Edward J. Engberg, M.D.
Superintendent
Faribault State School & Hospital
Box A
Faribault, Minnesota 55021

Dear Sir:

Illegitimate pregnancies in patients of state mental hospitals or students in state schools for the mentally retarded create complex social and administrative problems. We have been working with these problems in a practical way for a number of years at the Colorado State Hospital. We believe it would be of interest to you, and to the profession at large, to see the results of a national survey of administrators on this subject.

We are mailing copies of the enclosed questionnaire to all administrators of state mental hospitals, psychopathic hospitals, and state schools for the retarded. The responses to the questionnaires will be analyzed and copies of the results will be mailed to all participants in the survey. The results will appear, in abbreviated form, in a journal article.

All responses will be treated as confidential, and the reports will be written in such a way as to preclude the identification of any state, institution, or administrator. We invite you to participate in this survey by completing the enclosed questionnaire.

Sincerely yours,

Charles E. Meredith, M.D.
Superintendent

Clifton M. Wignell
Clifton M. Wignell, F.R.A.I.
Research Sociologist

CEM:CMW:cdc
Enclosure
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CONFIDENTIAL
ILLEGITIMATE PREGNANCY SURVEY

DEFINITION: "Illegitimate pregnancy" is here defined as any illegitimate pregnancy which the institution presumptively should have prevented, i.e., illegitimate pregnancies in which conception occurred:

a) On the premises of the institution. 
b) While the patient was on short leave, and the authorization for such leave was shown in retrospect to be ill-advised. 
e) While on unauthorized absence.

CIRCLE ONE

1. This is a report from:
   A state mental hospital 1
   A psychopathic hospital 2
   A school for the mentally retarded 3

2. The administrator of this institution is primarily trained in:
   Medicine 1
   Psychiatry 2
   Education 3
   Administration 4

3. Do illegitimate pregnancies constitute a problem for your institution?
   YES 1  NO 2

4. Do you keep records and statistics of such pregnancies?
   YES 1  NO 2

5. Are the statistics on illegitimate pregnancies in your institution generally available to the public?
   YES 1  NO 2

6. If not, have they ever been called for by the press, a grand-jury, or legislative committee?
   YES 1  NO 2
7. Have illegitimate pregnancies in your institution been the subject of political campaign discussion in recent years?  


8. Please complete the following statistical table to the best of your knowledge.

<table>
<thead>
<tr>
<th>Resident Population at End of Fiscal Year</th>
<th>Number of Illegitimate Pregnancies During the Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1961 3197</td>
<td>0</td>
</tr>
<tr>
<td>1962 3131</td>
<td>0</td>
</tr>
<tr>
<td>1963 3030</td>
<td>0</td>
</tr>
<tr>
<td>1964 2908</td>
<td>0</td>
</tr>
<tr>
<td>1965 2800</td>
<td>0</td>
</tr>
</tbody>
</table>

9. How many unmarried females aged 14-44 years are there in your resident population now, or at some recent date? 610

(This information is important for the construction of an illegitimacy rate.)

10. Will you discuss below the official and unofficial policies of your institution in reference to illegitimate pregnancies? Please use this space also for any further comments.

They would be treated as a pregnancy discovered on admission, that is, regular prenatal care is given under supervision of a consultant and when labor ensues the pt. is transferred to our local civil hospital for delivery conducted by him. Patient's county bears the expenses and assumes custody of the baby; pt. returns to our institution for further care and training necessary.
11. IF CONTRACEPTIVE MEASURES ARE PRESCRIBED FOR RESIDENTS OF YOUR INSTITUTION
PLEASE COMPLETE THE FOLLOWING:  

b) Has the number of illegitimate pregnancies in your institution decreased
since these measures began to be taken?  YES [1]  NO [2]


e) If so, for what types of residents, or what circumstances are they
generally used?

f) Has the use of contraceptive measures changed the therapeutic milieu
of your institution? Has it permitted more freedom for residents?
Has it reduced staff anxieties? Has it changed the short-term leave
policies? Please discuss.

12. Will you discuss the policies of your institution in reference to sterilization?

None has been done in recent years. Procedure requires
approval of a professional commission, none of whose members
are relative to the institution, the approval of the State Commission of Pub
Welfare, and the consent of most of the patient. The consent of pt is always
sought and obtained, but not required.