

# 1962 / 2007 Minnesota Survey of Attitudes Regarding Developmental Disabilities

prepared for:
Minnesota Governor's Council
on
Developmental Disabilities

**Cosponsors:** 

The Arc of Minnesota
The Autism Society of Minnesota
The Minnesota State Council on Disability
Self-Advocates of Minnesota
United Cerebral Palsy of Minnesota

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A survey of the Minnesota general population was conducted in the summer of 1962, to measure awareness and attitudes regarding (developmental disabilities).

The survey was updated and repeated in January 2007 to assess and measure changes during the past 45 years.

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In January 2007, a 20-minute telephone survey was conducted among adults throughout the state of Minnesota.

The final sample, n=806, closely corresponded with the Minnesota population, based on income, age and race representation.

Given a sample size of 800, one can say with 95% confidence that the error attributable to sampling could be as much as 3.5% in either direction, on proportional results.

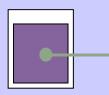


#### familiarity with developmental disabilities

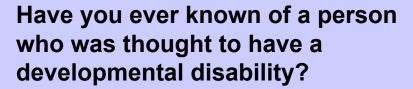
#### 2007 Survey Introduction, read to all respondents:

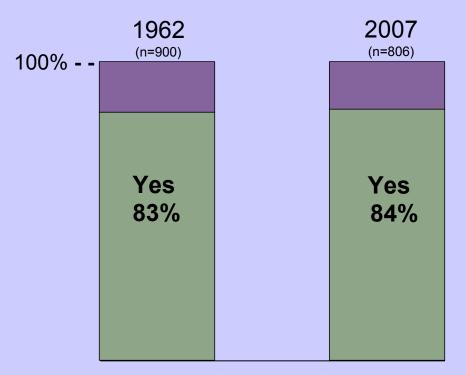
As you may know, one current issue in Minnesota concerns services for people with developmental disabilities. The term "developmental disability" is an umbrella term that includes mental retardation, cerebral palsy, autism and epilepsy. It is a lifelong condition and means that about 1% - 2% of the Minnesota population has significant or severe disabilities.

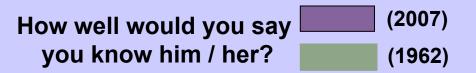
• 76% of respondents said they were either *very* or *somewhat* familiar with developmental disabilities.

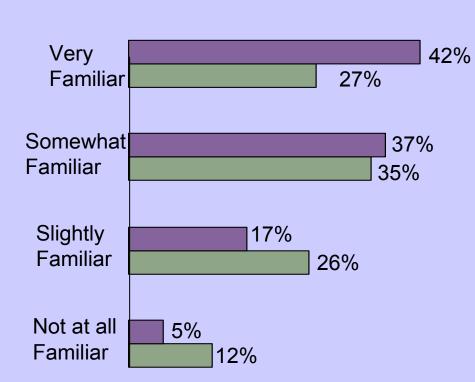


#### familiarity with developmental disabilities



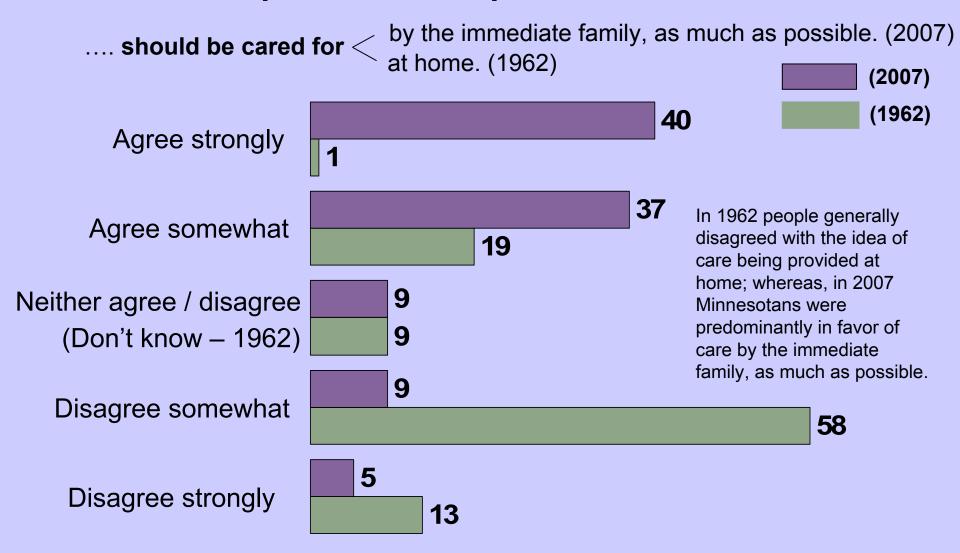






A majority of Minnesotans know someone who has a developmental disability. While this level of awareness has remained unchanged in 45 years, the levels of familiarity with people with developmental disabilities has increased. This is an indication of improvement in integration.

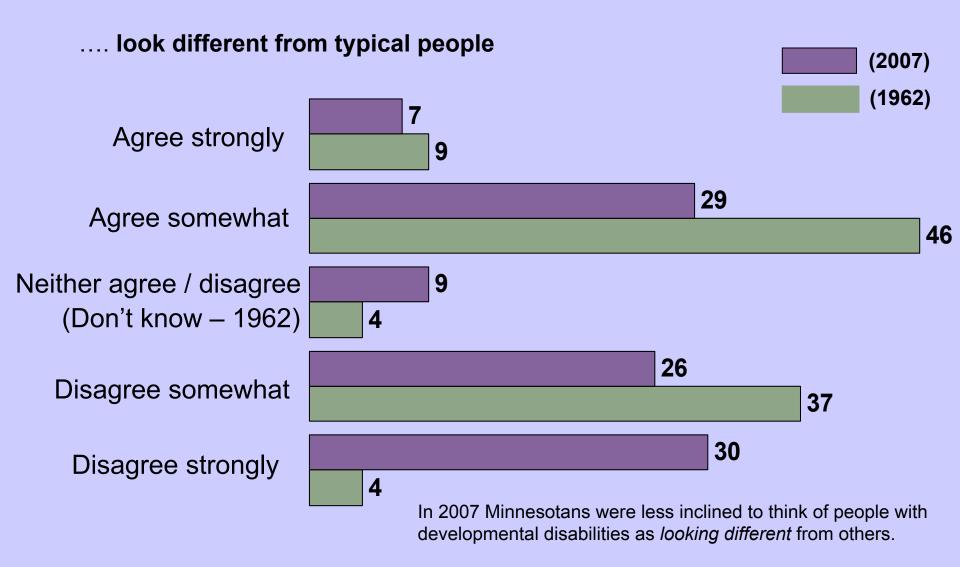




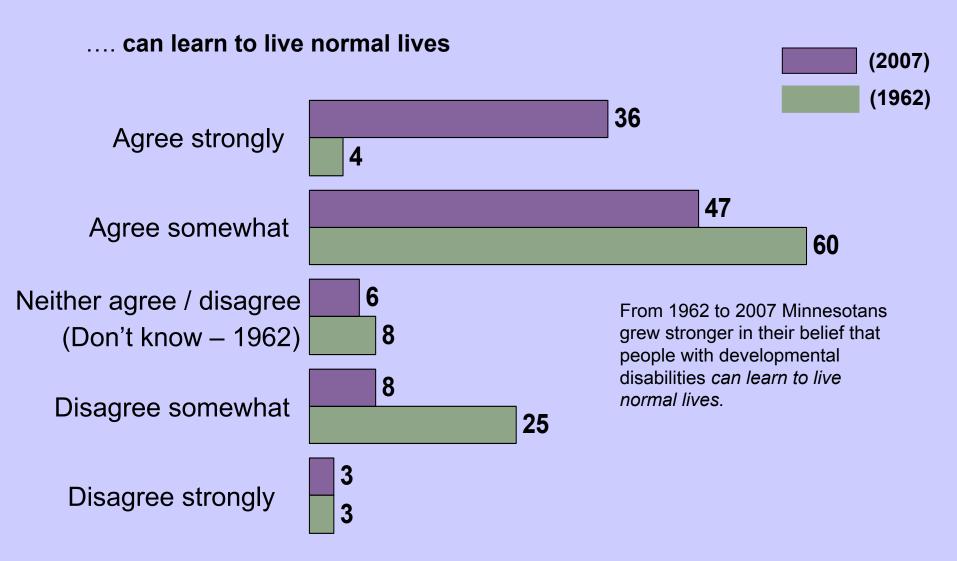




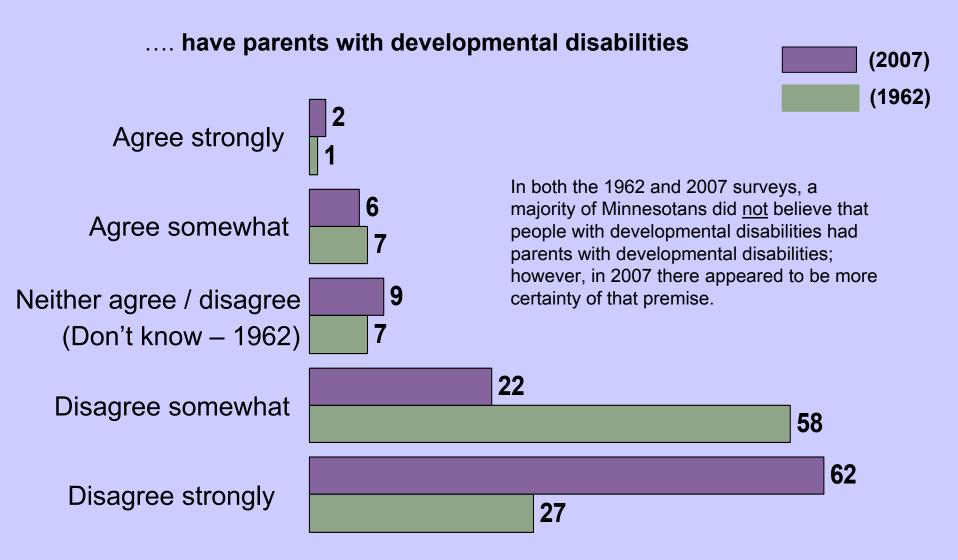




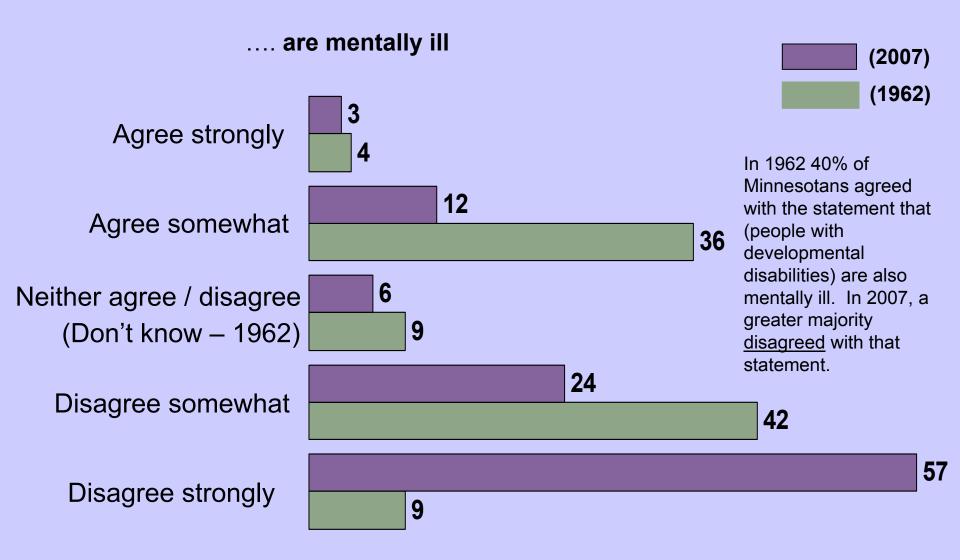














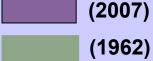


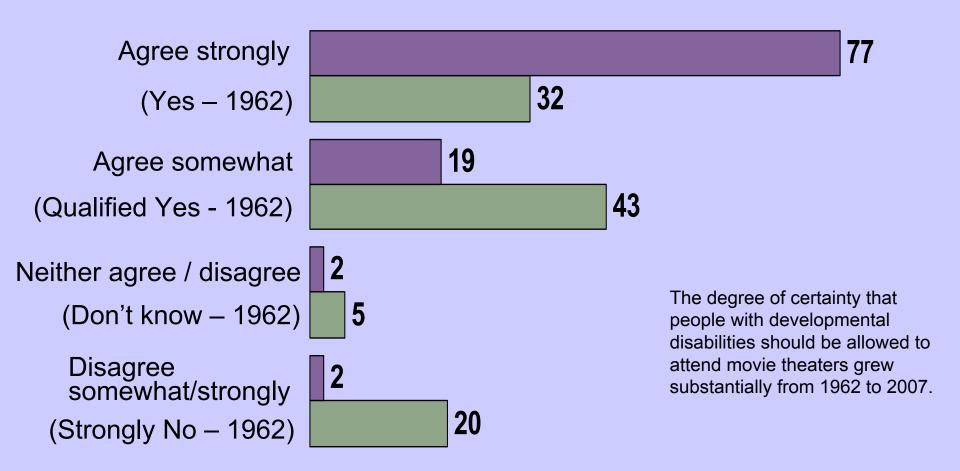






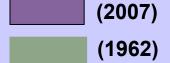


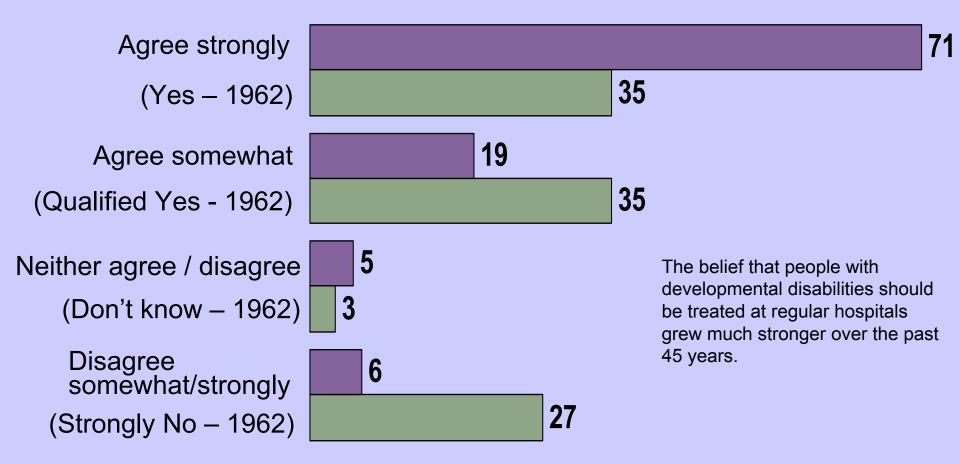










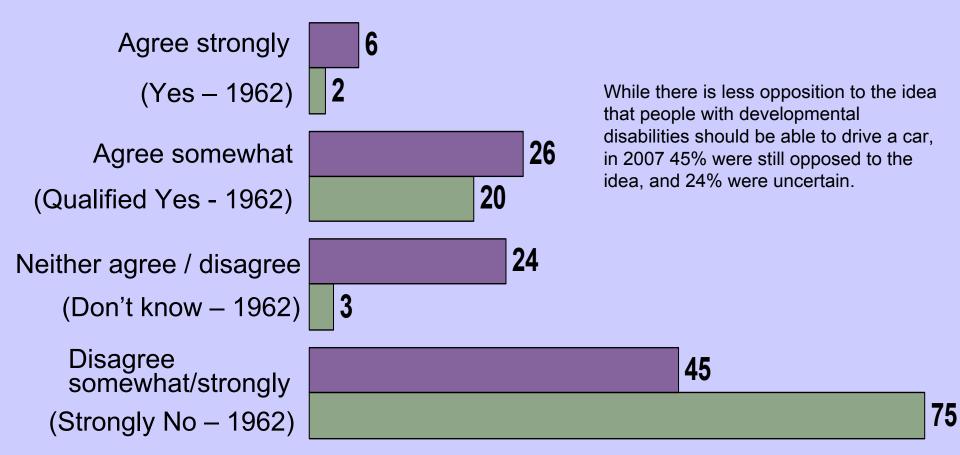




### 1962 - 2007 independence: People with developmental disabilities...



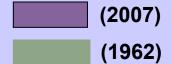


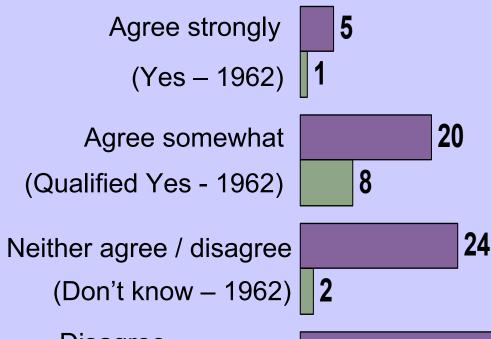




### 1962 - 2007 self-determination: People with developmental disabilities...

.... should be allowed to drink alcohol (liquor - 1962)





While there was less opposition to the idea that people with developmental disabilities should be allowed to drink alcohol, in 2007, half of the state was still opposed to the idea.

Disagree somewhat/strongly (Strongly No – 1962)

51

89

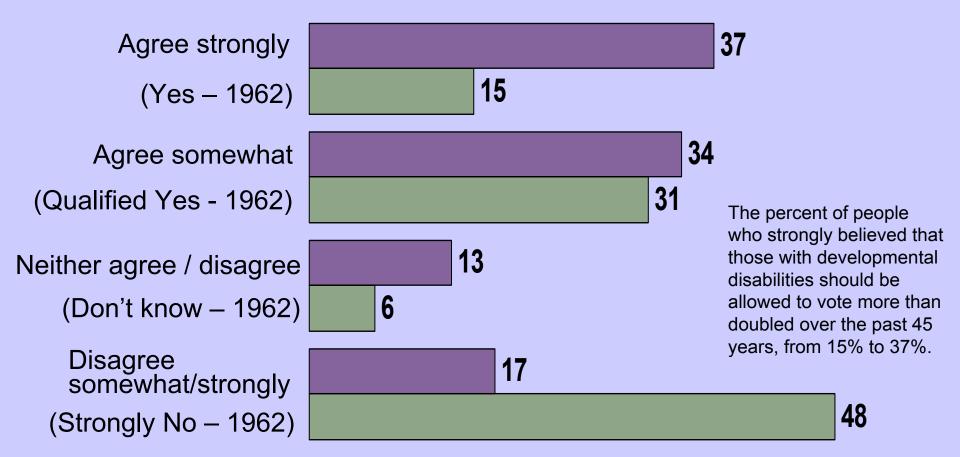


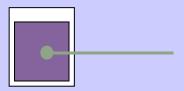
### 1962 - 2007 self-determination: People with developmental disabilities...

.... should be allowed to vote (for president - 1962)

(2007)

(1962)





#### attitude statements: integration / inclusion

People with developmental disabilities should	Diagras	Diagrae		Agraga	Agroo
disabilities silouid	Disagree Strongly	Disagree Somewhat	Neither	Agree Somewhat	Agree Strongly
				percents,	based to n = 806
be able to use public playgrounds and beaches	111		8	7	
be able to attend movie theaters	1 <mark>1</mark> 2 19			77	
be integrated into society as much as possible	111 21			77	
be included in public places and social events	<mark>1</mark> 2 21			76	
be encouraged to get out and be involved in the community	23			75	
be treated at regular hospitals	2 4 5 1	9		71	

There was strong agreement, on specifics - and in general - that people with developmental disabilities should be integrated into society as much as possible.



#### attitude statements: integration / inclusion



Most Minnesotans believe in integration, even when it extends to their own neighborhood; however, there appears to be less agreement about inclusion in the classroom.

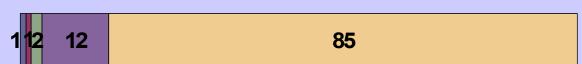


#### attitude statements: productivity

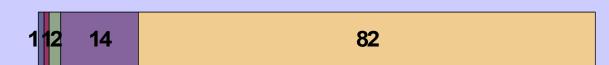
	Disagree Disagree Strongly Somewhat	Neither	Agree Somewhat	Agree Strongly
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percents, based to n = 806

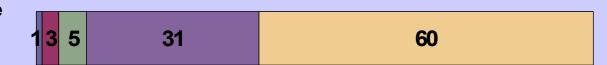
I have a lot of respect for companies that employ people with developmental disabilities



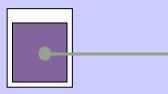
When society helps people with disabilities live to their highest potential, we're all better off



With the right training, most people with developmental disabilities could be very productive workers



Minnesotans expressed strong support and positive beliefs that "everyone wins" when people with developmental disabilities are trained, hired and given the opportunity to be employed.

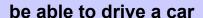


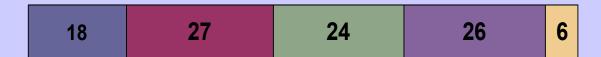
#### attitude statements: independence

People with developmental disabilities should...



percents, based to n = 806





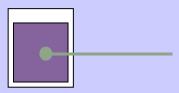
### not be allowed to live on their own; they need to be closely monitored



be kept in facilities where they can be provided with the specialized care they need



In 2007 45% of Minnesotans did not believe people with developmental disabilities should be allowed to drive a car; and about one in five Minnesotans believed people with developmental disabilities should not be allowed to live on their own.

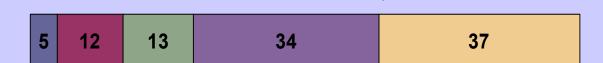


be allowed to vote

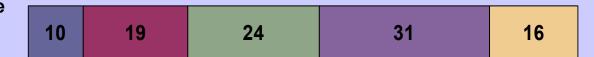
#### attitude statements: self-determination

### People with developmental disabilities should...

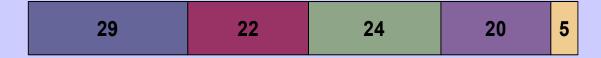
Disagree	Disagree	Neither	Agree	Agree
Strongly	Somewhat		Somewhat	Strongly



be allowed to have children, just like everyone else



#### be able to drink alcohol



While most Minnesotans believe people with developmental disabilities should be allowed to vote, 29% believed they should not be allowed to have children, and half of those surveyed believed they should not be allowed to drink alcohol.

percents, based to n = 806



#### attitude statements: self-determination

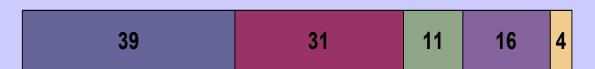
Disagree	Disagree	Neither	Agree	Agree
Strongly	Somewhat		Somewhat	Strongly

percents, based to n = 806

Most people with developmental disabilities should be kept in institutions



Most people with developmental disabilities are <u>not</u> capable of any real level of self-determination; they need someone else to make most of their daily decisions



Most people with developmental disabilities can learn to live normal lives



The majority of Minnesotans believe that most people with developmental disabilities are capable of living normal lives, and with real levels of self-determination.



#### attitude statements: help / assistance

Disagree	Disagree	Neither	Agree	Agree
Strongly	Somewhat		Somewhat	Strongly

percents, based to n = 806

Most people with developmental disabilities should be cared for by their immediate family, as much as possible



If someone has a child with a developmental disability that's their problem. There's really no reason why the rest of us should have to pay any of the extra costs of raising that child



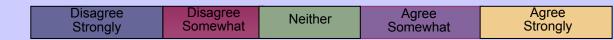
Parents of children with developmental disabilities cannot be expected to provide all necessary services themselves



While most Minnesotans believed that the immediate family is in the best position to provide care for a family member with a developmental disability, there was great support for the idea that the family cannot carry the responsibility alone.



#### attitude statements: help / assistance

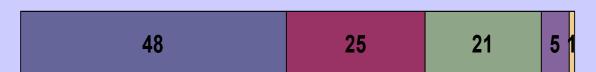


percents, based to n = 806

When someone is born with a severe disability, we shouldn't assist them too much, because ultimately it's survival of the fittest



Too much money is being spent on people with developmental disabilities



Society should do everything in its power to help those who are most vulnerable



Minnesotans overwhelmingly rejected the concept of *survival of the fittest*, and were strongly in favor of the idea that society should do everything in its power to help those who are most vulnerable.



#### awareness of services

As far as you know, what kinds of services are available around here and in the state to help (people with developmental disabilities)?

2007 responses (n = 807)
Special ed./ schools/ education programs 26%
Social service/ community, government programs/ etc
Group homes/ foster homes/ assisted living 22%
Private services/ religious organizations/ advocacy groups/ charities
Employment/ job training/ job services,
occupational training
Insurance/ healthcare/ MinnesotaCare/ Medicare/ medical services
Don't know/ not aware

In 1962 the most top-of-mind service to (people with developmental disabilities) was state institutions/ hospitals, mentioned by four out of ten respondents. However, in 2007 state institutions/ hospitals were rarely if ever mentioned. Thus, there has been a substantial change in perceptions as to the kinds of services that are available in Minnesota to help people with developmental disabilities.



#### attitudes towards government services

In terms of spending the tax payers' money, please say whether you agree or disagree that it's important for government to provide these services:

	% agree	as most important
Centers where people with developmental disabilities can learn job skills	98	14
Special classes to educate and train people with developmental disabilities	96	16
Assurance of access to quality health care services	96	15
Protection services to prevent abuse of people with developmental disabilities	94	13
Training and counseling services for parents of people with developmental disabilities	94	7
Research to learn about the causes of developmental disabilities	92	10

In 2007, Minnesotans expressed overwhelming support for a wide range of government services to people with developmental disabilities. The services which were most often selected as most important are shown above.

% select



#### attitudes towards government services

In terms of spending the tax payers' money, please say whether you agree or disagree that it's important for government to provide these services:

government to provide these services:		70 Select
	% agree	as most important
Specialized training for people with developmental disabilities, and/or their advocates, on how to exercise rights and speak up for oneself	91	1
Provision of personal care attendant services, who assist people with developmental disabilities, to enable them to live more independently, or as they choose	90	4
On the job assistance, so people with developmental disabilities can work in regular businesses	90	4
Subsidies to families to pay for extra costs of caring for children with developmental disabilities	87	5

% salact



### attitudes towards government services

In terms of spending the tax payers' money, please say whether you agree or disagree that it's important for government to provide these services:

government to provide these services:		70 3GIGGE
	% agree	as most important
Individual teaching assistants who would enable children with developmental disabilities to attend regular public school classes	81	7
Institutions to care for people with developmental disabilities	72	2
Foster homes for children of parents with developmental disabilities	71	1
Subsidies to adults with developmental disabilities so they can purchase their own homes if they choose to	68	1

% select



#### From institutions to integration

Attitudes regarding people with developmental disabilities have changed substantially over the past 45 years. In 2007, Minnesotans in general embraced the ideas of integrating and including people with developmental disabilities into their community and society at large.

#### Belief in the family

From 1962 to 2007 the majority opinion has shifted from disagreement to agreement, that the best way to care for people with developmental disabilities is through *their immediate family, as much as possible*.

While most Minnesotans believe that the immediate family is in the best position to provide care, there was great support for the idea that the family cannot carry the burden alone.



#### Integration benefits everyone

In 2007 Minnesotans embraced the idea that everyone is better off when people with developmental disabilities are integrated into society, and living independent and productive lives as much as possible.

- Over 90% believed that, with the right training, people with developmental disabilities could be very productive workers.
- 85% of respondents <u>strongly</u> agreed that they have a lot of respect for companies that employ people with developmental disabilities.



### Some uncertainties related to independence and self determination

While the majority of Minnesotans believe that most people with developmental disabilities are capable of living normal lives, and with real levels of self determination, uncertainties linger regarding some personal rights and freedoms, such as:

Whether people with developmental disabilities should be allowed . . .

- to have children;
- to drink alcohol;
- to live on their own;
- to drive a car.



### Wide majority support government and taxpayers' services/ support

In 2007 Minnesotans expressed overwhelming support for a wide range of government services for people with developmental disabilities.

- Services often selected as most important were:
  - education, training, job skills;
  - access to quality health care;
  - protection from abuse;
  - training and counseling for parents;
  - advocacy training;
  - research to learn about causes of developmental disabilities.
- Only 6% agreed with the statement that too much money is being spent on people with developmental disabilities.