

Sedation Committee Meeting Minutes

Tuesday, November 18, 2025
4:30 pm
335 Randolph Avenue Room 104
St. Paul, MN 55102
and
Open Webinar/Teleconference Meeting

Call to Order

Mark Roszkowski called the meeting to order at 4:30 pm.

Committee Members Present

Mark Roszkowski, DDS, Committee Chair
Heidi Donnelly, LDA, Board Member
Hassan Ismail, DDS, Board Member

Board Staff Present

Bridgett Anderson, Executive Director
Brian Cochran, Assistant Director Licensing and
Credentialing
Kathy Johnson, Legal Analyst
Mary Luecke, Executive Admin Assistant

Approval of Draft Agenda

The November 18, 2025 agenda was reviewed and approved.

Review and Approval of Past Meeting Minutes

The August 5, 2025 minutes were reviewed and approved as submitted.

Unfinished Business

Medications Used for Conscious Sedation

The Committee, along with audience attendees, continued discussion regarding moderate sedation in current Minnesota Rules 3100.0100 Subp. 14a: "Moderate sedation means a depressed level of consciousness produced by a pharmacological or nonpharmacological method or a combination thereof during which patients respond purposefully to verbal commands, either alone or accompanied by light tactical stimulation. Moderate sedation is characterized by unaffected cardiovascular functions, no need for intervention to maintain a patent airway for the patient, and adequate spontaneous ventilation. cardiovascular functions."

The Board is exploring if further restrictions need to be in place because different sedation agents are being used. The Board can determine if any changes are needed to moderate sedation or general anesthesia rules. Current rules list outcomes, but not medications. Board procedures focus on evidence-based decisions.

Executive Director Bridgett Anderson distributed surveys to all fifty state dentistry boards and received responses from eighteen states. Ms. Anderson reported she is still receiving responses from other states. She will compile a chart of all medications being used in the different states for a future meeting. Some states without restrictions referenced dentistry standard of care. Eight states reported sedation medication restrictions. Survey responses can vary dependent on their definition of sedation levels. Committee members reviewed survey information for specific limitations to moderate sedation medications.

Discussion included there are medications that can potentially take patients from an intended moderate sedation, into a deep sedation state that requires airway support. Some medications being used by moderate conscious sedation providers include Precedex (dexmedetomidine hydrochloride), propofol, ketamine, and etomidate. A concern with Precedex is it can severely impact cardiovascular functions. Precedex does not have a reversal agent if sedation goes beyond moderate conscious sedation. Ketamine has the unique property of being a dissociative anesthetic. Low level doses are relatively safe, but higher levels achieving full dissociation take the patient beyond moderate sedation. Sedation specialists spoke in favor of low level doses being appropriate for moderate sedation. Some audience sedation specialists spoke against use of Fentanyl. The Committee will continue to gather data and report to the full Board.

New Business

Variance Requests

Hannah Afwerke Lynch, DDS, D13999 and GA306

MOTION: Hassan Ismail made a motion that the Board not require Hannah Afwerke Lynch, DDS, D13999 and GA306 to attest to 12 cases of general anesthesia/deep sedation within 12 months of endorsement application submission to qualify for an initial pediatric endorsement. Heidi Donnelly second.

VOTE: For: 3
Opposed: 0
RESULT: Motion passed

Bridgett Anderson stated the endorsement will be added and within the renewal period she will need to have the 12 cases.

Afif Haider Rizvi, BDS, DDS, D12310 and CS205

MOTION: Heidi Donnelly made a motion that the Board not require Afif Haider Rizvi, BDS, DDS, D12310 and CS205 to submit a moderate sedation case within the last 12 months for evaluation by the sedation inspector. Hassan Ismail second.

VOTE: For: 2 (Donnelly, Ismail)
Opposed: 1 (Roszkowski)
RESULT: Motion passed

Contracted Sedation Inspections

In the past, the Committee has discussed removing the onsite inspection requirement for sites utilizing a contracted sedation service (CSS). Bridgett Anderson has met with various CSS providers to determine standards. The responsibility lies with the CSS who provides sedation medications and equipment. The Committee decided the Board can gather the necessary sedation inspection information without an onsite inspection with the CSS provider.

MOTION: Mark Roszkowski made a motion that the Sedation Committee (on behalf of CSS certificate holders) request a rule variance to no longer require the onsite inspection for CSS certificate holders going forward. Minn Rules 3100.3600 Subp. 21 D(8). Hassan Ismail second.

VOTE: For: 3
Opposed: 0
RESULT: Motion passed

The proposed rule part will go into the current rulemaking project if approved by the full Board.

Announcements

None

Adjourn

Mark Roszkowski adjourned at 4:40 pm.

Reviewed by: Mark Roszkowski, DDS, Committee Chair

February 9, 2026
Date