Minnesota Department of **Human Services**

Fast Facts:
2013 Legislative Session

Mental Health Specialty Treatment Service

Issue:

- For some individuals, complex mental illness — in combination with a chronic medical conditions, substance abuse, cognitive impairments and aggressive behavior — severely limits access to non-hospital treatment options, including Intensive Residential Treatment Services.
- This limitation also means that people are not being served in the least restrictive setting possible.

Proposal:

- This proposal establishes a 24/7 medically monitored mental health specialty treatment service as a transition service from psychiatric hospitalization for individuals with mental illness and complex treatment needs who require a longer stabilization period.
- Individuals who benefit from this proposal require a level of service that may extend beyond formal treatment covered by Medical Assistance or other health insurance coverage.

Impact:

- This proposal is expected to reduce the total number of days people stay hospitalized at Anoka-Metro Regional Treatment Center when they no longer require the level of service provided at that facility.
- While approximately 50 people statewide annually require the new specialty treatment service, the mental health treatment needs of these individuals largely contribute to use of hospital beds at Anoka-Metro even though hospital level of care is no longer needed.

Fiscal impact:

- The proposal is budget neutral to the state's General Fund. The proposal is paid for with receipts that are being earned by state-operated Intensive Resident Treatment Services, and that are set aside with no identified permanent use in current law.
- FY 2014: $1 million
- FY 2015: $1 million
- FY 2016: $1 million
- FY 2017: $1 million

Related information:

- Minnesota Management & Budget website: http://www.mmb.state.mn.us
- DHS Adult Mental Health Web pages: www.dhs.state.mn.us/MHDivision

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