



The 2024 Population and Household Estimates

Eric A. Guthrie, PhD
Senior Demographer

Annual Population Estimates

- The estimates presented here are merged from two sources:

1. Metropolitan Council for the 7 counties under its jurisdiction

- Minn. Stat. § 473.24
- Methodology available here:

<https://metro council.org/Data-and-Maps/Research-and-Data/Annual-Population-Estimates.aspx>

2. The State Demographic Center for the balance of the state's 80 counties

- Minn. Stat. § 4A.02
- Methodology available here:

<https://mn.gov/admin/demography/data-by-topic/population-data/our-estimates/>

Minnesota's 13 Economic Development Regions (EDRs)

EDR 01 Kittson, Marshall, Norman, Pennington, Polk, Red Lake, Roseau

EDR 02 Beltrami, Clearwater, Hubbard, Lake of the Woods, Mahnomen

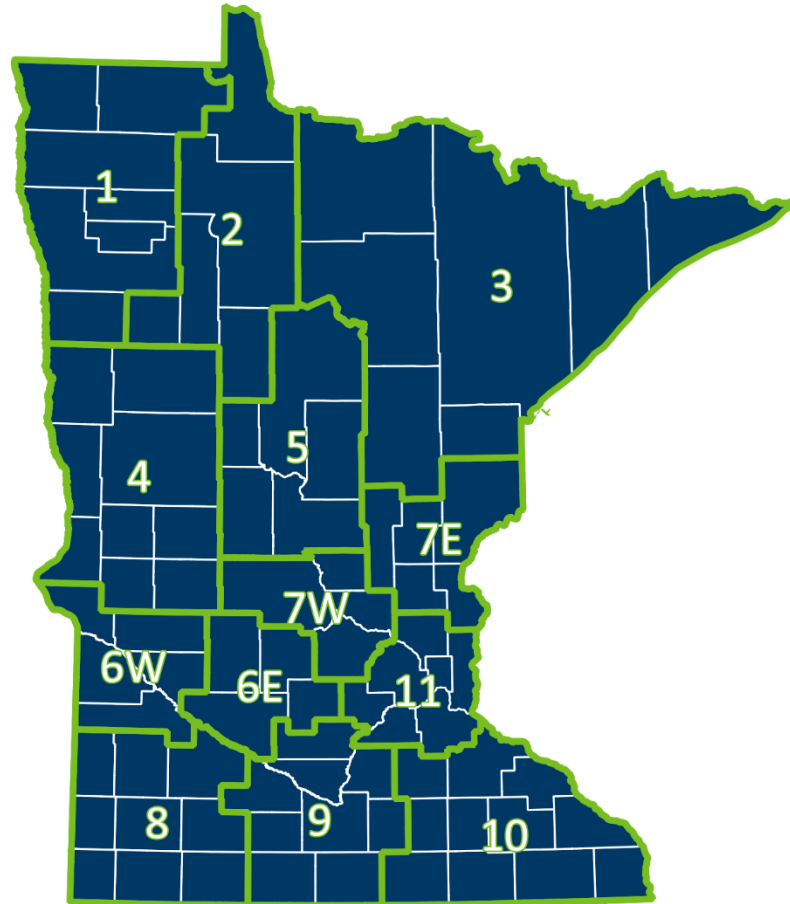
EDR 03 Aitkin, Carlton, Cook, Itasca, Koochiching, Lake, St. Louis

EDR 04 Becker, Clay, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wilkin

EDR 05 Cass, Crow Wing, Morrison, Todd, Wadena

EDR 06E Kandiyohi, McLeod, Meeker, Renville

EDR 06W Big Stone, Chippewa, Lac qui Parle, Swift, Yellow Medicine



EDR 07E Chisago, Isanti, Kanabec, Mille Lacs, Pine

EDR 07W Benton, Sherburne, Stearns, Wright

EDR 08 Cottonwood, Jackson, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Rock

EDR 09 Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca, Watonwan

EDR 10 Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, Winona

EDR 11 Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, Washington

State and Regional Highlights

- Minnesota's estimates population in 2024 was 5,842,388
- The State added an estimated 135,894 residents between 2020 and 2024
- Four of the State's thirteen regions—5, 7E, 7W, and 11—experienced population growth faster than the statewide rate of 2.4%
- Over half (55.6%) of Minnesota's population lives in the seven-county Twin Cities metro area that makes up Region 11
- Three of the State's thirteen regions—1, 6W, and 8—lost population between 2020 and 2024

2024 Estimates for the Economic Development Regions (EDR)

Region	Total Population	Households	Group Quarters	Household Population	Persons per Household
01	82,291	35,304	2,139	80,152	2.27
02	86,535	35,076	2,507	84,028	2.4
03	327,259	141,610	13,081	314,178	2.22
04	239,929	98,880	7,116	232,813	2.35
05	175,025	72,665	2,832	172,193	2.37
06E	119,505	48,475	2,428	117,077	2.42
06W	43,040	18,431	1,223	41,817	2.27
07E	177,295	68,862	4,141	173,154	2.51
07W	463,534	171,279	12,182	451,352	2.64
08	116,240	47,420	2,678	113,562	2.39
09	239,036	97,041	10,655	228,381	2.35
10	524,728	211,676	18,524	506,204	2.39
11	3,247,971	1,303,817	60,816	3,187,155	2.44
Minnesota	5,842,388	2,350,536	140,322	5,702,066	2.43

Source: Minnesota State Demographic Center and the Metropolitan Council

Population and Household Change by EDR: 2020-2024

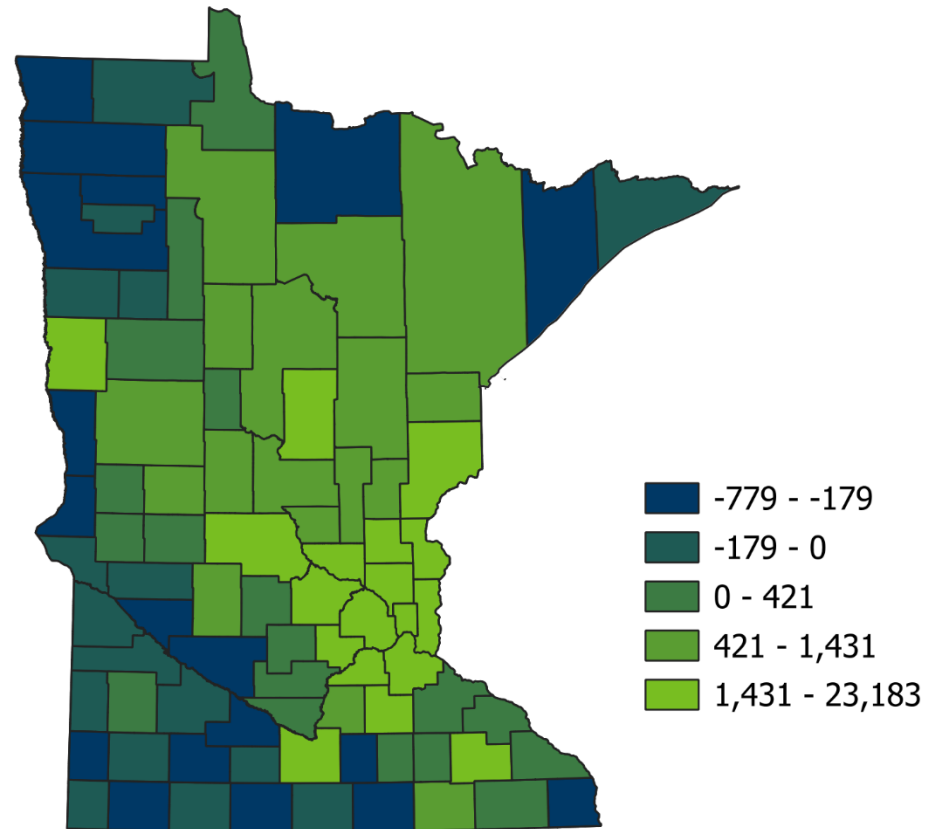
	Population				Households			
Region	2024	2020	Change	Percent Change	2024	2020	Change	Percent Change
01	82,291	84,138	(1,847)	-2.2	35,304	35,019	285	0.8
02	86,535	85,270	1,265	1.5	35,076	33,809	1,267	3.7
03	327,259	325,716	1,543	0.5	141,610	139,680	1,930	1.4
04	239,929	236,507	3,422	1.4	98,880	96,255	2,625	2.7
05	175,025	169,526	5,499	3.2	72,665	69,887	2,778	4
06E	119,505	118,626	879	0.7	48,475	47,499	976	2.1
06W	43,040	43,849	(809)	-1.8	18,431	18,432	(1)	0
07E	177,295	169,123	8,172	4.8	68,862	65,080	3,782	5.8
07W	463,534	438,191	25,343	5.8	171,279	161,471	9,808	6.1
08	116,240	117,437	(1,197)	-1	47,420	47,157	263	0.6
09	239,036	237,155	1,881	0.8	97,041	94,864	2,177	2.3
10	524,728	517,852	6,876	1.3	211,676	205,311	6,365	3.1
11	3,247,971	3,163,104	84,867	2.7	1,303,817	1,239,526	64,291	5.2
Minnesota	5,842,388	5,706,494	135,894	2.4%	2,350,536	2,253,990	96,546	4.3%

Source: Minnesota State Demographic Center and the Metropolitan Council

County Highlights

- Hennepin County (1,304,748) is the largest in Minnesota, home to well over one-fifth of the state's population
- Wright County (9.4%) grew the fastest since 2020, adding 13,257 residents as the I-94 corridor continues to expand
- St. Louis County (200,797) remains the largest outside the metro, holding stable since 2020
- Traverse (3,131), Lake of the Woods (3,797), and Red Lake (3,883) remain Minnesota's smallest counties
- Fifty-three counties gained and thirty-four lost population between 2020 and 2024; the statewide county total increased from 5,706,494 to 5,842,388 (135,894 / 2.4%)

Population Change 2020 to 2024



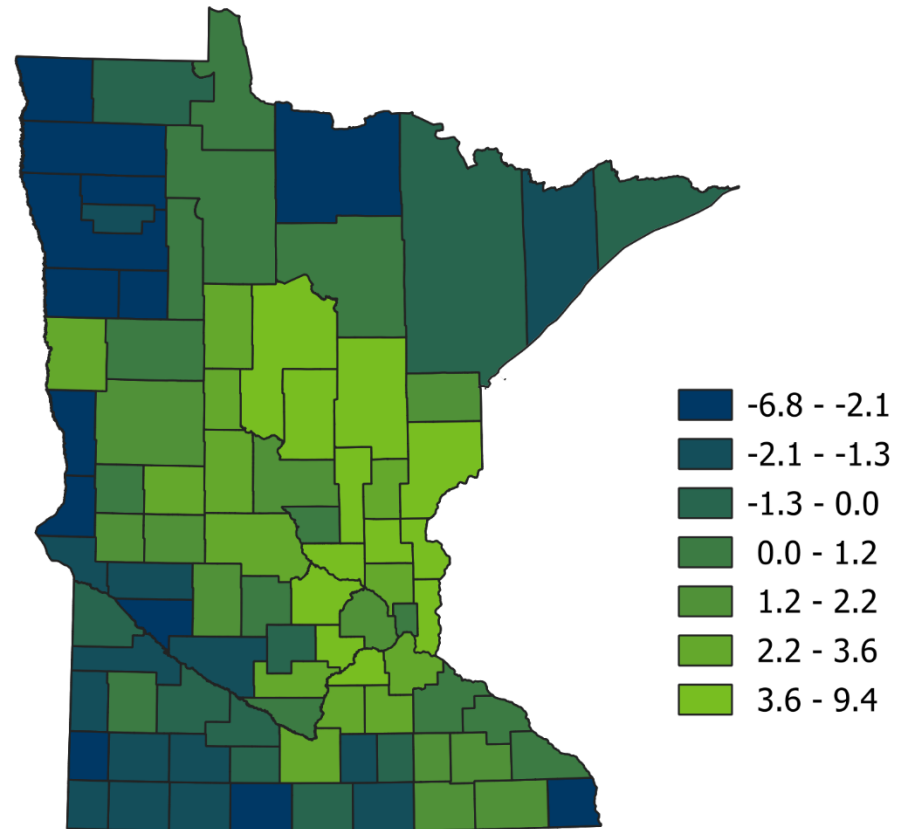
Source: Minnesota State Demographic Center and the Metropolitan Council

20 Counties Added More Than 1,000 Residents Since 2020

County	2024 Population	2020 Population	Population Change
Hennepin	1,304,748	1,281,565	23,183
Washington	285,550	267,568	17,982
Dakota	454,301	439,882	14,419
Wright	154,594	141,337	13,257
Anoka	374,077	363,887	10,190
Carver	114,201	106,922	7,279
Scott	157,576	150,928	6,648
Sherburne	103,059	97,183	5,876
Stearns	163,999	158,292	5,707
Ramsey	557,518	552,352	5,166
Olmsted	166,424	162,847	3,577
Crow Wing	68,675	66,123	2,552
Isanti	43,684	41,135	2,549
Chisago	59,105	56,621	2,484
Rice	69,027	67,097	1,930
Blue Earth	70,696	69,112	1,584
Clay	66,848	65,318	1,530
Pine	30,321	28,876	1,445
Cass	31,439	30,066	1,373
Mille Lacs	27,577	26,459	1,118

Source: Minnesota State Demographic Center and the Metropolitan Council

Percent Population Change 2020 to 2024



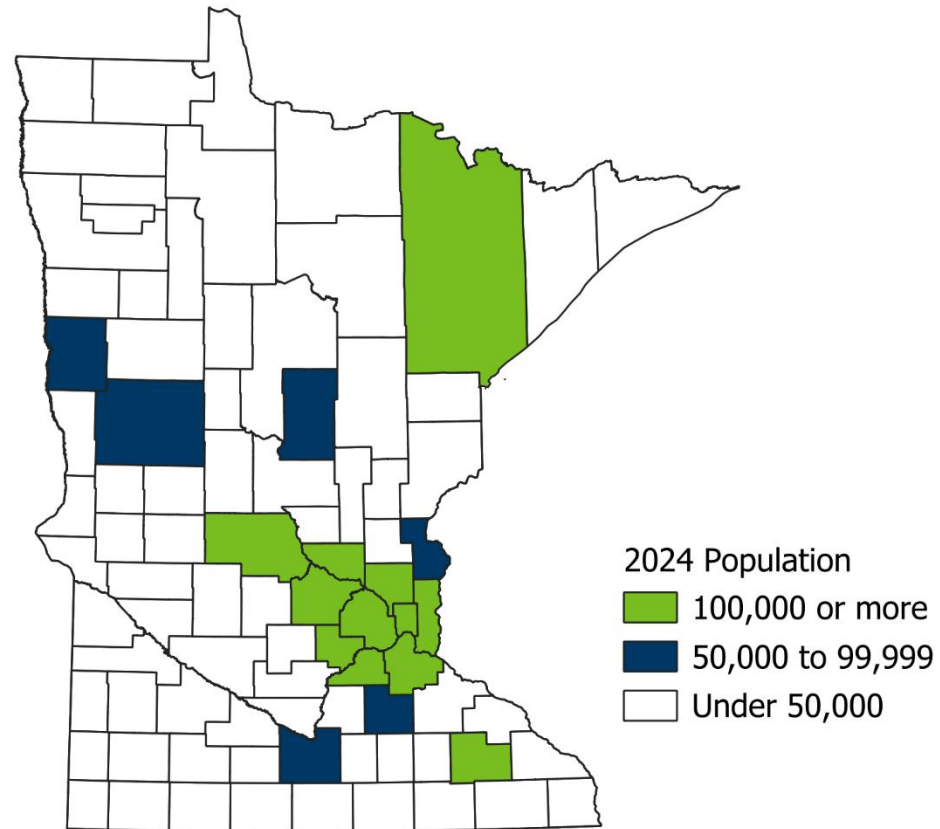
Source: Minnesota State Demographic Center and the Metropolitan Council

21 Counties Grew Faster Than The State Average of 2.4%

County	2024 Population	2020 Population	Percent Population Change
Wright	154,594	141,337	9.4
Carver	114,201	106,922	6.8
Washington	285,550	267,568	6.7
Isanti	43,684	41,135	6.2
Sherburne	103,059	97,183	6
Pine	30,321	28,876	5
Cass	31,439	30,066	4.6
Scott	157,576	150,928	4.4
Chisago	59,105	56,621	4.4
Mille Lacs	27,577	26,459	4.2
Aitkin	16,335	15,697	4.1
Crow Wing	68,675	66,123	3.9
Stearns	163,999	158,292	3.6
Kanabec	16,608	16,032	3.6
Dakota	454,301	439,882	3.3
Hubbard	22,050	21,344	3.3
Rice	69,027	67,097	2.9
Anoka	374,077	363,887	2.8
Le Sueur	29,459	28,674	2.7
Todd	25,956	25,262	2.7
Wadena	14,436	14,065	2.6

Source: Minnesota State Demographic Center and the Metropolitan Council

Minnesota's Largest Counties in 2024



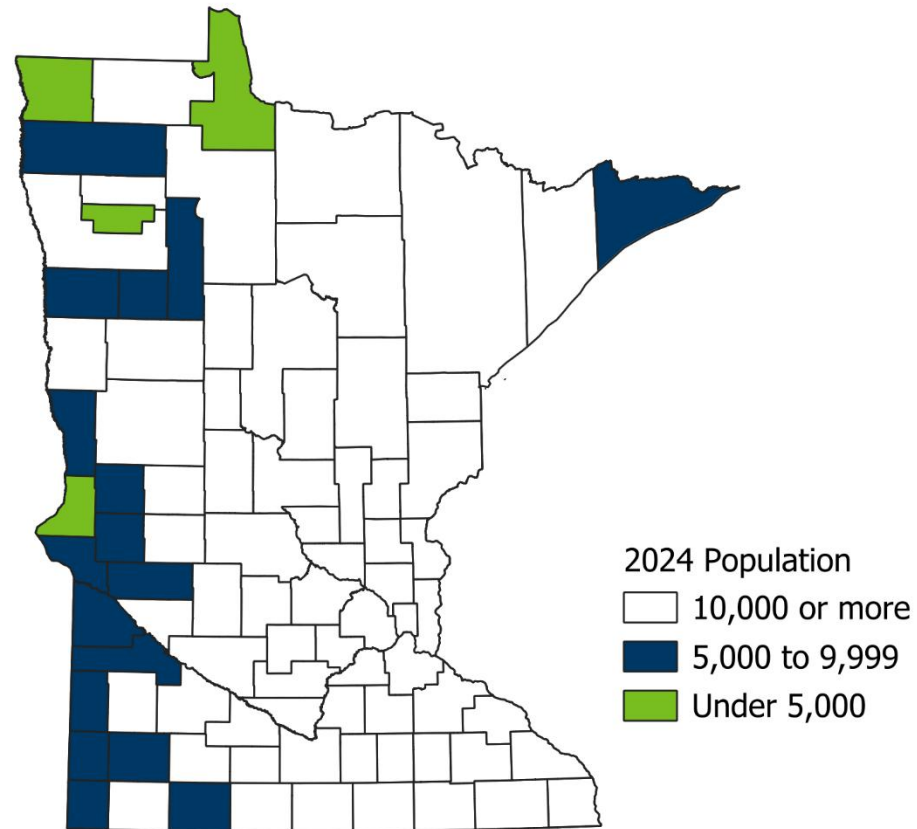
Source: Minnesota State Demographic Center and the Metropolitan Council

Minnesota Has 18 Counties With More Than 50,000 Residents

2024 Rank	2020 Rank	County	2024 Population	2020 Population	Population Change	Percent Population Change
1	1	Hennepin	1,304,748	1,281,565	23,183	1.8
2	2	Ramsey	557,518	552,352	5,166	0.9
3	3	Dakota	454,301	439,882	14,419	3.3
4	4	Anoka	374,077	363,887	10,190	2.8
5	5	Washington	285,550	267,568	17,982	6.7
6	6	St. Louis	200,797	200,231	566	0.3
7	7	Olmsted	166,424	162,847	3,577	2.2
8	8	Stearns	163,999	158,292	5,707	3.6
9	9	Scott	157,576	150,928	6,648	4.4
10	10	Wright	154,594	141,337	13,257	9.4
11	11	Carver	114,201	106,922	7,279	6.8
12	12	Sherburne	103,059	97,183	5,876	6
13	13	Blue Earth	70,696	69,112	1,584	2.3
14	14	Rice	69,027	67,097	1,930	2.9
15	15	Crow Wing	68,675	66,123	2,552	3.9
16	16	Clay	66,848	65,318	1,530	2.3
17	17	Otter Tail	60,882	60,081	801	1.3
18	18	Chisago	59,105	56,621	2,484	4.4

Source: Minnesota State Demographic Center and the Metropolitan Council

Minnesota's Smallest Counties in 2024



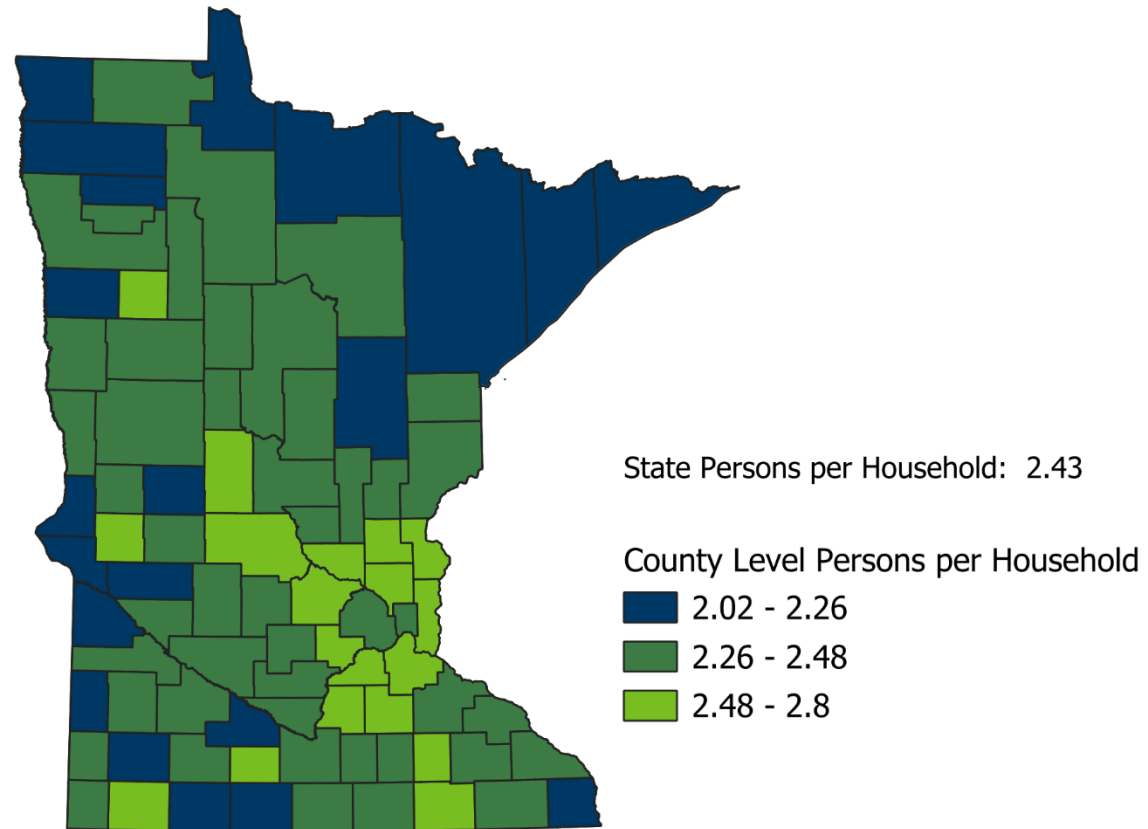
Source: Minnesota State Demographic Center and the Metropolitan Council

Minnesota Has 21 Counties With Fewer Than 10,000 Residents

2024 Rank	2020 Rank	County	2024 Population	2020 Population	Population Change	Percent Population Change
87	87	Traverse	3,131	3,360	-229	-6.8
86	86	Lake of the Woods	3,797	3,763	34	0.9
85	85	Red Lake	3,883	3,935	-52	-1.3
84	84	Kittson	4,022	4,207	-185	-4.4
83	83	Big Stone	5,065	5,166	-101	-2
82	82	Mahnomen	5,297	5,411	-114	-2.1
81	80	Lincoln	5,566	5,640	-74	-1.3
80	81	Cook	5,572	5,600	-28	-0.5
79	79	Grant	6,110	6,074	36	0.6
78	77	Wilkin	6,270	6,506	-236	-3.6
77	78	Norman	6,284	6,441	-157	-2.4
76	76	Lac qui Parle	6,639	6,719	-80	-1.2
75	75	Murray	8,044	8,179	-135	-1.7
74	74	Clearwater	8,630	8,524	106	1.2
73	73	Marshall	8,769	9,040	-271	-3
72	72	Pipestone	9,101	9,424	-323	-3.4
71	71	Yellow Medicine	9,373	9,528	-155	-1.6
70	69	Rock	9,527	9,704	-177	-1.8
69	68	Swift	9,666	9,838	-172	-1.7
68	70	Stevens	9,820	9,671	149	1.5
67	67	Jackson	9,862	9,989	-127	-1.3

Source:
Minnesota
State
Demographic
Center and
the
Metropolitan
Council

Average Household Size in 2024



Source: Minnesota State Demographic Center and the Metropolitan Council

Counties With The Largest and Smallest Household Size

2024 Rank	County	Households	Household Population	Persons per Household
1	Scott	55,805	156,121	2.8
2	Wright	55,706	153,487	2.76
3	Sherburne	36,255	99,877	2.75
4	Nobles	7,858	21,440	2.73
5	Carver	42,192	113,149	2.68
6	Anoka	139,830	370,850	2.65
6	Mahnomen	1,977	5,239	2.65
8	Chisago	22,120	57,668	2.61
9	Washington	108,677	282,135	2.6
10	Isanti	16,760	43,330	2.59
78	St. Louis	87,206	191,529	2.2
79	Pennington	6,123	13,388	2.19
80	Aitkin	7,527	16,015	2.13
80	Big Stone	2,275	4,844	2.13
80	Traverse	1,418	3,017	2.13
83	Lake	4,955	10,471	2.11
83	Lake of the Woods	1,789	3,767	2.11
85	Kittson	1,895	3,921	2.07
86	Koochiching	5,629	11,476	2.04
87	Cook	2,740	5,536	2.02

Source:
Minnesota
State
Demographic
Center and
the
Metropolitan
Council

City Highlights

- Minneapolis (435,233) remains Minnesota's largest city, followed by St. Paul (313,375) and Rochester (124,220). Together they account for nearly one-fifth of the state's total city population
- Mankato (46,455), Moorhead (45,913), St. Cloud (72,614), and Duluth (87,483) all posted modest gains
- Collectively, Minnesota's 855 cities grew from 4,322,794 in 2020 to 4,442,517 in 2024, a net increase of 119,723 residents (2.8 %), driven by both regional and suburban growth

Cities by Size, 2024

City Size	Number of Cities	2024 Population	2020 Population	Population Change	Percent Change
100,000 or more	3	872,828	862,878	9,950	1.2
50,000-99,999	16	1,153,278	1,172,759	(19,481)	-1.7
25,000-49,999	24	820,948	745,366	75,582	10.1
10,000-24,999	61	1,016,644	942,116	74,528	7.9
5,000-9,999	49	352,628	348,751	3,877	1.1
2,500-4,999	84	305,452	294,838	10,614	3.6
1,000-2,499	119	194,860	201,679	(6,819)	-3.4
500-999	143	100,302	99,812	490	0.5
250-499	119	43,187	44,207	(1,020)	-2.3
Less than 250	237	29,576	29,392	184	0.6
Total	855	4,889,703	4,741,798	147,905	3.1

Source: Minnesota State Demographic Center and the Metropolitan Council

Minnesota Has 19 Cities With More Than 50,000 Residents

2024 Rank	2020 Rank	Row Labels	2024 Population	2020 Population	Population Change	Percent Change
1	1	Minneapolis city	435,233	429,956	5,277	1.2
2	2	St. Paul city	313,375	311,527	1,848	0.6
3	3	Rochester city	124,220	121,395	2,825	2.3
4	4	Bloomington city	91,975	89,987	1,988	2.2
5	5	Duluth city	87,483	86,697	786	0.9
6	6	Brooklyn Park city	84,753	86,478	(1,725)	-2
7	8	Woodbury city	81,347	75,102	6,245	8.3
8	7	Plymouth city	80,038	81,026	(988)	-1.2
9	11	Lakeville city	76,746	69,490	7,256	10.4
10	10	Blaine city	75,933	70,222	5,711	8.1
11	12	St. Cloud city	72,614	68,881	3,733	5.4
12	9	Maple Grove city	71,988	70,253	1,735	2.5
13	13	Eagan city	69,273	68,855	418	0.6
14	14	Burnsville city	65,696	64,317	1,379	2.1
15	15	Eden Prairie city	64,793	64,198	595	0.9
16	16	Coon Rapids city	63,331	63,599	(268)	-0.4
17	17	Apple Valley city	56,361	56,374	(13)	0
18	18	Minnetonka city	56,162	53,776	2,386	4.4
19	19	Edina city	54,785	53,494	1,291	2.4

Source: Minnesota State Demographic Center and the Metropolitan Council

14 Cities Added More Than 2,500 Residents Since 2020

Rank	City	2024 Population	2020 Population	Population Change
1	Lakeville city	76,746	69,490	7,256
2	Woodbury city	81,347	75,102	6,245
3	Blaine city	75,933	70,222	5,711
4	Minneapolis city	435,233	429,956	5,277
5	Cottage Grove city	43,690	38,839	4,851
6	Otsego city	23,790	19,966	3,824
7	St. Cloud city	72,614	68,881	3,733
8	Dayton city	10,836	7,262	3,574
9	St. Michael city	21,752	18,235	3,517
10	Lake Elmo city	14,529	11,335	3,194
11	Shakopee city	46,660	43,698	2,962
12	Stacy city	4,648	1,703	2,945
13	Rogers city	16,190	13,295	2,895
14	Rochester city	124,220	121,395	2,825

Source: Minnesota State Demographic Center and the Metropolitan Council

Fastest-Growing Cities, 2020-2024

City	2024 Population	2020 Population	Population Change	Percent Change
Stacy city	4,648	1,703	2,945	172.9
Dayton city	10,836	7,262	3,574	49.2
Corcoran city	8,631	6,185	2,446	39.5
Lexington city	3,021	2,248	773	34.4
Carver city	7,029	5,241	1,788	34.1
Lake Elmo city	14,529	11,335	3,194	28.2
Hanover city	4,392	3,548	844	23.8
Rogers city	16,190	13,295	2,895	21.8
St. Michael city	21,752	18,235	3,517	19.3
Otsego city	23,790	19,966	3,824	19.2
Dundas city	2,019	1,712	307	17.9
Waverly city	2,234	1,900	334	17.6
Pine City city	3,668	3,130	538	17.2
Newport city	4,448	3,797	651	17.1
Victoria city	12,264	10,546	1,718	16.3
Delano city	7,528	6,484	1,044	16.1
Clearwater city	2,225	1,922	303	15.8
New York Mills city	1,490	1,294	196	15.1
Cambridge city	11,039	9,611	1,428	14.9
North Branch city	12,159	10,787	1,372	12.7
Cottage Grove city	43,690	38,839	4,851	12.5
Princeton city	5,421	4,819	602	12.5
Medina city	7,646	6,837	809	11.8
Oronoco city	2,015	1,802	213	11.8
Maple Plain city	1,941	1,743	198	11.4
Rice city	2,187	1,975	212	10.7
East Gull Lake city	1,090	986	104	10.5
Isanti city	7,511	6,804	707	10.4
Lakeville city	76,746	69,490	7,256	10.4
Hugo city	17,354	15,766	1,588	10.1

Note: Includes only cities with at least 1,000 residents in 2024

Source:
Minnesota
State
Demographic
Center and
the
Metropolitan
Council

Township Highlights

- Minnesota had 1,778 organized townships in 2024
- Township populations range from fewer than 10 residents to just over 10,000, illustrating wide variation
- With 10,903 residents, White Bear township in Ramsey County is the largest township in the state
- Nearly 80% of townships have fewer than 1,000 residents
- Sherburne County has 4 of the top townships in terms of both size and growth

Townships By Population Size, 2024

City Size	Number of Townships	2024 Population	2020 Population	Population Change	Percent Change
10,000 or more	1	10,903	11,049	(146)	-1.3
5,000-9,999	6	37,987	42,990	(5,003)	-11.6
2,500-4,999	32	103,027	105,486	(2,459)	-2.3
1,000-2,499	178	268,774	255,510	13,264	5.2
500-999	325	227,014	236,717	(9,703)	-4.1
250-499	415	148,794	152,701	(3,907)	-2.6
100-249	578	101,086	99,763	1,323	1.3
Less than 100	243	15,484	14,800	684	4.6
Total	1,778	913,069	919,016	(5,947)	-0.6

Source: Minnesota State Demographic Center and the Metropolitan Council

Ten Largest Townships, 2024

2024 Rank	2020 Rank	Township	County	2024 Population	2020 Population	Population Change	Percent Change
1	1	White Bear township	Ramsey	10,903	11,049	-146	-1.3
2	2	Big Lake township	Sherburne	7,985	7,924	61	0.8
3	3	Baldwin township	Sherburne	7,087	7,104	-17	-0.2
4	4	Livonia township	Sherburne	6,378	6,174	204	3.3
5	7	Thomson township	Carlton	5,645	5,465	180	3.3
6	5	Becker township	Sherburne	5,641	5,496	145	2.6
7	8	Linwood township	Anoka	5,251	5,334	-83	-1.6
8	9	Chisago Lake township	Chisago	4,872	4,818	54	1.1
9	11	La Grand township	Douglas	4,152	4,279	-127	-3
10	12	Marion township	Olmsted	3,953	4,027	-74	-1.8

Source: Minnesota State Demographic Center and the Metropolitan Council

Top Townships For Population Growth 2020 to 2024

Rank	Township	County	2024 Population	2020 Population	Population Change
1	Rockford township	Wright	3,681	3,371	310
2	Orrock township	Sherburne	3,809	3,544	265
3	Harris township	Itasca	3,485	3,276	209
4	Livonia township	Sherburne	6,378	6,174	204
5	May township	Washington	2,863	2,670	193
6	Thomson township	Carlton	5,645	5,465	180
7	Northfield township	Rice	1,033	857	176
8	Blue Hill township	Sherburne	2,679	2,507	172
9	Spring Lake township	Scott	3,622	3,464	158
10	Becker township	Sherburne	5,641	5,496	145

Source: Minnesota State Demographic Center and the Metropolitan Council

Eric A. Guthrie, PhD

Eric.Guthrie@state.mn.us

651-201-2474