



Breakdown of Client Contact & Supervision Hours

- Accumulation of 4000 professional hours in not less than two years from awarding of requisite graduate degree.
- These 4000 professional hours must include at least 1000 hours of face-to-face clinical client contact and at least 500 of these hours must be with couples, families, or other relational groups. These 1000 hours of clinical client contact shall include the assessment, diagnosis, and treatment of mental illness and cognitive, emotional and behavioral disorders.
- Psychoeducation and skills-building activities may be considered as clinical client contact when these therapeutic activities are provided within an existing therapeutic relationship providing family therapy as defined in Minn. Stat. 148B.29, Subd.3.
- All 200 hours of supervision must be related to the 1000 hours of clinical client contact and at least half of these hours must be individual supervision (not more than 2 supervisees present). The supervisor for all clinical work logged for purposes of licensure must be a MN LMFT Board-approved supervisor. The supervisee must insure that the supervisor is listed on the MFT Board's website.
- The other 2800 hours should include everything else you do of a professional nature, such as session preparation, case notes, staff meetings, continuing education, etc. This work may be supervised by any Minnesota mental health professional.