Minnesota Board of Dentistry
335 Randolph Avenue, Suite 250
St. Paul, MN 55102
Office: (612) 617-2250
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www.mn.gov/boards/dentistry

Sedation Committee Meeting Minutes

April 8, 2026
4:30 pm
335 Randolph Avenue Room 106
St. Paul, MN 55102
and
Open Webinar/Teleconference Meeting

Call to Order
Mark Roszkowski called the meeting to order at 4:30 pm.

Committee Members Present	Board Staff Present
Mark Roszkowski, DDS, Committee Chair	Bridgett Anderson, Executive Director
Laurie Goldenberg, DDS, MD, Board Member	Kathy Johnson, Legal Analyst
Jodie Quinn, LDA, Board Member	Mary Luecke, Executive Admin Assistant

New Committee Members
Mark Roszkowski introduced new committee members Laurie Goldenberg and Jodie Quinn.

Approval of Draft Agenda
The April 8, 2026 agenda was reviewed and approved.

Review and Approval of Past Meeting Minutes
The February 9, 2026 minutes were reviewed and approved as submitted.

Unfinished Business

Medications Used for Conscious Sedation
The Committee, along with audience attendees, continued discussion regarding moderate sedation in current Minnesota Rules 3100.0100 Subp. 14a: "Moderate sedation means a depressed level of consciousness produced by a pharmacological or nonpharmacological method or a combination thereof during which patients respond purposefully to verbal commands, either alone or accompanied by light tactical stimulation. Moderate sedation is characterized by unaffected cardiovascular functions, no need for intervention to maintain a patent airway for the patient, and adequate spontaneous ventilation. cardiovascular functions."

Bridgett Anderson reported 37 conscious sedation providers responded to a survey she distributed regarding utilization of anesthetics. The survey assessed frequency of procedures; medications used for IV sedation; and equipment availability (e.g. airway tools, monitoring). The most common IV sedation medications were Midazolam and Fentanyl. Less common

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medications included Precedex and Propofol. Use of other medications is relatively uncommon. Many respondents reported having Laryngeal Mask Airway and Capnography monitoring.

Committee members emphasized risk depends more on patient selection (ASA classification) than specific drugs. Patients can quickly drift into deeper sedation. Underreporting concerns included many providers may not report unless EMS is activated or severe outcomes occur. It is possible minor sedation drift could go entirely unreported. The Committee identified a need for a better definition of "adverse reaction" and clarification of reporting expectations. Potential considerations included:

- Restricting moderate sedation to ASA 1 and possibly ASA II patients;
- Add medication limitations for higher risk patients;
- Improve reporting requirements and education;
- Continue reviewing other states' regulations;
- Explore rule changes or clarifications; and
- Improve reporting guidelines

Contracted Sedation Inspections

The Committee previously considered elimination of on-site inspections in favor of documentation review. Concerns were raised about variability of CRNA groups as some bring all sedation equipment and medications while others rely on dental office equipment. Paperwork alone cannot verify the presence of required safety equipment. Concerns included lack of standardization among CRNA providers; balancing safety regulations with access to care; and unclear jurisdiction over facility construction standards. There could be potential safety gaps without on-site inspections. The Committee decided on-site inspections provide necessary oversight and standardization. The topic could be revisited in the future with additional data from providers and stakeholders.

MOTION: Laurie Goldenberg made a motion to continue contracted sedation inspections. Jodie Quinn second.

VOTE:	For:	3
	Opposed:	0
RESULT:	Motion passed	

CSS Provided Aesthesia and Facility Requirements

The Committee received a letter recommending stricter facility requirements for clinics providing anesthesia. The proposal included references to national safety codes and infrastructure upgrades. The Committee noted the proposal was unclear and outside their

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jurisdiction as a board verses a building code authority. Additional information would be needed for any future discussion.

New Business
None

Announcements
Bridgett Anderson would like to add to add CSS certifications to a future agenda.

Adjourn
Mark Roszkowski adjourned at 5:45 pm.

Reviewed by: _____ DDS _____ October 7, 2026
Mark Roszkowski, DDS, Committee Chair Date