

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

It's HERE! Disability Benefits 101: Your Job Just Got Easier!

Lead Speaker: Lesli Kerkhoff, State Program Administrator Coordinator

Organization: Minnesota Department of Human Services, Disability Services

Additional Speakers: Beth Grube, Health Care Policy Consultant, Minnesota Department of Human Services, Disability Services

Description: DB101.org is a comprehensive benefits and work-planning website created for people with disabilities, their families and professionals like you. It provides easy access to the facts, tools and resources you need to help the people you serve understand their benefits, explore work as an option and set goals. Find out how to put DB101.org to work for you. It informs. It engages. It motivates. And it pays off in better outcomes for the people you serve.

Objective:

- Provide an overview of the DB101 site, features, and online training.
- Review best practices on how to adopt the site into our work to create better employment outcomes for people with disabilities.

Audience Level: Basic

Room: Ballroom - A

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Quality Future: Older Americans Act & Other Opportunities

Lead Speaker: Kathleen Votava, Aging Services Program Specialist

Organization: U.S. Administration on Aging

Description: The Older Americans Act (OAA) is currently going through reauthorization. This session will provide the latest information on the Reauthorization of the Older Americans Act including public comments and suggestions for reform; and the role for the aging network in providing services to promote the quality of life for older adults and family caregivers. Other federal initiatives to improve the health and lives of older Americans and support family caregivers such as Chronic Disease Self-Management and Community-Based Care Transitions will also be explored.

Objectives:

- Participants will learn the current status of the reauthorization of the Older Americans Act;
- Other federal initiatives to promote quality of life for older adults and family caregivers

Audience Level: Intermediate – Material builds on existing knowledge and goes well beyond basics. Audience needs some background knowledge of topic.

Room: Ballroom - B

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Minnesota Department of Human Services (DHS) Lead Agency and Provider Training Opportunities and Delivery Methods

Lead Speaker: Danielle Bean, Minnesota Health Care Programs HCP Provider Relations Training and Communications - Lead

Organization: Minnesota Department of Human Services, Minnesota Health Care Programs (MHCP)

Additional Speakers: Rebecca Slininger, Disability Services Division Training Supervisor, Wendy Hassinger, Disability Services Division Online & Technology Training Coordinator, Pansi Millage, Provider Relations Trainer-Waiver/Homecare/PCA; Cheryl Newgren, Provider Relation

Description: The Aging and Adult Services and Disability Services Divisions at the Minnesota Department of Human Services and Minnesota Health Care Programs (MHCP) offer training opportunities for lead agencies including Counties, Tribes and Managed Care Organizations, lead agency workers, and providers enrolled with MHCP. These include in-person workshops, focus group discussions, video conferences, interactive labs, online training modules and webinar technology. Webinar technology allows a participant to remain in their office while receiving the same information as the person attending a live training session. During the session, participants will learn hands-on instruction for using the internet to navigate and locate information about how to access and register for the different types of trainings and how to use the both the online training modules and the webinar technology.

Objective:

- Discover training resources for MHCP enrolled providers.
- Learn the delivery methods for the different types of trainings and workshops available.
- Understand how to use the webinar technology.
- Demonstrate and familiarize participants with the online training modules and the webinar technology.

Audience Level: Basic

Room: Commons - Doubletree

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What's Different About Lesbian, Gay, Bisexual and Transgender Aging?

Lead Speaker: Cathy Croghan, Geriatric Community Health Advocate

Organization: Training to Serve

Additional Speakers: Barbara Satin, GLBT Generations; Sarah Myott, State Program Administrator, Minnesota Department of Human Services

Description: Whether you know it or not, LGBT elders are probably part of your client census. Learn about the unique issues facing this population, and how these impact their willingness to seek out services. This session will outline issues of LGBT aging, increase service provider awareness about the diversity of sexual orientations and gender identities among their senior clients, and identify actions you can take to make your practice, and organization, more LGBT culturally competent.

Objective:

- Learn about the LGBT older adult community, including terminology, culture and impact of historical events.
- Understand why older LGBT people may hide their sexual orientation and gender identity, their reluctance to access services and ways that services providers can better serve this population.
- Identify action steps to take for your practice or organization to create a safe, supportive place for older LGBT people to access services.

Audience Level: Basic

Room: Elliott A

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

Preparing Youth with Disabilities for Employment

Lead Speaker: Alyssa Klein, MS, CRC, Youth Transition Specialist

Organization: Minnesota Department of Employment and Economic Development, Vocational Rehabilitation Services

Description: This session will give an overview of important considerations for youth and families when preparing for future competitive employment in integrated community settings. Support services and statewide initiatives that focus on ensuring youth with disabilities transition into post-secondary training and employment will be reviewed.

Objective:

- Understand what is important for all youth to do in preparing for careers.
- Understand community employment-related resources and how to find them
- Learn about new projects that focus on increasing employment outcomes for youth with disabilities.

Audience Level: Basic

Room: Elliott - B

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

Supporting Older Adults in Their Homes with the Elderly Waiver and Alternative Care Programs

Lead Speaker: Libby Rossett-Brown, Elderly Waiver and Alternative Care Program Administrator

Organization: Minnesota Department of Human Services, Aging and Adult Services

Additional Speakers: Gail Carlson, Research Analyst Specialist, Minnesota Department of Human Services, Aging and Adult Services

Description: Transform 2010 described how the age wave will impact Minnesota's future limited resources as baby boomers age. Come learn about Minnesota's two public programs that support older adults in their homes, the Elderly Waiver and Alternative Care Programs.

Objective:

- Update on AC and EW financial eligibility.
- Compare EW and AC programs services and cost sharing.
- Review legislative updates.

Audience Level: Intermediate - Have worked with AC for six months or have attended AC basic videoconference training and be familiar with EW and providers of EW service

Room: Legion - A

Date: Tuesday, June 21

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Long-term Care Options Counseling Services and Return to Community Year in Review

Lead Speaker: Elissa Schley, MinnesotaHelp Network™ Consultant

Organization: Minnesota Department of Human Services, Aging & Adult Services

Additional Speakers: Darci Buttke, Return to Community Program Coordinator, Minnesota Department of Human Services

Description: Learn about the variety of long-term care options counseling services that are available through the MinnesotaHelp Network™ and the Senior LinkAge Line®. Long-term care options counseling means providing assistance to help people figure out the best options to meet their needs as they age. Long-term Care Options Counselors are available through the Senior LinkAge Line® to help people look at all the choices available in their community including; remaining in their own home and having services provided to them, moving to an Assisted Living (Housing with Services) or seeking nursing home care if that is what would best meet their needs. An update will also be provided regarding the 2009 legislative initiative known as Return to Community. This Minnesota initiative started in April 2010 and is an effort to help private pay nursing home residents return to a community setting who have expressed a desire to leave.

Objective:

- Review how the MinnesotaHelp Network™ and Senior LinkAge Line® can help people with understanding all of the long-term care options.
- Learn about the Return to Community initiative and its impact since implementation began.

Audience Level: Basic

Room: Legion - B

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Public Guardianship - From Basics to Advanced Topics

Lead Speaker: John Fillbrandt, Public Guardianship Administrator

Organization: Minnesota Department of Human Services, Disability Services

Additional Speakers: Tom Skarohlid, Program Administrator, Minnesota Department of Human Services, Disability Services

Description: This session will briefly describe the basics of the public guardianship option for Minnesotans with a developmental disability such as nomination procedures, delegated and non-delegated guardianship duties, and ongoing responsibilities. Mainly the audience will be involved in a discussion of the particular experiences and problems encountered by county delegates of public guardian.

Objective:

- Learn who may be a public guardianship candidate and the process for nominating the Commissioner as the public guardian.
- Describe the duties and responsibilities of a guardian delegate.
- Assist participants in understanding the role of guardian as a substitute decision maker.
- Assist participants in helping clients and families make health care directive and end-of-life decisions.

Audience Level: Intermediate - Participants should have a minimal understanding of substitute decision-making, developmental disabilities, and responsibilities of legal representatives

Room: Mayo - A

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

Building for Aging in Place - From the Ground Up

Lead Speaker: Alissa Boroff, Director, Access Solutions, Certified Aging in Place Specialist (CAPS), Accessibility Specialist, Certified Occupational Therapy Assistant (COTA/L)

Organization: Access Solutions

Description: Quality of life is influenced by physical, social, spiritual and emotional well-being. How much do we consider how the built environment can influence our abilities and quality of life? How much do we consider how the environment can influence a caregiver's safety and ability to care? This seminar will focus on defining and discussing features and benefits of universal and accessible design, above and beyond basic code and accessibility requirements, in new construction and remodeling. This presentation will then look at the features and elements of the environment that can promote safety, function and improve quality of life for everyone.

Objective:

- Learn a pro-active approach versus a re-active approach to creating supportive environments to promote aging in place.
- Identify outcomes related to incorporating aging in place design features that can: reduce future health care costs, prevent and reduce the number of falls and injuries and promote active living.
- Identify design considerations for special needs and understand how we use sensory information to function in our environments.

Audience Level: Basic

Room: Mayo - B

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

Measure What Matters: Implications for Hiring and Training

Lead Speaker: Casey Lankow, MA,

Organization: CP Consulting & Research, LLC

Additional Speakers: Timothy Johansson, MA, CP Consulting & Research, LLC

Description: This session provides an overview of how to select and develop staff who are empathic, dependable, honest, and demonstrate other characteristics necessary in care delivery. Learn how to take the guesswork out of hiring competent staff and maximize your investment in staff training.

Objective:

- Apply valid principles for employee selection to your organization.
- Identify methods for measuring job- relevant criteria.
- Connect selection, orientation and on-going training.

Audience Level: Basic

Room: McDonnell - A

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

Benefits of Health Care Home for Persons with Disabilities

Lead Speaker: Nancy Flinn, Director of Outcomes and Research

Organization: Courage Center

Additional Speakers: Guthrie Byard, Outcomes & Research Project Specialist, Courage Center

Description: Courage Center has developed a health care home for individuals with disabilities, based on the belief that improved primary care will improve the health and decrease the health care costs for persons with disabilities and complex health conditions. We will present information about the historical cost of care for this population, with a focus of the unmet needs of clients enrolling in the CCPCC. Health and financial outcomes from the Primary Care Clinic/Health Care Home at Courage Center will be presented and discussed in the context of healthcare reform as it impacts those with disabilities.

Objective:

- Understand the rationale for a health care home for individuals with disabilities.
- Review initial findings from operating a health care home for a year.
- Increase awareness of the financial and social impacts from implementing a health care home for a historically medically complex population.

Audience Level: Basic

Room: McDonnell - B

Date: Tuesday, June 21

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Nutrition and Weight Management Study

Lead Speaker: Leslie Nordgren, Outcomes and Research Specialist

Organization: Courage Center

Additional Speakers: Nancy Flinn, Director of Outcomes and Research, Courage Center; JoAnn Ridout, Nutrition Services Director, Courage Center

Description: Courage Center integrated a weight management curriculum into clients' existing fitness programs at no additional cost to the clients. This provided an opportunity to incorporate nutrition and diet counseling into Courage Center's adaptive land-based and aquatic fitness programs for individuals with physical disabilities. Weight control is often identified as a goal by our clients but commercial weight loss programs do not accommodate clients with physical disabilities. Research has shown that exercise alone was not enough to help these clients lose weight. Adding nutritional counseling into these ongoing exercise sessions helped the participants in this study lose weight.

Objective:

- Review the nutrition and weight management program elements.
- Understand the methods used to integrate the nutrition and weight management program into a fitness program.

Audience Level: Basic

Room: Riverview - A

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"Who? Me? A Caregiver?" Helping Family Caregivers Self-Identify and Get Support

Lead Speaker: Peter Spuit, Senior Project Consultant

Organization: Minnesota Board on Aging

Additional Speakers: Deborah Wemette, Director of Community Programs, FamilyMeans

Description: How can we raise public awareness about family caregiving? What are the key messages? 2011 has been dubbed "The Year of the Family Caregiver" by the U.S. Administration on Aging to mark the ten year anniversary of the start of the National Family Caregiver Support Program. This provides a great basis for additional public awareness activities this year, in addition to Family Caregivers Month in November. Minnesota's Lifespan Respite Project would like to take advantage of this opportunity and is working with partners on a public awareness campaign for the second half of the year. With this discussion, we hope to attract family caregivers caring for people of any age or condition and providers serving caregivers to receive feedback on our campaign ideas and messages. We invite service providers to bring their existing flyers, brochures, ads and web content so we can pool and compare the language and messages we all use.

Objective:

- Discuss the need for increased public awareness about family caregiving and the support caregivers require.
- Review the intended strategies and messages of the Minnesota Lifespan Respite Project 2011 public awareness campaign.
- Share provider flyers, brochures, ads and web content to compare the language and messages about family caregiving currently in use.

Audience Level: Basic

Room: Riverview - B

Date: Tuesday, June 21

Time: 8:30 - 9:45 a.m.

Early Memory Care: The Benefits of Early Identification

Lead Speaker: Michelle Barclay, Vice President of Programs

Organization: Alzheimer's Association Minnesota-North Dakota

Additional Speakers: Angela Lunde, Dementia Education Specialist, Mayo Clinic's Alzheimer's Disease Research Center

Description: Reaching people earlier in the disease process, as well as their current or future caregivers, can significantly impact quality of life for all involved throughout the course of the disease. Michelle Barclay, Alzheimer's Association, a nationally respected educator in early memory care and Angela Lunde, Mayo Clinic's Education Specialist focusing on innovative programs around aging, MCI and early dementia, will present best practices in identifying people with early memory concerns, understanding issues and needs specific to early memory loss and offer strategies for coaching, education and support.

Objective:

- Identify the signs of early memory loss and understand the benefits of early identification.
- Learn best practices in coaching, education and support of people with early memory loss and their care partners.

Audience Level: Intermediate - Requires an understanding of memory issues and caregiver consultation

Room: Riverview - C

Date: Tuesday, June 21

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New Licensing Standards for Disability Services

Lead Speaker: Jason Flint, QA Policy Lead

Organization: Minnesota Department of Human Services, Disability Services

Additional Speakers: Angie Hart, STAR Services

Description: The speakers will present two sets of proposed licensing standards developed by a stakeholder workgroup for the 2012 legislative session. The first set, Community Residential Setting License standards will apply to all corporate foster care services for people on CAC, CADI, DD and TBI waivers. The second, named Quality Outcome Standards will apply across all licensed disability waiver services.

Objective:

To present, explain and discuss the new proposed standards for licensed disability waiver services.

Audience Level: Intermediate - Familiar with current DHS licensing requirements and/or processes

Room: Riverview - D

Date: Tuesday, June 21

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Leading from the Middle

Lead Speaker: Colleen Fritsch, Director of Volunteer Resources

Organization: DARTS

Description: How many times have you attended a terrific training and known in your heart that it would strengthen your organization but that you would never be able to make it happen? This presentation will give you practical, actionable steps to overcome those obvious and hidden barriers and be an agent of change for your programs and your organization.

Objective:

- Increase participant's ability to identify and engage potential champions of change within their organization.
- Learn to uncover hidden barriers to success.
- Learn two strategies to overcome barriers in order to create change.
- Leverage success in order to lead organizational change.

Audience Level: Intermediate - Basic knowledge of management principles and practices

Room: Riverview - E