



## STATE of MINNESOTA

# Proclamation

- WHEREAS:** Reflex Sympathetic Dystrophy (RSD), also known as Complex Regional Pain Syndrome (CRPS), is a chronic neurological pain syndrome that affects one or more extremities, along with organs, joints, and muscles; and
- WHEREAS** The symptoms of RSD/CRPS are often described as burning that is out of proportion to the severity of the initial injury, and can include central and peripheral nervous system sensitization, extreme sensitivity to touch, decreased range of motion, pathological changes in bone and skin, excessive sweating, and tissue swelling; and
- WHEREAS** While there is no known cure for RSD/CRPS, physical therapy, occupational therapy, nerve blocks, graded motor imagery/mirror therapy, ketamine infusions, pain pumps, and spinal cord stimulators are treatments aimed at easing pain and improving function; and
- WHEREAS** RSD/CRPS is estimated to affect between 1.5 and 3 million people in the United States; and
- WHEREAS** The onset of RSD/CRPS can occur at any age and affects both men and women, although it is more common in women; and
- WHEREAS** RSD/CRPS Awareness Month provides an opportunity for those living with RSD/CRPS and others in the community to join together to further educate the public and health care professionals about RSD/CRPS, and to call for further research regarding treatment and a cure.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the month of November 2016, as:

## RSD/CRPS AWARENESS MONTH

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 28<sup>th</sup> day of October.

  
GOVERNOR



SECRETARY OF STATE