:2024-179 / CE:2025-091
- Emotional Eating, Chronic Dieting, Bingeing and Body Image: What Every Clinician Needs to Know / 6.25 hour / CE:2023-266
- Emotional Eating, Chronic Dieting, Bingeing and Body Image: What Every Clinician Needs to Know / 6.25 hours/ CE:2024-351
- Emotional Eating, Chronic Dieting, Binging and Body Image: What Every Clinician Needs to Know / 6.25 hours/ CE:2025-023
- Emotional Focused Individual Therapy (EFIT) for Attachment Trauma: Transforming Psychological Wounds for Adult Clients Traumatized as Children / 3 hours / CE:2023-310
- Emotional Freedom Techniques (EFT) and Tapping: Evidence-Based, Mind-Body Treatment Approach to the Anxiety Spectrum Disorders / 6.25 hours / CE:2025-185
- Ethical and Legal Challenges of Working with Minors: Tools to Navigate Mandatory Reporting, Documentation, Boundary Issues, and More / 6.25 hours / CE:2024-403 This program can be used to satisfy the Ethics continuing education requirement.
- Ethics and Risk Management in Behavioral Health: What Every Clinician Needs to Know About Mental Health and the Law / 6.25 hours / CE:2023-364 This program can be used to satisfy the Ethics continuing education requirement.
- Ethical Competence for Clinicians: Best Practices and Guiding Principles for Effective Treatment / 6.25 hours / CE:2024-155 / CE:2025-151 This program can be used to satisfy the Ethics continuing education requirement.
- Ethical, Legal, and Professional Issues for the Advanced Practice Clinician: Strategies for Reducing Risk in Clinical Practice / 6.25 hours / CE:2025-228 / This program can be used to satisfy the Ethics continuing education requirement.
- Ethics and Risk Management in Behavioral Health: What Every Clinician Needs to Know About Mental Health and the Law / 6.25 hours / CE:2025-065 / This program can be used to satisfy the Ethics continuing education requirement.

**requirement.**

- Extended Adolescence – When 25 Looks More Like 18: Clinical Strategies for Clients Struggling to Meet the Demands of Adulthood / 6.25 hours / CE:2024-336
- Exercise as Therapy: Evidence-Based Interventions for Enhancing ACT, CBT, and More with physical Activity / 6.25 hours / CE:2025-329
- Finding Meaning in Loss: The Sixth Stage of Grief / 6.25 hours / CE:2024-022
- Flash Technique for Trauma: Rapid Trauma Processing for Clinicians Using EMDR, CPT, DBT, CBT and IFS / 6.25 hours / CE:2023-111 / CE:2024-088
- Food and Mood: A Therapist's Guide to the Role of Nutrition in Mental Health / 6.25 hours CE:2023-281
- Food and Mood: A Therapist's Guide to the Role of Nutrition in Mental Health / 6.25 hours CE:2024-396
- Gaslighting: Help Clients Escape and Rebuild from a Narcissist's Emotional Abuse / 6.25 hours / CE:2023-133
- Gaslighting: Help Clients Escape and Rebuild from a Narcissist's Emotional Abuse / 6.25 hours / CE:2024-418
- Getting Started with Couples Therapy Intensives: A New Approach for Fast and Effective Results / 6.5 hours / CE:2025-033
- Grief Counseling and Treatment Certification Training: Assessments and Interviews to Support Healthy Grieving and Adaptation to Death and Loss / 6.25 hours / CE:2024-156
- Grief in the DSM-5-TR: The Most Recent Diagnostic Guidelines / 3 hours / CE:2025-331
- Healing from Affairs Free Training with Tammy Nelson: Moving Past the Trauma of Betrayal and Infidelity / 6.25 hours / CE:2023-071
- Helping the Anxious Generation: A Power-Packed Menu of Evidence-Based Interventions / 3 hours / CE:2024-302
- Hoarding Disorder: Evidence Based Approaches to Help Clients Live Uncluttered Lives / 6.25 hours / CE:2025-142
- Immigration Evaluations for Mental Health Professionals: Must-Have Skills to Conduct Psychological Trauma Assessments, Write Reports & Testify in Court / 6.25 hours / CE:2025-248 **This program may be used to satisfy the Cultural Competency continuing education requirement.**
- Integrating Play and EMDR: Treating Complex Trauma in Children and Families / 3 hours / CE:2025-022
- Integrative Attachment Family Therapy / 3 hours / CE:2023-346
- International Family Systems Therapy: Step-by-Step Procedures for Healing Traumatic Wounds and Alleviating Anxiety, Depression, Trauma, Addiction & More / 6.25 hours / CE:2023-360
- Interpersonal Psychotherapy (IPT) for Trauma, Anxiety and Depression: A Brief Relational Approach to Healing and Personal Growth / 6.25 hours / CE:2024-252
- Janina Fisher's Trauma Treatment Certification (CTTP): The Latest Advances and Proven Techniques to Resolve Deeply Held Trauma / 12.5 hours / CE:2024-335
- Kids in Foster Care: Transformative Tools to Treat the Trauma of Abandonment, Abuse, Grief, and Loss / 6.25 hours / CE:2024-224
- LGBTQ+ Clients: Queer Affirmative Strategies to Address Sexual and Gender Identity / 6.25 hours / CE:2025-090 **This program may be used to satisfy the Cultural Competency continuing education requirement.**
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies / 6.25 hours / CE:2023-073 **This program may be used to satisfy 1 hour of the Cultural Competency continuing education requirement.**
- LGBTQ Youth: Clinical Strategies to Support Sexual Orientation and Gender Identity / 6.25 hours / CE:2023-371 **This Course can be used to satisfy the Cultural Competency continuing education requirement.**
- Loving You Without Losing Me / 3 hours / CE:2023-405
- Mastering Differential Diagnosis with the DSM-5-TR: A Symptom-Based Approach / 6.25 hours / CE:2023-308
- Medical and Recreational Marijuana for Mental Health and Healthcare Professionals: Answers to Your Biggest Questions / 6.25 hours / CE:2023-158
- Mastering CBT: 15 Transformative Techniques for Trauma, Anxiety, and Mood Disorders / 6.25 hours /

CE:2024-304

- Mastering the Art of Parent Engagement: Empower Parents to be the Change Agent in Their Child's Treatment / 6.25 hours / CE:2025-007
- Mastering Differential Diagnosis with the DSM-5: A Symptom-Based Approach / 6.25 hours / CE:2025-082
- Mental Health Documentation & Medical Necessity: Simple, Clear Guidelines that Maintain Quality of Care and Protect Your Practice / 6.25 hours / CE:2023-457 / CE:2025-254
- Mental Health Issues in the Classroom: Practical Strategies for Helping Children and Adolescents Succeed / 6.25 hours / CE:2024-282
- Medical Trauma: Clinical Tools for Treating PTSD, Anxiety, and Depression Following a Health Crisis / 6.25 hours / CE:2023-306 / CE:2024-190 / CE:2024-388
- Moral Injury: Acceptance and Commitment Therapy Interventions for Trauma, Guilt, and Anger / 6.25 hours / CE:2024-433
- Moral Injury in the Behavioral Health Professions: Navigating Clinical and Ethical Challenges with Resilience / 6.25 hours / CE:2025-187 This program can be used to satisfy the Ethics continuing education requirement.
- Motivational Interviewing: Evidence-Based Interventions to Improve Client Engagement and Accelerate Behavioral Change / 6.25 hours / CE:2024-054
- Multicultural Awareness & Diversity: Powerful Strategies to Advance Client Rapport and Cultural Competence / 6.25 hours / CE:2023-279 / CE:2025-227 This program can be used to satisfy the Ethics continuing education requirement. This program can be used to satisfy the Cultural Competency continuing education requirement.
- Narcissistic Abuse In-Depth Workshop with Ramani Durvasula / 6.25 hours / CE:2023-296 / CE:2025-054
- Navigating Boundaries, Countertransference, and Self-Disclosure: Top Ethical Challenges in Clinical Practice / 6.25 hours / CE:2024-416 This program can be used to satisfy the Ethics continuing education requirement.
- Navigating the Political Minefield in Psychotherapy: The Ethics of Self-Disclosure, Managing Countertransference and More / 3.25 hours / CE:2025-328 This program can be used to satisfy the Ethics continuing education requirement.
- Neurodiversity in Women: Therapeutic Strategies for Empowering Women with Autism or ADHD / 4 hours / CE:2025-256
- Neuroscience for Clinicians: New Brain Science for Trauma, Anxiety, Depression and Substance Abuse / 6.25 hours / CE:2023-373 / CE:2025-206
- ODD, ASD, ADHD & Mood Disorders: Over 50 Proven Techniques for Children and Adolescents / 6.25 hours / CE:2024-362
- Oppositional, Defiant & Disruptive Children and Adolescents: Non-Medication Approaches to the Most Challenging Behaviors / 6.25 hours / CE:2024-052
- Pet Loss Grief Counseling Trained Professional / 6.25 hours / CE:2025-096
- Play the Neurodivergent Way: Essential Tools for Affirming and Effective Therapy with Young Clients / 6.25 hours / CE:2024-387
- Polyvagal Theory and the Neuroscience of Connection: How a Polyvagal Perspective Can Enhance the Treatment of Trauma and Anxiety / 6.25 hours / CE:2024-055
- Polyvagal Essentials for Every Clinician: Practical Applications for Safety, Attachment, Trauma, and Anxiety / 6.25 hours / CE:2024-250
- Polyvagal Theory: Pathways to Stillness with Deb Dana / 3 hours / CE:2024-185 / CE:2025-327
- Postpartum Anxiety, Rage and Burnout: Compassionate Clinical Strategies to Keep Mom and Baby Safe and Thriving / 3 hours / CE:2023-168
- Pregnancy and Infant Loss: Effective Strategies to Support Grief and Trauma, Anxiety, and Depression in Bereaved Parents / 6.25 hours / CE:2023-365 / CE:2025-315

- Premarital Counseling Specialist Program: A Complete, Step-by Step Guide to Helping Couples Build Lasting Relationships / 6.25 hours / CE:2024-419
- Processed-Based Therapy / 1 hour / CE:2023-349
- Psychopharmacology: Essential Information for Mental Health Professionals / 6.25 hours / CE:2023-112 / CE:2024-119 / CE:2025-135
- Psychotherapy with Older Adults: Effective Assessment and Treatment Strategies to Serve an Aging Population / 6.25 hours / CE:2024-339
- Racial and Generational Trauma Recovery Evidence-Based Somatic Interventions for BIPOC Clients / 6.25 hours / CE:2025-116 **This program can be used to satisfy the Cultural Competency continuing education requirement.**
- Racial Trauma and Minority Stress: The Culturally Competent Clinician's Guide to Assessment and Treatment / 6.25 hours / CE:2024-236 **This program can be used to satisfy the Cultural Competency continuing education requirement.**
- Relational Trauma: Psychodrama and Experiential Interventions for Treating Childhood Wounds in Adult Clients / 6.25 hours / CE:2023-263
- Religious Trauma, Spiritual Abuse and Cult Recovery: Treating the Trauma Caused by Adverse Religious Experiences / 6.25 hours / CE:2025-032
- Rewiring the Anxious Brain: Neuroscience-Informed Treatment of Anxiety, Panic and Worry / 6.25 hours / CE:2023-458
- Self-Regulation Interventions for Children & Adolescents: Reduce Frustration, Emotional Outbursts & Oppositional Behaviors / 6.25 hours / CE:2024-350
- Self-Regulation Interviewing for Children & Adolescents: Reduce Frustration, Emotional Outbursts & Oppositional Behaviors / 6.25 hours / CE:2023-443
- Sex-Positive Therapy: Easy-to-Use Art-Based Interventions to Explore Sexuality & Reduce Shame / 6.25 hours / CE:2025-207
- Sleep and Mental health in Children and Teens: Behavioral Interventions to End Bedtime Problems and Help Kids Sleep / 6.25 hours / CE:2023-074
- Sleep and Metal Health: Non-Medication Interventions to Restore Sleep Quality and Improve Clinical Outcomes / 6.25 hours / CE:2023-470 / CE:2025-115
- Sleep and Mental Health in Children and Teens: Behavioral Interventions to End Bedtime Problems and Help Kids Sleep / 6.25 hours / CE:2024-432
- Smart but Scattered: Executive Dysfunction at Home and at School / 6.25 hours / CE:2024-059 / CE:2025-316
- Smartphone Addiction: Clinical Tools for Tech-related Anxiety, Depression and More / 6.25 hours / CE:2023-035
- Social Anxiety and Perfectionism: Clinical Tools to Let Go of Unrealistic Standards and Build Real Connections / 6.25 hours / CE:2023-430
- Social Justice, Ethics and Multicultural Issues for Mental Health Professionals: Clinical Strategies for Inclusivity, Empowerment and Improved Treatment Outcomes / 6.25 hours / CE:2025-186  
**2 hours of this program can be used to satisfy the Ethics continuing education requirement.**  
**4 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.**
- Social Media for Therapists: How to Practically & Ethically Become an Influential Clinician Online / 6.25 hours / CE:2023-429
- Social Media, Reality TV & Influencer Culture: CBT, EFT, and More for Enhanced Treatment of Clients Impacted by Toxic Content / 6.25 hours / CE:2024-225
- Solution Focused Brief Therapy: An Evidence-Based Approach to Create Rapid, Sustainable Change with Any Client/ 6.25 hours / CE:2023-474 / CE:2025-253
- Substance Use Disorders: Stigma-Free, Trauma-Informed, Recovery-Based Treatment / 12.5 hours / CE:2024-401
- Substance Use in Adolescents / 6.5 hours / CE:2023-258

- Suicide and Self-Harm in Adolescents: Effective Assessment and Intervention Strategies for Young People in Crisis/ 6.25 hours / CE:2025-249
- Suicide Assessment & Intervention: Assess Suicidal Ideation and Effectively Intervene in Crisis Situations with Confidence, Composure and Sensitivity / 6.25 hours / CE:2023-309
- Terry Real's 2-Day Couples Therapy Training: Getting Started with Relational Life Therapy / 11 hours / CE:2024-191
- Tech Addiction & Digital Health in Children, Adolescents & Young Adults: Level 1 Certification for Clinicians & Educators / 6.25 hours / CE:2025-093
- The 10 Best-Ever Anxiety Treatment Techniques: Updated Strategies to help Even the Most Challenging Clients / 6.25 hours / CE:2023-476
- The Aging Brain: Evidence-Based Interventions for Alzheimer's, Dementia, Brain Health, and Cognitive Vitality / 6.25 hours / CE:2025-247
- The Codependency Treatment Guide: CBD, Somatic Strategies and More to Disentangle Clients from Dysfunctional Relationships and Recover Self / 6.25 hours / CE:2025-097
- The Complete Self-Care Toolbox: Practical Strategies to Reduce Stress, Regulate Emotion, and Enhance Resilience in Clients and Therapists / 6.25 hours / CE:2025-330
- The Ethics of Digital Practice: An Essential Guide to Providing Quality Care, Navigating Ethical Issues and Managing Legal Risk / 6.25 hours / CE:2024-218
- The Highly Sensitive Person: A Strength-Based Approach for Trauma, Anxiety, Depression, and More / 6.25 hours / CE:2024-415
- The Mental Load / 2 hours / CE:2023-347
- The Ultimate Grief Treatment Toolbox: Over 60 Interventions to Promote Healing & Hope Among Grieving Children, Adolescents, & Adults / 6.25 hours / CE:2023-467
- Therapists in Therapy: Confidentiality, Dual Relationships, Self-Disclosure & Other Ethical Issues / 3.25 hours / CE:2025-174 **This program can be used to satisfy the Ethics continuing education requirement.**
- Therapy with Autistic Clients: Empowering Teens and Adults through ACT, CFT, DBT, and Self-Compassion/ 6.25 hours / CE:2025-229
- To Forgive or Not to Forgive? Releasing the Pain of Relational Trauma / 2 hours / CE:2024-007
- Trans Affirming Care and Practices / 2 hours / CE:2023-072 **This program may be used to satisfy 1 hour of the Cultural Competency continuing education requirement.**
- Transgender & Gender Non-Binary (TGNB) Clients: Clinical Issues and Treatment Strategies / 6.25 hours / CE:2023-478
- Trauma And Loss Among College Students in a Post-Covid World / 2 hours / CE:2023-423
- Traumatic Grief: Neuroscience-Based Therapy Tools for Transforming Loss into Meaningful Recovery / 6 hours / CE:2024-066
- Transforming Trauma with Emotionally Focused Individual Therapy (EFIT) / 6.25 hours / CE:2024-235
- Trauma-Informed CBT for Children & Adolescents: A Clinical Playbook for Integrating Structure with Client-Centered Flexibility / 6.25 hours / CE:2025-099
- Treating Stressed Out Couples: 22 Clinical Interventions to Help Partners Set Healthy Boundaries, Overcome Resentment, and Thrive Amid Day-to-Day Tensions / 6 hours / CE:2024-368
- Treating Stressed Out Couples: 22 Essential Interventions to Help Partners Set Healthy Boundaries, Overcome Resentment, & Thrive / 6.25 hours / CE:2025-230
- Treating Adult ADHD: Help Smart but Scattered Clients Strengthen Executive Skills & Daily Functioning / 6.25 hours / CE:2024-386
- Treating Teens: Powerful Strategies for Trauma, Anxiety, Identify, and More / 6.25 hours / CE:2024-363
- Understanding Interjurisdictional Practice and Interstate Compacts: Essentials for Legal and Ethical Practice / 6.25 hours / CE:2025-184 **This program can be used to satisfy the Ethics continuing education requirement.**
- When Politics Get Personal: Sociopolitical Stress and College Student Mental Health / 2 hours / CE:2024-039
- When Therapy Gets Stuck: Over 30 Strategies for Helping Clients Move Forward from Trauma, Grief, Addiction, and More / 6.25 hours / CE:2025-088

- Working with the Fallout of Narcissistic Abuse with Ramani Durvasula / 6.25 hours / CE:2024-020
- Written Exposure Therapy (WET) for PTSD: A Brief Evidence-Based Treatment for Reduced Dropouts and Improved Outcomes in Fewer Sessions / 6.25 hours / CE:2024-411

## PrairieCare

(612) 209-1539

[www.prairie-care.com](http://www.prairie-care.com)

- PrairieCare Education Series 2024 / 10 hours / CE:2024-267 / 1 hour Ethics CE for 10/3/2024 session / 2 hours Cultural Competency CE for 6/6/2024 and 7/11/2024 sessions.
- Clinical Pearls Series 2023 / 2 hours / CE:2023-004 This program may be used to satisfy the Cultural Competency CE requirement.
- Collaborative Problem Solving Intensive 2023 / 7 hours / CE:2023-260
- Collaborative Problem Solving Introduction 2023 / 2.5 hours / CE:2023-287

## Progressive Individual Resources

(651) 222-6567

[www.eventbright.com/e/4th-international-african-mental-health-summit-tickets-44278121052](http://www.eventbright.com/e/4th-international-african-mental-health-summit-tickets-44278121052)

- 9<sup>th</sup> African Mental Health Summit – Theme: Mental Health Inequities Post-Pandemic: Building A Cultural Ecosystem of Well-Being / 10 hours / CE:2023-311 This program may be used to satisfy the Cultural Competency CE requirement.
- 10<sup>th</sup> African Mental Health Summit: Theme – Using Assessment & Evaluation to Drive Therapeutic Partnership and Healing / 6 hours / CE:2024-216 This program may be used to satisfy the Cultural Competency CE requirement.

## Psychodrama and Psychotherapy Center

612-309-7940

[www.psychodramacenter.com](http://www.psychodramacenter.com)

- Introduction to Psychodrama Theory and Applications / 21 hours / CE:2024-213

## Reclamation Collective

701-741-4981

[www.reclamationcollective.com](http://www.reclamationcollective.com)

- Ethics in Co-Creating the Therapeutic Relationship / Reclamation as a Clinical Intervention / Spiritual Abuse Recognition & Recovery / 2 hours per training / CE:2023-512 / CE:2025-081 2 hours of this program can be used to satisfy the Ethics continuing education requirement.
- Spiritual Abuse Recognition & Recovery / 2 hours / CE:2023-262

## Recuperacres & Rooted Growth

952-564-9000 612-351-0427

- Introduction to Outdoor Ecotherapy for Mental Health Professionals / 5 hours / CE:2023-152 / CE:2024-102 / CE:2025-177 1.5 hours of this program can be used to satisfy 1.5 hours of the Ethics continuing education requirement.

## Relationship Therapy Center

(612) 483-4994

[www.mncouplescounseling.com](http://www.mncouplescounseling.com)

- Antiracism Groups / 16 hours / CE:2024-122 This program can be used to satisfy the Cultural Competency and Ethics continuing education requirement.
- Antiracism Groups / 18 hours (1.5 hr. per group) / CE:2025-080

- Relationship Therapy Center's Tuesday Topics / 9 hours (1.5 hr. per session) / CE:2023-124 / CE:2024-071
- Relationship Therapy Center's Topic Thursday / 9 hours (1.5 hr. per session) / CE:2025-079

## Relationships, LLC

(612) 824-3369

[www.relationshipsllc.com](http://www.relationshipsllc.com)

- Addressing Race & Ethnicity in the Therapy Room, Even When It Is Not the Presenting Issue / 2 hours / CE:2025-062 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Cultural Humility, Increasing Self-Awareness & Accountability / 4 hours / CE:2025-063 This program may be used to satisfy the Cultural Competency CE requirement.
- Navigating the Tension Between Self of the Therapist Professional and Person in Supervision and Consultation / 2 hours / CE:2025-272 2 hours of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Understanding the impact of Anti-Blackness in Our Culture and It's Impact on How We Provide Services / 2 hours / CE:2025-273 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## Relias Learning (Online)

(844) 735-2223

[www.reliasacademy.com](http://www.reliasacademy.com)

- A Client's Experience of Trauma-Informed Care / 1.25 hours / CE:2023-042
- A Multicultural Approach to Recovery-Oriented Practice / 1 hour / CE:2023-445 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- A Multicultural Approach to Recovery-Oriented Practice / 1 hour / CE:2024-439 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Addressing Behavioral Health Needs of Individuals Involved in Child Welfare / 1.25 hours / CE:2023-134 / CE:2024-128
- Addressing Overweight & Obesity in Individuals with Mental Health Disorders / 1.25 hours / CE:2023-192
- Addressing Tobacco Use in the Behavioral Health Population / 1 hour / CE:2023-193
- Addressing Trauma and Stressor Related Disorders / 1.25 hours / CE:2023-194
- An Overview of Acceptance and Commitment Therapy / 1.25 hours / CE:2023-195
- Applying Ethical Decision-Making in Clinical Practice / 1 hour / CE:2023-101 / CE:2024-137 1 hour of this program may be used to satisfy the Ethics CE requirement.
- Applying HIPAA Regulations in Behavioral Health / 1 hour / CE:2024-247 1 hour of this program may be used to satisfy the Ethics CE requirement.
- Approached to Preventing Psychiatric Hospitalizations and Readmissions / 1 hour / CE:2023-043
- Approaches To Person-Centered Planning in Behavioral Health / 1 hour / CE:2023-313
- Assessing Risk of Other-Directed Violence in Adults / 1.25 hours / CE:2023-191
- Assessing the Risk of Other-Directed Violence in Children and Adolescents / 1.25 hours / CE:2024-321
- Assessing and Treating Anxiety in Children and Adolescents / 1.75 hours / CE:2023-196
- Assessing and Treating Anxiety Disorders in Children and Adolescents / 1 hour / CE:2024-322
- Assessment and Management of Pain / 1 hour / CE:2023-102
- Assessing and Screening for Suicide Risk / 1.5 hours / CE:2023-234
- Assessment and Treatment of Depressive Disorders in Children & Adolescents / 1.25 hours / CE:2023-197
- Assessment and Treatment of Individuals with Traumatic Brain Injury / 1.25 hours / CE:2023-198
- Assessment and Treatment of Obsessive-Compulsive and Related Disorders / 1.75 hours / CE:2023-314
- Best Practices for Documenting the Treatment Planning Process / 1.5 hours / CE:2023-211
- Behavioral Health Leaders: Implementing Trauma-Informed Leadership / 1 hour / CE:2024-245
- Behavioral Health Leaders: Supporting Clinicians after a Client Death / 1 hour / CE:2024-151

- Behavioral Health Leaders: Utilizing Motivational Interviewing / 1 hour / CE:2024-246
- Behavioral Health System of Crisis Care / 1 hour / CE:2023-315
- Behavioral Supports to Reduce the Use of Restraint and Seclusion with Youth / 1 hour / CE:2023-235
- Biopsychosocial Model of Substance-Related and Addictive Disorders / 1 hour / CE:2023-103
- Boundaries in the Treatment Relationship / 1.25 hours / CE:2023-212 1.25 hours of this program may be used to satisfy the Ethics CE requirement.
- Building and Maintaining Effective Relationships in Clinical Supervision / 1.5 hours / CE:2023-200 1.5 hours of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Bullying Prevention and Intervention Strategies / 1.25 hours / CE:2023-044
- Caring for Caregivers: Supporting Individuals that are Supporting Others / 1.25 hours / CE:2023-199
- Challenging Situations for Clinical Supervisors / 1.25 hours / CE:2023-201 1.25 hours of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Clinical Supervision: An Introduction / 3 hours / CE:2024-244 / 3 hours 3 hours of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may NOT be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Clinical Supervision: Building and Maintaining Relationships / 2 hours / CE:2024-323 / 2 hours of this program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Common Substances and Treatment of Substance Use Disorder / 1.25 Hours / CE:2023-135 / CE:2024-129
- Community-Based interventions to Reduce Suicide Risk / 1.75 hours / CE:2023-236
- Cultural Humility and Implicit Bias in Behavioral Health / 1 hour / CE:2024-440 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Conducting Clinical Assessments Via Telehealth / 1 hour / CE:2023-203 1 hour of this program can be used to satisfy the Ethics continuing education requirement.
- Confidentiality in Substance Use Disorder Treatment / 1 hour / CE:2023-045 1 hour of this program can be used to satisfy the Ethics continuing education requirement.
- Crisis Management Approaches for Telehealth Services / 1 hour / CE:2023-046
- Cultural Humility and Implicit Bias in Behavioral Health / 1 hour / CE:2023-446 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- DEI: Achieving Greater Health Equity in Your Organization / 1 hour / CE:447 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- DEI: Multicultural Care for the Clinician / 1 hour / CE:2023-047 1 hour of this program may be used to satisfy the Cultural Competency requirement.
- DEI: Multicultural Care for the Organization / 1 hour / CE:2023-048 1 hour of this program may be used to satisfy the Cultural Competency requirement.
- Depression and Suicidality in Older Adults / 1.25 hours / CE:2023-317
- Developmental Concerns, Childhood to Adolescence / 1.75 hours / CE:2023-049
- Disaster Behavioral Health: Public Health Emergencies, Trauma and Resilience / 1.25 hours / CE:2023-202
- Ecological Systems of Care Across Child-Serving Agencies / 1 hour / CE:2023-205
- Effective Intervention in the Aftermath of a Suicide / 1.25 hours / CE:2023-237
- Engaging Family Members in Crisis Planning / 1 hour / CE:2023-104 / CE:2024-138
- Enhancing Treatment with Measurement-Based Care / 1 hour / CE:2023-318
- Ethical and Legal Considerations in Substance Use Treatment for Youth / 1.25 hours / CE:2023-319 1.25 hours of this program may be used to satisfy the Ethics CE requirement.
- Ethical and Legal Guidelines for Telehealth Service Delivery / 1.25 hours / CE:2023-105 1.25 hours of this program may be used to satisfy the Ethics CE requirement.
- Ethics for Marriage and Family Therapists / 2.25 hours / CE:2023-206 2.25 hours of this program may be used to satisfy the Ethics CE requirement.

- Etiology, Symptoms, and Recovery-Focused Interventions for Schizophrenia / 1 hour / CE:2024-324
- Externalizing and Disruptive Behaviors in Children and Adolescents / 1.75 hours / CE:2023-204
- Family Therapy / 1.25 hours / CE:2024-142
- Fetal Alcohol Spectrum Disorders / 1.25 hours / CE:2023-106 / CE:2024-139
- Foundations of Care Coordination in Healthcare / 1 hour / CE:2023-320
- Harm Reduction in Substance Use / 1.25 hours / CE:2023-207
- Helping Clients with SMI Communicate Effectively with Primary Care Providers / 1 hour / CE:2023-136 / CE:2024-130
- Helping to Support Children and Adolescents in the Grieving Process / 1 hour / CE:2024-143
- Human Trafficking: A Growing Epidemic / 2 hours / CE:2023-107 / CE:2024-140
- Identifying and Intervening in the Early Stages of Psychosis / 1.25 hours / CE:2024-320
- Identifying and Responding to Intimate Partner Violence/ 1.5 hours / CE:2023-238
- Identifying and Treating Anxiety Disorders / 1.5 hours / CE:2023-239
- Identifying and Treating Anxiety Disorders Among Older Adults / 1.25 hours / CE:2023-208
- Identifying and Treating Bipolar Disorders / 1.5 hours / CE:2023-240
- Identifying and Treating Borderline Personality Disorder / 1.5 hours / CE:2023-050
- Identifying and Treating Depressive Disorders / 1.25 hours / CE:2023-241
- Identifying and Treating Externalizing Disorders in Children and Adolescents / 1.5 hours / CE:2024-328
- Identifying and Treating Non-Suicidal Self-Injurious Behavior in Adults / 1.25 hours / CE:2024-249
- Impact of Nutrition on Diabetes / 1 hours / CE:2024-144
- Impact of Psychological and Physical Trauma / 1.5 hours / CE:2023-137 / CE:2024-131
- Improving Behavioral Health Equity: Immigrant and Refugee Populations / 1 hour / CE:2023-448 / CE:2024-149 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Improving Behavioral Health Equity: Individuals in Rural or Remote Communities / 1 hour / CE:2023-449 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Improving Behavioral Health Equity: Individuals Living in Poverty / 1 hour / CE:2023-450 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Improving Behavioral Health Equity: Individuals with Hispanic and Latine Identities / 1 hour / CE:2024-248 / 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Improving Behavioral Health Equity: Individuals with Intellectual or Developmental Disabilities / 1 hour / CE:2024-152
- Improving Behavioral Health Equity: Individuals with Physical Disabilities / 1 hour / CE:2024-243
- Improving Behavioral Health Equity: Individuals with Tribal, Indigenous, or Native Identities / 1 hour / CE:2024-325 / 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Improving Behavioral Health Equity: Veterans / 1 hour / CE:2024-150
- Improving Behavioral Health Equity: Women / 1 hour / CE:2023-451 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Improving Practice in the Delivery of Telehealth / 1 hour / CE:2023-213 1 hour of this program can be used to satisfy the Ethics continuing education requirement.
- Improving Treatment Engagement of Individuals with Behavioral Health Disorders / 1.75 hours / CE:2024-441
- In Session: Addressing Non-Suicidal Self-Injury in Children and Adolescents / 1 hour / CE:2023-215
- In Session: Ethical Decision-Making / 1 hour / CE:2023-452 1 hour of this program may be used to satisfy the Ethics CE requirement.
- In Session: Ethical Decision-Making / 1 hour / CE:2024-442 1 hour of this program may be used to satisfy the Ethics CE requirement.
- In Session: Practicing Clinical Skills in Motivational Interviewing / 1 hour / CE:2023-051
- In Session: Practicing Clinical Skills for Preventing Suicide in Children and Adolescents / 1.5 hours / CE:2024-327
- In Session: Practicing Clinical Skills to Prevent Suicide in Young Adults / 1.25 hour / CE:2024-145
- In Session: Practicing Clinical Skills for Preventing Suicide in Older Adults / 1 hour / CE:2024-326
- In Session: Practicing Skills to Address Non-Suicidal Self-Injury in Adults / 1.25 hours / CE:2023-216

- Introduction to Co-Occurring Disorders / 1.25 hours / CE:2023-218
- Introduction to Cognitive Behavioral Therapy / 1.25 hours / CE:2023-217
- Integration of Primary and Behavioral Healthcare / 1.25 / CE:2023-321
- Interventions for Treating Posttraumatic Stress Disorder / 1 hour / CE:2023-214
- Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians / 1.25 hours / CE:2023-322
- Legal and Ethical Standards of Care in Behavioral Health Professionals / 1 hours / CE:2023-209 1 hour of this program can be used to satisfy the Ethics continuing education requirement.
- Managing Challenging Situations in Structured Group Therapy / 1 hour / CE:2023-138 / CE:2024-132
- Managing Reaction when Working with Suicidal Clients: A Guide for Clinicians / 1.25 hours / CE:2023-108
- Marijuana and Cannabinoids: Effects and Potential Medicinal Uses / 1.5 hours / CE:2023-139 / CE:2024-133
- Medical Approaches to Identifying and Treating Alcohol Use Disorder / 1.25 hours / CE:2023-052
- Meeting the Behavioral Health Needs of Rural Populations / 1 hour / CE:2023-053
- Meeting the Behavioral Health Needs of Transition Age Youth / 1 hour / CE:2023-323
- Minimizing Vicarious Liability for Clinical Supervisors / 1.25 hours / CE:2023-324 This program may be used to satisfy 1.25 hours of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Mitigating Risk for Cardiovascular Disease Among Behavioral Health Clinics / 1.75 hours / CE:2024-146
- Motivational Interviewing: An Introduction / 1 hour / CE:2024-329
- Overview of Evidence-Based, Suicide-Specific Interventions / 1.5 hours / CE:2023-242
- Overview of Family Psychoeducation / 1.25 hours / CE:2023-243
- Overview of How Behavioral Health Disorders are Impacted by Trauma / 1.5 hours / CE:2023-140 / CE:2024-134
- Overview of Medications for Opioid Use Disorder / 1.25 hours / CE:2023-244
- Overview of Structural and Strategic Family Therapy / 1.25 hours / CE:2023-245
- Overview of the 12 Step Model / 1.5 hours / CE:2024-147
- Peer Support in Substance Use Recovery / 1.25 hours / CE:2023-054
- Perinatal Mood and Anxiety Disorders / 1 hour / CE:2023-055
- Podcast: Social Location / 1.25 hours / CE:2024-242
- Preparing for the Use of Telehealth in an Agency or Practice / 1 hour / CE:2023-220 1 hour of this program can be used to satisfy the Ethics continuing education requirement.
- Prevalence and Treatment of Substance Use Disorders in the LGBTQ+ Community / 1.25 hours / CE:2023-221 1.25 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Preventing and De-escalating Crisis Situations / 1.25 hours / CE:2024-148
- Providing Cognitive Behavioral Therapy to Persons with IDD / 1.25 hours / CE:2023-246
- Recognizing and Effectively Responding to a Person in Crisis / 1 hour / CE:2024-330
- Recognizing and Responding to a Person in Crisis / 1.5 hours / CE:2023-222
- Recovery Principles and Practices in Behavioral Health Treatment / 1 hour / CE:2023-326
- Reducing Suicide Risk in Adolescents and Transition Age Youth / 1.50 / CE:2023-247
- Self-Care Strategies for Frontline Professionals / 1.25 hours / CE:2023-248
- Sexual Dysfunctions and Behavioral Health / 1 hour / CE:2023-249
- Screening and Assessing for Substance Use Disorders in Older Adults / 1.25 hours / CE:2023-225
- Screening and Brief Interventions for Substance Use Issues / 1.5 hours / CE:2023-056
- Shared Decision Making in Behavioral Health / 1 hour / CE:2023-223
- Strategies for Addressing Loneliness in Behavioral Health Settings / 1 hours / CE:2023-224
- Strategies for Behavioral Health Professionals to Manage Chronic Stress / 1.25 hours / CE:2023-250
- Strategies of Decreasing Medical and Treatment Errors in Behavioral Health / 1 hour / CE:2024-331
- Strategies for Navigating the ethics of Dual Relationships and Termination / 1.75 hours / CE:2023-251 1.75 hours of this program can be used to satisfy the Ethics continuing education requirement.
- Strategies for Supervisors: Reducing Restraint and Seclusion / 1 hour / CE:2023-252 This program may be used to satisfy 1 hour of the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

- Substance Use Treatment for Women / 1.5 hours / CE:2023-253
- Substance Use Treatment with Justice Involved Individuals / 1.25 hours / CE:2023-141 / CE:2024-135
- Substance Use in Individuals with IDD / 1 hour / CE:2024-241
- Supporting Individuals Who Are Supporting Others / 1.25 hours / CE:2024-332
- Supporting Persons with Serious Mental Illness Toward Recovery / 1.5 hours / CE:2023-254
- Supporting the Behavioral Health Goals of LGBTQ+ Clients / 1.5 hours / CE:2023-453 1.5 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Supporting the Behavioral Health Goals of LGBTQ+ Clients / 1.5 hours / CE:2024-438 This program may be used to satisfy the Cultural Competency CE requirement.
- The Connection Between Substance Use and Intimate Partner Violence / 1 hour / CE:2023-226
- The Impact of Parental Substance Use Disorders on Children and Families / 1.75 hours / CE:2023-142 / CE:2024-136
- The Impact of Psychedelics in Behavioral Health Treatment / 1 hour / CE:2023-057
- The Ten Best-Ever Anxiety Treatment Techniques: Updated Strategies to Help Even the Most Challenging Clients / 6.25 hours / CE:2024-450
- The Use of Telehealth in Clinical Practice / 1 hour / CE:2023-255 1 hour of this program can be used to satisfy the Ethics continuing education requirement.
- Treating Gambling Disorder / 1.25 hours / CE:2023-256 / CE:2023-237
- Treatment of Opioid Use Disorders Among Adolescents and Young Adults / 1.5 hours / CE:2023-210
- Understanding Human Trafficking / 2 hours / CE:2023-109 / CE:2024-141
- Understanding Sexual Behaviors in Children / 1 hour / CE:2024-239
- Understanding Psychosocial Rehabilitation and Recovery-Oriented Practice / 1 hour / CE:2024-240
- Understanding Trauma-Informed Care / 1.25 hours / CE:2024-333
- Wellness Strategies that Support Addiction Recovery / 1 hour / CE:2023-257
- Working More Effectively with LGBTQ+ Children and Youth / 1.25 hours / CE:2023-227 1.25 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Working with an Interdisciplinary Integrated Care Team / 1 hour / CE:2023-454 1 hour of this program may be used to satisfy the Ethics CE requirement.
- Working with Families Experiencing Homelessness / 1 hour / CE:2024-238
- Working with Individuals Experiencing Homelessness and Substance Use Disorder / 1.25 hours / CE:2023-328

## Rise Therapy

(763) 232-5879

- 2024-2025 Rise Therapy Teaching and Training Connections: The Ethics of Creative Self-Reflection as Burnout Prevention / 2 hours / CE:2024-211 2 hours of this program may be used to satisfy the Ethics CE requirement.
- Too Much and Not Enough: Understanding ADHD in Girls, Women, and those Assigned Female at Birth / 2 hours / CE:2024-171 / 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Rise Therapy Teaching and Training Connections: The Ethics of Creative Self-Reflection as Burnout Prevention / 2 hours / CE:2024-211 / 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## River Ridge Treatment Center

(763) 639-3414

[www.carolsiegel.com](http://www.carolsiegel.com)

- River Response Care in a Post-Apocalyptic World / 4.5 hours (1.5 hours each session) / CE:2023-169

## River Valley Behavioral Health and Wellness Center

952-994-6896

[www.rivervalleybhwc.com](http://www.rivervalleybhwc.com)

- Relational Ethics / 2 hours / CE:2024-458

- Therapeutic Use of Music / 2 hours / CE:2024-453

## Roots Recovery (formally MN Care Partner)

(612) 710-2797

[www.info@rwc-mn.com](mailto:www.info@rwc-mn.com)

- Cultural Dominance: The View from Above / 6 hours / CE:2024-007 Portions of this program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.

## Rosenzweig Center for Rapid Recovery

612-567-4654

[www.acceleratedresolutiontherapy.com](http://www.acceleratedresolutiontherapy.com)

- Advanced Accelerated Resolution Therapy Training / 20.25 hours / CE:2024-287 / CE:2025-246
- Basic Accelerated Resolution Therapy Training / 21 hours / CE:2024-214 / CE:2025-245

## St. Cloud State University Professional and Continuing Education

320-308-0955 <https://pace.stcloudstate.edu/>

- Building and Maintaining a Mental Health Business Program / 4 hours / CE:2025-002 This program may be used to satisfy the Ethics CE requirement.

## Secure Base Productions

808-927-3335

[www.securebaseproductions.com](http://www.securebaseproductions.com)

- Adults on the Spectrum: Addressing Neurodiversity in Psychotherapy with Culturally Competent Assessment, Trauma-Informed Treatment, and Ethical Practices / 3 hours / CE:2024-035 This program may be used to satisfy the Ethics CE requirement.
- Adults on the Spectrum: Addressing Neurodiversity in Psychotherapy with Culturally Competent Assessment, Trauma-Informed Treatment, and Ethical Practices / 3 hours / CE:2025-025 1 hour of This program may be used to satisfy the Ethics CE requirement.
- Applying a Trauma-Informed Lens to Your Therapeutic Approach / 3 hours / CE:2024-431
- Boundaries 101 for the Recovering People-Pleaser / 2 hours / CE:2024-232
- Bridging Divides: Intersectionality, Oppression, and Equity in Relationship Work / 3 hours / CE:2025-037 3 hours of this program may be used to satisfy the Ethics CE requirement. 3 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Couples Work: The Essentials / 4 hours / CE:2024-023
- Couples Work: The Essentials / 3 hours / CE:2025-036
- Divorce in an Option / 3 hours / CE:2023-379
- DNA Surprises: Therapeutic Strategies for Navigating Family Secrets / 2.5 hours / CE:2024-475
- From Pain to Power: Seven Steps to Healthy Boundaries / 3 hours / CE:2024-199 / CE:2025-170
- Help! My Client is Getting Divorced! Effectively and Ethically Support Clients Through Divorce / 2 hours / CE:2025-067
- Practices to Empower: Nurturing Your Capacity to Treat PTSD / 4 hours / CE:2024-200 This program may be used to satisfy the Ethics CE requirement.
- Supporting First Responders: Culturally Specific Therapeutic Approaches / 2.5 hours / CE:2025-168 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Talking About Sex: What Every Therapist Should Know / 3 hours / CE:2025-169 3 hours of this program may be used to satisfy the Ethics CE requirement. 3 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- The Role of Ketamine in Mental Health Treatment: What Therapists Need to Know / 2 hours / CE:2025-112
- The Social Regulatory of Anger and Guilt / 3 hours / CE:2024-098

- Therapy for Late-Diagnosed Neurodivergent Adults: Responsive Care, Practical Supports, and Ethical Considerations in a Shifting Social Landscape
- What Every Therapist Should Know About Talking About Sex / 3 hours / CE:2024-127 Portions of this program may be used to satisfy the Ethics and Cultural Competency CE requirement.

## Sexual Wellness Institute

(763) 607-8035

[www.sexualwellnessinstitute.com](http://www.sexualwellnessinstitute.com)

- Beyond Erection: Supporting Clients with Arousal, Intimacy, & Relational Healing / 4 Hours / CE:2025-027
- Case Studies for Clinical Supervisors in Minnesota / 4 hours / CE:2025-028 / This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Clinical Supervision: Best Practices for Ethical & Relational Supervision / 4 hours / CE:2024-391 This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Ethical Care with Diverse Populations in Sex Therapy / 4 hours / CE:2024-390 2 hours of this program may be used to satisfy the Ethics CE requirement. 2 hours of this program may be used to satisfy the Cultural Competency CE requirement.
- Helping Partners with Mismatched Desire / 5.25 hours / CE:2025-024 / 1 hour of this program may be used to satisfy the Ethics CE requirement. 1 hour of this program may be used to satisfy the Cultural Competency CE requirement.
- Is it Ever Going to Be Enough? Understanding and Treating Out of Control Sexual Behavior / 4 hours / CE:2025-029 / This program may be used to satisfy the Ethics CE requirement. This program may be used to satisfy the Cultural Competency CE requirement.

## Solace Counseling Associates

(612) 206-2521

[www.solacecounselingassociates.com](http://www.solacecounselingassociates.com)

- Working with Ethically Non-Monogamous Dynamics / 2 hours / CE:2023-286

## Solutions Behavioral Healthcare Professionals

(701) 26-0357

[www.solutionsinpractice](http://www.solutionsinpractice)

- 2023 MN PCIT Booster / 6 hours / CE:2023-400
- Exposure Therapy: An Introduction / 2 hours / CE:2024-410
- Parent-Child Interactional Therapy / 42 hours / CE:2024-024
- Parent-Child Interaction Therapy – Within Agency Trainer Course / 10 hours / CE:2023-079
- Parent-Child Interaction Therapy Basic Training / 42 hours / CE:2024-463

## South Central Health Relations Center

(507) 455-8106

- Unpacking Race and Understanding Bias / 2 hours / CE:2024-001 This program may be used to satisfy the Cultural Competency CE requirement.

## Southeast Minnesota Area Substance Use Providers

(507)444-2250

[www.stablerelationswi.com](http://www.stablerelationswi.com)

- 12<sup>th</sup> Annual Co-Occurring Disorders Symposium: Commitment to excellence / 11 hours / CE:2023-481 Portions of this program may be used to satisfy the Ethics CE requirement.
- 13<sup>th</sup> Annual Co-Occurring Disorders Symposium / 11 hours / CE:2024-435 / 3 hours of this program may be used to satisfy the Ethics CE requirement. 3.5 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## Speak Easy LLC

218-245-5073

- Dismantling White Supremacy in Therapy Spaces / 13 hours (6.5 per day) / CE:2025-259 This program may be used to satisfy the Cultural Competency CE requirement.

## Stearns/Benton Child Protection Team

(320) 251-2700 Ext. 59016

- Addiction and a Road to Recovery / 6.5 hours / CE:2023-155
- Communities in Collaboration Training Event / 7 hours / CE:2024-075 Portions of this program may be used to satisfy the Ethics CE requirement.

## Stellher Human Services, Inc.

218-444-2845

- Managing and Adapting Practice (MAP) / 40 hours / CE:2023-404 Portions of this program may be used to satisfy the Cultural Competency CE requirement.

## Matt Stiehm

507-301-8844

[www.bluelinetherapy.com](http://www.bluelinetherapy.com)

- MN Law Enforcement Wellness Summit / 7 hours / CE:2024-288

## Sturdy Bird Mental Health

612-217-2605

- Ethics Refresher / 3 hours / CE:2024-204 This program can be used to satisfy the Ethics continuing education requirement.

## Systemic Relational Training Institute & Sexual Wellness Institute

763-226-9463

- Cultural Competency Book Club / 6 hours / CE:2023-421 This program can be used to satisfy the Cultural Competency continuing education requirement.
- Systemic/Relational Supervision Refresher Course / 4 hours / CE:2023-422 This program may be used to satisfy the Ethics CE requirement. This program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160
- Systemic/Relational Therapeutic Approaches in Sports / 2 hours / CE:2023-432

## Tessa Gittleman

612-810-1287

- OCPD: The Other Compulsive Disorder / 1.5 hours / CE:2025-191

## The Justin Center at Conscious Healing Counseling

612-405-7987

- Braving Loss / 3 hours / CE:2024-109
- Conscious Parenting Series / 12 hours / CE:2024-106
- Exhausted to the Max Wellness Weekend / 12 hours / CE:2025-076
- Moving through Returning to Use... Oops They Did it Again / 2 hours / CE:2023-519
- Pre-Licensed Meets Private Practice / 6 hours / CE:2023-504
- Putting the Practice into Poly: Working Ethically in a Non-Monogamous System / 4 hours / CE:2023-397
- Rising Strong Grief Retreat / 12 hours / CE:2023-520
- Should My Dry January Continue? Managing Substance Abuse in the Therapy Session / 2 hours / CE:2023-517
- Suicidal Prevention / 2 hours / CE:2023-518
- The Gifts of Imperfection / 12 hours / CE:2024-009
- Using Creativity to Prevent Burnout / 4 hours / CE:2023-398
- Vicarious Trauma: I Can't Keep Doing This / 2 hours / CE:2024-108
- Why They Stay: A Domestic Violence Training / 2 hours / CE:2023-399

## The Katallasso Group

612-205-2573

- Restorative Leadership & Restorative Family Mediation Training / 40 hours / CE:2024-003 This program may be used to satisfy the Ethics CE requirement.
- Restorative Leadership Conference / 5 hours / CE:2024-002

## The Vibrant Therapist Consulting, LLC

952-457-2322

[www.sarahleitschuh.com](http://www.sarahleitschuh.com)

- Therapist Well-Being: An Ethical Consideration for Therapists / 3 hours / CE:2023-334 This program may be used to satisfy the Ethics CE requirement.

## Therapeutic Services Agency

320-629-7600 ext. 7519

[www.hoperealized.com](http://www.hoperealized.com)

- The School to Prison Nexus for Deaf Youth: Causation and Strategies for Disruption for all Professionals Working with Deaf People Across the Lifespan / 6 hours / CE:2025-055
- SPMI Training / 15 hours / CE:2024-111
- Unraveling the Deaf-Dementia Connection: New Insights and Strategies, The Chameleon Effect: Medical conditions the Look Like Psychiatric Illness / 6.5 hours / CE:2024-057

## True Balance

(320) 632-5524

[www.truebalancefarm.com](http://www.truebalancefarm.com)

- True Balance Learning Series 2024 / 12 hours / CE:2024-124 This program may be used to satisfy the Ethics CE requirement.

- True Balance Learning Series 2023 / 10 hours (1 per Session) / CE:2023-098

## **Twin Cities Therapy & Counseling Associates, PLLC**

612-202-8703

- How to Ensure Good Clinical Documentation / 1 hour / CE:2025-077

## **University of Minnesota**

801-400-8134

[www.blueprintsprograms.org](http://www.blueprintsprograms.org)

- Generation PMTO-Informed Intervention for Parents of Young Children Referred by Primary Care Providers / 40 hours / CE:2024-366 - 3 hours of this program may be used to satisfy the Ethics CE requirement. 4 hours of this program may be used to satisfy the Cultural Competency CE requirement.

## **University of Minnesota Center for Practice Transformation (See “Center for Practice Transformation**

## **University of Minnesota, Northstar Geriatrics Workforce Enhancement Program**

612-424-1894

- Caring for People with Memory Loss Conference / 6.5 hours / CE:2023-171 Portions of this program may be used to satisfy the Cultural Competency CE requirement.

## **University of St. Thomas**

(651) 962-6335

<https://www.stthomas.edu/events/>

- Counseling and Psychological Services Case Consultation / 102 hours (2 hours per week) / CE:2023-090
- University of St. Thomas Conference on Trauma / 4 hours / CE:2024-004
- University of St. Thomas Counseling & Psychological Services Case Consultation / 102 hours / CE:2024-048
- University of St. Thomas PTSD Awareness Conference / 4 hours / CE:2025-005

## **Veterans Resilience Project, Inc**

(612) 618-7305

- Expanding Our Understanding of Military Sexual Trauma / 3.75 hours / CE:2024-076

## **Washburn Center for Children**

(612) 872-3310

[www.washburn.org](http://www.washburn.org)

- 2024 Washburn Community Forum Series / 18 hours / CE:2024-154 / CE:2025-069 Ethics for: February 2024 = 2 hours; February 2025 = 2 hours. Cultural Competency for: May 2024 = 2 hours, August 2024 = 2 hours, October 2024 = 2 hours; May and October 2025 = 4 hours
- Data Privacy and Medical Records / 2 hours / CE:2023-503 This program may be used to satisfy the Ethics CE requirement.
- Flipping the Script on Cultural Gaps in Mental health and Substance Use Care / 2.5 hours / CE:2024-221 2.5 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.
- Foundations in Children’s Mental Health / 9 hours / CE:2023-182 / CE:2024-114
- MAP Training Series with Practice Wise / 48 hours / CE2025-167
  - March 3-7 = 30 hours
  - June 9-10 = 12 hours (4 hours supervision) \*
  - June 11 = 6 hours (4 hours supervision) \*

\* This program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

- Reflective Supervision and Consultation / 4 hours / CE:2023-501 This program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Reflective Supervision and Consultation / 4 hours / CE:2024-465 This program may be used only to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.
- Verbal De-Escalation and Co-Regulation Strategies for Mental Health Professionals / 2 hours / CE:2023-502

## Watercourse Counseling Center

612-964-7869

- Internal Family Systems W/Children & Adolescents / 10.5 hours / CE:2024-165

## Wayside Recovery Center

(952) 405-7630 ext. 513

- Wayside OCHO Series / 42 hours / CE:2024-008 1 hour of this program may be used to satisfy the Ethics CE requirement. 9 hours of this program can be used to satisfy the Cultural Competency continuing education requirement.

## Wellness Counseling Services and Embodied and Alive Programs

(651) 399-6920

- Embodied & Alive Somatic Consultation Group: A 12 Month Experiential Learning Group / 24 hours / CE:2025-243
- Working with Somatics, Embodied Attachment Styles, and Relationship Empowerment Skills / 3 hours / CE:2024-153 / CE:2025-190

## Woodland Centers

(320) 523-5526

[www.woodlandcenters.com](http://www.woodlandcenters.com)

- Clinical Supervision: Supervisor roles and Responsibilities / 4 hours / CE:2023-064 This program may be used to satisfy the Supervision CE requirement for LMFT Board-approved supervisors. It may not be used to meet the 30-hour supervision training requirement found in Minn. Rule 5300.0160.

## ZEN FOUNDER LLC

626-353-5079

[sherry@zenfounder.com](mailto:sherry@zenfounder.com)

- Touching Two Worlds: Familia / 3 hours / CE:2025-131

## ZERO TO THREE

(202)864-2936

[www.woodlandcenters.com](http://www.woodlandcenters.com)

- DC:0-5 Community of Learners (CoL) / 6 hours (1.5 per session) / CE:2023-333 Portions (.5 hours per session = 2 hours) of this program can be used to satisfy the Cultural Competency continuing education requirement.
- LEARN Institute 2023 / 12 hours / CE:2023-465
- ZERO TO THREE LEARN Conference 2023 / 10 hours (1 hr. per live session) / CE:2023-366