

Guide to Organics Recycling

Organics recycling is a new opportunity for Capitol Complex employees. Did you know over 60 percent of what gets thrown away on the Capitol Complex can be recycled with organics? We've put together this guide to help employees understand how to handle their organic waste.

Below you'll find broad categories of what can be thrown in the organics recycling bin, along with specific lists of items that are accepted and not accepted in each category.

Food Scraps

Accepted

- Produce: fruits and vegetables
 - Peeling, pits, and shells
- Meat, fish, and bones
 - Bones, scales, and shells
- Dairy products
 - Yogurt and cheese
 - Eggs and eggshells
- Baked and dry goods
 - Pasta, beans, and rice
 - Bread and cereal
 - Nuts and shells
 - Dough
- Pet Food

Not Accepted

- Grease or oil
- Chewing gum
- Liquids

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Soiled Paper

Accepted

- Napkins, paper towels, and tissues
- Paper egg cartons
- Shredded paper
- Paper cups, plates, and bowls
- Containers without plastic lining or coating
- Certified compostable plastic-lined paper plates, cups, bowls, and containers*
- Paper bags
- Parchment and wax paper
- Pizza boxes

Not Accepted

- Clean paper that can be recycled (place in the paper recycling bins)
 - Paper Cartons (place in container recycling bins)
 - Milk Cartons
 - Soup Cartons
- Paper coated with foil
- Non-certified compostable plastic-lined paper products
 - Plates, cups, bowls
 - Frozen food boxes



* Look for BPI or Cedar Grove logo on product or container.

Other Compostable items

Accepted

- Coffee grounds
- Tea bags
- Houseplant trimmings
- Wood chopsticks, popsicle sticks, stir sticks, and toothpicks
- Certified compostable plastic products*
 - Cups, plates, and bowls
 - Utensils and straws
 - Bags
 - Containers
- Other certified compostable products*
 - Bamboo products
 - Sugarcane products
 - Paper products
 - Clay-lined products
- Hair and nail clippings

Not Accepted

- Recyclable materials (place in paper and container recycling bins)
 - Paper, plastic, glass, and metal
 - Animal waste and litter
- Diapers and sanitary products
- Microwave popcorn bags
- Dryer sheets
- Dental floss
- Cleaning or baby wipes
- Cigarettes
- Rocks, soil, and dirt
- Latex products
 - Gloves and balloons
- Vacuum cleaner bags
- Black walnut shells



* Look for BPI or Cedar Grove logo on product or container.