

## Slips, Trips, and Falls

**Audience:** For all workers

**Average Training Time:** 30 to 45 minutes

**US Code of Federal Regulation Reference:** Title 29, Part 1910, Section 22

**Format / Product Code:** CD-ROM (MPEG Video)/ *SPSTFMPG*

**Produced by:** Mastery Technologies, Inc.

**Mastery interactive version based on original video content produced by:** Bureau of Business Practice, Inc.

### OVERVIEW

Slips, Trips, and Falls training can help prevent one of the leading causes of disabling injuries in the workplace —falls. This program uses over twenty interactions and broadcast-quality video to build awareness and respect for fall hazards.

### TOPICS

The course presents interactive instruction covering the following topical areas:

#### Why Falls Happen

- Facts of falling
- Unsafe actions and conditions



- Unnoticed Hazards

## Preventing Falls

- Ladders
- Spills
- Walkways
- Shoes

## PERFORMANCE OBJECTIVES

This course will measure mastery on each of the following performance objectives. Upon completion, workers will be able to...

### Recognize unsafe actions and conditions

1. List examples of unsafe actions.
2. List examples of unsafe conditions.

### Relate actions to falling risks

1. List actions that promote slipping and tripping.
2. Recall behavior that promotes slipping and tripping.

### Relate conditions to falling risks

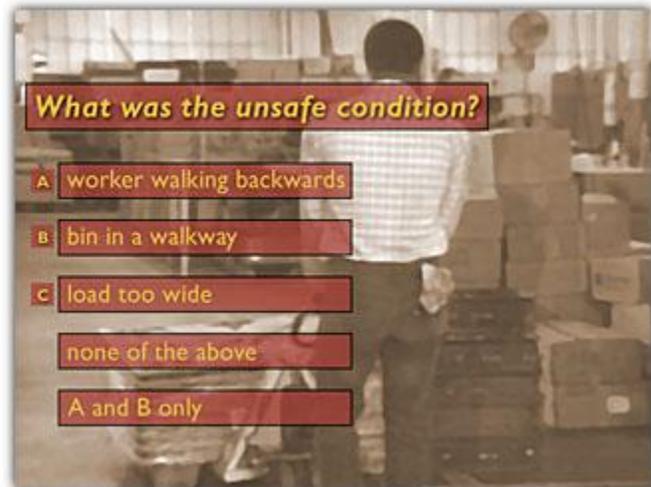
1. Describe conditions that promote falling risks.
2. List locations where falls are more likely to occur.
3. List items that promote slipping and tripping.

### Prevent slipping and tripping

1. List actions that lower the risk of falling.
2. Recall behavior that lowers the risk of slipping and tripping.
3. List equipment and tools that reduce the risk of falling.
4. Identify locations to keep clear of obstacles.
5. Identify locations where extra caution is necessary.

### React safely to hazards

1. State the steps to take when a hazard is encountered.



*Who falls more often?*

men

women

