



2015 Pre-Conference Intensives

DESCRIPTIONS

8:00 a.m. to 11:00 a.m.

Monday, June 15, 2015

Duluth Entertainment Convention Center

Reminders:

- Pre-conference intensives are free
- You do not need to be registered for the 2015 Age & Disabilities Odyssey conference to attend an intensive
- But you must complete the [Pre-Conference Intensive Registration online](#)
- Additional information on the full conference is available at mn.gov/dhs/odyssey

1) A Systems Approach to Elder Abuse

French River 1, City Side

Knowledge Level: (E)

Description: Elder abuse affects millions of Americans and costs billions of dollars each year. According to national statistics, just one in 24 cases is reported to authorities. In Minnesota, over 50 percent of all reported vulnerable adult maltreatment cases involved persons ages 65 and older. Given the aging population and the widespread impact of elder abuse, we all must examine our responses to elder abuse. We will discuss the framework for dealing with this growing problem by reviewing a recent report from the U.S. Department of Justice, *Elder Justice Roadmap*.

Participants will:

- Review key concepts from the report *Elder Justice Roadmap*
- Explore the history of adult protection in Minnesota
- Discuss ways to strengthen the system and plan for the future

Presenters: **Iris C. Freeman (moderator)**, adjunct professor, William Mitchell College of Law, Elder Justice Externship; **Carmen Castaneda**, adult protective services manager, Hennepin County Human Services; **Amanda Vickstrom**, executive director, Minnesota Elder Justice Center; **Will Phillips**, AARP; **Kevin E. Hansen**, assistant professor, Health Care Administration Program, University of Wisconsin-Eau Claire

2) Greater Minnesota Transit: What is Happening?

Horizon Room 203, Harbor Side

8:30-11 a.m.

Knowledge Level: (E)

Description: Public transportation empowers individuals to be independent, seek and retain employment, access medical care, and gain access to new opportunities. MnDOT's Office of Transit experts will describe and discuss several new transportation programs designed to

Knowledge Level Key

(B) = Basic (I) = Intermediate (A)=Advanced (E)=All audiences

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provide better mobility throughout Minnesota. In this session participants will learn about new options for improved community access in Greater Minnesota and be engaged in a dialogue about the successes and challenges of living in Greater Minnesota, particularly for those with limited mobility.

Participants will:

- Understand current local options for improving community access
- Learn ways to engage local units of government on transit access issues
- Learn about new solutions for improving access

Presenters: **Tom Gottfried**, program director, **Beverly Herfindahl**, Transit for Our Future program coordinator, **Sue Siemers**, mobility management program coordinator, **John Groothuis**, enhanced mobility of seniors and individuals with disabilities program coordinator, all from MnDOT Office of Transit.

3) Making Person Centered Thinking and Positive Support Approaches Work

Ballroom 305, Harbor Side

Knowledge Level: (E)

Description: This session will provide a review of the key ideas of "person-centered" approaches. Main elements of what DHS has been funding and promoting will be summarized: 1) key principles of Person-Centered Thinking (PCT) training; 2) training of PCT trainers; 3) year-long technical assistance for organizations changing to PCT. These ideas are foundational in 245D and apply to all groups receiving services, their employees, and stakeholders. This session will also provide an opportunity to hear how four organizations are changing how they support people by integrating person-centered practices combined with what they have learned from the Positive Behavior Support intensive training.

Participants will:

- Distinguish between "important to" and "important for" and learn ways to balance them
- Understand how PersonCentered Thinking differs from other person-centered approaches
- Know the various initiatives in this arena that DHS funds
- Learn practical strategies and practices for implementing person-centered thinking

Presenters: **Angela Amado**, project supervisor, **Barb Kleist**, project coordinator, **Anne Roehl**, project coordinator, all from University of Minnesota, Institute on Community Integration; **Nicole Lind**, program coordinator, Residential Services, Inc; **Mark Thompson**, behavior analyst, Hermantown Crisis; **Merrill Ziemann**, behavioral and mental health professional, licensed psychologist, Owakihi; **Clarence Tweh**, owner/administrator/caregiver, Synder Health Care Systems Inc., **Mary Lou Bourne**, partner, Support Development Associates.

4) MnCHOICES: It's About the Journey

Gooseberry Falls 3, City Side

Knowledge Level: (I) Lead agency staff who are in a MnCHOICES leadership position

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Description: On the journey of MnCHOICES, occasionally stopping to ask for advice from others who are on the same journey can be very helpful. Join us on a tour through selected lead agencies as they share some key maps for traveling through MnCHOICES. Listen and learn how to avoid detours, stay clear of pot holes and get great mileage on your way. Participants will be encouraged to "ask directions" at each bend in the road. Make sure to bring your list of challenges!

Participants will:

- Hear why some MnCHOICES workflow and management strategies did not work in other lead agencies
- Learn about workflow and management strategies that did work in other lead agencies that may help resolve a challenge in their own agency
- Discuss current challenges about MnCHOICES in their agency
- Get suggestions from their peers about potential methods to improve current MnCHOICES workflow and management challenges

Presenters: **Cathy Griffin**, agency policy specialist, **Rita Chamberlin**, agency policy specialist, **Nancy Jurgensen**, state program administration coordinator, all from DHS, Disability Services Division; **Rachel Shands**, state program administrator, DHS, Aging and Adult Services Division; **Representatives from lead agencies using MnCHOICES.**

5) Moving Home Minnesota: Overview with Select Topics

Split Rock 1, City Side

Knowledge Level: (E)

Description: A general overview of Moving Home Minnesota (MHM) will be provided, followed by more detailed information about specific aspects of the MHM program. The select topics include: 1) the eligibility process; 2) provider enrollment and claims; 3) supported employment; and 4) housing resources. The session on supported employment will describe how MHM has initiated systems change in individualized supported employment services to achieve competitive employment. The principles and strategies of customized employment will be explained. The housing resources session will provide an overview of the HUD 811 project based rent subsidies being made available to MHM participants.

Participants will:

- Be introduced to the MHM and hear about MHM's eligibility and enrollment procedures
- Learn about MHM's procedures for provider enrollment and claims submission
- See how principles of customized employment can be applied
- Learn more about the 811 housing subsidy program for MHM participants

Presenters: **John A. Anderson**, deputy project director; **Tony Gantenbein**, supported employment specialist; **Patrick Alford or Nancy Schultz**, eligibility specialist; **Heidi Sandberg**, agency policy specialist; **Maychee Mua**, provider relations trainer, all from DHS Moving Home Minnesota.

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6) Person Centered Organizations

St. Louis River Room, City Side

Knowledge Level: (E)

Description: Designed for home and community based service providers, this pre-conference intensive will focus on how to create organizational change in order to become a more person-centered agency or facility. Participants will use an organizational development assessment guide to help identify areas to improve person-centered services and develop strategies to incorporate more effective person-centered practices.

Presenters: **Janene Cowan**, service quality specialist, DHS, Continuing Care for Older Adults; **Joe Timmons**, **Derek Nord**, **Kelly Nye-Lengerman**, all research fellows, all from University of Minnesota, Institute on Community Integration.

7) Right at Home: Supporting Seniors in Community Living

Ballroom 303, Harbor Side

Knowledge Level: (I) Basic understanding of Medical Assistance (MA) programs in Minnesota, including waiver programs and other community-based services and supports.

Description: Many types of supports are available to help older adults live and participate in their communities. These supports range from information and assistance, to caregiver supports, to publiclyfunded programs that help pay for needed long-term services and supports. The session will provide an overview of the range of supports available, including the role of Senior LinkAge Line ® for serving older adults. Presenters will provide in-depth information about three publiclyfunded programs designed to help seniors remain at home: Essential Community Supports, Alternative Care, and Elderly Waiver.

Participants will:

- Recognize the importance of caregivers, Minnesota’s caregiver support program, available services and supports, caregiver assessment,tools and resources
- Know where to find resources and make referrals related to services and supports for seniors and to the ECS, AC and EW programs
- Understand basic eligibility requirements, program and service features of the ECS, AC and EW programs
- Understand the role of lead agencies (counties, tribes and managed care organizations), the Senior LinkAge Line and providers in the community support system for seniors in Minnesota

Presenters: **Douglas Silverman**, state program administrator, **Libby Rossett-Brown**, agency policy specialist, **Jolene Kohn**, state program coordinator, **Susan Wenberg**, program administrator, **Gail Carlson**, program administrator, all Aging and Adult Services Division; **Christina Samion**, agency policy specialist, Disability Services Division; **Pansi Millage**, trainer, Member and Provider Services, all from DHS.

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8) Trends in Self-Direction

Horizon Room 205, Harbor Side

9-11 a.m.

Knowledge Level: (I) Designed for persons using Personal Care Assistance (PCA), Consumer Directed Community Supports (CDCS), or Community Support Grant (CSG) services, providers of these services, and lead agency staff with a role in administering these services.

Description: This session will provide information and facilitate discussion of changes in PCA Choice, CDCS and the CSG programs. Changes include 1) the implementation of the MnCHOICES assessment; 2) the unionization of workers in these three self-directed programs; 3) the recent U.S. Department of Labor rule home care ruling and subsequent litigation; 4) and the new Financial Management Service structure to be implemented for these programs. Changes in these programs provide an opportunity for participants in these self-directed services to employ their direct support workers and to assume related responsibilities. **Participants will:**

- Learn about changes in PCA Choice, CDCS, and CSG
- learn how these changes support participants who choose to be the employer of their direct support worker

Presenters: **Sarah Schultz**, state program administrator, **Diane Benjamin**, agency policy specialist; **Cara Benson**, agency policy specialist; **Cindy Grebin**, state program administrator; **Jeanine Wilson**, community supports supervisor, all from Disability Services Division at DHS.

9) What's the Recipe for a Lifetime Community?

Gooseberry Falls 1, City Side

Knowledge Level: (E)

Description: Lifetime Communities are good places to grow up and grow older. They address three key aspects of community life: the physical, social and service infrastructures. This session will discuss the ingredients of a Lifetime Community and share different "recipes" for success. Highlights from the work of the Metro Area Agency on Aging's Lifetime Communities Learning and Action Collaborative will be presented. This Collaborative worked with 11 communities at one of four stages of community engagement: 1) exploring, 2) assessing, 3) launching a project and 4) adding a project. And finally, two examples of Lifetime Community projects at different stages of engagement will be shared: a) Dakota County's "City Profiles", and b) ITNTwinCities' feasibility study for an innovative transportation service starting in suburban Hennepin County. The session will also include discussions about the importance of walkability in neighborhoods of lifetime communities, including remarks by Don Ness, Mayor of Duluth, where they have added a number of features to increase the walkability of that city.

Participants will:

- Understand the "ingredients" for a Lifetime Community and why they are important to older adults and people of all ages

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- Learn about two different methods, and tools for successful community engagement around the Lifetime Community "recipe"
- Examine the social, financial and health benefits for older adults that result from living in a walkable neighborhood
- View (and list from their own experiences) examples of towns that are reorienting their streetscape for the pedestrian, and how it has improved the quality of life for seniors seeking to remain in their homes

Presenters: **LaRhae Knatterud**, director of aging transformation, DHS, Continuing Care for Older Adults; **Kate Houston**, planning director, Metropolitan Area Agency on Aging; **Jess Luce**, supervisor, Dakota County Public Health, Communities for a Lifetime Initiative; **Debra Burton**, executive director, ITNTwinCities; **Todd Stump**, data analyst, Continuing Care for Older Adults, DHS; **Don Ness**, Mayor of Duluth.

10) White House Conference on Aging Listening Session

Horizon Room 204, Harbor Side

9:30-11 a.m.

Knowledge Level: (E)

Description: The White House Conference on Aging (WHCOA) is an event held by the federal government every ten years to develop recommendations for the President and Congress on issues, policy, and research in the field of aging. The White House is gearing up for a 2015 WHCOA to be held later this year. The Minnesota Board on Aging (MBA) is committed to ensuring that the voice of Minnesotans' is included in these federal discussions. To that end, the MBA is working with its partners to convene listening sessions around the state and gather input from interested individuals. The information gathered will be put into a document and submitted to the White House Conference on Aging. Come and share your perspectives on the future of aging.

Participants will:

- Understand the four themes of the White House Conference on Aging: healthy aging, retirement security, elder justice, long term services and supports
- Share and discuss barriers that exist within each of the four themes
- Share and discuss recommendations for policy and program changes needed at the federal, state and local levels within each of the four themes

Presenters: **Jean Wood**, executive director and director, **Kari Benson**, planning coordinator, both from Minnesota Board on Aging, and DHS, Aging and Adult Services Division; **Rajean Moone**, WHCOA consultant, Minnesota Board on Aging, **Jim Varpness**, regional administrator, Administration for Community Living - Chicago Office; and video addresses from **Senator Amy Klobuchar** and **Senator Al Franken**, United States Senate.