Professional Development Requirements

<table>
<thead>
<tr>
<th>License type</th>
<th>Minimum fundamental hours</th>
<th>Maximum elective hours</th>
<th>Total hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dentist, full faculty dentist, specialty dentist, guest dentist, dental therapist</td>
<td>30</td>
<td>20</td>
<td>50</td>
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<tr>
<td>Dental hygienist, guest hygienist, dental assistant, guest license dental assistant</td>
<td>15</td>
<td>10</td>
<td>25</td>
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<td>LGL (in a 3 year period)</td>
<td>45</td>
<td>30</td>
<td>75</td>
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</tbody>
</table>

Fundamental courses: content directly related to dentistry
- Core subjects *(mandatory, 2 different core subject areas required per biennial cycle)*
  - Recordkeeping
  - Ethics
  - Patient communication
  - Management of medical emergencies
  - Diagnosis and treatment planning
- CPR *(mandatory)*
- Infection control *(mandatory)*
- Self-assessment *(mandatory)*
- Online courses or home-study (must include a post-test)
- Lectures, symposiums, or seminars
- Study clubs
- College courses (1 college credit = 1 CE credit)

*All credits for Professional Development may be earned in the Fundamental course category.*

Elective courses: content directly or indirectly related to dentistry
- Self-study
  - List of readings related to dentistry
  - Publications you have written related to dentistry
- Dental research
- Dental related community service
- Instructing dental continuing education courses
- General attendance at state or national conventions (3 credits each)

Courses not accepted
- Estate planning
- Financial planning
- Marketing
- Investing
- Personal health
- Goal setting
CPR
Licensees must maintain continuous CPR certification. The accepted courses are the Professional Rescuer (BLS) with the American Red Cross or the Healthcare Provider (BLS) with the American Heart Association.

Infection control (effective August 2017)
Each licensee must complete an infection control course during each biennial period.

Self-assessment
The self-assessment is based on the core subject areas. This activity is required for each biennial cycle and is worth one (1) fundamental credit.

Core subjects
Use these examples to better understand what courses can be applied to each core subject area.

Recordkeeping: Courses pertaining to the adequate maintenance of patient records.
- Risk management courses (must include recordkeeping)
- Recordkeeping

Ethics: Courses pertaining to ethics in the dental profession.
- Patient vulnerability
- Boundary issues
- Sexual harassment
- Domestic abuse
- Power dynamics
- Professional vs personal relationships

Patient communication: Courses pertaining to interpersonal communication.
- Non-verbal communication
- Non-English languages
- Sign language
- Psychology
- Teamwork
- Communications
- Conflict resolution

Management of medical emergencies: Courses pertaining to dealing with medical emergencies in the dental office. BLS does not qualify as a core requirement. Common medical emergencies include:
- Anaphylactic shock
- Myocardial infarction
- Stroke
- Syncope
- Hypoglycemia
- Asthma attacks

Diagnosis and treatment planning: Courses pertaining to the diagnosis and treatment planning of conditions and illnesses relating to dentistry. Courses do not need to be hands-on.
- Periodontics
- Endodontics
- Oral surgery
- Prosthodontics
- Restorative

Definitions
For definitions, see Minnesota Rule 3100.0100.