

Q: I'm a cosmetologist. Do I need an advanced practice esthetician license?

A: Yes, if you want to provide AP services after July 31, 2019. Everyone, **including cosmetologists**, will need an AP esthetic license to offer AP services. That means a cosmetologist who wants to offer AP services *and* hair or nail services will need two licenses – the cosmetologist license and the AP esthetician license.

Q: I work in a doctor's office. Do I need the advanced practice esthetician license and a salon license?

A: Yes, if you want to provide AP services after July 31, 2019. Everyone will need an AP esthetician license to offer AP services. You can only provide esthetic or advanced practice esthetic services in a licensed salon, so either you or the doctor's office, clinic, or hospital need to make sure the salon is licensed.

Q: What does this mean for salons and designated licensed salon managers?

A: Salons and designated licensed salon managers (DLSMs) will need to make sure that as of August 1, 2019, anyone providing AP esthetic services is licensed as an AP esthetician. There won't be any changes to your salon license – just remember it keep it current and posted.

Rulemaking

The Advanced Practice Esthetic Rules (RD –4342) have been in the rulemaking process for over 2 years. At the recommendation of two task forces and request of the legislature, the board created the new license type, scope of practice, and education requirements. Documents related to this process, including the Administrative Law Judge's decision, can be reviewed at mn.gov/cosmetology.

Q: What other changes should I know about?

A: Great question! To be fully informed, you'll want to read all of the [rule changes](#). In the meantime, here are some quick highlights:

- **Wearing Gloves** (2105.0375, subp. 7(O)) – Before wearing gloves, you must wash your hands and wrists with soap and water. You must change your gloves during a service if a glove becomes damaged or comes in contact with any unclean surface, object, or a third person. You must wear gloves when:
 - Performing extractions, waxing, or hair removal services.
 - Using a device or implement that penetrates the skin.
 - Providing any service on the skin where the skin barrier is not intact or is compromised.
 - Your skin on your hand is not intact or is compromised.
 - Mixing or touching disinfectant solutions.
- **“Medical Esthetician” Title Prohibited** (2105.0110) – The terms “medical” and “clinical” must not be used with the title of “esthetician” or “aesthetician.” This means you cannot call yourself a “medical esthetician” or “clinical esthetician” because that implies a license that doesn't exist and misleads the public. Only licensed estheticians or AP estheticians may call themselves “estheticians.” Only licensed AP estheticians may call themselves “AP estheticians” or “advanced practice estheticians.”
- **New Services or Devices** (2105.0190, subp. 1a) – Before providing any service using a product, technique, device, or equipment new to you, you must:
 - Ensure the item is within your scope of practice.
 - Review and comply with any manufacturer's directions for use, safety requirements, and contraindications.
 - Maintain a record of any training you received on the new item, for as long as you're using that item.
 - Ensure that you have knowledge and training necessary to safely provide services using the new item.
- **Keep the Manuals at the Salon** (2105.0375, subp. 7) – Instructions or manuals for the use, maintenance, and cleaning/disinfecting/sterilizing procedures for products and equipment must be available at the salon for review by licensees and inspectors.
- **Sterilizing** (2105.0375, subp. 4a) – You must sterilize any tool or implement that punctures or invades the skin, and any tool or device when sterilization is recommended by the manufacturer. The rules explain the requirements on sterilization procedures, methods, and records.
- **Lancets** (2105.0377, l) – If you use a lancet, it must be single-use and sterile.

Any person who performs advanced practice esthetic services on or after August 1, 2019 must have an Advanced Practice Esthetician Operator or Salon Manager License.

All About Grandfathering Requirements!

You must submit a **complete application by July 31, 2019** to be grandfathered-in as an AP esthetician. You can apply beginning November 1, 2018 and applications are available on the [board's website](#). There are two options to qualify for a grandfathered AP esthetician license: a testing option and a work experience option.

Option 1: Testing

If you don't meet the work experience requirement, you can instead pass the AP Esthetics General Theory Exam and the AP Esthetics Written Practical Exam. Testing information and a test content outline are available now on the [board's website](#) and you can take the tests beginning November 15. The tests were written by Minnesotan subject matter experts and our testing vendor, PSI; the tests are designed to assess minimum competency related to AP esthetic theory and services. To study, you will want to review the topics outlined in the content outline – all questions are based on educational resources and industry standards.

Option 2: Work Experience

Requires **900 hours of experience** in the past three years, in a licensed salon, providing at least 3 different AP services, including at least 1 type of advanced exfoliation service and at least 1 type of electrical energy treatment.

- Advanced exfoliation services include microdermabrasion, dermaplaning, and chemical or enzyme epidermal peels.
- Advanced skin care treatments include electrical energy treatments (galvanic current, high frequency, radio frequency, ultrasonic, and light therapy), lymphatic drainage services, and advanced extractions.
- Basic esthetic services (waxing, facials, mild peels, makeup, lash and brow services, etc.) do **not** count towards the 900 hours of AP esthetic services required for grandfathering.
- Training hours do **not** count – only hours spent *performing* AP services count. The one exception to this rule is for licensed instructors; licensed instructors are able to count hours spent instructing students on AP services in licensed schools.
- Any hours that were not in a licensed salon **cannot** be counted toward grandfathering. Minnesota statute requires all Board-regulated services to be provided in a licensed salon, even when in a skin clinic or doctor's office.
- Any hours spent providing laser services **cannot** be counted towards grandfathering because laser services are not AP esthetic services.

Examples of acceptable hours:

- Example A: 300 hours of dermaplaning, 300 hours of galvanic current treatments, and 300 hours of skin needling, in a licensed salon, in the last three years.
- Example B: 350 hours of advanced exfoliation chemical peels, 250 hours of radio frequency treatments, 200 hours of microdermabrasion, and 100 hours of dermaplaning in a licensed salon, in the last three years.
- Example C: 600 hours of microdermabrasion, 150 hours of radio frequency treatments, and 150 hours of light therapy treatments, in a licensed salon, in the last three years.
- Example D: 200 hours of teaching microdermabrasion services, 300 hours teaching advanced chemical peels, 300 hours teaching galvanic current facials, and 100 hours teaching light therapy services as a licensed instructor in a licensed school.

Examples of unacceptable hours:

- Example E: 900 hours of advanced exfoliation chemical peels, in a licensed salon, in the last three years.
 - These hours don't qualify for grandfathering because the hours don't include 3 different kinds of AP esthetic services, and don't include any electrical energy service hours.
- Example F: 300 hours of dermaplaning, 300 hours of galvanic current treatments, and 300 hours of microdermabrasion, in a medical clinic that is not licensed as a salon.
 - Because these hours were in an unlicensed salon, the hours can't be used towards grandfathering. All hours must be performed in licensed salons while your esthetician or cosmetologist license was current. **Remember:** It violates Minnesota rule and statute to provide cosmetic, esthetic, or advanced practice esthetic services without a salon license (or an acceptable limited permit).
- Example G: 300 hours of pre-operative facial care, 300 hours of laser treatments, and 300 hours of injectable services.
 - None of these hours qualify for grandfathering because these are not AP services. If you were providing medical skin care services (beyond or outside of the scope of AP services), those services do not count because they were medical services, not esthetic services.

Grandfathering Options

Already providing advanced practice esthetic services?
You have two pathways to get an AP license without returning to school for the 500-hour AP program:

Testing or Work Experience

- Example H: 600 hours of microdermabrasion, 150 hours of radio frequency, and 150 hours of waxing, in a licensed salon, in the last three years.
 - Waxing is not an AP service, so waxing hours do not count towards grandfathering.

Q: How do I figure out whether I have 900 hours of work experience?

A: You will need to look back in your records to calculate how many hours you spent providing AP services. You may have appointment books or client records that show the service provided and the amount of time spent per service. Calculate how many hours you spent providing [advanced exfoliation services](#), [electrical energy services](#), and any other AP services. If you didn't keep client records and don't have documentation to show hours spent on AP services, you will need to use the testing option for grandfathering. Remember, you need 900 hours in the 3 years prior to the date you apply for a grandfathered license, so you still have months to work towards the 900 hours.

You **must submit a complete application by July 31, 2019** to qualify for grandfathering.
We recommend applying early to make sure you are licensed by August 1, 2019.

How to Receive Updates

For new FAQs, applications, notices, and reminders, you can receive updates in the following ways:



Facebook: Like and follow us at www.facebook.com/MNCosmetology or by searching “Minnesota Board of Cosmetology”. We’ll post all notices, reminders, and new documents as they come.

Email: We now have an email subscription service – you can opt into emails about Advanced Practice Esthetics only, or you can subscribe to a number of other topics, like Events, News and Announcements, and other hot topics. To subscribe, visit mn.gov/boards/cosmetology, scroll to the bottom of the page, and enter your email address in the “Subscribe for email updates” section. After entering your email address, you may choose which topics interest you.

Website: The most important notices and information are on the board’s homepage, (mn.gov/boards/cosmetology) with additional information posted on the Rulemaking page (mn.gov/boards/cosmetology/laws-and-rules/rule-making/). Check back periodically for updates, especially if you did not sign up for email updates.