

Partners in Policymaking Employment Course: Module 3: Your Circle of Support

WORKSHEET #1: Your Circle of Support

My Name: _____

Today's Date: _____

Instructions:

Write the names of the people you'd like to have in your Circle of Support in the spaces provided. Try to include at least one person in each ring. More than that would be great!



First Ring - Family & Close Friends: These are the people who are closest to you and know you best. These are people you can't imagine living without. They're often your family and best friends.

- a. _____
- b. _____
- c. _____
- d. _____

Second Ring - Friends & Neighbors: These are your neighbors or people who know you through activities, such as your church, clubs or organizations you belong to or people who share your interests and hobbies.

- a. _____
- b. _____
- c. _____

d. _____

Third Ring - School & Work Contacts: This group includes people who know you from school or work. This might include classmates, teachers, coaches, co-workers or supervisors.

a. _____

b. _____

c. _____

d. _____

Fourth Ring - Service Providers: These people know you on a 'professional' level.

They might be service providers like caseworkers, counselors, personal care assistants, transportation aides, etc.

a. _____

b. _____

c. _____

d. _____
