1000 University Ave W, Suite 100, St Paul, MN 55104 P (651) 201-2742 F (651) 649-5702

MINNESOTA BOARD OF COSMETOLOGY

BULLETIN

Clinical Service Exercise Requirements

Effective Date: *These requirements apply to students who begin training on or after January 1, 2027.*

Purpose

Clinical service exercises, sometimes referred to as "quotas," are specific services students complete as part of their training. These clinical service exercise requirements are curriculum requirements adopted by the Minnesota Board of Cosmetology to implement the Board's statutes and rules mandating minimum educational requirements for its licensees. This bulletin provides direction concerning the counting and completion of clinical service exercises. It replaces the Clinical Service Exercise Protocol originally published in October 2016.

Clinical service exercise totals originate from different sources depending on the license type. For cosmetologists, estheticians, and nail technicians, the required totals are established in Minnesota Rules. For eyelash technicians and advanced practice estheticians, the required totals are established in their respective Practical Skills Test Guides as Board-approved curriculum requirements. No clinical service exercise requirements have been established for hair technicians. Clinical service exercise requirements for advanced practice estheticians are also established in their Practical Skills Test Guide and are not addressed further in this bulletin.

Clinical service exercise requirements are Board-approved curriculum requirements, not recommendations. Schools must ensure that students complete the applicable clinical service exercise requirements before certifying completion of the applicable course of training.

Specific Service Clarifications

The following clarifications provide additional direction on how certain clinical service exercises are counted toward the applicable requirements:

Facial Waxes: A chin wax, a lip wax, a cheek wax (including both cheeks), and an eyebrow wax (including both eyebrows) each count as one clinical service exercise. For example, if a student performed a lip wax and an eyebrow wax on one client, the student receives credit for two clinical service exercises.

Body Waxes:

These services each count as one body wax service:

- Upper or lower half-leg wax (both legs)
- Upper or lower half-arm wax (both arms)
- Underarm wax (both underarms)
- Back wax
- Chest wax

These services each count as two body wax services:

- Full leg wax (both legs)
- Full arm wax (both arms)
- Bikini or bikini line wax (both sides)
- Brazilian wax

Manicures, Pedicures, and Artificial Nail Services:

A manicure or pedicure consists of two hands or two feet, including all 10 fingers or all 10 toes. For purposes of meeting the required 50 manicure clinical service exercises, a pedicure counts as a manicure.

1000 University Ave W, Suite 100, St Paul, MN 55104 P (651) 201-2742 F (651) 649-5702

MINNESOTA BOARD OF COSMETOLOGY

BULLETIN

Services Performed on People vs. Mannequins

Upon graduation, students are expected to be competent in performing services on people; therefore, a specified number of clinical service exercises in each applicable category must be performed on people.

The chart below establishes the minimum number of clinical service exercises that must be performed on people. The "Total" column identifies the total number of clinical service exercises that must be completed by each student. The "Minimum on People" column identifies the minimum number that must be performed on people, including clients, models, or other students. Any remaining clinical service exercises may be performed on either people or mannequins.

Cosmetologist students must complete Sections 1–4; esthetician students must complete Sections 2 and 4; nail technician students must complete Section 3; and eyelash technician students must complete Section 4.

Section	Service	Total	Minimum on People	Note
1	Shampooing	300	150	
	Scalp and Hair Conditioning	150	75	
	Hair Design Shaping	75	55	
	Chemical Hair Control	60	10	At least one service must use a sodium hydroxide or thio relaxer product on a person with highly textured hair.
	Including Chemical Relaxers	6		
	Hair Coloring	50	40	
	Hair Styling	300	150	
2	Facials	60	60	
	Makeup	40	40	
	Facial Waxes	20	20	20 waxes must use hard wax and 20 waxes must use soft wax. Sugaring products are considered soft wax.
	Body Waxes	20	20	
3	Manicures and Pedicures	50	40	10 or more services must be artificial nail services applying gel or acrylic nails, including 3 sculptured nail services.
	Including Artificial Nails	10		
4	Full Eyelash Set	1	1	
	Chemical Removal	1	1	
	Patch Test	1	1	

Documentation

Schools must maintain documentation of each student's clinical service exercises in accordance with Minn. Rule 2110.0670, including identifying which services were performed on people. Additionally, the Course Completion Certificate must indicate that the student has met both the total required number of clinical service exercises and the minimum number required to be performed on people.

Questions?

Schools are encouraged to reach out to the Board's School Liaison at cosmoschools@state.mn.us.