



Hmong Community Resource Directory 2010
Mental Health, Social Services, Health Care, and
General Community Services
in the
Twin Cities Metropolitan Area and Surrounding Areas

This directory was made possible through funding by
F.R. Bigelow Foundation.



For additional copies, contact:
Children's Hospitals and Clinics of Minnesota Psychological Services
Hmong Mental Health Initiative
345 North Smith Ave., St. Paul, MN 55102
2010

About this Directory

This directory was compiled as an effort to reduce systemic barriers to access mental health services for Hmong families and build capacity within the community to serve Hmong families. Our hope is that this director will help increase awareness of mental health and related services in the Twin Cities for our Hmong community.

The agencies and programs listed in this directory responded to a mass mailing request for information, thereby granting permission to publish their agency in this directory. Those who did not respond to this mail request were no published. As such this directory is not comprehensive and may have limited listings.

Inclusion in this directory is not an endorsement of the agency, its purpose or programs. Information is simply presented as it is received from each organization. In addition, excluding agencies from this directory should not be seen as a lack of endorsement.

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ACEA Home Health Care, LLC

1827 44th Avenue North
Minneapolis, MN 55340
Phone: 612-396-7830

- Contact Person:** Doua Lee
- Staff:** Administrator, Registered Nurse, Home Health Aide, and Personal Care Attendants
- Interpreters:** Hmong-speaking staff, other languages available when requested.
- Eligibility:** Home care services ordered by their physicians
- Hours:** Monday through Friday, 9am-5:30pm
- Fees:** No fee for services. Billings will be processed for clients with medical insurance coverage.
- Transportation:** Available for waived services.
- Intake Procedure:** Call in or fax with order from physician

Services Provided:

- We serve all communities 24 hours 7 days a week. We have experience working with adults, children, and elderly patients with complex medical and mental health diagnosis. Caregivers are from the same community and trained in their own language. Training material is available in the Hmong language.
- Home care: skilled nursing, physical therapy, occupational therapy, speech therapy, home health aide, personal care attendant, homemaker
- Housing and social services: assist Hmong elders and disabled people to find housing and other social services to meet their needs.
- Waivered services

**Amherst H. Wilder Foundation
Southeast Asian Services (SEA)**

451 Lexington Parkway North
St. Paul, MN 55104
651-280-2311
Facsimile: 651-280-3995
www.wilder.org

- Contact Person:** Tony Yang, Program Director
- Staff:** Multi-lingual professional staff serving the Hmong, Cambodian, and Vietnamese communities
- Interpreters:** No.
- Eligibility:** Must be resident of Ramsey County/East Metro
- Hours:** Monday through Friday, 8:30am-5:00pm with some special hours for after school programs.
- Fees:** No fee is charged for social adjustment services. MA and other insurance are charged for clinical services.
- Intake Procedure:** a) call the program office at 651-280-2311 to make referral
b) fax a referral form to Southeast Asian Services at 651-280-3995. Contact program office to get a referral form.
- Services Provided:**

-ACT (Assertive Community Treatment): this program includes daily home visits, psychiatry, medication management, counseling, supportive employment, case management, chemical health, and mental health skills development.

-Adult Mental Health & Social Adjustment Services: this program offers mental health diagnostic assessment, individual and family therapy. Parenting groups are available for Hmong, Cambodian, and Vietnamese adults. Group activities are designed to reduce stress, isolation, and mental health symptoms.

Services Provided Cont'd.

-Youth Mental Health: This program includes mental health diagnostic assessment, trauma screening, mental health skills, after school programs, community based mental health services, individual and family therapy.

-Targeted Mental Health Case Management: This program helps county referred seriously and persistently mentally ill individuals reduce their symptoms and maintain stability in their communities by evaluating needs, connecting participants with services and assessing and monitoring progress.

-Domestic Violence: This program service men referred by Ramsey County Corrections Department.

-Children's Mental Health Case Management: This program assists youth under 18 who have a diagnosis of severe emotional disturbance achieve stability in their families, schools, and communities.

Best Care Home Health

3008 University Avenue SE

Minneapolis, MN 55414

Phone: 612-378-1040

Facsimile: 612-378-2850

Contact Person: Nazneen Khatoon

Staff: 85 Health professionals including certified Hmong speaking home health aide and personal care attendants

Eligibility: Home care services ordered by physicians

Hours: Monday through Friday 8am-5pm
Services provided 24/7

Fees: None

Intake Procedure: Call in or fax with a verbal order from physician

Services Provided:

-We serve all ethnic communities 24 hours 7 days a week. We have experience working with people with dementia and depression. Caregivers are from the same community and trained in their own language. Home health aide training material is translated in the Hmong language.

-Home care: skilled nursing, physical therapy, occupational therapy, speech therapy, home health aide, personal care attendant, homemaker.

-Housing: assisted living for Hmong elders and disabled people. Hmong food is prepared and all Hmong holidays are celebrated.

Bethesda Clinic (University of Minnesota Physicians)

580 Rice Street
Saint Paul, MN 55103
Phone: 651-227-6551
Facsimile: 651-227-1804

- Contact Person:** Christine Danner, Ph.D., LP
- Staff:** Christine Danner, Ph.D., LP (Clinical Psychologist)
We are a family practice residency clinic with integrated mental health service.
- Interpreters:** Full-time Hmong speaking interpreter and many Hmong speaking medical assistants
- Eligibility:** Individuals must receive their primary care at Bethesda Clinic. In some instances, patients may be referred for mental services outside of the clinic if this is clinically indicated after the case is reviewed by the mental health team, even if they are a patient of the clinic and were referred by their primary care physician to the mental health team.
- Hours:** Monday through Friday, 8:30-5pm (With the latest mental health appointment typically being offered at 2:30pm)
- Fees:** Patients must have some ability to pay for services such as some form of insurance coverage (e.g. Medicare, Medicaid, Medica, Ucare, etc.) or the ability to self-pay. Unfortunately, we are unable to offer any sliding fee services at this time.
- Services Provided:** Mental health services provided at Bethesda Clinic include the following: diagnostic assessments; medication management, individual or family psychotherapy; and group therapy for Hmong women. Mental health services are provided for children, adolescents, and adults. No formal psychological testing (such as IQ or personality testing) is done.

Big Brothers Big Sisters of the Greater Twin Cities

2550 University Avenue, Suite 410N

Saint Paul, MN 55114

Phone: 651-789-2400

Facsimile: 651-789-2499

Website: bigstwincities.org

- Contact Person:** Yangmee Lor (Community Based Program)
Bao Moua (School Based Program)
- Staff:** We have four staff who speak Hmong.
- Interpreters:** We have Hmong-speaking staff to interpret.
- Eligibility:** Reside within 10 county Metro area (Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, Washington, and parts of Chisago, Isanti, and Wright County). Children between the ages of 7-12.
- Hours:** Monday-Thursday 8am-5pm and Friday 8am-12pm
- Fees:** No fee for families to participate.
- Intake Procedure:** Referrals from parents, school, or other source. Application must be completed. Home interview is scheduled. Clients matched with adult volunteers and made based on interests, location, and etc.
- Services Provided:** Mentoring between adult volunteers and youth.

**Center for International Health
Health Partners**

451 North Dunlap
Saint Paul, MN 55104
Phone: 651-999-1842
Facsimile: 651-999-4739

- Contact Person:** Kathy Lytle, LICSW, Social Worker (651-999-4724)
- Staff:** CIH provides primary care and mental health services to immigrants and refugees in the Twin Cities. Our clinic is made up of culturally competent providers, nurses, and clinic staff, many of whom are bilingual and bicultural.
- Interpreters:** CIH has interpreters on-site. Interpreters are also available through private agencies and the language line.
- Eligibility:** CIH accepts medical assistance, Health Partners and most other private insurances and PMAPS. The only insurance we do not accept is Ucare.
- Hours:** Monday-Fridays 8am-5pm
- Fees:** For those without insurance there may be a \$75 clinic fee to be paid at the time of the appointment.
- Intake Procedure:** For new patients please call 952-967-7201. Established patients may call 651-999-1942.
- Services Provided:** Primary care, mental health services, social work, lab, x-ray, and pharmacy, diabetes, and asthma education. CIH shares with Health Partners Midway which provides primary care to adults and children. Their number is 952-967-7886.

Center for Victims of Torture

717 E. River Road
Minneapolis, MN 55455
Phone: 612-436-4800
Facsimile: 612-436-2600
Website: www.cvt.org

- Staff:** Licensed therapists, social workers, nurses, and physicians. We have Hmong speaking staff, although they have a non-clinical role. We also have one Korean psychiatrist.
- Interpreters:** Contracted on an “as needed” basis.
- Eligibility:** Victims of politically motivated torture by foreign Governments or agents of foreign governments, as well as families of victims. This includes former prisoners of war, refugees, and American Citizens detained and tortured abroad. We have two sites, one in Ramsey County and one in Hennepin County, serving people from all counties surrounding the Twin Cities.
- Hours:** Monday, Tuesday, Wednesday, Friday: 8:30am-5pm
Thursday: 8:30-8pm
- Fees:** No fee for services. Billings will be processed for clients with medical insurance and coverage.
- Intake Procedure:** Self and agency referrals accepted. Call on-call staff at 612-436-4800. No walk-ins.
- Services Provided:** Supportive counseling, long-term therapy and advocacy for victims and families (individual and group as needed); medical and psychiatric assessments and care; social services for social adjustment and life support; clinic sites both Minneapolis and St. Paul

Children's Hospitals and Clinics, Psychological Services

360 Sherman Street, Suite 200

Saint Paul, MN 55102

Phone: 651-220-6028

Facsimile: 651-220-6707

- Contact Person:** Hmong Mental Health Liaison
- Staff:** Psychologists, neuropsychologists, educational specialists, advanced nurse practitioners, social workers, and interpreters. Our Hmong speaking staff includes a psychologist (Dr. Alyssa Vang, PsyD, LP) and a mental health liaison.
- Interpreters:** Hmong interpreters on staff
- Eligibility:** Children and teens
- Hours:** Monday-Fridays 8am-5pm
- Fees:** Accept all major health plans
- Transportation:** Provided by client's health insurance.
- Intake Procedure:** Call 651-220-6028
- Services Provided:** Our staff are experts in working with children and teens Who have emotional problems, behavioral problems, and Learning problems. We also work with children who Experience stress from a chronic illness or medical Problem. We provide the following services:
- Individual and/or family therapy
 - Psychological evaluations
 - Neuropsychological evaluations
 - Psychoeducational assessments
 - Medication management
 - Support group for children, teens, and parents

Council on Asian-Pacific Minnesotans

Centennial Office Building, Suite 160

658 Cedar Street

St. Paul, MN 55155

Phone: 651-757-1740

Facsimile: 651-297-8735

Services Provided: -Our mission is to advise the governor and legislators on concerns and needs of the Asian-Pacific Minnesotan communities.

Disable Home Health Care, Inc.

1086 Rice Street #2
Saint Paul, MN 55117
Phone: 651-292-8705
Facsimile: 651-488-7364

Contact Person: Tong P. Yang (Cell: 651-485-1485)

Staff: Xo Lee yang
Mai Hnou Yang, Manager
Mai Lee Yang
Tongson Yang

Interpreters: Available for Hmong and Lao

Eligibility: Low income families and qualify for MA and living in the state of Minnesota.

Hours: Monday through Friday, 9am-5pm

Fees: No Fee

Intake Procedure: See client at home or in office by appointment

Services Provided: Provide only PCA services to any client to assist client's living conditions such as bathing, toileting, food preparation, supervision, laundry, housecleaning, therapy, etc.

We provide training and testing.

Face to Face Health and Counseling

1165 Arcade Street
Saint Paul, MN 55106
Phone: 651-772-5555
Facsimile: 651-772-5656

- Contact Person:** Mary Planten-Krell, Executive Director
Terri Allen, Clinic Director
- Staff:** Physicians, Nurse Practitioners, Medical Assistants,
Laboratory Technician, Licensed Social Workers, Mental
Health Therapists, Health Educator
- Interpreters:** Interpreters are provided, free of charge, on an as-needed
basis, scheduled at the time of the appointment.
- Eligibility:** Anyone 11-23 years old
- Hours:** Mondays 9:00-5:00pm
Tuesdays 11:00-7:00pm
Wednesdays 9:00-5:00pm
Thursdays 10:00-7:00pm
Fridays 9:00-5:00pm
Saturdays 10:00-1:00pm
Sundays - Closed
- Fees:** We accept most insurance and have a sliding fee scale. We
also assist clients in applying for state-subsidized health
insurance.
- Transportation:** Provided for pre-natal clients on a case-by-case basis.
- Services Provided:** Face to Face provides the following services, which are
Open to all clients, including those who are Hmong and/or
Southeast Asian:
- Medical Clinic: provided general medical check-ups,
annual exams, birth control education and dispensing,
pre-natal and after birth care, STD testing and treatment,
and treatment for minor injuries

Services Provided Cont'd.

-Connect:

- Case management services for prenatal and parenting clients, including assistance with securing housing, jobs, food, as well as health insurance.
- Offers pre-natal education classes six times per year in various formats to pregnant clients.
- Provides free health education to the community at large on topics such as: family planning, sexually transmitted infection awareness, and HIV/AIDS awareness.

-Mental Health:

- Provides one-on-one therapy to individuals in areas such as: sexual abuse, GLBT, anxiety and depression.
- Provides in-home therapy to families

-SafeZone: Drop in resource center for youth, located at 300 Prince Street, in downtown St. Paul.

- Provides case management to homeless or runaway youth for needs that may include: housing, school, food, and jobs.
- Provides a safe place for youth to gather.
- Provides a daily meal for youth.
- Provides free clothing to youth.
- Provide free shower facilities for youth.
- Limited health care service available on-site.
- Hours: Monday through Fridays 1:00-8:00pm, Saturdays 1:00-5:00pm

Family Achievement Center

8320 City Center Drive

Woodbury, MN 55125

Phone: 651-738-9888

Facsimile: 651-738-9889

- Contact Person:** Susan Hoel
- Staff:** Occupational, physical, and speech therapist
- Interpreters:** Garden Translations
- Eligibility:** Need doctor's prescription for services
- Hours:** Monday-Thursday 8:00am-6pm, Friday 8am-4pm, and Saturday 8am-1pm
- Fees:** Accept most major insurance plans
- Intake Procedure:** Phone intake and online at www.familyachievement.com
- Services Provided:**
- Occupational, speech, physical, and aquatic therapies
 - Social Skills Groups

Health Start
Program of West Side Community Health Services

860 Arcade Street
Saint Paul, MN 55106
Phone: 651-793-2222
Facsimile: 651-312-1982

- Contact Person:** Gloria Ferguson
- Staff:** Nurse practitioners, social workers, dietitians, health educator, fitness trainer, medical assistants
- Interpreters:** N/A
- Eligibility:** Student at a high school that has a Health Start Clinic – AGAPE, Arlington, Central, Como, Gordon Parks, Harding, Johnson, and Humboldt.
- Hours:** School Days & Hours
- Fees:** No charge to students or their families
- Intake Procedure:** Students walk-in to register
- Services Provided:** Healthcare, mental health care, nutrition counseling, health education, fitness training (Arlington, Como, Johnson, and Harding only).

Hmong Elder Connections / Volunteers of America

1505 Park Avenue South
Minneapolis, MN 55404
Phone: 612-377-4472
Facsimile: 612-339-7584

- Contact Person:** Bee Vue
- Staff:** Chuesee Vue, Maniela Vang, Shao Xiong
- Interpreters:** All staff
- Eligibility:** Hmong
- Hours:** Monday through Friday, 8:30am-5pm
- Fees:** Depends
- Intake Procedure:** Contact agency.
- Services Provided:** Access to mainstream services, adult daycare services, escort, home visit, etc.

Lao Assistance Center of Minnesota

503 Irving Avenue North, Suite 100

Minneapolis, MN 55405

Phone: 612-374-4967

Facsimile: 651-312-1150

- Contact Person:** Sunny Chanthanouvong
- Staff:** We have 10 Lao-speaking Staff
- Interpreters:** Available through agency
- Eligibility:** Any family of Lao heritage
- Hours:** Monday through Friday 8:30-4:30pm
- Fees:** None
- Intake Procedure:** Call 612-374-4967
- Services Provided:** Lao Center provides comprehensive social services for Laotian families who are in need of resources in Minnesota.

Northwest Youth & Family Services

3490 Lexington Avenue North

Shoreview, MN 55126

Phone: 651-486-3808

Facsimile: 651-486-3858

- Contact Person:** Rachel Cain (Clinic Director) or Jody Baldwin (Intakes for Mental Health)
- Staff:** Licensed Mental Health Professionals, practitioners, and interns
- Interpreters:** Will obtain as necessary. We do participate with language line.
- Eligibility:** No limitations
- Hours:** Monday-Thursday 8:30am-4:30pm, Friday 8:30-3:30pm, Evening by appointment.
- Fees:** All insurance carriers accepted. Sliding fee available for those without insurance.
- Intake Procedure:** Call 651-486-3808 and indicate you want to do an intake for counseling or therapy.
- Services Provided:**
- Diagnostic Assessments
 - Individual and family therapy
 - Families living in school districts 621, 622, 623, 624 are eligible for our community social work services with Hmong social worker

Nystrom & Associates, Ltd.

1900 Silver Lake Road, Suite 110

New Brighton, MN 55112

651-628-9566

Facsimile: 651-628-0411

- Contact Person:** Jess Girard – Direct Phone: 651-379-1791
Email: jgirard@nystromcounseling.com
- Staff:** Please visit website at www.nystromcounseling.com for Staff information
- Interpreters:** Use interpreters through Garden & Associates
- Hours:** Monday-Thursday 7am-9pm, Friday 7am-5pm
- Fees:** Almost all insurance accepted. Private pay scale available.
- Intake Procedure:** Must call Jess Girard, Patient Care Coordinator or Patient Registration at 651-628-9566
- Services Provided:**
- Therapy (individual, family, marriage, and play)
 - Psych Testing
 - Medication Management (Psychiatry)
 - Home Based Therapy
 - Chemical Dependency
 - DBT (Adult & Adolescent)

Pacer Center

8161 Normandale Blvd.
Bloomington, MN 55437
952-838-9000
Facsimile: 952-838-0199

- Contact Person:** Dao Xiong
- Staff:** We have one Hmong speaking staff, Dao Xiong
- Interpreters:** Available if requested by family.
- Eligibility:** None.
- Hours:** Monday-Friday from 8am-5pm
- Fees:** No Fee.
- Intake Procedure:** 952-838-9000 (voice), 952-838-0190 (TTY),
800-537-2237 (toll free)

Services Provided:

-**Pace Center** is a Minnesota-based training and information center for families of children and youth with all disabilities (physical, mental, learning, and emotional). PACER provides publications, workshops, and other resources to help families make decisions about education, vocational training, employment, and other services for their child or young adult with disabilities. Pacer provides services to Hmong, Somali, Hispanic/Latino, Southeast Asian, American Indian and African Americans.

-**The Minnesota Parent Center** a project of PACER, is a statewide resource center that offers written information, workshops, and individual assistance about educational issues to parents of children without disabilities. Topics range from truancy and bullying to parent involvement and communicating with school staff.

People Incorporated Home Health Agency

317 York Avenue
Saint Paul, MN 55101
651-774-0202
Facsimile: 651-774-5517

Contact Person: Anne Lee – Administrative Assistant/Hmong Translator

Staff: Ann Lee, Barb Plumley, Tracy Waters

Interpreters: Ann Lee

Eligibility: Adults (18+) living in the community with mental illness and/or medical conditions.

Hours: Monday through Friday, 8am-5pm

Fees: Funding must be pre-authorized and is accepted from County, Medicare, MA, managed care organizations, private pay or insurance.

Intake Procedure: Contact home health agency for intake procedures.

Services Provided: Assessment of client's physical and mental health status, education about the illness, medication management, and support for nutrition, hygiene, and safety.

Phalen Village Clinic
1414 East Maryland Avenue
St. Paul, MN 55106
651-772-3461
Facsimile: 651-772-2605

- Contact Person:** Jean Jansen
- Staff:** We have 9 Hmong-speaking and 2 Spanish speaking staff in positions of front office, assistant, nurse, medical assistant, and outreach coordinator. We also have a licensed marriage & family therapist.
- Interpreters:** Available on-site.
- Hours:** Monday-Friday from 8am-5pm
- Fees:** Accept most insurance. Payment arrangements available. Community care fee reduction program available based on income.
- Intake Procedure:** Families need to call to make an appointment. Patients need to see primary physicians at Phalen Village clinic for a referral for mental health services.
- Services Provided:**
- OB/GYN
 - Well Child Care
 - Mental Health Services: support groups, individual counseling, psychiatric services (we do not take referrals from other physicians).
 - Geriatric Care
 - Diabetic Care
 - Care from birth through old age
 - Laboratory and x-ray services on site
 - Phones answered 24 hours a day
 - Participating in Diamond Depression Project since 2008.

Quality Plus Home Healthcare Services

383 University Avenue
Saint Paul, MN 55103
Phone: 651-312-0202
Facsimile: 651-209-6900

- Contact Person:** Pam Thao
- Staff:** Hmong, Thai, and English speaking staff
- Interpreters:** Available in the following languages: Hmong, Vietnamese, Lao, and Thai
- Hours:** Monday through Friday 9am-5pm
- Fees:** DD Waiver, Blue Plus, MA, Ucare
- Transportation:** Provided for doctor appointments
- Intake Procedure:** Need name, address, phone, DOB, SSN, and diagnosis
- Services Provided:**
- PCA
 - In home support
 - Respite Care
 - Home Health Aide

Ramsey County Children's Crisis Response

160 East Kellogg Blvd., Suite 700

Saint Paul, MN 55101

Phone: 651-774-7000

- Eligibility:** All crisis services are available to anyone regardless of ability to pay or insurance type.
- Hours:** Services are available 24 hours per day, every day in Ramsey County.
- Fees:** Free to residents of Ramsey County
- Intake Procedure:** Any individual, family, and community professionals may call.
- Services Provided:** Children's Crisis response offers on-site response to children in homes, schools, or institutions.

- Services include de-escalation and crisis intervention; a thorough mental health assessment to determine any mental health issues; and development of an initial crisis plan
- Follow-up short term care of up to two weeks following the crisis, including transition to ongoing treatment, and crisis recurrence reduction strategies
- Over 90% of home-based crisis calls have been stabilized with the child remaining at home. Spanish and Hmong language supports are available
- Services are provided by licensed mental health professionals or mental health practitioners under the supervision of a mental health professional
- Ramsey County is partnering with St. Paul Youth Service Bureau to provide the Children's Crisis Response team

Ramsey County Children's Mental Health Case Management

160 East Kellogg Blvd., Suite 700

Saint Paul, MN 55101

Phone: 651-266-4500

Contact: To access this service, call 651-266-4500. For information on intake criteria, call 651-266-4492.

Eligibility: In order to receive case management services:

-A child must have a current SED diagnosis

-The child must reside in Ramsey County

- The child's family must request or consent to services

Services Provided: Case Management is designed to serve families with children who have severe emotional and behavioral disturbances. In a culturally sensitive manner, case managers help families:

- Develop a treatment plan and a crisis plan
- Provide information about and referral to community resources
- Create a supportive team of family, professionals, and community members
- Assist parents in advocating for their child's mental health needs
- Access respite care and other supports

Ramsey County Project Assist / Early Intervention

160 East Kellogg Blvd., Suite 700

Saint Paul, MN 55101

Phone: 651-266-4042 or

651-266-4045

Eligibility: Mental health screening – a brief set of questions usually completed by either a parent or a youth - helps to determine eligibility for services. (All services are provided at no cost, although insurance information is collected when available).

Fees: Free to residents of Ramsey County

Intake Procedure: Any individual, family, and community professionals may call.

Services Provided: The primary focus of this program is to provide culturally competent, comprehensive mental health assessments that will help parents and families access the correct interventions and supports to improve a young person's mental health functioning at home, school and in the community.

- Project Assist provides **home-based mental health assessments** and brief case management to infants, toddlers, and school age youth
- Referrals are accepted from Child Protective Services, Juvenile Justice, schools, and other community resources that work with children
- Staff provide consultation to Child Protection and Juvenile Probation to improve the quality of mental health services to high risk children and youth
- Both Ramsey County staff and contracted staff from community agencies provide **culturally specific** mental health services
- All staff are either licensed mental health professionals or mental health practitioners under the supervision of a mental health professional

Ramsey County Project Enhance

160 East Kellogg Blvd., Suite 700

Saint Paul, MN 55101

Phone: 651-639-4016

Contact: To inquire about this service, please contact your child's school social worker, or school psychologist or call 651-639-4016.

Eligibility: In order to qualify for Project Enhance services, a student must:

- Have a current SED (Severe Emotional Disturbance) diagnosis. (Children who likely meet SED criteria but do not have a diagnostic assessment must be assessed by either Enhance intake or a community mental health provider within 30 days of the beginning of services)
- Have the voluntary consent of their parents or legal guardian to participate
- Be referred through a school liaison and/or the Ramsey County CMH Intake Unit and be accepted by Enhance intake, in consultation with the child's school district
- Secondary or middle school children must be in the Oak Grove, 916, or NETS programs at time of referral
- Elementary age children must be a resident of Ramsey County and reside in one of the four suburban school districts

Services Provided: Enhance staff work with small caseloads of SED children from suburban Ramsey County school districts. They assess, plan, arrange and monitor mental health services and supports for children and their families. They provide individual, group and family interventions in schools, homes and the community.

Reuben Lindh Family Services, Southeast Asian Program

1501 Xerxes Avenue North
Minneapolis, MN 55411
Phone: 763-521-3477 ext. 120
Facsimile: 763-521-3893

- Contact Person:** Xeng Chang, Supervisor/Agency Liaison
- Staff:** Xeng Chang, Southeast Asian Program Supervisor
- Interpreters:** N/A
- Eligibility:** Hennepin County resident only, low income, disabled, new immigrant, English barriers, referred CP, court or other agency
- Hours:** Monday through Friday, 8am-4pm (pre-school start at 10am-2pm)
- Fees:** County funded family work with families in crisis
- Intake Procedure:** Call agency director
- Services Provided:**
- Parenting Education
 - Family support services to child protection families
 - Home parenting and support
 - Preschool Early childhood Education (33 months-5 years)
 - Preschool serves 52 Southeast Asian children per year.

**Saint Paul Adult Basic Education
Ronald M. Hubbs Center for Lifelong Learning**

1030 University Avenue West

Saint Paul, MN 55104

Phone: 651-290-4822

Facsimile: 651-290-4785

- Contact Person:** Judy Mortrude (ABE Supervisor)
- Staff:** Jennifer Weaverling & Kristine Halling
(Assistant Supervisors)
- Interpreters:** Hmong interpreters available
- Eligibility:** Adults with basic education needs
- Hours:** Morning, afternoon, and evening classes
- Fees:** Free
- Intake Procedure:** Register in person Mondays or Wednesdays between
9-11:30am or 2-6pm
- Services Provided:** Classes for GED, college prep, job training, ELL, or
citizenship

Shades of Yellow
379 University Avenue West #204
Saint Paul, MN 55103
Phone: 651-291-1811 ext. 201

Contact Person: Kevin Xiong or Ming Lee
Staff: Kevin Xiong & Sherry Lee
Interpreters: -----
Eligibility: Anyone LGBTQ & Families
Hours: Open
Fees: Free
Intake Procedure: -----
Services Provided: Support, education, and advocacy

Southeast Asian Health Services, Inc.

421 North Dale Street, Suite B
Saint Paul, MN 55103
Phone: 651-222-2889
Facsimile: 651-222-2515

- Contact Person:** Shong Yang
- Staff:** 137 Hmong-Speaking Staff
4 Chinese-speaking Staff
12 Laotian-speaking staff
15 Vietnamese-speaking staff
- Eligibility:** Must have long term illness and medically necessary for personal care. Family can take care of family members.
- Hours:** Monday through Friday, 8am-5pm
- Fees:** Client must have MA or health insurance.
- Intake Procedure:** Need physician referral for services. A public health nurse will do the evaluation and determine the number of hours per day.
- Services Provided:** Personal care assistant, RN supervisor to assess client's ADL's and provide quality services.

State of Minnesota Office of Ombudsperson for Families

1450 Energy Park Drive, Suite 106

St. Paul, MN 55108

Phone: 651-643-2541

Facsimile: 651-643-2539

Toll Free: 1-888-234-4339

www.ombudsfamilies.state.mn.us

Contact Person: Bauz L. Nengchu, Email: bauz.nengchu@state.mn.us

Staff: One Hmong speaking staff, Bauz L. Nengchu

Interpreters: Provided upon request as needed.

Eligibility: Any family with a child under the age of 18 who is of Asian-Pacific descent.

Hours: Monday-Fridays from 8:30-4:30pm.

Fees: None. This is a state government agency.

Intake Procedure: You may call, write, or fax.

Services Provided:

- Helps Asian and Pacific Islander families resolve problems with social services agencies and officials related to out-of-home placements or child protection matters.

- Takes complaints from any source concerning an action of an agency, facility, or program: parents, grandparents, relatives, foster parents, social workers, teachers, therapists, service providers, community based organizations, etc.

- Investigates decisions, acts, and other matters of an agency, facility, program providing child protection or placement services to Asian and Pacific Islander families and children.

- Makes recommendations to remedy complaints. All information will be kept confidential.

West Side Community Health Services

153 Concord St.
St. Paul, MN 55107
Phone: 651-222-1816

- Contact Person:** Nan Brumbaugh, MSW, LICSW
- Staff:** Nan Brumbaugh, MSW, LICSW; Hli Lo Xiong, LSW, Psychiatrist on staff part-time
- Interpreters:** Available through agency
- Eligibility:** Generally needs to be patient of West Side, which includes McDonough and East Side Family Clinic
- Hours:** Monday through Friday 8:00-4:00pm
- Fees:** Sliding Fees, accept most insurance and MA
- Intake Procedure:** Call for appointment at 651-222-1816 or McDonough Clinic at 651-558-2191; East Side Family Clinic at 651-772-9799.
- Services Provided:** Provide individual and group therapy. Other services Include medical and social work. Population served includes Hmong, Latino, Caucasian, and African-American