



Substance abuse screening, brief intervention and referral to treatment (SBIRT)

Issue:

- Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for individuals with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.
- The SBIRT process has been implemented by a few primary clinics in Minnesota in recent years to identify people with risky drug or alcohol use so treatment can be offered.

Proposal:

- This proposal seeks to expand over two years the number of health care settings using the screening tool in order to reach more people who are at risk.
- Training and materials will be provided to health care settings to improve their ability to address substance abuse.

Impact:

- Reduced costs related to continued misuse of alcohol.
- Reduced spending on treatment resulting from earlier intervention in substance abuse.

Fiscal impact:

- FY 2014: \$300,000
- FY 2015: \$300,000

Related information:

- Minnesota Management & Budget website: <http://www.mmb.state.mn.us/>
- DHS Alcohol and Drug Abuse Web pages: www.dhs.state.mn.us/adad

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