

# Erica Foodie

111 Some Street, City, State 99999  
Cell: 999-999-9999

Erica.Foodie@somedomain.com

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## *Creative culinary artist dedicated to 5 star excellence*

### **Professional Summary**

Energetic, passionate culinary arts professional with formal training and experience in the service industry. Strong foundation of cooking and technique; knowledge of health and safety standards. Friendly and responsible, a good team player with excellent communication skills. Available days, evenings, weekends and holidays.

### **Future Top Chef**

- Recent graduate of Culinary Arts AAS Program
- Perform multiple tasks smoothly and efficiently in a fast paced kitchen • Experienced at braising, breading, fat frying, and grilling.
- Cut, trimmed, and boned meats; cleaned and prepared vegetables and fruits.
- Skilled in the preparation of a variety of contemporary soups and sauces

### **Professional Experience**

#### **Cooking Knowledge and Skills**

- Handled food preparation tasks in catering and restaurant environments, including measuring and weighing ingredients, cleaning and preparing food, cutting and trimming meat, and frying and grilling.
- Made soup and sauces from scratch.
- Enjoyed learning new techniques, working with new foods, and experimenting with food presentation.
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Prep cook, Eat House, Minneapolis, MN, 2012-2013.

Prep cook, ABC Catering, Minneapolis, MN 2011-2012.

Barista, Mickey's Bakery and Coffee Shop, Brooklyn Park, MN, 2010-2012.

### **Education**

Graduate, Culinary Arts AAS Degree, Hennepin Technical College, Brooklyn Park, MN, 2013.

Graduate, South High School, Minneapolis, MN 2010.